

KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH

In the Works

Winter 2009

The Kitsap County Commission on Children and Youth

- Advises County Commissioners and residents on issues related to children and families, based on periodic assessments
- Facilitates the coordination of information and services to maximize resources
- Advocates for an environment which fosters healthy, self-sufficient, responsible and productive children, youth and families

In the Works

Is published **quarterly** by the Youth Commission for schools, the media, libraries, agencies, and individuals interested in children and families.

Items should be submitted to

Gay Neal, Coordinator
Commission on Children and Youth
Kitsap County Department of Personnel
and Human Services
614 Division Street, MS-23
Port Orchard, WA 98366-4676
Phone: 360-337-4879
Fax: 360-337-7187
E-mail: gneal@co.kitsap.wa.us

Advocacy

PREVENTION ADVOCACY DAY,

Monday, **January 18**, Olympia.

Sponsored by the Washington Association for Substance Abuse and Violence Prevention (WASAVP). Visit online at <http://www.WASAVP.org> for information about:

- Prevention Advocacy Day.
- How to join WASAVP.
- Advocacy Action Alerts.

HAVE A HEART FOR KIDS DAY,

Monday, **February 15**, Olympia.

Set aside this day to speak out for kids. This is the Children's Alliance's annual advocacy day at the state Capitol in Olympia. It's the largest gathering of child advocates during the legislative session. Have a Heart for Kids Day features:

- Over 500 advocates for children, including advocates from all corners of the state.
- Issues briefing and new advocate training session.
- Caucuses with legislators who are champions for children.

Online registration will begin soon. If you have questions about this year's event visit Online

<http://www.childrensalliance.org>.

HOMELESS FAMILIES IN KITSAP COUNTY.....A CALL FOR HELP!

The Kitsap County Board of Commissioners has endorsed a plan to convert a former Youth Home facility into a Residential Emergency Shelter for homeless mothers and their children. The Project, spear headed by the Department of Personnel and Human Services in partnership with Kitsap Community Resources and One Church – One Family, is intended to reach out to those in need and provide refuge in a storm of uncertainty.

The facility has the capacity to serve up to six homeless families. Residents will receive emergency housing, case management support and mentoring for up to 90 days designed to assist them in their transition. Cash donations are being accepted to help purchase items needed. Make checks payable to Kitsap Community Resources – Homeless Project.

For more information, contact Che Che at 360-337-7185, extension 3530.

CHILD PROTECTIVE SERVICES (CPS) AND THE HOMELESS,

Tuesday, **January 12**, 1:00 – 2:00 PM, at The Salvation Army, 832 Sixth St., Bremerton. There will be a meeting titled "CPS and the Homeless." Barb Geiger and Tom Stokes from CPS will be there to present information and answer questions.

The homeless state their fear often of CPS taking their kids away because they are without a roof, so that's one of the things we'll be addressing.

The public is invited, please rsvp at sally.santana@wavecable.com. Additional resource available: Kitsap Community Homeless and Low Income Resource Guide, click [here](#).

KITSAP COUNTY WILL COUNT ITS

HOMELESS, Thursday – Friday, **January 28 - 29**. The primary registration site/time will be during the Connect at the President's Hall at the Fairgrounds, Bremerton, on January 28, 2:00 – 7:00 PM. Other sites, such as all food banks and some meal sites, will be posted later in January.

For details contact, Terry Schroeder at 360-473-2028.

Awards

WASHINGTON AWARD FOR VOCATIONAL EXCELLENCE

Applications are now being accepted for the Washington Award for Vocational Excellence (WAVE)--a scholarship program that recognizes and rewards students who excel in career and technical education.

Students must submit applications to their school's WAVE coordinator by February 5, 2010. In turn, applications approved by school districts and colleges must be mailed (postmarked) to the Workforce Board by February 19, 2010. Award winners will be notified in mid-April.

WAVE awards pay undergraduate educational tuition for two years (six quarters or four semesters) at an accredited public or private college or university, or licensed vocational school.

For more information contact , 360-753-5680 or 360-753-5677 or email colbert@wtb.wa.gov or janderson@wtb.wa.gov.

Events

KITSAP MENTORING CELEBRATION

scheduled Tuesday, **January 26**, from 5:00 – 7:00 PM, at Crossroads Neighborhood Church. January 2010 is National and Kitsap County Mentoring Month. In conjunction with Kitsap County Mentoring Month activities, the community is invited to hear national speaker, Bob Mortimer.

For more information call: 360/337-4878 or visit: <http://www.kitsapmentoring.org>.

RUMPELSTILTSKIN, Saturday,

February 13, 2:00 PM, Bremerton High School Performing Arts Center.

Auditions: Monday, February 8th, at Our Savior's Lutheran Church, Bremerton.

Audition Cost: \$30. Performance Tickets: \$10. adults, \$7 children.

For more information, contact Evergreen Children's Theatre, 360-373-2992 or ect@telebyte.com or visit online at <http://www.ectandpuppets.org>.

DISNEY GIVE A DAY, GET A DAY

"Give a Day. Get a Disney Day." is a program that celebrates and inspires volunteerism. Disney is working with HandsOn Network to offer amazing volunteer opportunities to which you can lend your much-needed services. As a way of thanking you for your good work, Disney will give you a free ticket good for one day admission to a Walt Disney World® or Disneyland® theme park. Their goal? To inspire one million volunteers to serve in their communities. Starting January 4, 2010, volunteers can go to

www.GiveADayGetADisneyDay.com to register for volunteer time with Habitat for Humanity of Kitsap County as a part of this program. Signing up for a day of volunteer service is as simple as 1-2-3:

1. Search and Sign Up: Beginning January 1, 2010, search www.GiveADayGetADisneyDay.com and sign up for a volunteer opportunity with Habitat for Humanity of Kitsap County.
2. Volunteer: Complete your service for the volunteer opportunity you selected.
3. Celebrate: Once your service is verified, receive a voucher to redeem your Disney theme park ticket.





TEEN LATE NIGHT! EVERY FRIDAY NIGHT, 8:30 – 11:00 PM, Bremerton.

Teens ages 13-19 bring your friends and experience a night filled with many fun activities. Teens are able to swim, use the hot tub, play basketball, wallyball or board and table games, plus more. Refreshments including pizza, are served. There is no cost for YMCA members and non-members pay only \$5 per person.

RESOLUTION RUNS

Run #1, Sunday, January 3, 9:00 AM, 5K (3.1 miles) or 5 miles, followed by a Potluck in the Y Annex.

Run #2, Sunday, February 7, 9:00 AM, 10K (6.2 miles), followed by a Potluck in the Y Annex.

Run #3, Sunday, March 7, 9:00 AM, 15K (9.3 miles), followed by a Potluck in the Y Annex.

Run #4, Sunday, April 4, 9:00 AM, a 20K run (12.4 miles), followed by a BBQ Potluck in Y Annex. This is your opportunity to stay motivated through the long days of winter.

For more information, call Kitsap Family YMCA 360-377-3741 or visit online at: <http://www.kitsapfamilyymca.org/Events.htm>.

AMERICAN RED CROSS, HEROES BREAKFAST, Tuesday, March 9,

Kitsap Conference Center, Bremerton.
6:30 – 7:00 AM Registration
7:00 AM Breakfast Buffet
7:30 – 9:00 AM Heroes Program



If you are interested in sponsorship of a table please contact Janet Heath, 360-478-7681 or e-mail

janet.heath@seattleredcross.org

For more information, visit online

<http://www.westsoundredcross.org>.

Funding

THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, is accepting Applications For Fiscal Year 2010 Grants For The Offender Reentry Program.

The program is designed to expand and/or enhance substance abuse treatment and related recovery and reentry services to sentenced juvenile and adult offenders returning to the community from incarceration for criminal/juvenile offenses. Deadline: January 19, 2010. For additional information, please call (240) 276-1406 or email

william.reyes@samhsa.hhs.gov.

THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES announces funds to support programs that empower low-income families to become economically self-sufficient for the long-term. Grantees provide financial education training on money management issues, and they assist participants with saving earned income in special matched savings accounts called Individual Development Accounts (IDAs). Participants use the IDAs to accumulate funds with the goal of acquiring a first home, postsecondary education, or starting up or expanding a small business.

The deadlines to apply are January 15, 2010; March 25, 2010; and June 25, 2010. For additional information, please call the AFI Resource Center at (866)

778-6037 or email

info@idaresources.org.

U.S. DEPARTMENT OF EDUCATION OFFICE OF ELEMENTARY AND SECONDARY EDUCATION

announced the availability of funding for the High School Equivalency (HEP) Program. The purpose of this

program is to help migrant and seasonal farm workers and their children obtain a general education diploma (GED) that meets the guidelines for high school equivalency established by the State, in which the HEP project is conducted, and to gain employment or be placed in an institution of higher education or other postsecondary education or training.

Deadline: February 16, 2010. For additional information, contact 202-260-8103, david.de.soto@ed or visit Online <http://www.ed.gov/programs/hep/application.htm>.

Publications

A DEVELOPMENTAL PERSPECTIVE ON WORKPLACE READINESS:

Preparing High School Students for Success. This research brief highlights specific competencies that research has identified as necessary for a person to become a valued and skilled employee in the areas of social, cognitive, and psychological development. It also identifies strategies that high schools can use to help young adults develop these competencies.

http://www.childtrends.org/Files/Child_Trends-2009_04_28_RB_WorkReady.pdf.



A GUIDE TO EFFECTIVE INVESTMENTS IN POSITIVE YOUTH DEVELOPMENT:

Implications of Research for Financing and Sustaining Programs and Services for Youth. This guide reviews the research on what works to promote positive youth development and provides decision makers with background information for making good investment decisions. It also discusses the effects of various program- and system-level strategies on key outcomes for youth in an effort to shed light on how to invest limited resources to achieve desired outcomes. <http://www.financeproject.org/publications/PositiveYouthDev.pdf>.

VULNERABLE YOUTH AND THE TRANSITION TO ADULTHOOD:

This study was conducted by the Urban Institute, under contract to ASPE, and examines the role of different aspects of youth vulnerability and risk-taking behaviors on several outcomes for young adults. <http://www.aspe.hhs.gov/hsp/09/VulnerableYouth/index.shtml>.

NIDA AT YOUR FINGERTIPS

News and information about National Institute on Drug Abuse (NIDA) research, programs, and events are quickly and easily accessible through NIDA's home page:

- Information on Drugs of Abuse.
- Publications (including *NIDA Notes*).
- Calendar of Events.
- Links to NIDA Organizational Units.
- Funding Information.
- Internal activities.
- Links to Related Web Sites.

Resources

THE NATIONAL INSTITUTE ON DRUG ABUSE AND THE UNIVERSITY OF MICHIGAN HAS RELEASED THE 2009 MONITORING THE FUTURE (MTF) SURVEY RESULTS. The survey showed that while there were slight decreases in the use of cocaine and methamphetamine among youth, marijuana and prescription drug abuse showed no signs of slowing down. The findings present a valuable opportunity to help educate the public about the rising rates of youth drug use. Community Anti-Drug Coalitions of America (CADCA) has developed a Media Outreach Toolkit to help coalitions get local media coverage of these important survey findings.

The Toolkit includes:

- * A one-page document summarizing the 2009 Monitoring the Future findings.
- * A news release template.
- * Powerpoint presentations and fact sheets.
- * Talking points.

Visit the CADCA website at <http://www.cadca.org/resources/detail/mtf-media-outreach-toolkit> to view the Toolkit. For questions on how to use these materials, contact 703-706-0560 ext. 256.

Training

KIDS FIRST PARENT SEMINAR

This four hour seminar focuses on children's unique needs prior to separation, during divorce, and in other family residential changes. Learn about developmental stages, the grief process, positive ways to communicate with your child's other parent, parenting plans and much more.

This seminar is approved by the Kitsap County Superior Court for parents involved in divorce, legal separation, or paternity actions.

Upcoming Classes:

Saturday, January 16, at 8:30 AM
Thursday, January 28, at 5:00 PM
Saturday, February 13, at 8:30 AM
Thursday, February 25, at 5:00 PM
Saturday, March 13 at 8:30 AM

For more information, contact the Dispute Resolution Center of Kitsap County, 307-6155.



ADDRESSING TOBACCO USE IN ADDICTIONS TREATMENT THROUGH ORGANIZATIONAL CHANGE

Friday, **January 8**, 9:00 AM – Noon, Lynnwood.

Friday, **January 15**, 9:00 AM – Noon, Port Angeles.

Wednesday, **January 27**, 1:00 – 4:00 PM, Olympia.

This training will provide an overview of why it is important to address tobacco use in addictions treatment, the science of nicotine addiction, and how nicotine

addiction is different and similar to other addictions. Lesson plans that integrate tobacco use into education and treatment groups will be provided.

For more information, contact Deb Drandoff, 360-750-7500 x303 or e-mail at deb.drandoff@esd112.org.

GROWING GROCERIES ORGANICALLY! A



series of classes designed and taught by WSU Kitsap County Extension Master Gardeners to help you create your own backyard organic vegetable garden.

Beginning Vegetable Gardening:

Saturday, **January 9**, 9:00 AM – 3:00 PM.

Advanced Organic Vegetable Gardening:

Class 1: Soils & Composting Irrigation, Saturday, **January 16**, 9:00 AM – 3:00 PM.

Class 2: Garden Planning Fruits & Berries, Saturday, **January 30**, 9:00 AM – 3:00 PM.

Class 3: Seeding/Planting and Garden Management Techniques, Saturday, **February 6**, 9:00 AM – 3:00 PM.

Class 4: Integrated Pest Management, Harvesting/Preserving and Seed Saving, Saturday, **February 20**, 9:00 AM – 3:00 PM.

For more information, contact Peg Tillery at 360-337-7224 or visit online <http://kitsap.wsu.edu/> for registration forms.

BAINBRIDGE PERFORMING ARTS THEATRE SCHOOL: BAINBRIDGE ON BROADWAY TEEN CLASS,

Tuesdays and Thursdays, **January 12 – March 5**, 4:00 – 6:00 pm, Bainbridge Island. Bainbridge to Broadway, students will take on songs from Broadway shows such as Wicked, Spring Awakening, Avenue Q, Lion King, Rent, Legally Blonde, Phantom of the Opera, Mamma Mia and many more.

This winter class opportunity for students, ages 13 – 18 will also include audition techniques and appropriate song choices leading up to BPA Teen Broadway's West Side Story auditions in March.

Cost: \$325. Final showcase performances are slated for March 4 and 5, Thursday and Friday at 7:00 PM.

For more information, call 206-842-8578 or visit online to print and complete the registration form at <http://www.bainbridgeperformingarts.org/Education/TheatreSchool.html>.

WASHINGTON STATE ASSOCIATION FOR MULTICULTURAL EDUCATION 2010 WORKSHOPS

Strategies to Address Racial

Harassment: Thursday, **January 14**, North Seattle Community College. Racial harassment cases have more than doubled since the early 1990s. The alarming increase indicates professionals must create workplace environments that prevent racial harassment. Join an interactive session to discuss effective intervention/prevention strategies that can be implemented in workplace and educational settings to address racial harassment issues and concerns.

Sugar and Spice, But Not Always Nice: Gender, Bias and Aggression in Adolescent Girls: Friday, **February 26**, North Seattle Community College, "Mean girls" is more than just a casual term to describe a passing phase in life. Examine how the intersections between how gender differences and gender norms result in alternate relational, indirect, and social aggression in adolescent girls.

What I Said and What I Meant: Improving Cross-Cultural

Communications: Friday, **March 12**, North Seattle Community College. This workshop presents major cross-cultural communication theories; ways that cultural values, power, privilege and differences affect the way we communicate; tools for questioning assumptions; and ways to improve cross-cultural communications skills.

For more information visit <http://www.wsame.org/pdf/WorkshopInformation20092010.pdf> or email WSAME@mindspring.com or 206-522-5438.

GOAT CARE/NUTRITION – KIDDING – PACKGOAT SEMINAR, Saturday, **January 16 and February 6**, 9:30 AM – 4:00 PM, Olympia.

Session #1: General goat care and nutrition.

Session #2: All about kidding.

Session #3: All about packgoats.

Cost: General public \$20/person, special rates for groups and families. 4H folks \$5/person, special rates for clubs and large families. Lunch will be served.

For more information, contact Donna 360-481-0527 or edelweissacres@comcast.net.

20 HOURS STARS CLASS, Saturday, **January 30 and February 6**, 9:00 AM – 5:00 PM, Seattle. School's Out Washington is offering a STARS 20 Hour Basic Training focused on School-Aged children (ages 5-12). All 10 modules of STARS basic information are covered, with a test-out option for the first seven modules.

This is a **two day** class. You must attend both sessions to get credit and receive your certificate of completion. The cost is \$150, which includes a great catered lunch both days. The instructors are Glen Osborn and Ella Rosana.

Register at 206-323-2396 or visit online at <http://www.schoolsoutwashington.org>.

22ND ANNUAL AT-RISK YOUTH NATIONAL FORUM, Empowering Students to Communicate, Accelerate, Participate, and Graduate, Sunday – Wednesday, **February 14 – 17**, Myrtle Beach, South Carolina. Sponsored by: National Dropout Prevention Center/Network.

Sessions include:

- Improving Reading for Academic Success: Strategies for Enhancing Adolescent Literacy.
- Dropout Early Warning System With Research-Based Solution.

Early Bird registration (before January 15) Individual \$295, Team (2 or more) \$260. Regular registration (after January 15) Individual \$335, Team (2 or more) \$310.

For more information, contact Linda Shirley 864-656-2675 or e-mail paige@clemson.edu.

THE HEART OF LEARNING AND TEACHING COMPASSION, RESILIENCE AND ACADEMIC SUCCESS, Wednesday – Thursday, **February 17 – 18**, 9:00 AM – 3:00 PM, OESD #114, Bremerton. Participants will be introduced to the key findings of the “Adverse Childhood Experiences (ACES)” study; provided with a framework for understanding the relationship of trauma and learning; presented with instructional strategies for building a compassionate school; introduced to the Washington State's Compassionate Schools Initiative; and given helpful tools for self care and wellness – an ethical responsibility.

Deadline: February 1, 2010.

Cost: \$80. or \$45. without the manual.

<http://www.oesd.wednet.edu/oesd/site/default.asp>.



15TH ANNUAL NORTHWEST PARENTING AND

FAMILY EDUCATION CONFERENCE, Monday – Tuesday, **March 15 – 16**, Washington State University at Vancouver, WA. Nationally recognized researchers and practitioners will share cutting-edge information and techniques for parenting and family educators, child care providers, teachers, counselors, and other family serving professionals. Workshops will address issues of concern to families raising children, including; anger management, child development, fathering, and parenting styles.

For more information, visit online at <http://www.conferences.wsu.edu/parenting/reg.aspx>.

20TH ANNUAL WASHINGTON STATE COALITION FOR THE HOMELESS CONFERENCE, Wednesday – Friday, **May 12 – 14**, Red Lion at the Park, Spokane.

For more information, contact Mia Navarro Wells at 253-761-7446 or e-mail mai@endhomelessnesswa.org or visit online <http://www.endhomelessnesswa.org>.

Update

PENINSULA GIRL SCOUT CENTER HAS MOVED. Thank you for your support of Girl Scouts. Please update our address in your data base.

NEW ADDRESS: Replaces Girl Scouts Totem Council:

Girl Scouts of Western Washington
Peninsula Program Center
1600 NE Winters Road
Bremerton, WA 98311

*Happy New Year!
from the Kitsap County
Commission on Children
and Youth staff and
council*



For Your Calendar

January

- 3 **YMCA RESOLUTION RUN**, Bremerton, 9:00 AM
YMCA, Dee Tuttle 377-3741
- 8 **ADDRESSING TOBACCO USE IN ADDICTIONS
TREATMENT THROUGH ORGANIZATIONAL CHANGE**,
Lynnwood, 9:00 AM – 12:00 PM. Contact:
deb.drandoff@esd112.org or 360-750-7500 x303
- 9 **BEGINNING VEGETABLE GARDENING**, Bremerton
9:00 AM – 3:00 PM. Peg Tillery, 337-7244 or
<http://kitsap.wsu.edu/>
- 12 **CPS AND THE HOMELESS**, Bremerton, 1:00 – 2:00 PM
Information, sally.santana@wavecable.com
- 12 **BAINBRIDGE TO BROADWAY**, Bainbridge Island,
4:00 – 6:00 PM. Classes run Jan. 12 – Mar. 5, Tuesday
and Thursdays. Information, 206-842-8578 or
<http://www.bainbridgeperformingarts.org/Education/TheatreSchool.htm>
- 14 **STRATEGIES TO ADDRESS RACIAL HARASSMENT**,
Seattle. Information, WSAME 206-522-5438 or
WSAME@mindspring.com
- 15 **ADDRESSING TOBACCO USE IN ADDICTIONS
TREATMENT THROUGH ORGANIZATIONAL CHANGE**,
Port Angeles, 9:00 AM – 12:00 PM. Contact:
deb.drandoff@esd112.org or 360-750-7500 x303
- 16 **GOAT CARE/NUTRITION – KIDDING – PACKGOAT
SEMINAR**, Olympia, 9:30 AM – 4:00 PM. Donna,
360-481-0527 or edelweissacres@comcast.net
- 16 **ADVANCED ORGANIC VEGETABLE GARDENING**
Bremerton, 9:00 AM – 3:00 PM. Peg Tillery, 337-7224 or
<http://kitsap.wsu.edu/>
- 16 **KIDS FIRST PARENT SEMINAR**, Silverdale, 8:30 AM
Dispute Resolution Center of Kitsap County, 307-6155
- 18 **PREVENTION ADVOCACY DAY**, Olympia
<http://www.WASAVP.org>
- 26 **KITSAP MENTORING CELEBRATION**, Bremerton,
5:00 – 7:00 PM. Information, 337-4878 or
<http://www.kitsapmentoring.org>
- 27 **ADDRESSING TOBACCO USE IN ADDICTIONS
TREATMENT THROUGH ORGANIZATIONAL CHANGE**,
Olympia, 1:00 – 4:00 PM. Contact:
deb.drandoff@esd112.org or 360-750-7500 x303
- 28 **KIDS FIRST PARENT SEMINAR**, Silverdale, 5:00 PM
Dispute Resolution Center of Kitsap County, 307-6155

January *continued*

- 28/29 **KITSAP COUNTY WILL COUNT ITS HOMELESS**
Bremerton, 2:00 – 7:00 PM. Information,
Terry Schroeder, 473-2028
- 30 **20 HOURS STARS CLASS**, Seattle, 9:00 AM – 5:00 PM
<http://www.schoolsoutwashington.org> or 206-323-2396
- 30 **ADVANCED ORGANIC VEGETABLE GARDENING**
Bremerton, 9:00 AM – 3:00 PM. Peg Tillery, 337-7224 or
<http://kitsap.wsu.edu/>

February

- 6 **GOAT CARE/NUTRITION – KIDDING – PACKGOAT
SEMINAR**, Olympia, 9:30 AM – 4:00 PM. Donna,
360-481-0527 or edelweissacres@comcast.net
- 6 **ADVANCED ORGANIC VEGETABLE GARDENING**
Bremerton, 9:00 AM – 3:00 PM. Peg Tillery, 337-7224 or
<http://kitsap.wsu.edu/>
- 7 **YMCA RESOLUTION RUN**, Bremerton, 9:00 AM.
YMCA, Dee Tuttle 377-3741
- 13 **KIDS FIRST PARENT SEMINAR**, Silverdale, 8:30 AM
Dispute Resolution Center of Kitsap County, 307-6155
- 13 **RUMPELSTILTSKIN**, Bremerton, 2:00 PM.
Evergreen Children's Theatre, 373-2992
- 14/17 **22ND ANNUAL AT-RISK YOUTH NATIONAL FORUM**,
Myrtle Beach, South Carolina. Linda Shirley, NDPC,
864-656-2675 or paige@clemson.edu.
- 15 **HAVE A HEART FOR KIDS DAY**, Olympia
<http://www.childrensalliance.org>
- 17/18 **THE HEART OF LEARNING AND TEACHING
COMPASSION, RESILIENCE AND ACADEMIC
SUCCESS**, Bremerton, 9:00 AM – 3:00 PM.
<http://www.oesd.wednet.edu/oesd/site/default.asp>.
- 20 **ADVANCED ORGANIC VEGETABLE GARDENING**
Bremerton, 9:00 AM – 3:00 PM. Peg Tillery, 337-7224 or
<http://kitsap.wsu.edu/>
- 25 **KIDS FIRST PARENT SEMINAR**, Silverdale, 5:00 PM
Dispute Resolution Center of Kitsap County, 307-6155
- 26 **SUGAR AND SPICE, BUT NOT ALWAYS NICE:
GENDER, BIAS AND AGGRESSION IN ADOLESCENT
GIRLS**, Seattle. Information, WSAME 206-522-5438 or
WSAME@mindspring.com

For Your Calendar

March

- 7 **YMCA RESOLUTION RUN**, Bremerton, 9:00 AM
YMCA, Dee Tuttle 377-3741
- 9 **HEROES BREAKFAST**, Bremerton, 6:30 – 9:00 AM.
<http://www.westsoundredcross.org> or Janet Heath,
478-7681
- 12 **WHAT I SAID AND WHAT I MEANT: IMPROVING
CROSS-CULTURAL COMMUNICATIONS**, Seattle.
Information, WSAME 206-522-5438 or
WSAME@mindspring.com
- 13 **KIDS FIRST PARENT SEMINAR**, Silverdale, 8:30 AM
Dispute Resolution Center of Kitsap County, 307-6155
- 15/16 **15TH ANNUAL NORTHWEST PARENTING AND FAMILY
EDUCATION CONFERENCE**, Vancouver, WA.
<http://conferences.wsu.edu/parenting/reg.aspx>

April

- 4 **YMCA RESOLUTION RUN**, Bremerton, 9:00 AM
YMCA, Dee Tuttle 377-3741
- 23 **CULTURAL COMPETENCE IN THE CLASSROOM**,
Seattle. Information, WSAME 206-522-5438 or
WSAME@mindspring.com

May

- 12/14 **20TH ANNUAL WASHINGTON STATE COALITION FOR
THE HOMELESS**, Spokane. Mia Navarro Wells 253-761-
7446 or mia@endhomelessnesswa.org
- 14 **THE ROLE OF WHITES IN A MULTICULTURAL
SOCIETY**, Seattle. Information, WSAME 206-522-5438
or WSAME@mindspring.com

The *"In the Works"* newsletter is
a quarterly publication posted online at the Kitsap County website under
the Commission on Children and Youth page
http://www.kitsapgov.com/hr/wsolympic/commission/ccy_Newsletter.htm

Send an e-mail note to Debi at dmatheso@co.kitsap.wa.us if you would
like to receive notification of when the newsletter is posted. If you prefer
a hard copy, provide your mailing information instead.

Monday

- 1st **CAMP FIRE BOYS & GIRLS BOARD MEETING**
5:30 PM. Terry Schroeder, 475-3571
- 2nd **KITSAP COUNTY JUVENILE DEPARTMENT MENTORING PROGRAM TRAINING**
5:00 – 7:00 PM. Pam Martin, 337-5409
- 2nd **KITSAP COUNTY ASSN FOR THE EDUCATION OF YOUNG CHILDREN (KAEYC)**
6:00 PM. Karen Kennedy, 475-7194
- 3rd **STANDUP FOR KIDS**, 6:30 PM. Silverdale Community Center, Jo Clark, 360-479-2389
- 3rd **P-FLAG (Parents, Families and Friends of Lesbians and Gays)**, 7:00 PM. Marcie Mathis, 888-636-0652,
- 3rd **KITSAP COUNTY SAFE KIDS COALITION**
8:30 AM. (Bi-Monthly Jan. Mar. May. July Sept. Nov.)
Michele Jennings, Mary Bridge, 662-1198
- 3rd **H.E.A.R.T. (Honoring Equity and Respecting Tradition)**, 7:00 PM. Mick Sheldon, 360-297-2040
- 4th **WORKFIRST ADVISORY BOARD**
2:00 PM. Meets bi-monthly. Paul Coover, 337-4722

Tuesday

- Every Tues. **KITSAP PARENT SUPPORT GROUP**
7:00 PM. Terri Chicko, 360-297-4639
- 1st **PARENT TO PARENT SUPPORT INFORMATION GROUP**, 10:30 AM, Sherry Charlot, 377-3473
- 1st **INFORMATION & REFERRAL SERVICES NETWORK**
Noon. Cyndi Foye, 415-5816, Cyndi@kmhs.org
- 1st **KITSAP FOSTER CARE ASSOCIATION BOARD OF DIRECTORS**, 5:30 PM. Rick Williams,
<http://www.kitsapfostercare.org>
- 1st **ETHNIC UNITY COALITION**
5:30 PM. Information, 782-0544
- 1st & 3rd **COMMUNITY FAMILY CLUB MEETING**, 6:00 – 8:00 PM
Information: Jessie 434-618 or Kelley 779-4074
- 2nd **RESPECT (Relationship Education Strengthens & Provides Empowering Choices for Today's) Kitsap Youth**, 9:00 AM. Candy Cardinal 337-5256
- 2nd **KTASC COUNCIL (Community Substance Abuse Prevention Coalition)**, 2:30 – 4:30 PM.
Liz Wilhelm, 360-337-5258
- 2nd **KITSAP COUNTY HIV AIDS FOUNDATION (KCHAF)**
5:30 – 7:00 pm. Natalie Bryson, 698-3335
- 2nd **CHADD (Children and Adults with Attention Deficit Disorders)**, 7:00 PM. Kerry Miller, 697-3922
- 2nd **KITSAP COUNTY COUNCIL FOR HUMAN RIGHTS**
6:00 PM. Leif Bentsen, 337-4883
- 3rd **NORTH KITSAP LIFE IS VALUABLE SUICIDE AWARENESS TASK FORCE**, 7:45 AM
Kelly Chatwood, nk_lv@comcast.net

Tuesday (continued)

- 3rd **SUBSTANCE ABUSE ADVISORY BOARD**
3:30 PM. Betsy Bosch, 337-4880
- 3rd **COMMUNITY VOICE**, 7:00 PM, Pat Lovett, 698-4668

Wednesday

- 1st **DEVELOPMENTAL DISABILITIES ADVISORY BOARD**
5:00 PM. Kelly Oneal, 337-4624
- 1st **DOMESTIC VIOLENCE NETWORK**
11:30 AM. Joan Taie, 373-5392
- 2nd **KITSAP COUNTY TRAFFIC SAFETY TASK FORCE**,
10:00 AM. KCSO Silverdale, Carolyn Pence 337-4647
- 2nd **KITSAP SAFE SCHOOLS NETWORK**, 5:00 PM
Silverdale, KCHAF, Arlis Stewart, 1-800-503-7615
- 3rd **KITSAP CONTINUUM OF CARE COALITION MEETING**
2:30 – 4:00 PM, sally.santana@wavecable.com
- 4th **KITSAP FOSTER CARE ASSOCIATION GENERAL MEETING**, 6:00 PM. <http://www.kitsapfostercare.org>
- last **KITSAP SUICIDE PREVENTION TASK FORCE**
3:00 – 4:30 PM. Barbara Smithson, 337-5250
KitsapSPTF@comcast.net

Thursday

- 1st **KITSAP COUNTY COMMISSION ON CHILDREN & YOUTH**, 4:30 – 6:30 PM. Gay Neal, 337-4879
- 1st **P.O.W.E.R. (People Organized Working for Ethnic Reality)**, 7:00 PM. Robert Boddie, 792-0637
- 1st **BOY SCOUTS DISTRICT MEETINGS**
7:00 PM. Kevin Hancock, 373-9400; Brady Taylor, 373-5393
- 3rd **INTERAGENCY COORDINATING COUNCIL**
10:00 AM. Kathy Avery, 373-2536
- 3rd **NORTH KITSAP VIOLENCE INTERVENTION AND PREVENTION PROJECT**
9:00 AM. Cindy Simonson, 297-7070
- 4th **KITSAP FOSTER CARE ASSOCIATION**
6:00 PM. Rick Williams, 876-1994

Friday

- Every **THE Q CENTER, LGBT YOUTH 14-19 DROP-IN CENTER**, 6:00 PM. Silverdale. Michael Goodnow, 698-3335. <http://www.theqcenter.org>

Saturday

- 1st **ANGER MANAGEMENT CLASS**, 9:00 AM – 5:30 PM
Bremerton. Cost: \$80. Dr. O.J. Hogan, 698-3250
- 3rd **KITSAP COUNTY'S FATHERS' NETWORK**
10:00 AM. Doug Stauner, 692-4670

Sunday

- Every 1st **WOMEN'S CIRCLES**, 2:00 – 5:00 PM, Belfair.
Linda Kroum, 275-4184 or womenscircles@yahoo.com

What's In The Works For You?

Please print:

Event/Project Title:

Purpose:

Sponsor(s):

Target Audience:

Date:

Time:

Where:

Cost:

Reservation Required:

Other Details/Comments:

Contact person:

Phone:

PLEASE TELL US ABOUT CHANGES IN YOUR ORGANIZATION, such as program additions or deletions, new address/phone number, key personnel, etc.

Other information or comments which could be helpful to others:

Contact person for more information:

Phone:



**Please return by February 15th
for the next issue**

Gay Neal, Coordinator, Commission on Children and Youth
Kitsap County Department of Personnel and Human Services

614 Division Street, MS-23

Port Orchard, WA 98366-4676

Phone: 360.337.4879 FAX: 360.337.7187

E-mail: gneal@co.kitsap.wa.us



"It's Time for Kitsap Kids" Developmental Asset Initiative

"It's Time for Kitsap Kids" promotes the concept of [developmental asset](http://www.kitsapcaresaboutkids.org) building and actively works on community awareness, activities, networking, and training that nurtures positive, caring and responsible young people.

<http://www.kitsapcaresaboutkids.org>

Winter 2009

Vision: As "Friends of Assets," each of us serves as a builder, partnering with youth to participate, develop, and grow through family, school, work, and community. We envision a community where all young people know they are valued, have hope for the future, and possess the resources to achieve their goals.

40 Developmental Assets

Search Institute

<http://www.search-institute.org>

has identified the following building blocks of healthy development that help young people grow up healthy, caring, and responsible.

Support:

1. Family Support
2. Positive family communication
3. Other adult relationships
4. Caring neighborhood
5. Caring school climate
6. Parent involvement in schooling

Empowerment:

7. Community values youth
8. Youth as resources
9. Service to others
10. Safety



National Mentoring Month: Expand Your Universe. Mentor A Child

National Mentoring Month (NMM) highlights mentoring and the positive impact it can have on young lives. Spearheaded by the Harvard Mentoring Project, MENTOR, and the Corporation for National and Community Service, the first ever NMM was held January 2002. This month-long outreach campaign focuses national attention on the need for mentors, as well as how each of us—individuals, businesses, government agencies, schools, faith communities and nonprofits—can work together to increase the number of mentors and assure brighter futures for our young people.

In conjunction with Kitsap County Mentoring Month activities, the community is invited to hear, national speaker, Bob Mortimer. Bob will speak at the Kitsap Mentoring Celebration scheduled for 5:00-7:00 pm, Tuesday, January 26th at Crossroads Neighborhood Church.

The event, organized by the Kitsap Youth Mentoring Consortium and co-sponsored by Kitsap County Commission on Children and Youth and Kitsap Tobacco Alcohol and Other Substance Abuse Prevention Coalition, will feature information about local mentoring programs and positive youth development. Mr. Mortimer, a Gig Harbor resident, inspirational speaker, husband, father of three and a triple amputee will share his humorous and inspiring story. His presentation is aimed at youth, as well as, parents, educators, youth service providers, mentors and interested community members.

The Kitsap Youth Mentoring Consortium (KYMC), is made up of local mentoring programs and interested community members. The mission of the KYMC is "to improve the lives of children and youth in our community by fostering quality mentoring relationships through community wide, collaborative effort." The goal of KYMC is to support, expand and create quality mentoring programs in Kitsap County. For more information call: 360/337-4878 or visit: <http://www.kitsapmentoring.org>.

Please tell us the impact the developmental asset approach has had in your life, the children you touch, or in your organization.

Just e-mail Gay Neal

gneal@co.kitsap.wa.us

to request the one-page, online response form. Your comments will be added to the story of how asset building is changing the face of our community.

Asset #18 - Youth Programs

At Home

- Talk with your children about their interests. Help them to find teams, clubs or organizations that match or complement their interests. Encourage them to join one – and ask for a six-month commitment. Some kids drop out of programs prematurely, or they skip from one to another without giving any a chance.
- Start or join a car pool for kids who participate in extra-curricular activities.

At School

- Offer extracurricular activities that appeal to a wide variety of needs and interests.

In the Community

- Use discounts, special promotional offers, and giveaways to attract young people to youth programs.
- Sponsor diverse activities to reach all youth, especially those who are underserved by existing organizations.

Asset #19 – Religious Community

At Home

- Incorporate faith and spirituality into your daily life. Choose ways that best fit your values and traditions.
- When making important family decisions, consider them within the context of your faith.

At School

- Don't schedule school activities that conflict with important religious holidays, and be sure to consider the many different faith traditions within your school population (students and staff).

In the Community

- Sponsor a series of presentations on different faiths in your community.
- Don't schedule community activities that conflict with religious holidays and be sure to consider the many faith traditions in your community.

Asset #20 – Time at Home

At Home

- Set limits on how often kids can go out with their friends during the school week. Have a family meeting to determine what seems reasonable and fair, starting with a basic guideline of four nights at home.
- Make time at home fun for everyone. Spend time together doing things you all enjoy
- If your teenager has a part-time job, limit it to 15 hours a week or less during the school year.

At School

- Encourage coaches, club sponsors, and others not to over schedule students.
- Spread special school events over the whole school year instead of grouping them around holidays or other occasions.

In the Community

- Sponsor workshops for parents on communicating with kids. Offer suggestions for activities and projects families can do together.

40 Developmental Assets

Boundaries & Expectations

11. Family boundaries
12. School boundaries
13. Neighborhood boundaries
14. Adult role models
15. Positive peer influence
16. High expectations

Constructive Use of Time

17. Creative activities
18. Youth programs
19. Religious community
20. Time at home

Commitment to Learning

21. Achievement motivation
22. School engagement
23. Homework
24. Bonding to school
25. Reading for pleasure

Positive Values

26. Caring
27. Equality and social justice
28. Integrity
29. Honesty
30. Responsibility
31. Restraint

Social Competencies

32. Planning and decision making
33. Interpersonal competence
34. Cultural competence
35. Resistance skills
36. Peaceful conflict resolution

Positive Identity

37. Personal power
38. Self-esteem
39. Sense of purpose
40. Positive view of personal future

Resources you can use: Free materials, training, presentations, assistance!

Contact the Kitsap County Commission on Children and Youth at 360-337-4879 or gneal@co.kitsap.wa.us

Pamphlets available in limited quantities

- 150 Ways to Show Kids You Care (poster style leaflet)
- 40 Ways Anyone can Build Assets (poster style leaflet)
- The Asset Approach (Adults)
- Making Change for the Better: The Importance of Youth Giving
- Take It to the Next Level

Book Available in single copy only, limited quantity available

- What Every Child Needs to Succeed from Birth to 8
- Giving Kids What They Need to Succeed (for adult presentations)

Local Library Resources with Asset Reference Materials

- Kitsap Regional Library
- Olympic Educational Service District (for school district personnel) OESD website <http://www.oesd.wednet.edu>



KITSAP COMMUNITY
Resources

A Community Action Partnership helping people, changing lives

The Parenting Place

Winter 2010 Schedule



Name of Class	Day	Time	Dates	# of Sessions	Location	Cost	Child-care Available
Parenting & Beyond—B	Monday	10:00am-12:00	January 4-March 8	8	1201 Park Ave. Bremerton	\$165.00	No
Parenting & Beyond— A	Tuesday	10:00 am-12:00	January 5-March 9	8	1201 Park Ave. Bremerton	\$165.00	No
Parenting in Recovery	Tuesday	6:00 pm-8:00	January 19-March 9	8	1201 Park Ave. Bremerton	\$165.00	No
Strengthening Families	Thursday	5:30 pm-8:00	January 21-March 11	8	Burley Glenwood Elementary Port Orchard	Free	YES
Children Who Have Witnessed Domestic Violence ~ Perpetrator	Monday & Wednesday	6:00pm-8:15	January 25-March 8	12	1201 Park Ave. Bremerton	\$250.00	No

To Register for a class call The Parenting Place

360-473-2134 or Fax 360-473-2114

*A class may be cancelled and rescheduled due to inclement weather

Deadline is December 28th