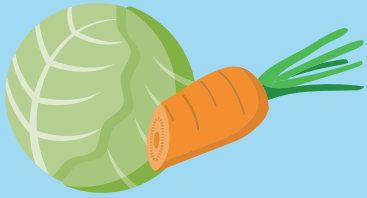




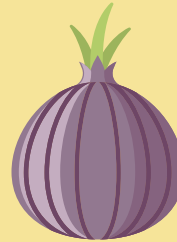
# Worm Feeding Guide

**Yum!**

**Yuck!**



**Vegetables**



**Onions, Garlic**



**Fruit**



**Citrus**  
LIMIT Oranges,  
Lemons, Limes



**Coffee, Filters,  
Tea Bags**



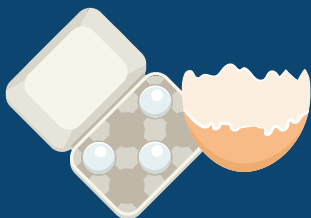
**Breads, Sugar,  
Processed Foods**



**Paper,  
Paper Rolls  
NO Magazines**



**Meat, Bones**



**Egg Shells,  
Cartons**



**Seasoning, Oils,  
Salad Dressing**

