

# KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH

# In the Works

Winter 2008

## **The Kitsap County Commission on Children and Youth**

- Advises County Commissioners and residents on issues related to children and families, based on periodic assessments
- Facilitates the coordination of information and services to maximize resources
- Advocates for an environment which fosters healthy, self-sufficient, responsible and productive children, youth and families

## **In the Works**

Is published **quarterly** by the Youth Commission for schools, the media, libraries, agencies, and individuals interested in children and families.

### **Items should be submitted to**

Gay Neal, Coordinator  
Commission on Children and Youth  
Kitsap County Department of Personnel and Human Services  
614 Division Street, MS-23  
Port Orchard, WA 98366-4676  
Phone: 360-337-4879  
Fax: 360-337-7187  
E-mail: [gneal@co.kitsap.wa.us](mailto:gneal@co.kitsap.wa.us)

## **Advocacy**

### **HAVE A HEART FOR KIDS DAY IS FEBRUARY 27, 2009 IN OLYMPIA**

Set aside this day to speak out for kids. This is the Children's Alliance's annual advocacy day at the state Capitol in Olympia. It's the largest gathering of child advocates during the legislative session.

Parents, youth, and groups from partner organizations are welcome. The legislature is in session and legislators will be available to meet with constituents.

Have a Heart for Kids Day features:

- Over 500 advocates for children, including advocates from all corners of the state.
- Issues briefing and new advocate training session featuring an appearance and remarks from Governor Christine Gregoire.
- Caucuses with legislators who are champions on children's health, foster care, early learning, school meals, and many other children's issues.

Online registration will begin soon. If you have questions about this year's event visit Online

<http://www.childrensalliance.org>.

## **Events**

### **KITSAP COUNTY PARKS AND RECREATION PARTICIPATES IN FAMILY VOLUNTEER DAY,**

Saturday, **November 22**, 10:00 AM – 1:00 PM, Old Mill Park, Silverdale. Washington families, often known for their spirit of giving, will join hundreds of other families across America in a nationwide celebration of family volunteering. This is a day of service designed to demonstrate the power of families who choose to volunteer together to support the communities in which they live and serve. Participants will be restoring an area along the Dyes Inlet shoreline, removing non-native brush and spreading mulch along the trail. Lunch will be provided by **Famous Dave's BBQ**.

For more information, contact Lori Raymaker, Kitsap County Park Stewardship Coordinator, at 360-337-5372 or visit our website at <http://www.kitsapgov.com/parks> .



**THE KITSAP PARENT CHILD ASSISTANCE PROGRAM (PCAP), in affiliation with Agape' Unlimited, is hosting an Open House**, Monday, November 24, 10:00 AM – 5:00 PM. Kitsap County PCAP offices are located at 4843 Auto Center Way, Suite A Bremerton, WA 98312. For directions call 360-377-0370.

The Open House will offer community service providers an opportunity to meet the PCAP staff, learn more about the program, and find out how to make referrals.

PCAP provides intensive case management services for drug and/or alcohol using pregnant and parenting mothers who are not effectively connected with community services, and who may be at risk for delivering children with fetal alcohol spectrum disorders (FASD). **A primary goal of PCAP is to help mothers prevent future births of alcohol and drug exposed children.**

PCAP began in 1991 when the Fetal Alcohol and Drug Unit (University of Washington School of Medicine) conducted a federally-funded study on intervention with alcohol and drug abusing mothers. Since that time, PCAP has developed into an award-winning program, funded since 1997 through state legislative appropriation to the DSHS Division of Alcohol and Substance Abuse (DASA). PCAP sites are now located in nine Washington State counties, serving approximately 650 families.

Unique to the PCAP program, case managers provide extensive practical assistance and long-term emotional support primarily through home visitation and intervention for 3 years. PCAP case managers are paraprofessionals who are trained and

experienced in helping clients to: effectively utilize community services, identify goals and learn to take the steps to attain them, obtain treatment and stay in recovery, and address the myriad problems associated with substance abuse. PCAP strives to collaborate with a wide range of community providers who can have a positive impact on the mother's ability to succeed in rebuilding a healthy family with children who are in safe and stable homes.

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**18TH ANNUAL KITSAP COUNTY HUMAN RIGHTS CONFERENCE** is scheduled for **December 5, 2008** at the Kitsap Conference Center in downtown Bremerton.

For more information, contact Leif Bentsen, 337-4883 or e-mail [lbentsen@co.kitsap.wa.us](mailto:lbentsen@co.kitsap.wa.us) <http://www.kitsapgov.com/hr/wsolympic/hrcboard.htm>

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**5<sup>th</sup> ANNUAL SANTA IN THE PARK**  
Visit Jolly ol' St. Nick, at "Santa in the Park." This is a free program and is open to children of all ages! Bring your cameras and wish lists to the following parks:

**Evergreen Park**  
Monday, December 22nd  
10AM - Noon

**Manette Park**  
Monday, December 22nd  
1 - 3 PM

**Lions Park**  
Tuesday, December 23rd  
10AM - Noon

**Plaza at Harborside Fountain Park**  
Tuesday, December 23rd, 1 - 3PM



**EVERGREEN CHILDREN'S THEATRE** offers the following:  
Friday Shows  
Preschool, Childcare, Primary grades at Our Saviour's Lutheran Church, Bremerton. Showtimes are at 10:30 AM and 1:00 PM. Cost: \$4.00/person.

- *The Shoemaker and the Elf*, Friday, **December 5**, Mary Shaver, Marionettes.
- *Cinderella*, Friday, **May 15**, Mary Shaver, Marionettes.

- Saturday Shows
- *Aesop's Fables*, Saturday, **March 21**, 2:00 PM, Roxy Theatre, Bremerton. Performed by Thistle Theatre of Seattle. Cost: \$7.00.
  - *Robinson Crusoe*, Saturday, **April 11**, 2:00 PM, Bremerton High School. Cost: Adults \$10.00, Children \$7.00. Missoula Children's Theatre. Auditions, Monday, April 7 at Our Saviour's Lutheran Church. Casting fee: \$30.00.

For more information and reservations, call 360-373-2992 or visit Online at <http://www.ectandpuppets.org>

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**LIFEGUARD GAMES '09**  
Saturday, **January 31**, 4:00 – 8:00 PM, Glenn Jarstad Aquatic Center, Bremerton. Join lifeguards



from all over Washington State in this unique mix of lifeguard games and fun events that will increase staff morale and give participants an opportunity to display their skills and socialize with others from the lifeguard community.

Registration deadline, Monday, January 19. Cost: \$50 per team of four. For more information, call Bremerton Parks & Recreation, 360-473-5376.

## Publication

**GOVERNOR'S JUVENILE JUSTICE ADVISORY COMMITTEE.** The Governor's Juvenile Justice Advisory Committee 2007 Annual Report is now available at <http://www.dshs.wa.gov/ojj/>. If you prefer a hard copy, please e-mail [dshsojjannualreport@dshs.wa.gov](mailto:dshsojjannualreport@dshs.wa.gov) . For more information, call 360-407-0202.

### **OFFICE OF JUVENILE JUSTICE AND DELINQUENCY PREVENTION**

**Juvenile Transfer Laws: An Effective Deterrent to Delinquency?** Bulletin NCJ220595 August 2008, by Redding, R.E. Provides an overview of research on the deterrent effects of transferring youth from juvenile to criminal courts, focusing on large-scale comprehensive OJJDP-funded studies on the effect of transfer laws on recidivism. The Bulletin reviews all of the extant research on the general and specific deterrent effects of transferring juveniles to adult criminal court. To download a pdf copy of the bulletin, visit Online at <http://www.ojjdp.ncjrs.gov/publications/>.

## Resources

**SURVEY OF YOUTH IN FOSTER CARE.** Results of a large-scale survey of youth age 15 to 18 in foster care in Washington state during 2007 are now available on the Braam Panel website at [http://www.braampanel.org/survey\\_youth.asp](http://www.braampanel.org/survey_youth.asp).

The survey was requested by the Children's Administration as a tool for assessing and improving services to youth in foster care. Another purpose of the survey is to provide data to the Braam Oversight Panel to measure an

outcome established by the Panel under the Braam Settlement Agreement. Monitoring related to this outcome will be included in the Panel's October 2008 Monitoring Report.

The survey includes questions on placements in foster homes, interactions with social workers, awareness of and experiences with services to adolescents, life experiences related to sibling relationships, significant adults, school, physical safety, running away and homelessness. Particular emphasis was placed on how well foster care youth felt the system had prepared them for living on their own.

Detailed results are available in the documents posted on the Braam website.

**FIND OUT FIRST! Register online and receive "SKSD E-News."** SKSD E-News messages will be sent to your home or work email address with current, reliable, and important information from South Kitsap School District. It's Easy!

- 1) Log on to <http://www.skitsap.wednet.edu>
- 2) Click on "Sign Up for SKSD E-News" and register.

**Enter to Win a Gift Card!**  
Register by Monday, December 15, 2008 and you will be entered to win one of the donated prizes below:

- \$100 Chevron Gas Card, donated by Sunnyslope Community School PTA.
- \$50 Gift Card to Albertson's, donated by Albertson's on Sedgwick Road.
- \$50 Gift Certificate to Bethel Ave Book Co, donated by Bethel Ave Book Co.



**LOOK LISTEN LINK (LLL) Youth Suicide Prevention Program (YSPP)** has taken on the challenge of writing, piloting, and evaluating a brand new curriculum targeted at middle school students. LOOK LISTEN LINK addresses the knowledge and skills that middle schoolers need to cope with their own stress. The curriculum also teaches students how to identify anxiety and depression in their friends and how to proactively offer help.

Last May, YSPP "tested" the curriculum in 7<sup>th</sup> grade health classes at Meeker Middle School (Kent School District).

YSPP is looking for middle school health teachers who would be interested in piloting and helping to evaluate the curriculum. Grant funding from the state allows us to offer curriculum and training at no cost.

For more information, contact Lisa Watson, YSPP Curriculum Coordinator at 206-491-6834 or [lisa@yspp.org](mailto:lisa@yspp.org).

## Training

**THE NONPROFIT CENTER'S GRANTMAKERS' ROUNDTABLE,** Thursday, **December 4,** 7:30 – 10:30 AM, Tacoma. Meet with regional grantmakers to learn firsthand their priorities and procedures for funding. This is a "musical tables" event during which each participant will be able to sit at a table with four different grantmakers during the morning. For details visit Online at <http://www.npcenter.org>.

**APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)**, Thursday and Friday, **December 4 – 5**, 8:30 AM – 4:00 PM, Sumner or Tuesday and Wednesday, **December 16 – 17**, Yakima. By completing the workshop, participants will be able to:

- Discuss suicide with a youth at risk in a direct manner.
- Identify risk alerts and develop safe plans related to them.
- Demonstrate the skills required to intervene with a youth at risk of suicide.

To register, call Raquel Reyes at 206-297-5922, ext. 4 or e-mail [Raquel@yspp.org](mailto:Raquel@yspp.org), or visit Online at <http://www.yspp.org/training>. Cost: \$35 for both days. Deadline to register is November 24 for Sumner and December 12 for Yakima.

**STARS MINI-CONFERENCE**, Friday, **December 5**, 9:30 AM – 1:30 PM, Seattle.

#### First Session

**Real Time Management for Real-Time Managers.** It can be hard to fit everything in when there is so much to do, track and follow up. This training will address some common issues in afterschool programs and management.

**Top Ten Program Environment Issues & How to Fix 'Em.** Could your program spaces look and function better, but you aren't quite sure how? This training will examine common program environment issues, how to spot 'em and, just as important, easy low/no cost strategies for addressing them.



#### Second Session

**Stop the Presses! Storytelling and Literacy.** Books are great, however, print is only part of the literacy picture. Spoken words work magic across all cultural landscapes. Come, experience, and take back techniques on storytelling.

Cost: \$45 per person. For more information visit Online at <http://www.schoolsoutwashington.org>.

**WEB CONFERENCE: GUERILLA TACTICS: MOTIVATING YOUR BOARD AND CEO TO RAISE MORE MONEY**, Wednesday, **December 10**, 10:00 -11:30 AM, Tacoma Goodwill.

How does a development officer persuade board members to assist in fundraising? Using guerilla tactics! These include much personal contact, putting books into their hands through executive summaries, weekly task assignments and committee-driven goal setting, among other tactics.

Registration Deadline: December 8 by 5 PM. Cost: \$20 Members/\$26 Non Members.

For more information contact 253-272-5844 or <http://www.npcenter.org>.

**OVERVIEW OF EXPERIENTIAL LEARNING – “CHALLENGE MASTERS,”** Tuesdays, **January 27, February 3, and February 10**, 3:00 –

6:30 PM, Olympic ESD #114, Bremerton. This program is based on a model of experimental learning and adventure-based education, using a portable kit consisting of cooperative games and activities. This class is an introductory course to the basic

concepts of Challenge Masters and experiential learning. Participants will engage in a series of group initiatives involving leadership, problem solving, communication, decision making and team building skills. Cost: \$50. Deadline to register is January 10, 2009.

For more information visit Online <http://www.oesd.wednet.edu>

**Building on Family Strengths conference**  
Research and Services in Support of Children and their Families

**2009 BUILDING ON FAMILY STRENGTHS CONFERENCE**, Tuesday – Thursday, **June 23 – 25**, Portland.

This year's conference will feature the latest developments in two exciting areas:

- Youth empowerment and participation in designing, delivering, evaluating services, supports, and systems.
- Wraparound: practice, supervision, fidelity measurement, system support, and more.

For more information visit Online at <http://www.rtc.pdx.edu/conference/pgMain.php>.

**H.E.R.E.**  
in Washington  
Health Education Resource Exchange

A clearinghouse of public health education and health promotion projects, materials and resources in the State of Washington. H.E.R.E. in Washington is a public health resource for professionals who conduct health promotion and health education activities and strive to provide educational resources that are accurate,

effective and current. Other websites or organizations are linked to H.E.R.E. in Washington as a professional courtesy and are not controlled or endorsed by the State of Washington or the Department of Health. Visit H.E.R.E. Online at <http://www3.doh.wa.gov/here>.

**TOBACCO DEPENDENCE TRAINING FOR MENTAL HEALTH PROVIDERS**, Tuesday, **December 2**, 8:30 AM – 3:30 PM, Renton. This course will provide an overview of the connection between smoking and mental health disorders, effective pharmacological treatments, Stages of Change and Motivational Techniques that are effective with consumers, and key concepts in assessing tobacco dependence. For registration information, call 425-917-7822 or email [ssilvernail@psed.org](mailto:ssilvernail@psed.org) or visit Online at <http://www.tobaccoprc.org>.

## 2009

**16<sup>TH</sup> ANNUAL OSPI JANUARY CONFERENCE**, Wednesday – Friday, **January 7 – 9**, Seattle. This conference will provide opportunities for educators to receive information, research, and instructional strategies/approaches that once implemented in the classroom, school or district level, will improve student performance.

There will be sessions K-12 reading, mathematics, writing, assessment, the arts, health and fitness, social studies, world languages, early childhood education, science, CTE, Navigation, and many others.

Early registration costs \$375 and ends December 19, 2008. Regular registration costs \$425. For registration information contact,

[yvonne.ryans@k12.wa.us](mailto:yvonne.ryans@k12.wa.us) or visit Online <https://eds.ospi.k12.wa.us/EventsManager/Public/Calendar.aspx>

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**NOT ON TOBACCO (NOT) FACILITATOR TRAINING**, Thursday, **January 15**, 8:30 AM – 3:30 PM, Renton. Not on Tobacco (NOT) is a state-of-the art, evidence-based, premier teen smoking cessation program available through American Lung Associations nationwide. NOT teaches youth how to effectively communicate with family members, provides informative handouts to parents and family members, and offers strategies for participants to assert their needs with family members who use tobacco. Registration deadline is January 6.

For registration information, call 425-917-7822 or email [ssilvernail@psed.org](mailto:ssilvernail@psed.org) or visit Online at <http://www.tobaccoprc.org>

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**MOTIVATIONAL INTERVIEWING - LEVEL 1**, Thursday, **January 22**, 8:30 AM – 3:30 PM, Mt Vernon or Thursday, **January 29**, Renton, or Thursday, **March 12**, Renton. Participants will learn proven techniques to help clients make behavior changes; be able to assess attitudes, beliefs and practices regarding the spirit and purpose of MI; demonstrate skills for performing at least two specific MI techniques in the context of their jobs; and understand ambivalence as the key obstacle to behavior change.

Training will also cover three reasons why people don't change; how those trying to help can impede the process; steps to helping clients resolve ambivalence; and especially, how to identify in 5 seconds or less (it's true!)

who is ready to change and who is NOT!

For more information, call 425-917-7822 or e-mail [ssilvernail@psed.org](mailto:ssilvernail@psed.org) or visit Online at <http://www.tobaccoprc.org>.

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**MOTIVATIONAL INTERVIEWING - LEVEL 2**, Thursday, **February 5**, 8:30 AM – 3:30 PM, Mt Vernon or Thursday, **February 26**, Renton. In this level 2 session, participants will deepen and strengthen their foundational MI skills learned in the level 1 session, including proven techniques to help students/clients make behavior changes; assessing attitudes, beliefs and practices regarding the spirit and purpose of MI; and understanding ambivalence as the key obstacle to behavior change. New materials from the 2nd edition MI guide will be presented.

For more information, call 425-917-7822 or e-mail [ssilvernail@psed.org](mailto:ssilvernail@psed.org) or visit Online at <http://www.tobaccoprc.org>.

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**MOTIVATIONAL INTERVIEWING - LEVEL 3**, Thursday, **March 26**, 8:30AM – 3:30 PM, Renton. After a brief review of MI theory, this course will proceed to an advanced training level. It will include discussion of the use of MI – what has and has not worked, assessing participant's own personal styles, and deepening skills in working with resistance and client ambivalence. The day will include case studies, role playing and practice at an advanced level. Registration deadline is March 12.

For more information, call 425-917-7822 or e-mail [ssilvernail@psed.org](mailto:ssilvernail@psed.org) or visit Online at <http://www.tobaccoprc.org>.

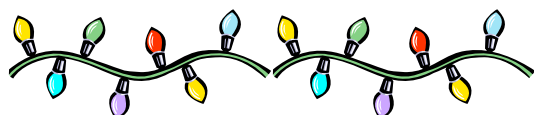
# For Your Calendar

## November

- 22 **FAMILY VOLUNTEER DAY**, Silverdale, 10:00 AM - 3:00 PM. Lori Raymaker, 360-337-5372 or <http://www.kitsapgov.com/parks>
- 24 **KITSAP COUNTY PARENT CHILD ASSISTANCE PROGRAM (PCAP) OPEN HOUSE**, Bremerton, 10:00 AM – 5:00 PM. Charlene, 360-377-0370

## December

- 2 **TOBACCO DEPENDENCE TRAINING FOR MENTAL HEALTH PROVIDERS**, Renton, 8:30 AM – 3:30 PM. Information <http://www.tobaccoprc.org>
- 4 **GRANTMAKER'S ROUNDTABLE**, Tacoma, 7:30 – 10:30 AM. NonProfit Center, 253-272-5844 or <http://www.npcenter.org>
- 4/5 **APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)**, Sumner, 8:30 AM – 4:00 PM. Information Raquel Reyes 206-297-5922, ext. 4 or [Raquel@yspp.org](mailto:Raquel@yspp.org) <http://www.yspp.org/training>
- 5 **HUMAN RIGHTS CONFERENCE**, Bremerton, Leif Bentsen, 337-4883 or [lbentsen@co.kitsap.wa.us](mailto:lbentsen@co.kitsap.wa.us)
- 5 **THE SHOEMAKER AND THE ELF**, Bremerton, 10:30 AM and 1:00 PM. Information 360-373-2992 or <http://www.ectandpuppets.org>
- 5 **SCHOOLS OUT WASHINGTON MINI-CONFERENCE**, Seattle, 9:30 AM – 1:30 PM. Information <http://www.schoolsoutwashington.org>
- 10 **WEB CONFERENCE: Guerilla Tactics: Motivating Your Board and CEO to Raise More Money**, Tacoma, NonProfit Center, 253-272-5844 or <http://www.npcenter.org>
- 16/17 **APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)**, Yakima, 8:30 AM – 4:00 PM. Information Raquel Reyes 206-297-5922, ext. 4 or [Raquel@yspp.org](mailto:Raquel@yspp.org) <http://www.yspp.org/training>
- 22 **SANTA IN THE PARK**, Bremerton, Evergreen Park, 10:00 AM to Noon, Manned Park, 1:00 – 3:00 PM. <http://www.ci.bremerton.wa.us>
- 23 **SANTA IN THE PARK**, Bremerton, Lions Park, 10:00 AM to Noon, Plaza at Harborside Fountain Park, 1:00 – 3:00 PM. <http://www.ci.bremerton.wa.us>



## January

- 7/9 **16<sup>TH</sup> ANNUAL OSPI JANUARY CONFERENCE** Seattle. Information [yvonne.ryans@k12.wa.us](mailto:yvonne.ryans@k12.wa.us) or <https://eds.ospi.k12.wa.us/EventsManager/Public/Calendar.aspx>
- 15 **NOT ON TOBACCO (NOT) FACILITATOR TRAINING**, Renton. Information <http://www.tobaccoprc.org>
- 22 **MOTIVATIONAL INTERVIEWING – LEVEL 1**, Mt. Vernon. Information <http://www.tobaccoprc.org>
- 27 **OVERVIEW OF EXPERIENTIAL LEARNING – “CHALLENGE MASTERS”** Bremerton, 3:00 – 6:30 PM Information <http://www.oesd.wednet.edu>
- 29 **MOTIVATIONAL INTERVIEWING – LEVEL 1**, Renton. Information <http://www.tobaccoprc.org>
- 31 **LIFEGUARD GAMES '09**, Bremerton, 4:00 – 8:00 PM. For more information call 473-5376 or e-mail [Swimjac@ci.bremerton.wa.us](mailto:Swimjac@ci.bremerton.wa.us)

## February

- 5 **MOTIVATIONAL INTERVIEWING – LEVEL 2**, Mt. Vernon. Information <http://www.tobaccoprc.org>
- 26 **MOTIVATIONAL INTERVIEWING – LEVEL 2**, Renton. Information <http://www.tobaccoprc.org>
- 27 **HAVE A HEART FOR KIDS DAY**, Olympia Information <http://www.childrensalliance.org/whatsnew/events.cfm>

## March

- 12 **MOTIVATIONAL INTERVIEWING – LEVEL 1**, Renton. Information <http://www.tobaccoprc.org>
- 21 **AESOP'S FABLES**, Bremerton, 2:00 PM. Information 360-373-2992 or <http://www.ectandpuppets.org>
- 26 **MOTIVATIONAL INTERVIEWING – LEVEL 3**, Renton. Information <http://www.tobaccoprc.org>

## April

- 11 **ROBINSON CRUSOE**, Bremerton, 2:00 PM. Information 360-373-2992 or <http://www.ectandpuppets.org>

### Monday

- 1st **CAMP FIRE BOYS & GIRLS BOARD MEETING**  
5:30 PM. Terry Schroeder, 475-3571
- 2nd **KITSAP COUNTY JUVENILE DEPARTMENT MENTORING PROGRAM TRAINING**  
5:00 – 7:00 PM. Pam Martin, 337-5409
- 2nd **KITSAP COUNTY ASSN FOR THE EDUCATION OF YOUNG CHILDREN (KAEYC)**  
6:00 PM. Karen Kennedy, 475-7194
- 3rd **STANDUP FOR KIDS**, 6:30 PM. Silverdale Community Center, Jo Clark, 360-479-2389
- 3rd **P-FLAG (Parents, Families and Friends of Lesbians and Gays)**, 7:00 PM. Marcie Mathis, 888-636-0652,
- 3rd **KITSAP COUNTY SAFE KIDS COALITION**  
8:30 AM. (Bi-Monthly Jan. Mar. May. July Sept. Nov.)  
Michele Jennings, Mary Bridge, 662-1198
- 3rd **H.E.A.R.T. (Honoring Equity and Respecting Tradition)**, 7:00 PM. Mick Sheldon, 360-297-2040
- 4th **WORKFIRST ADVISORY BOARD**  
2:00 PM. Meets bi-monthly. Paul Coover, 337-4722

### Tuesday

- Every **Tues.** **KITSAP PARENT SUPPORT GROUP**  
7:00 PM. Terri Chicko, 360-297-4639
- 1st **PARENT TO PARENT SUPPORT INFORMATION GROUP**, 10:30 AM, Sherry Charlot, 377-3473
- 1st **INFORMATION & REFERRAL SERVICES NETWORK Noon.** Cyndi Foye, 415-5816, [Cyndi@kmhs.org](mailto:Cyndi@kmhs.org)
- 1st **KITSAP FOSTER CARE ASSOCIATION BOARD OF DIRECTORS**, 5:30 PM. Rick Williams, <http://www.kitsapfostercare.org>
- 1st **ETHNIC UNITY COALITION**  
5:30 PM. Information, 782-0544
- 1<sup>st</sup> & 3<sup>rd</sup> **COMMUNITY FAMILY CLUB MEETING**, 6:00 – 8:00 PM  
Information: Jessie 434-618 or Kelley 779-4074
- 2nd **RESPECT (Relationship Education Strengthens & Provides Empowering Choices for Today's) Kitsap Youth**, 9:00 AM. Candy Cardinal 337-5256
- 2nd **CHADD (Children and Adults with Attention Deficit Disorders)**, 7:00 PM. Kerry Miller, 697-3922
- 2nd **KITSAP COUNTY COUNCIL FOR HUMAN RIGHTS**  
6:00 PM. Leif Bentsen, 337-4883
- 3rd **NORTH KITSAP LIFE IS VALUABLE SUICIDE AWARENESS TASK FORCE**, 7:45 AM  
Kelly Chatwood, [nk\\_lv@comcast.net](mailto:nk_lv@comcast.net)
- 3rd **SUBSTANCE ABUSE ADVISORY BOARD**  
3:30 PM. Betsy Bosch, 337-4880
- 3rd **COMMUNITY VOICE**, 7:00 PM, Pat Lovett, 698-4668

### Wednesday

- 1st **DEVELOPMENTAL DISABILITIES ADVISORY BOARD**  
5:00 PM. Kelly Oneal, 337-4624
- 1st **DOMESTIC VIOLENCE NETWORK**  
11:30 AM. Joan Taie, 373-5392
- 2nd **KITSAP COUNTY TRAFFIC SAFETY TASK FORCE**,  
10:00 AM. KCSO Silverdale, Carolyn Pence 337-4647
- 2nd **KITSAP SAFE SCHOOLS NETWORK**, 5:00 PM  
Admiral Theatre Community Room. Arli Stewart,  
1-800-503-7615
- 4th **KITSAP FOSTER CARE ASSOCIATION GENERAL MEETING**, 6:00 PM. <http://www.kitsapfostercare.org>
- last **KITSAP SUICIDE PREVENTION TASK FORCE**  
3:00 – 4:30 PM. Barbara Smithson, 337-5250  
[KitsapSPTF@comcast.net](mailto:KitsapSPTF@comcast.net)

### Thursday

- 1st **KITSAP COUNTY HIV/AIDS FOUNDATION**  
5:30 – 7:00 PM. 373-8200 or 1-866-831-2177
- 1st **KITSAP COUNTY COMMISSION ON CHILDREN & YOUTH**, 4:30 – 6:30 PM. Gay Neal, 337-4879
- 1st **KITSAP COUNTY HIV AIDS FOUNDATION**  
5:30 – 7:00 PM. Natalie Bryson, 698-3335
- 1st **P.O.W.E.R. (People Organized Working for Ethnic Reality)**, 7:00 PM. Robert Boddie, 792-0637
- 1st **BOY SCOUTS DISTRICT MEETINGS**  
7:00 PM. Kevin Hancock, 373-9400; Brady Taylor,  
373-5393
- 3rd **INTERAGENCY COORDINATING COUNCIL**  
10:00 AM. Kathy Avery, 373-2536
- 3rd **NORTH KITSAP VIOLENCE INTERVENTION AND PREVENTION PROJECT**  
9:00 AM. Cindy Simonson, 297-7070
- 4th **KITSAP FOSTER CARE ASSOCIATION**  
6:00 PM. Rick Williams, 876-1994

### Friday

- Every **KITSAP YOUTH DROP IN CENTER**, 6:00 PM  
Silverdale. Michael Goodnow, 698-3335

### Saturday

- 1st **ANGER MANAGEMENT CLASS**, 9:00 AM – 5:30 PM  
Bremerton. Cost: \$80. Dr. O.J. Hogan, 698-3250
- 3rd **KITSAP COUNTY'S FATHERS' NETWORK**  
10:00 AM. Doug Stauner, 692-4670

### Sunday

- Every **1<sup>st</sup> WOMEN'S CIRCLES**, 2:00 – 5:00 PM, Belfair.  
Linda Kroum, 275-4184 or [womenscircles@yahoo.com](mailto:womenscircles@yahoo.com)

# What's In The Works For You?

**Please print:**

Event/Project Title: \_\_\_\_\_

Purpose: \_\_\_\_\_

Sponsor(s): \_\_\_\_\_

Target Audience: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Where: \_\_\_\_\_

Cost: \_\_\_\_\_

Reservation Required: \_\_\_\_\_

Other Details/Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Contact person: \_\_\_\_\_

Phone: \_\_\_\_\_

**PLEASE TELL US ABOUT CHANGES IN YOUR ORGANIZATION, such as program additions or deletions, new address/phone number, key personnel, etc.**

Other information or comments which could be helpful to others: \_\_\_\_\_  
\_\_\_\_\_

Contact person for more information: \_\_\_\_\_

Phone: \_\_\_\_\_



**Please return by February 13, 2008  
for the next issue**

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# "It's Time for Kitsap Kids" Developmental Asset Initiative

"It's Time for Kitsap Kids" promotes the concept of [developmental asset](http://www.itkk.org) building and actively works on community awareness, activities, networking, and training that nurtures positive, caring and responsible young people.

<http://www.itkk.org>

Winter 2008

**Vision:** As "Friends of Assets," each of us serves as a builder, partnering with youth to participate, develop, and grow through family, school, work, and community. We envision a community where all young people know they are valued, have hope for the future, and possess the resources to achieve their goals.

KITSAP  
CARES  
ABOUT  
KIDS



## Profiles of Student Life: Attitudes & Behaviors Survey – Now with Four Core and More!

Newly available from Search Institute – a comprehensive revision of one of their most respected and frequently administered surveys, *Profiles of Student Life: Attitudes and Behaviors*.

This comprehensive revision includes:

- Four Core Measures data required of Drug Free Communities grantees for COMET reporting;
- Measures of the 40 Developmental Assets;
- Eight indicators of thriving measures;
- Risk behaviors and high-risk behavior patterns; and
- Deficit measures.

Key survey questions address the Four Core Measures including:

- Young people's use of alcohol, tobacco, and marijuana in the past 30 days;
- Average age of their first use of alcohol, tobacco, and marijuana;
- Youth perception of the risk involved; and
- Youth perception of their parents' disapproval of substance use

Drug Free Communities grant recipients new to the Developmental Assets framework will discover a wealth of value added to their prevention efforts. We know that youth who report experiencing higher levels of Developmental Assets generally also report engaging in fewer risk behaviors than peers who report fewer assets.

For more information on how you can get a Vision Training Associates trainer to come to your community contact Search Institute at <http://www.search-institute.org>.

## 40 Developmental Assets

Search Institute <http://www.search-institute.org> has identified the following building blocks of healthy development that help young people grow up healthy, caring, and responsible.

### Support:

1. Family Support
2. Positive family communication
3. Other adult relationships
4. Caring neighborhood
5. Caring school climate
6. Parent involvement in schooling

### Empowerment:

7. Community values youth
8. Youth as resources
9. Service to others
10. Safety

Please tell us the impact the developmental asset approach has had in your life, the children you touch, or in your organization.

Just e-mail Gay Neal [gneal@co.kitsap.wa.us](mailto:gneal@co.kitsap.wa.us) to request the one-page, on-line response form. Your comments will be added to the story of how asset building is changing the face of our community.

## Asset #4 – Caring Neighborhood

### At Home

- Get to know your neighbors.
- Get to know five kids in your neighborhood.
- Recruit volunteers (senior citizens, college students, or stay-at-home parents) to wait with children at school bus stops.

### At School

- Encourage students to find ways to serve in their neighborhoods.
- Assign projects that promote interaction between students and their neighbors.

### In the Community

- Organize informal activities (such as pick-up basketball) for neighborhood youth.
- Encourage your friends and neighbors to get to know the young people who live around them and to make youth a priority.

## Asset #5 – Caring School Climate

### At Home

- Get involved with a parent-teacher organization. Work to create a spirit of cooperation.
- Volunteer at your child's school.
- Thank your children's teachers for the good work they do.

### At School

- Nurture a sense of school ownership in students by involving them in decision making.
- Learn the names of as many students as you can. Smile at them and greet them by name when you see them.

### In the Community

- Support your local schools. Acknowledge and honor those that are known for their caring climates.
- Encourage all adults to volunteer in the schools, not just parents of students.

## Asset #6 – Parent Involvement In Schooling

### At Home

- Regularly ask your kids what they are learning in school. Offer to help with homework in appropriate ways.
- When you receive a school calendar, enter important dates and events onto your family calendar. Make attending school events a family priority.

### At School

- Personally contact each student's family at least once during the school year.
- Send notes home to parents frequently about what students are working on and learning in class.

### In the Community

- Allow and encourage employees to volunteer time at schools.
- On days when schools have open houses and parent-teacher conferences, provide activities for younger children so parents are free to participate without child-care concerns.

## 40 Developmental Assets

### Boundaries & Expectations

11. Family boundaries
12. School boundaries
13. Neighborhood boundaries
14. Adult role models
15. Positive peer influence
16. High expectations

### Constructive Use of Time

17. Creative activities
18. Youth programs
19. Religious community
20. Time at home

### Commitment to Learning

21. Achievement motivation
22. School engagement
23. Homework
24. Bonding to school
25. Reading for pleasure

### Positive Values

26. Caring
27. Equality and social justice
28. Integrity
29. Honesty
30. Responsibility
31. Restraint

### Social Competencies

32. Planning and decision making
33. Interpersonal competence
34. Cultural competence
35. Resistance skills
36. Peaceful conflict resolution

### Positive Identity

37. Personal power
38. Self-esteem
39. Sense of purpose
40. Positive view of personal future

## Resources you can use: Free materials, training, presentations, assistance!

Contact the Kitsap County Commission on Children and Youth at 360-337-4879 or [gneal@co.kitsap.wa.us](mailto:gneal@co.kitsap.wa.us)

### Pamphlets available in limited quantities

- 150 Ways to Show Kids You Care (poster style leaflet)
- 40 Ways Anyone can Build Assets (poster style leaflet)
- The Asset Approach (Adults)
- Making Change for the Better: The Importance of Youth Giving *new*
- Take It to the Next Level *new*

### Book Available in single copy only, limited quantity available

- What Every Child Needs to Succeed from Birth to 8
- Giving Kids What They Need to Succeed (for adult presentations)

### Local Library Resources with Asset Reference Materials

- Kitsap Regional Library
- Olympic Educational Service District (for school district personnel) OESD website <http://www.oesd.wednet.edu>