

KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH

In the Works

Autumn 2008

The Kitsap County Commission on Children and Youth

- Advises County Commissioners and residents on issues related to children and families, based on periodic assessments
- Facilitates the coordination of information and services to maximize resources
- Advocates for an environment which fosters healthy, self-sufficient, responsible and productive children, youth and families

In the Works

Is published **quarterly** by the Youth Commission for schools, the media, libraries, agencies, and individuals interested in children and families.

Items should be submitted to

Gay Neal, Coordinator
Commission on Children and Youth
Kitsap County Department of Personnel
and Human Services
614 Division Street, MS-23
Port Orchard, WA 98366-4676
Phone: 360-337-4879
Fax: 360-337-7187
E-mail: gneal@co.kitsap.wa.us

Advocacy

**YOUTH ADVOCACY TRAINING,
Becoming Advocates – Raising
Issues, Monday, October 13, 10:00 AM
– 2:30 PM, (lunch included), Olympic
College, Bremerton.** Sponsored by the
Kitsap County: Board of
Commissioners, Commission on
Children and Youth and Teen Action
Groups. The purpose of the training is
to explore the basic activities that youth
advocates undertake to participate in
the public policy process. The training
is fun and interactive, giving participants
many opportunities to practice
identifying and delivering their
messages.

During the training advocates will have
the chance to:

- Learn how a bill becomes law.
- Develop a “key message” that will convey their concerns.
- Learn different ways to effectively communicate with policymakers.

Before you leave this training, you will
have the opportunity to learn about the
advocacy efforts in your community and
how to get involved! Cost: no charge.

For more information, contact
Gay Neal, 360-337-4879 or
e-mail gneal@co.kitsap.wa.us.

KITSAP COUNTY YOUTH

**CONFERENCE: “A New Kind of
Cool,”** Tuesday, **October 21, 7:30 AM
– 3:00 PM, Island Lake Crista Camp,
Poulsbo.** Underage drinking, one of our
nation’s most serious health and safety
issues, causes the death or injury of
thousands of American’s every year.
Young people must be an integral part
of the solution to this serious problem.

The Youth Conference will focus on the
origins and impacts of underage
drinking, as well as, ways for youth to
reduce underage drinking among their
peers. (Note: The conference
sponsors want to warn you, students
and parents that there will be several
graphic presentations pertaining to the
toll that alcohol takes on the lives of
young people.) Cost: no charge.

Registration deadline: October 9. For
more information, contact Marsha
Masters, 360-551-6233 or e-mail
maddmasters@msn.com.





Events

SHAKESPEARE IN THE PARK,

Thursday, **August 28**, 6:00 – 8:00 PM, Evergreen Rotary Park, Bremerton. Free! Relax and enjoy the outdoor performance - don't forget your picnic and blanket. The Changing Scene Theatre Northwest will present "Shakespeare in the Park: The Tempest." Adapted and Directed by Derek Miegemann. For more information, contact Cynthia at 473-5425.

19th ANNUAL BREMERTON BLACKBERRY FESTIVAL



Saturday - Monday, **August 30 - September 1**, downtown Bremerton. Now you can enjoy three days of music, food, arts & crafts, all in scenic downtown Bremerton. Blackberry events include a Fun-Run, Chalk Art Competition, Bike Ride, Air Show, and more. For more information contact, Bremerton Main Stream Association, 377-3041 or check out the website, <http://www.blackberryfestival.org>.

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7TH ANNUAL CHALK ART COMPETITION, Saturday, **August 30**, 11:30 AM – 2:00 PM, Bremerton. Sponsored by Westsound Bank and Bremerton Parks and Recreation. Pick up an entry form at Bremerton Parks and Recreation office or Bremerton Main Stream office, 245 4th Street. Check-in between 11:30 AM and Noon in front of Westsound Bank on 2nd Street. Get a square and a bucket of chalk and draw until 2:00 PM. Prizes are awarded for 1st, 2nd, and 3rd place. For more information, contact Cynthia 473-5425.

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14th ANNUAL BLACKBERRY FESTIVAL FUN RUN, Saturday, **August 30**, 8:30 AM, Downtown

Bremerton. Registration starts at 8:30 AM, 1 mile at 9:30 AM, 5K at 9:45 AM and Kids Berry Dash at 10:00 AM. Registration forms available by calling 473-5305.

11TH ANNUAL KITSAP HOUSING COALITION HOME OWNERSHIP



ROAD SHOW "FINDING YOUR WAY HOME." The road show sponsored by the Kitsap Housing Coalition will offer information on buying your first home or your next home.

The Finding Your Way Home (FYWH) Road Show booth will be at the Blackberry Festival, **September 5-7**.

Community service agencies will be present with information on Down Payment Assistance and Purchase programs for individuals who are low-moderate income, have disabilities or are buying on tribal and rural land.

For more information, contact Karen Carlson at 206-287-4413, or check the website at <http://www.kitsaphousingcoalition.org> and click on the "events" tab.



HABITAT FOR HUMANITY'S RAISE THE ROOF, Friday, **September 12**.

For more information, call 479-3853.

POULSBO AMERICANA MUSIC FESTIVAL, Saturday, **September 13**,

11:00 AM – 5:00 PM, Raab Park, Poulsbo. The band line up includes the Tune Stranglers, Chele's Kitchen, and the Konzelman Family Band. You'll find BBQ, farm fresh foods, and baked goods on offer; or bring your own picnic basket! Fun for kids of all ages, singles, and seniors! Celebrate family and community! Good ole' time fun: live music, pie eating contest, bubble gum blowing contest, sack races, face painting, and much more! For more information contact Greater Poulsbo Chamber of Commerce at 360-779-4848.

RECOVERY ROCKS! YES, YES, YES Dinner, Dance and Silent Auction,

Saturday, **September 27**, 6:00 PM, Masonic Temple, Port Orchard. Sponsored by the DCPWS: The Voice of Addictions Professionals. Put your dancing shoes on and celebrate National Recovery Month – September. Tickets for dinner and dance admission must be purchased ahead of time. Tickets for dance admission only, may be purchased at the door. Cost: \$10. dance; \$30 dance & dinner. For more information, contact Bobbi 253-564-0993; Lindsay 360-373-0155, or Carol 360-551-6879.

**FALL 2008 STAND DOWN for
Veterans and their Families**,
Wednesday, **October 1**, Kitsap County
Fairgrounds, in the Presidents Hall,
Bremerton. A variety of free services
will be available. Veterans must bring
their DD214 or discharge certificate.
For more information: contact
Leif Bentsen, 337-4883 or
<http://www.co.kitsap.wa.us/hr/wsolympic/VeteransAdvisoryBoard.htm>



70TH ANNIVERSARY CELEBRATION, ARC OF KITSAP & JEFFERSON COUNTIES, Saturday, **October 11**, 6:30 – 9:30 PM, Bremer Student Center, Olympic College, Bremerton. If you are interested in sponsoring, volunteering or donating to this celebration contact, The Arc at 360-377-3473.



THE SECRET LIFE OF BUGS (Blacklight Puppet Show), Saturday, **October 25**,

2:00 PM, Olympic College Theatre, Bremerton. Enjoy a theater experience for families with educational materials on hand. Sponsored by Evergreen Children's Theatre/Aurora Valentinetti Puppet Museum. Cost: \$7.00.

In addition, the Evergreen Children's Theatre/Aurora Valentinetti Puppet Museum can provide puppet making workshops for groups designed specifically for your organization.

For more information, contact Marcia Parker at 360-373-2992.

Save the Date

18TH ANNUAL KITSAP COUNTY HUMAN RIGHTS CONFERENCE is scheduled for **December 5, 2008** at the Kitsap Conference Center in downtown Bremerton.

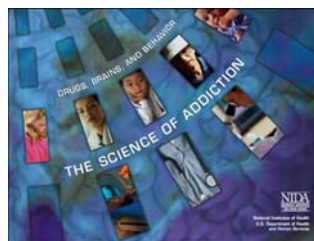
For more information, contact Leif Bentsen, 337-4883 or e-mail lbentsen@co.kitsap.wa.us
<http://www.kitsapgov.com/hr/wsolympic/hrcboard.htm>

Resources

BOOKLET EXPLAINS THE SCIENCE OF ADDICTION. Clearing up common misconceptions and reducing the stigma associated with drug addiction are the goals of a new book from NIDA. *Drugs, Brains, and Behavior: The Science of Addiction* explains in plain language what scientist know about how drug addiction alters the brain and affects behavior.

The booklet discusses the reasons people take drugs, why some people become addicted while others do not, how drugs work in the brain, and how addiction can be prevented and treated. It also explains the consequences of abuse and addiction for substance abusers, their offspring, their partners, and others.

Print copies of the 30-page, full-color booklet can be requested without charge, by sending an e-mail to information@nida.nih.gov. The publication is also available online at NIDA's Web site, <http://www.drugabuse.gov>.



SCHOOL'S OUT WASHINGTON



recently completed a comprehensive study to determine the best ways to support Washington State's afterschool and youth development (AYD) workforce. The culminating report, "A Well-Prepared Workforce Brings Out

the Best in Our Kids," presents a framework for a professional development system for the AYD workforce in Washington State. The proposed framework from "A Well-Prepared Workforce Brings Out the Best in Our Kids" report includes the following seven components:

Identify the Profession: How can we explicitly establish that staff in the afterschool and youth development field are professionals and should have training as part of their professional development?

Outcome Evaluation: How can we show funders, legislators, and families that professional development helps children, youth and programs?

Core Competencies: What are the skills and attitudes needed for afterschool and youth development professionals to achieve positive outcomes with children, youth and programs?

Training Catalogue: Do we know what kind of training is available in Washington to teach the core competencies? How do programs gain access to this information?

Quality Rating for Trainings: How can we ensure that the trainings are effective at building the core competencies?

Career Lattice: What are the different pathways for professionals to accumulate the education and experience that leads to career advancement?

Professional Registry: How can we document the relevant training completed by professionals in the afterschool and youth development field?

For a copy of the full report contact 206-323-2396 or download at <http://schoolsoutwashington.org/documents/Workforce%20Study%20Full%20Report.pdf>.



HOW MUCH DOES GETTING AN EDUCATION HELP YOUR FINANCIAL FUTURE? According to the National Center for Education Statistics, in 2006 workers with bachelor's degrees earned 28 percent more than those with [associate's degrees](#), 50 percent more than those with high school degrees, and 98 percent more than those who did not earn a high school diploma.

Students who went on to get master's degrees did even better, earning an average of \$50,000 compared to \$43,500 for those who stopped at a bachelor's degree. And, though earnings are less for women and minorities, the fact that more education means higher earnings holds true across the board, for men and women, Asian, black, Hispanic and white.

The National Center for Education Statistics (NCES), located within the U.S. Department of Education and the Institute of Education Sciences, is the primary federal entity for collecting and analyzing data related to education. For more Fast Facts on education visit the website at <http://nces.ed.gov/fastfacts/>.

Training

H.E.R.E.
in Washington

Health Education Resource Exchange

A clearinghouse of public health education and health promotion projects, materials and resources in the State of Washington. H.E.R.E. in Washington is a public health resource for professionals who conduct health promotion and health education activities and strive to provide educational resources that are accurate,

effective and current. Other websites or organizations are linked to H.E.R.E. in Washington as a professional courtesy and are not controlled or endorsed by the State of Washington or the Department of Health. Visit H.E.R.E. Online at <http://www3.doh.wa.gov/here>.

STRATEGIES FOR PROMOTING RESILIENCY WITH OLDER ADULTS CONFERENCE, Tuesday, **September 16**, SeaTac. This conference is

sponsored by the Mental Health Division of the Department of Social and Health Services. It will focus on the mental health needs of older adults. Topics include: cultural competency, partnerships between aging and mental health systems and accessing the public mental health system. For more information, contact Kara Panek at 360-902-8282 or panekkm@dshs.wa.gov.

STATEWIDE YOUTH SUICIDE PREVENTION CONFERENCE,

Monday, **September 22**, 8:30 AM – 7:00 PM, SeaTac. This conference is sponsored by the Youth Suicide Prevention Program and the Washington State Department of Health. The focus of this conference is on suicide prevention and early intervention for disenfranchised youth who are Lesbian, Gay, Bisexual, Transgender, Questioning and Intersex (LGBTQI), homeless, in foster care, in the juvenile justice system or from a tribe. For more information, visit Online at <http://www.regionline.com/builder/site/Default.aspx?eventid=606693>

BOYS WILL BE MEN: RAISING OUR SONS FOR COURAGE, CARING AND COMMUNITY, Thursday, **September 25**, 6:30 – 8:30 PM (dinner 5:30 – 6:30 PM), Seattle. Sponsored by New Beginnings in partnership with King County Coalition Against Domestic

Violence, Asian & Pacific Islander Women & Family Safety Center and Project (DVORA). Paul Kivel, social justice educator, activist and writer will present an interactive multicultural workshop to help attendees acquire needed tools for helping boys enter the community as active participants in the struggle for social justice and peace. For more information call 206-926-3028 or visit Online at <http://www.newbegin.org/news-events>.

A CONVERGENCE FOR CHANGE – POLITICS, POLICIES & PHILANTHROPY, Friday, **September 26**, SeaTac. This conference is sponsored by the Alliance for Healthy Communities of Color. It is designed for people concerned with the elimination of health disparities and health inequities, including staff from community-based clinics. More information will be available soon.

IMPROVING HEALTH CARE ACCESS AND OUTCOMES FOR LGBTQI YOUTH AND ADULTS, Saturday, **October 4**, 1:15 – 4:15 PM, Washington State Convention & Trade Center, Seattle. Learn strategies for improving health care access and health outcomes for Lesbian, Gay, Bisexual, Transgender, Questioning and Intersex (LGBTQI) youth and adults. Topics include current terminology used within and about the LGBTQI communities; how to use language more appropriately and respectfully; experiences of violence, marginalization and harassment of LGBTQI youth and adults; risky behaviors and related health effects; and skills for improving access to health care and health outcomes for LGBTQI youth and adults. Cost: \$135. For more information contact 206-543-1047 or <http://www.uwcne.org/secure/display3.asp?SKU=08130-PM01-C>



HEALTHY BRAIN DEVELOPMENT:

Key Impacts & Interventions,

Wednesday – Friday, **October 22 – 24**, Eugene, Oregon. This conference will present research, prevention strategies and tools to promote healthy brain development in children and adolescents. It will focus on children and families with risk factors such as substance use, trauma, violence and poverty. For more information, contact Sandy Moses, 541-682-3650 or e-mail Sandy.Moses@co.lane.or.us.

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AIHC'S BI-ANNUAL TRIBAL LEADERS HEALTH SUMMIT,

Thursday – Friday, **November 6 – 7**, Shelton. Key issues to be addressed include: maternal-infant health, mental health, dental access and long-term care. More information contact slowe@aihc-wa.org.

APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST),

Wednesday - Thursday, **September 10 - 11**, 8:30 AM – 4:30 PM, Muckleshoot Tribal Health & Wellness Center, Auburn. ASIST is a 2-day workshop designed to teach the skills to competently and confidently intervene with a youth at risk of suicide. Developed by LivingWorks Education, Inc., the workshop prepares Youth Gatekeepers to integrate principles of intervention into everyday practice. This workshop is exclusively for:

- Staff who work with youth in Native American Communities.

Cost: None, however must be able to attend both days of training.

For more information, contact Raquel Reyes at 206-297-5922, ext. 4 or raquel@yspp.org.

2008 REGIONAL TAPESTRY EARLY CHILDHOOD CONFERENCE

“Strengthening the Threads of

Professionalism,” Saturday,

September 27, South Puget Sound Community College, Olympia. Spend time with others in the child care field who are committed to providing quality care for young children. By participating in this conference you can register to receive: 6 hours of STARS training, or ESD 113 Clock Hours for Certified Teachers, or ½ Early Childhood Credit from SPSCC. Cost: \$65 individual, \$60 group rate (minimum 4), after September 2nd the cost increases by an additional \$10.

For more information, contact Laura at 360-459-2273 or e-mail nancy@ccacwa.org.

2008 CO-OCCURRING DISORDERS CONFERENCE, Monday and Tuesday,

September 29 - 30, Yakima. This annual conference brings together chemical dependency, criminal justice, mental health, and developmental disabilities professionals to learn how to effectively respond to individuals with Co-occurring Disorders. Track workshops will cover a variety of topics, including best practice models, post traumatic stress disorder and trauma, updates in pharmacology, depression and substance abuse in older adults.

For more information, contact Ruth Leonard at leonamr@dshs.wa.gov or go to <http://casat.unr.edu/dasa/>.

2008 PREVENTION SUMMIT, Friday and Saturday, **October 17 - 18**, Yakima. This annual summit provides support and education for the development, implementation, and continuation of prevention programming throughout Washington State. It also offers opportunities for youth to share thoughts and ideas on how to intervene with peers who are facing destructive decisions.

For more information, contact Steve Brown at brownsq@dshs.wa.gov or visit <http://www.dasa.casat.org>.



THE BRIDGE FROM SCHOOL TO AFTERSCHOOL AND BACK,

Monday – Tuesday, **October 20 - 21**, Vancouver Hilton and Conference Center, Vancouver, Washington. Explore best practices and new models that will prepare today's children and youth for tomorrow's challenges and opportunities. The core component of the conference focuses on strengthening the partnership between afterschool programs and schools. Registration fee: \$295 per person. Register online at <http://www.regonline.com/Checkin.asp?EventId=602269>. For more information contact 206-323-2396.



SPECIAL EDUCATION: The New Regulations and Beyond in Washington, Monday, **October 27**, Lynnwood. Individuals with Disabilities Act (IDEA) reauthorization is a reality! The purpose of this one-day seminar is to provide *up-to-date* information on these changes and to help school personnel keep pace with the new regulations and best practices governing the implementation of the law. This seminar will provide the knowledge and offer practical tips to meet IDEA requirements and the needs of students with disabilities. Find out what's new, what remains, and what has been re-invented.

Cost: less than 10 days prior to the seminar \$248 per person or early rate of 10 days or more prior to seminar date \$218. For more information, call 715-836-9900 or <http://www.meds-pdn.com>.

WEB CONFERENCE: BOOM GENERATION WOMEN CREATE NEW HORIZONS FOR

FUNDRAISERS, Wednesday, **October 29**, 10:00 -11:30 AM, Tacoma Goodwill. This session will identify the key psychosocial peer-personality traits of this generation, discuss how to implement effective communication, marketing and gender receptive programs and provide you with the tools to align your organization's mission more closely with donor's values and interests. Registration Deadline: October 27 by 5 p.m. Cost: \$20 Members/\$26 Non Members.

For more information contact 253-272-5844 or <http://www.npcenter.org>.

HEALTHY COMMUNITIES HEALTHY YOUTH CONFERENCE, Thursday – Friday, **November 6 – 8**, Minneapolis, Minnesota. 2008 marks the 50th Anniversary of the Search Institute and there is much to celebrate! Connect to Hope: Igniting Sparks, when youth and adults connect with their innate gifts and creativity, their efforts bring renewed hope for the future.

Conference Registration Fees:

Early Bird Rates – before September 19
Adults \$575/Youth \$395/Seniors \$395
Regular Rates – after September 19
Adults \$620/Youth \$440/Seniors \$440.

For more information contact the Search Institute at 612-376-8955 or 800-888-7828 or visit Online at <http://www.search-institute.org>.



9TH ANNUAL WASHINGTON STATE NONPROFIT GOVERNANCE CONFERENCE. Generations: The Challenge of A Lifetime for Your Nonprofit Board, Friday, **November 7**, Greater Tacoma Convention & Trade Center. As the generations change, new challenges arise for nonprofits in the area of staff, board, finance, marketing, technology and the people the organization serves. Keynote Speaker Peter Brinckerhoff will discuss how each of the key generations, Greatest, Silent, Boomers, GenX, and Gen@ affect your nonprofit board and how you can get ahead of the generation change curve.

Peter Brinckerhoff is an internationally renowned trainer, author, and consultant to not-for-profit organizations. For more information contact 253-272-5844 or <http://www.npcenter.org>.

WEB CONFERENCE: GUERILLA TACTICS: MOTIVATING YOUR BOARD AND CEO TO RAISE MORE MONEY, Wednesday, **December 10**,

10:00 -11:30 AM, Tacoma Goodwill. How does a development officer persuade board members to assist in fundraising? Using guerilla tactics! These include much personal contact, putting books into their hands through executive summaries, weekly task assignments and committee-driven goal setting, among other tactics. Registration Deadline: December 8 by 5 PM. Cost: \$20 Members/\$26 Non Members.

For more information contact 253-272-5844 or <http://www.npcenter.org>.



For Your Calendar

September

- 1 **19th ANNUAL BLACKBERRY FESTIVAL**, Bremerton. For more information, <http://www.blackberryfestival.org>
- 5/7 **11TH ANNUAL KITSAP HOUSING COALITION HOME OWNERSHIP ROAD SHOW "FINDING YOUR WAY HOME,"** Blackberry Festival, Bremerton. Karen Carlson, Kitsap Housing Coalition, 206-287-4413 or <http://www.kitsaphousingcoalition.org>
- 10/11 **APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)**, Auburn, 8:30 AM – 4:30 PM. Contact Raquel Reyes at 206-297-5922, ext. 4 or Raquel@yspp.org
- 12 **HABITAT FOR HUMANITY'S RAISE THE ROOF**
For more information, call 479-3853.
- 13 **POULSBO AMERICANA MUSIC FESTIVAL**, Poulsbo, Raab Park, 11:00 AM – 5:00 PM. Greater Poulsbo Chamber of Commerce, 360-779-4848.
- 16 **STRATEGIES FOR PROMOTING RESILIENCY WITH OLDER ADULTS CONFERENCE**, SeaTac. Contact Kara Panek, 360-902-8282 or panekkm@dshs.wa.gov
- 22 **STATEWIDE YOUTH SUICIDE PREVENTION CONFERENCE**, SeaTac, 8:30 AM – 7:00 PM. For more information <http://www.regionline.com/builder/site/Default.aspx/eventid=606693>
- 25 **BOYS WILL BE MEN: Raising our Sons for Courage, Caring and Community**, Seattle, 6:30 – 8:30 PM (5:30 – 6:30 PM dinner). Information, 206-926-3028 or <http://www.newbegin.org/news-events>
- 26 **A CONVERGENCE FOR CHANGE – Politics, Policies & Philanthropy**, SeaTac. More information will be available soon.
- 27 **STRENGTHENING THE THREADS OF PROFESSIONALISM**, Olympia, 8:00 AM – 4:00 PM. Laura, 360-459-2273 or nancy@ccacwa.org
- 27 **RECOVERY ROCKS!** Port Orchard, Masonic Temple, 6:00 PM. Bobbi 253-564-0993; Lindsay 360-373-0155; or Carol 360-551-6879
- 29/30 **2008 CO-OCCURRING DISORDERS CONFERENCE**, Yakima. Contact Ruth Leonard, leonamr@dshs.wa.gov or <http://www.dasa.casat.org>

October

- 1 **STAND DOWN**, Bremerton, Presidents Hall, Fairgrounds Leif Bentsen, 360-337-4883, lbentsen@co.kitsap.wa.us
- 4 **IMPROVING HEALTH CARE ACCESS AND OUTCOMES FOR LGBTQI YOUTH AND ADULTS**, Seattle, 1:15 – 4:15 PM. Information, 206-543-1047

October

- 11 **70TH ANNIVERSARY CELEBRATION, ARC OF KITSAP AND JEFFERSON COUNTIES**, Bremerton, 6:30 – 9:30 PM. The Arc, 360-377-3473.
- 13 **YOUTH ADVOCACY TRAINING**, Bremerton, 10:00 AM – 2:30 PM. Gay Neal, 337-4879 or gneal@co.kitsap.wa.us
- 17/18 **2008 PREVENTION SUMMIT**, Yakima. Contact Steve Brown, brownsq@dshs.wa.gov or <http://www.dasa.casat.org>
- 20/21 **THE BRIDGE FROM SCHOOL TO AFTERSCHOOL AND BACK**, Vancouver, WA. Register, 260-323-2396. <http://www.regionline.com/Checkin.asp?EventId=602269>
- 21 **KITSAP COUNTY YOUTH CONFERENCE: "A New Kind of Cool,"** Poulsbo, Island Lake Crista Camp, 7:30 AM – 3:00 PM. Marsha Masters, 360-551-6233 or maddmasters@msn.com
- 22/24 **HEALTHY BRAIN DEVELOPEMTN: Key Impacts & Interventions**, Eugene. Sandy Moses, 541-682-3650 or Sandy.Moses@co.lane.or.us
- 25 **"THE SECRET LIFE OF BUGS," Black light Puppet Show**, Bremerton, Olympic College Theatre, 2:00 PM. Marcia Parker, 360-373-2992
- 27 **SPECIAL EDUCATION: The New Regulations and Beyond in Washington**, Lynnwood. Register at <http://www.meds-pdn.com> or 7715-836-9900.
- 29 **WEB CONFERENCE: Boom Generation Women Create New Horizons for Fundraisers**, Tacoma, 10:00 – 11:30 AM. NonProfit Center, 253-272-5844 or <http://www.npcenter.org>

November

- 6/7 **AIHC's BI-ANNUAL TRIBAL LEADERS HEALTH SUMMIT**, Shelton. Information, slowe@aihc-wa.org
- 6/8 **HEALTHY COMMUNITIES HEALTHY YOUTH CONFERENCE**, Minneapolis, Minnesota Search Institute, 612-376-8955 or 800-888-7828 or <http://www.search-institute.org>
- 7 **9TH ANNUAL WASHINGTON STATE NONPROFIT GOVERNANCE CONFERENCE: Generations: The Challenge of a Lifetime for Your Nonprofit Board**, Tacoma. NonProfit Center, 253-272-5844 or <http://www.npcenter.org>

December

- 5 **HUMAN RIGHTS CONFERENCE**, Bremerton, Leif Bentsen, 337-4883 or lbentsen@co.kitsap.wa.us

Monday

- 1st **CAMP FIRE BOYS & GIRLS BOARD MEETING**
5:30 PM. Terry Schroeder, 475-3571
- 2nd **KITSAP COUNTY JUVENILE DEPARTMENT MENTORING PROGRAM TRAINING**
5:00 – 7:00 PM. Pam Martin, 337-5409
- 2nd **KITSAP COUNTY ASSN FOR THE EDUCATION OF YOUNG CHILDREN (KAEYC)**
6:00 PM. Karen Kennedy, 475-7194
- 3rd **STANDUP FOR KIDS**, 6:30 PM. Silverdale Community Center, Jo Clark, 360-479-2389
- 3rd **P-FLAG (Parents, Families and Friends of Lesbians and Gays)**, 7:00 PM. Marcie Mathis, 888-636-0652,
- 3rd **KITSAP COUNTY SAFE KIDS COALITION**
8:30 AM. (Bi-Monthly Jan. Mar. May. July Sept. Nov.)
Michele Jennings, Mary Bridge, 662-1198
- 3rd **H.E.A.R.T. (Honoring Equity and Respecting Tradition)**, 7:00 PM. Mick Sheldon, 360-297-2040
- 4th **WORKFIRST ADVISORY BOARD**
2:00 PM. Meets bi-monthly. Paul Coover, 337-4722

Tuesday

- Every **Tues.** **KITSAP PARENT SUPPORT GROUP**
7:00 PM. Terri Chicko, 360-297-4639
- 1st **PARENT TO PARENT SUPPORT INFORMATION GROUP**, 10:30 AM, Sherry Charlot, 377-3473
- 1st **INFORMATION & REFERRAL SERVICES NETWORK Noon.** Cyndi Foye, 415-5816, Cyndi@kmhs.org
- 1st **KITSAP FOSTER CARE ASSOCIATION BOARD OF DIRECTORS**, 5:30 PM. Rick Williams, <http://www.kitsapfostercare.org>
- 1st **ETHNIC UNITY COALITION**
5:30 PM. Information, 782-0544
- 1st & 3rd **COMMUNITY FAMILY CLUB MEETING**, 6:00 – 8:00 PM
Information: Jessie 434-618 or Kelley 779-4074
- 2nd **RESPECT (Relationship Education Strengthens & Provides Empowering Choices for Today's) Kitsap Youth**, 9:00 AM. Candy Cardinal 337-5256
- 2nd **CHADD (Children and Adults with Attention Deficit Disorders)**, 7:00 PM. Kerry Miller, 697-3922
- 2nd **KITSAP COUNTY COUNCIL FOR HUMAN RIGHTS**
6:00 PM. Leif Bentsen, 337-4883
- 3rd **NORTH KITSAP LIFE IS VALUABLE SUICIDE AWARENESS TASK FORCE**, 7:45 AM
Kelly Chatwood, nk_lv@comcast.net
- 3rd **SUBSTANCE ABUSE ADVISORY BOARD**
3:30 PM. Betsy Bosch, 337-4880
- 3rd **COMMUNITY VOICE**, 7:00 PM, Pat Lovett, 698-4668

Wednesday

- 1st **DEVELOPMENTAL DISABILITIES ADVISORY BOARD**
5:00 PM. Kelly Oneal, 337-4624
- 1st **DOMESTIC VIOLENCE NETWORK**
11:30 AM. Joan Taie, 373-5392
- 2nd **KITSAP COUNTY TRAFFIC SAFETY TASK FORCE**,
10:00 AM. KCSO Silverdale, Carolyn Pence 337-4647
- 2nd **KITSAP SAFE SCHOOLS NETWORK**, 5:00 PM
Admiral Theatre Community Room. Arli Stewart,
1-800-503-7615
- 4th **KITSAP FOSTER CARE ASSOCIATION GENERAL MEETING**, 6:00 PM. <http://www.kitsapfostercare.org>
- last* **KITSAP SUICIDE PREVENTION TASK FORCE**
3:00 – 4:30 PM. Barbara Smithson, 337-5250
KitsapSPTF@comcast.net

Thursday

- 1st **KITSAP COUNTY HIV/AIDS FOUNDATION**
5:30 – 7:00 PM. 373-8200 or 1-866-831-2177
- 1st **KITSAP COUNTY COMMISSION ON CHILDREN & YOUTH**, 4:30 – 6:30 PM. Gay Neal, 337-4879
- 1st **KITSAP COUNTY HIV AIDS FOUNDATION**
5:30 – 7:00 PM. Natalie Bryson, 698-3335
- 1st **P.O.W.E.R. (People Organized Working for Ethnic Reality)**, 7:00 PM. Robert Boddie, 792-0637
- 1st **BOY SCOUTS DISTRICT MEETINGS**
7:00 PM. Kevin Hancock, 373-9400; Brady Taylor,
373-5393
- 3rd **INTERAGENCY COORDINATING COUNCIL**
10:00 AM. Kathy Avery, 373-2536
- 3rd **NORTH KITSAP VIOLENCE INTERVENTION AND PREVENTION PROJECT**
9:00 AM. Cindy Simonson, 297-7070
- 4th **KITSAP FOSTER CARE ASSOCIATION**
6:00 PM. Rick Williams, 876-1994

Friday

- Every **KITSAP YOUTH DROP IN CENTER**, 6:00 PM
Silverdale. Michael Goodnow, 698-3335

Saturday

- 1st **ANGER MANAGEMENT CLASS**, 9:00 AM – 5:30 PM
Bremerton. Cost: \$80. Dr. O.J. Hogan, 698-3250
- 3rd **KITSAP COUNTY'S FATHERS' NETWORK**
10:00 AM. Doug Stauner, 692-4670

Sunday

- Every **1st WOMEN'S CIRCLES**, 2:00 – 5:00 PM, Belfair.
Linda Kroum, 275-4184 or womenscircles@yahoo.com

What's In The Works For You?

Please print:

Event/Project Title:

Purpose:

Sponsor(s):

Target Audience:

Date:

Time:

Where:

Cost:

Reservation Required:

Other Details/Comments:

Contact person:

Phone:

PLEASE TELL US ABOUT CHANGES IN YOUR ORGANIZATION, such as program additions or deletions, new address/phone number, key personnel, etc.

Other information or comments which could be helpful to others:

Contact person for more information:

Phone:



**Please return by November 14th
for the next issue**

Gay Neal, Coordinator, Commission on Children and Youth
Kitsap County Department of Personnel and Human Services
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Port Orchard, WA 98366-4676
Phone: 360.337.4879 FAX: 360.337.7187
E-mail: gneal@co.kitsap.wa.us



"It's Time for Kitsap Kids" Developmental Asset Initiative

"It's Time for Kitsap Kids" promotes the concept of [developmental asset](http://www.itkk.org) building and actively works on community awareness, activities, networking, and training that nurtures positive, caring and responsible young people.

<http://www.itkk.org>

Autumn 2008

Vision: As "Friends of Assets," each of us serves as a builder, partnering with youth to participate, develop, and grow through family, school, work, and community. We envision a community where all young people know they are valued, have hope for the future, and possess the resources to achieve their goals.

KITSAP
CARES
ABOUT
KIDS



Sparks: How Parents Can Help Ignite the Hidden Strengths of Teenagers!

A new book by Dr. Peter Benson

In this practical book, Dr. Peter Benson, a leading authority on childhood and adolescence, describes a simple yet powerful plan for awakening the spark that lives inside each and every young person. Sparks—when illuminated and nurtured—give young people joy, energy, and direction. They have the power to change a young person's life from one of "surviving" to "thriving." Grounded in new research with thousands of teenagers and parents, *Sparks* offers a step-by-step approach to helping teenagers discover their unique gifts, and works for *all* families, no matter their economic status, parenting situation, or ethnic background. **And SPARKS** give you the five steps for igniting sparks in *your* teens.

SPARKS are...

the hidden flames in kids that excite them and tap into their true passions.

SPARKS come from...

the gut. They motivate and inspire. They're authentic passions, talents, assets, skills, and dreams.

SPARKS can...

be musical, athletic, intellectual, academic, relational—from playing the violin to enjoying working with kids or senior citizens.

SPARKS can...

ignite a lifelong vocation or career, or balance other activities to create an emotionally satisfying, enriched life.

SPARKS get...

kids going on a positive path, away from the conflicts and negative issues—violence, promiscuity, drugs and alcohol—that give teens a bad name and attract so much negative energy.

Help your teen find his or her spark. Your role is crucial, and this book will give you everything you require to be the "spark champion" your child needs. For more information visit

<http://www.search-institute.org/>.

40 Developmental Assets

Search Institute

<http://www.search-institute.org>

has identified the following building blocks of healthy development that help young people grow up healthy, caring, and responsible.

Support:

1. Family Support
2. Positive family communication
3. Other adult relationships
4. Caring neighborhood
5. Caring school climate
6. Parent involvement in schooling

Empowerment:

7. Community values youth
8. Youth as resources
9. Service to others
10. Safety

Please tell us the impact the developmental asset approach has had in your life, the children you touch, or in your organization.

Just e-mail Gay Neal

gneal@co.kitsap.wa.us

to request the one-page, on-line response form. Your comments will be added to the story of how asset building is changing the face of our community.

Asset #1 – Family Support

At Home

- Give more hugs and verbal reinforcement.
- Eat at least one meal together every day.
- Set aside at least one evening per week for family activities.

At School

- Educate parents on how to be supportive of their children.
- Regularly call or write parents to give positive messages about their child's attitude or progress.
- During school conferences and parent meetings, focus on the positive.

In the Community

- Offer workshops for parents on positive parenting skills.
- Provide and publicize family crisis hotlines.

Asset #2 – Positive Family Communication

At Home

- Spend time with each of your children individually.
- Talk with your kids about what would make your home more comfortable and inviting for them and their friends.

At School

- Interact with students so they learn to interact with others.
- Help students develop a feelings vocabulary – a variety of words they can use to express a variety of feelings.

In the Community

- Teach parents how to respond appropriately when kids want to talk about difficult issues.
- Sponsor activities and events that bring young people and parents together. Build in time for conversation.

Asset #3 – Other Adult Relationships

At Home

- Get involved in your neighborhood and community. Introduce your children to people you meet.
- When you invite friends over for social occasions, include your children and theirs in your plans and your conversations.

At School

- Take time to ask students at least one question about themselves at every student conference or one-on-one meeting.
- Let parents know that there are people on staff who are willing and available to talk with kids.

In the Community

- Offer mentoring programs that match kids with caring adults. Volunteer to be a mentor.
- Create opportunities for youth and adults to work and play together.

40 Developmental Assets

Boundaries & Expectations

11. Family boundaries
12. School boundaries
13. Neighborhood boundaries
14. Adult role models
15. Positive peer influence
16. High expectations

Constructive Use of Time

17. Creative activities
18. Youth programs
19. Religious community
20. Time at home

Commitment to Learning

21. Achievement motivation
22. School engagement
23. Homework
24. Bonding to school
25. Reading for pleasure

Positive Values

26. Caring
27. Equality and social justice
28. Integrity
29. Honesty
30. Responsibility
31. Restraint

Social Competencies

32. Planning and decision making
33. Interpersonal competence
34. Cultural competence
35. Resistance skills
36. Peaceful conflict resolution

Positive Identity

37. Personal power
38. Self-esteem
39. Sense of purpose
40. Positive view of personal future

Resources you can use: Free materials, training, presentations, assistance!

Contact the Kitsap County Commission on Children and Youth at 360-337-4879 or gneal@co.kitsap.wa.us

Pamphlets available in limited quantities

- 150 Ways to Show Kids You Care (poster style leaflet)
- 40 Ways Anyone can Build Assets (poster style leaflet)
- The Asset Approach (Adults)
- Making Change for the Better: The Importance of Youth Giving *new*
- Take It to the Next Level *new*

Book Available in single copy only, limited quantity available

- What Every Child Needs to Succeed from Birth to 8
- Giving Kids What They Need to Succeed (for adult presentations)

Local Library Resources with Asset Reference Materials

- Kitsap Regional Library
- Olympic Educational Service District (for school district personnel) OESD website <http://www.oesd.wednet.edu>