

## Exploring Identities

Identify the identities you claim or those ascribed to you and place a ✓ or ✗ in a corresponding column.

		Which identities ...				
Social Identities	My Group Membership	Am I most aware of?	Do I think about least?	Affect how others think of me?	Affect how I perceive myself?	Create access for me?
Gender Identity						
Race(s)						
Ethnicity(ies)						
Sexual Orientation						
Religion						
Social Class						
Age/Generation						
Physical Ability						
Mental Health						
Beliefs						
Culture						
First Language						
Education						
Work Experience						

## **Deeper Reflection**

- Which social identities most represent your peer group?
- How is your personal identity informed by your social identity/identities? Your personal identity is how you identify outside of a social identity. For example, hobbies, favorite food, number of siblings, etc.
- Which of your identities would you like to learn more about?
- Which identities create barriers for you?