

KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH

In the Works

Spring 2009

The Kitsap County Commission on Children and Youth

- Advises County Commissioners and residents on issues related to children and families, based on periodic assessments
- Facilitates the coordination of information and services to maximize resources
- Advocates for an environment which fosters healthy, self-sufficient, responsible and productive children, youth and families

In the Works

Is published **quarterly** by the Youth Commission for schools, the media, libraries, agencies, and individuals interested in children and families.

Items should be submitted to

Gay Neal, Coordinator
Commission on Children and Youth
Kitsap County Department of Personnel
and Human Services
614 Division Street, MS-23
Port Orchard, WA 98366-4676
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Advocacy



HAVE A HEART FOR KIDS DAY IS FEBRUARY 27, 2009 IN OLYMPIA

Set aside this day to speak out for kids. This is the Children's Alliance's annual advocacy day at the state Capitol in Olympia. It's the largest gathering of child advocates during the legislative session.

Parents, youth, and groups from partner organizations are welcome. The legislature is in session and legislators will be available to meet with constituents.

Have a Heart for Kids Day features:

- Over 500 advocates for children, including advocates from all corners of the state.
- Issues briefing and new advocate training session featuring an appearance and remarks from Governor Christine Gregoire.
- Caucuses with legislators who are champions on children's health, foster care, early learning, school meals, and many other children's issues.

Register online at:

<http://www.childrensalliance.org>.

Award

THE KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH RECEIVED THE 2009 SERVICE TO YOUTH AWARD FROM THE CHIEF SEATTLE COUNCIL OF THE BOY SCOUTS OF AMERICA in recognition of exceptional leadership and outstanding service in the community at an Awards Breakfast February 11th.

The Commission is an appointed body of the Kitsap County Commissioners, with up to 24 representatives from education and schools, health and social service providers, juvenile justice and law enforcement, community leaders and non-profit organizations. Established in 1988, the Commission's charge is to advocate for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families.

Members of the Commission are dedicated volunteers who individually spend as many as 10 hours per month making sure that Kitsap County is a positive and healthy place for children to grow up.

For more information contact Gay Neal at 337-4879 or e-mail:

gneal@co.kitsap.wa.us.



Events



SPLASH & JAM, Saturday, **February 21**, 6:00 -9:00 PM, Bremerton. It's truly a great time for everyone of all ages. The supervised evening offers a choice of activities including: swimming, gym games, arts and crafts, food, a G-rated movie, and more. Children under the age of 6 must be accompanied by an adult. Free for members, and the public-at-large is welcome - \$5 for non-members.

TEEN LATE NIGHT! EVERY FRIDAY NIGHT, 8:30 – 11:00 PM, Bremerton. Teens ages 13-19 bring your friends and experience a night filled with many fun activities. Teens are able to swim, use the hot tub, play basketball, wallyball or board and table games, plus more. Refreshments including pizza, are served. There is no cost for YMCA members and non-members pay only \$5 per person.

RESOLUTION RUN #3, Sunday, **March 1**, 9:00 AM, Bremerton. The third of four Resolution Runs for 2009, a 15K run or 9.3 miles, followed by a Potluck in the Y Annex.
Resolution Run #4, Sunday, **April 5**, 9:00 AM, a 20K run or 12.4 miles, followed by a BBQ Potluck in Y Annex. This is your opportunity to stay motivated through the long days of winter. Check out the [Resolution Run Flyer](#) for more information and download the [Registration Form](#) to turn in at the Y.

For more information, call Kitsap Family YMCA 360-377-3741 or visit online at: <http://www.kitsapfamilyymca.org/Events.htm>.

EVERGREEN CHILDREN'S THEATRE

Aesop's Fables, Saturday, **March 21**, 2:00 PM, Roxy Theatre, Bremerton. Performed by Thistle Theatre of Seattle. Cost: \$7.00.

Auditions for Robinson Crusoe, Monday, **April 6**, Our Saviors Lutheran Church, Bremerton. Casting fee: \$30.00.

Robinson Crusoe, Saturday, **April 11**, 2:00 PM, Bremerton High School. Performed by Missoula Children's Theatre. Cost: Adults \$10.00, Children \$7.00.

Cinderella & The Bug Brigade, Friday, **May 8**, 10:30 AM and 1:00 PM, Our Saviors Lutheran Church, Bremerton. Performed by Mary Shaver, Marionettes at Cost: \$4.00/per person.

For more information, reservations, or museum tours call 360-373-2992 or visit online at: <http://www.ectandpuppets.org>.

Grant

FEED YOUR BRAIN GRANTS AVAILABLE NOW. To qualify, programs must provide summer literacy (ready and writing) activities and sponsor an open summer food Service Program in high-need, rural communities where resources are limited. Programs may apply for up to \$5,000. Funds may be used to pay for costs associated with summer learning activities.

To receive a grant download at: <http://www.SchoolsOutWashington.org> or call 206-323-2396 or 888-419-9300. Applications must be postmarked by March 27, 2009.

Publication

LIVING MILITARY HISTORY FOR KITSAP COUNTY BOOK is designed to educate and honor our military families. Libraries, museums, schools, colleges, and military organization will distribute. Cost: \$15. All proceeds go to Veterans of Active Duty benefits, Olympic College text books fund and Kitsap Museum Archives. For more information, contact Roger Meyer, M.D., 503-287-0988.

Resources

NEW PROGRAM TACKLES NATION'S DROP-OUT CRISIS. Every 26 seconds in America, another student gives up on school, resulting in more than 1.2 million students dropping out of high schools each year. The graduation rate in America stands between 68 percent and 75 percent with nearly one-third of all students failing to graduate. To combat this current dropout crisis, America's Promise Alliance (APA) has announced the launch of its newest program, Grad Nation.

Grad Nation is a guidebook that provides a road map to help communities develop tailored plans for keeping students on track from grade school to high school and help in preparing for college, work and life. Download the Grad Nation online at: <http://www.americaspromise.org/GradNation>





Training

IMPROVING RESPONSES TO PEOPLE WITH MENTAL ILLNESSES: STRATEGIES FOR EFFECTIVE LAW ENFORCEMENT TRAINING. This guide, supported by the Bureau of Justice Assistance, U.S. Department of Justice, reviews common challenges to successfully developing training for officers' interactions involving people with mental illnesses and synthesizes the key lessons learned by jurisdictions that have implemented in-service programs.

Download online at:

<http://www.consensusproject.org/downloads/le-trgstrategies.pdf>

COMPANION GUIDE, IMPROVING RESPONSES TO PEOPLE WITH MENTAL ILLNESSES: THE ESSENTIAL ELEMENTS OF A SPECIALIZED LAW ENFORCEMENT-BASED PROGRAM. The Justice Center, in partnership with the Police Executive Research Forum, has identified 10 key components found in any successful law enforcement initiatives to provide better outcomes in officers' encounters with individuals with mental illnesses.

Download online at:

<http://www.consensusproject.org/downloads/le-essentialelements.pdf>

MENTAL HEALTH COURTS: A PRIMER FOR POLICYMAKERS AND PRACTITIONERS. This guide provides a general overview of this program model and discusses the emergence of mental health courts, their objectives and procedures, how they differ from drug courts, and a number of other key issues.

Download online at:

<http://www.consensusproject.org/mhcp/mhc-primer.pdf>

WSU YOUTH DEVELOPMENT SERIES, 101, 102 AND 103, Tacoma.

Youth Development 101

Tuesday, **February 24 or March 10**, 9:30 AM – 1:00 PM. This workshop is a pre-requisite for youth Development 102 and 103 workshops. Enhance your program with a greater knowledge of positive youth development.

- Incorporate life skills into activities.
- Structure learning based on age and development stages.
- Engage learners in hands-on learning.

Youth Development 102 – Tools to

Teach Life Skills, Friday, **February 27**, 9:30 AM – 1:00 PM. Youth remember and use life skills more when you talk about them in your program. Learn research about life skills and practical ways to apply them. Discover fun and engaging tools to teach youth and get them talking about life skills. Soon they will be using them with their families, schools, and communities.

Youth Development 103 – Creating

Learning Communities, Thursday, **March 19**, 9:30 AM – 1:00 PM. Current research shows youth require social and emotional skills to achieve success in groups. After this training you will be able to do exciting activities that:

- Build safe and supportive learning communities.
- Prepare youth for success by developing social and emotional skills.
- Create healthier relationships with peers and adults.

Cost: \$30 for one class, \$50 for Youth Development 101 and one other class, or \$70 when you register for all three

classes. Register online at:

http://www.pierce.wsu.edu/4-H/afterschool_registration.pdf.

For more information, contact Christina Murray at 253-798-3223 or e-mail:

murraychristin@wsu.edu.

NEW TRAINING OPPORTUNITIES



TOBACCO PREVENTION RESOURCE CENTER

- Friday, **February 20**, Teaching Media Literacy, Centralia.
- Tuesday, **February 24**, Cultural Competency Training, Pasco.
- Tuesday, **March 13**, Making Meetings Work: The Art of Facilitation, Wenatchee.
- Friday, **March 20**, Present Like a Pro!, Cathlamet.
- Tuesday, **March 24**, Digital Storytelling, Wenatchee.
- Friday, **March 27**, Motivational Interviewing – Level III, Mt. Vernon.
- Friday, **April 10**, Understanding Poverty as it Relates to Tobacco Prevention Efforts, White Salmon.
- Friday, **May 8**, Cultural Competency Training, Clarkston.
- Tuesday, **May 12**, Understanding Poverty as it Relates to Tobacco Prevention Efforts, Kelso.
- Monday, **June 8**, Understanding the Mysteries of the Teenage Brain, South Bend.

Register online at:

<http://www.tobaccoprc.org>.



21ST ANNUAL NW REGIONAL ASSOCIATION FOR EXPERIENTIAL EDUCATION CONFERENCE, Friday – Sunday, **March 13 – 15**, Salem, Oregon. Whether you are new to the field of experiential education or a seasoned practitioner there will be powerful learning opportunities for you to network, try out new ideas, and share experiences so that you return to your community with new tools.

Cost: AEE member \$200 (non-member \$250), Saturday only with food \$150 (non-member \$150), Presenter/student \$135 (non-member \$160). Payment must be received by March 3.

Register online at:
<http://northwest.aee.org/>.
 For more information, contact Mary Sorg at 360-897-8623 or e-mail: marysorg@hotmail.com.

IN ALL FAIRNESS: Working With Minority Youth And Youth In Poverty To Transform The Juvenile Justice System, Thursday – Friday, **March 19 – 20**, Seattle. The goal of the conference is to lay the foundation to begin to understand the interaction of race, culture and poverty, and how these factors drive/influence decision making in the juvenile justice system; further, to examine how we are influenced by our own race, culture and socioeconomic status.

Cost: \$49 for the two day conference. For more information, contact Lisa Wolph via e-mail at: wolphlj@dshs.wa.gov.

Register online at:
<http://quest.cvent.com/EVENTS/Info/Suimary.aspx?i=886db90e-7fdf-472b-b4d4-98367ff8e6d4>.

CAREER PLANNING FOR INDIVIDUALS WITH AUTISM SPECTRUM DISORDERS, Wednesday – Thursday, **May 25 – 26**, Portland, OR. This two day Autism Career Planning conference offers a high caliber career planning tool as the key to a successful future with positive long-term outcomes.

Professional 2 Days:
 Early Bird price thru Feb. 24: \$175
 After Feb. 24: \$205

Professional 1 Day:
 Early Bird price thru Feb. 24: \$125
 After Feb. 24: \$140

Parents or Young Adults with ASD:
 2 Days: \$120 1 Day: \$80

For more information, visit online at:
<http://www.spectrumtrainingsystemsinc.com/portland.html>.



6TH ANNUAL CHILDREN & FAMILIES EXPERIENCING DOMESTIC VIOLENCE CONFERENCE,

Wednesday, **March 25**, 8:00 AM – 5:00 PM, South Seattle Community College. Break out sessions will highlight important information for court personnel, child welfare social workers, batterer's intervention specialists, domestic violence advocates, community-based providers, mental health providers, attorneys, CASA and members of the community interested in learning more about domestic violence.

Cost: \$55, which includes lunch and all materials.

Register online at:
<http://www.skccn.com>.



15TH ANNUAL NW PARENTING AND FAMILY EDUCATION CONFERENCE, Wednesday – Friday, **March 25 - 27**, Edmonds Community College.

This conference provides 3 days of professional development for parenting and family educators, child care providers, and other family serving professionals, where nationally recognized researchers and practitioners share cutting-edge information and techniques.

Register online at:
<http://www.capps.wsu.edu/parenting>

ADHD AND MENTAL ILLNESS IN CHILDREN, Monday – Tuesday, **March 30 – 31**, Portland.

Monday, **March 30**, “*ADHD: Living Without Brakes.*” The course will cover the full range of symptoms experienced by people with ADHD and their families – including over-reactions, brakeless behaviors, easy frustration, disorganization, and “future blindness.” Special emphasis will be given to the concepts of executive function; and to co-morbidities.

Tuesday, **March 31**, “*Mental Illness In Children.*” This seminar will overview the most common childhood psychiatric conditions. At the end of the day, we will look at real world examples of behaviors a child may exhibit in the classroom, community or home and understand the possible mental health underpinnings of these behaviors.

Cost: Professional 2 Days thru March 2: \$175, after March 2: \$205.

Professional 1 Day thru March 2: \$125, after March 2: \$140.

For more information call 503-256-5000. Register online at: <http://www.SpectrumTrainingSystemsInc.Com>.

15TH ANNUAL WASHINGTON STATE NONPROFIT CONFERENCE,

Thursday, **April 2**, Meydenbauer Center, Bellevue. Attend the 2009 Washington State Nonprofit Conference, the largest nonprofit conference in Washington State and experience the essence of nonprofit leadership, information, exhibitors and professional development.

Register online at: <http://www.npconference.org>.

17TH ANNUAL CHILDREN'S JUSTICE CONFERENCE, Monday – Tuesday, **April 6 – 7**, Washington State Convention and Trade Center, Seattle.

The focus of the Conference is “Racial Disproportionality in the Child Welfare System.” Various presentations that address disproportionality and the programs and projects undertaken to speak to this issue are scheduled. An array of sessions from prevention to treatment options in the child welfare practice are being offered.

Cost: \$199 (through March 20), \$235 (through April 3), or \$260 (On-Site).

For more information, contact Marcus C. White at 206-792-5481 or 888-341-1865 or via e-mail at: mcw@mcwevents.com.

Register online at: <http://www.dshscjc.com>.

KITSAP SAFE SCHOOLS NETWORK WORKSHOP ON GENDER NON-CONFORMING CHILDREN AND YOUTH for Educators, Counselors, and Parents, Wednesday, **April 8**, 4:30 – 7:30, location to be announced. Cost: \$15, light meal served, scholarships available as well as 3 clock hours.

Register via e-mail at: info@kitsapsafeschools.org.



A clearinghouse of public health education and health promotion projects, materials and resources in the State of Washington. H.E.R.E. in Washington is a public health resource for professionals who conduct health promotion and health education activities and strive to provide educational resources that are accurate, effective and current. Other websites or organizations are linked to H.E.R.E. in Washington as a professional courtesy and are not controlled or endorsed by the State of Washington or the Department of Health. Visit H.E.R.E. Online at: <http://www3.doh.wa.gov/here>.

MOTIVATIONAL INTERVIEWING - LEVEL 1, Thursday, **March 12**, 8:30 AM – 3:30 PM, Renton. Participants will learn proven techniques to help clients make behavior changes; be able to assess attitudes, beliefs and practices regarding the spirit and purpose of MI; demonstrate skills for performing at least two specific MI techniques in the context of their jobs; and understand ambivalence as the key obstacle to behavior change.

For more information, call 425-917-7822 or e-mail: ssilvernail@psed.org.

Register online at: <http://www.tobaccopr.org>.

MOTIVATIONAL INTERVIEWING - LEVEL 2, Thursday, **February 5**, 8:30 AM – 3:30 PM, Mt Vernon or Thursday, **February 26**, Renton. In this level 2 session, participants will deepen and strengthen their foundational MI skills learned in the level 1 session, including proven techniques to help

students/clients make behavior changes; assessing attitudes, beliefs and practices regarding the spirit and purpose of MI; and understanding ambivalence as the key obstacle to behavior change. New materials from the 2nd edition MI guide will be presented.

For more information, call 425-917-7822 or e-mail: ssilvernail@psesd.org.

Register online at:

<http://www.tobaccoprc.org>.

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MOTIVATIONAL INTERVIEWING – LEVEL 3, Thursday, **March 26**, 8:30AM – 3:30 PM, Renton. After a brief review of MI theory, this course will proceed to an advanced training level. It will include discussion of the use of MI – what has and has not worked, assessing participant's own personal styles, and deepening skills in working with resistance and client ambivalence. The day will include case studies, role playing and practice at an advanced level. Registration deadline is March 12.

For more information, call 425-917-7822 or e-mail: ssilvernail@psesd.org.

Register online at:

<http://www.tobaccoprc.org>.

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INFANT AND EARLY CHILDHOOD CONFERENCE, Thursday – Friday, **May 7 – 8**, Tacoma. This event will feature more than 50 breakout sessions on every aspect of education of all young children, especially those with developmental delays, disabilities and/or other special health care.

For more information, call 360-629-8181 or e-mail: tracyulrich@verizon.net.

Register online at:

<http://www.ieccwa.org/>.

2009 WASHINGTON BEHAVIORAL HEALTHCARE CONFERENCE,

Wednesday – Friday, **June 17 – 19**, Vancouver, WA. "Building Hope – A Path to Wellness." This conference strives to bring together service providers, consumers, family members, staff of public and non-profit agencies and others to share information about innovative therapeutic techniques, skills, program, practices and policies.

For more information, call 206-628-4608, ext. 12 or e-mail:

aavery@wcmhcnet.org.

Register online at:

<http://www.wcmhcnet.org/conferences.html>.

19TH ANNUAL WASHINGTON STATE COALITION FOR THE HOMELESS CONFERENCE, "KEEP THE FOCUS!"

Wednesday – Friday, **May 13 – 15**, Vancouver, WA. The WSCH annual conference is the only conference of its kind focused on ending homelessness in Washington State. Housing is a human right and every person should have a place to call home. Featuring: Tulin Ozdeger and Eric Tars, National Law Center on Homelessness and Poverty; Richard LeMieux, Author of *Breakfast at Sally's*, Janet Byrd, The Neighborhood Partnership Fund.

Cost: \$225 on or before April 13, \$275 after April 13.

For more information, contact Christine Johansen, 253-761-7446 or e-mail:

Christine@endhomelessnesswa.org.

Register online at:

<http://www.endhomelessnesswa.org>.

Building on Family Strengths
conference
Research and Services in Support of Children and their Families

2009 BUILDING ON FAMILY STRENGTHS CONFERENCE, Tuesday – Thursday, **June 23 – 25**, Portland.

This year's conference will feature the latest developments in two exciting areas:

- Youth empowerment and participation in designing, delivering, evaluating services, supports, and systems.
- Wraparound: practice, supervision, fidelity measurement, system support, and more.

Register online at:

<http://www.rtc.pdx.edu/conference/pgMain.php>.

19TH ANNUAL PEGASUS CONFERENCE, NOW MORE THAN EVER: CRITICAL SKILLS FOR COURAGEOUS ORGANIZATIONS, Monday – Wednesday, **November 2 – 4**, Seattle. In times like these, courageous organizations distinguish themselves from others by their willingness to question their most fundamental assumptions; to acknowledge that what they've been doing isn't delivering the results they want; and to take responsibility for envisioning and creating new futures. In short, they learn. Cost: \$995.

Register online at:

<http://www.pegasus.com/stapage.html>.

For Your Calendar

February

- 5 **MOTIVATIONAL INTERVIEWING – LEVEL 2**, Mt. Vernon. Information <http://www.tobaccoprc.org>
- 20 **TEACHING MEDIA LITERACY**, Centralia. Information <http://www.tobaccoprc.org>
- 21 **KITSAP FAMILY YMCA SPLASH & JAM**, Bremerton, 6:00 – 9:00 PM. Information, 377-3741 or <http://www.kitsapfamilyymca.org>
- 24 **CULTURAL COMPETENCY TRAINING**, Pasco. Information <http://www.tobaccoprc.org>
- 24 **YOUTH DEVELOPMENT 101**, Tacoma, 9:30 AM – 1:00 PM. Information Christina Murray 253-798-3223 or murraychristin@wsu.edu
- 26 **MOTIVATIONAL INTERVIEWING – LEVEL 2**, Renton. Information <http://www.tobaccoprc.org>
- 27 **YOUTH DEVELOPMENT 102**, Tacoma, 9:30 AM – 1:00 PM. Information Christina Murray 253-798-3223 or murraychristin@wsu.edu
- 27 **HAVE A HEART FOR KIDS DAY**, Olympia
Information
<http://www.childrensalliance.org/whatsnew/events.cfm>

March

- 1 **KITSAP FAMILY YMCA RESOLUTION RUN #3**
Bremerton, 9:00 AM. Information, 377-3741 or <http://www.kitsapfamilyymca.org>
- 10 **YOUTH DEVELOPMENT 101**, Tacoma, 9:30 AM – 1:00 PM. Information Christina Murray 253-798-3223 or murraychristin@wsu.edu
- 12 **MOTIVATIONAL INTERVIEWING – LEVEL 1**, Renton. Information <http://www.tobaccoprc.org>
- 13 **MAKING MEETINGS WORK: THE ART OF FACILITATION**, Wenatchee. Information <http://www.tobaccoprc.org>
- 13/15 **21ST ANNUAL NW REGIONAL AEE CONFERENCE**, Salem, Oregon. Information Mary Sorg 360-897-9623 or <http://www.northwest.aee.org>
- 19 **YOUTH DEVELOPMENT 103**, Tacoma, 9:30 AM – 1:00 PM. Information Christina Murray 253-798-3223 or murraychristin@wsu.edu

March *continued*

- 19/20 **IN ALL FAIRNESS: WORKING WITH MINORITY YOUTH AND YOUTH IN POVERTY TO TRANSFORM THE JUVENILE JUSTICE SYSTEM**, Seattle. Lisa Wolph, wolphlj@dshs.wa.gov
- 20 **PRESENT LIKE A PRO!** Cathlamet. Information <http://www.tobaccoprc.org>
- 21 **AESOP'S FABLES**, Bremerton, 2:00 PM. Information 360-373-2992 or <http://www.ectandpuppets.org>
- 24 **DIGITAL STORYTELLING**, Wenatchee. Information <http://www.tobaccoprc.org>
- 25 **6th ANNUAL CHILDREN & FAMILIES EXPERIENCING DOMESTIC VIOLENCE CONFERENCE**, Seattle, 8:00 AM – 5:00 PM. Information <http://www.skccn.com>
- 25/26 **CAREER PLANNING FOR INDIVIDUALS WITH AUTISM SPECTRUM DISORDERS**, Portland. Information Spectrum Training Systems, Inc. 920-749-0332 or spectrumtrainingsystem@yahoo.com
- 25/27 **15TH ANNUAL NW PARENTING AND FAMILY EDUCATION CONFERENCE**, Edmonds Community College. Information <http://www.capps.wsu.edu/parenting>
- 26 **MOTIVATIONAL INTERVIEWING – LEVEL 3**, Renton. Information <http://www.tobaccoprc.org>
- 27 **MOTIVATIONAL INTERVIEWING – LEVEL 3**, Mt. Vernon. Information <http://www.tobaccoprc.org>
- 27 **FEED YOUR BRAIN GRANT DUE!!!** Download the application <http://www.SchoolsOutWashington.org>
- 30 **ADHD: LIVING WITHOUT BRAKES**, Portland
For more information
<http://www.SpectrumTrainingSystemsInc.com>
- 31 **MENTAL ILLNESS IN CHILDREN**, Portland
For more information
<http://www.SpectrumTrainingSystemsInc.com>

April

- 2 **15TH ANNUAL WASHINGTON STATE NONPROFIT CONFERENCE**, Bellevue. Register online at: <http://www.npconferene.org>
- 5 **KITSAP FAMILY YMCA RESOLUTION RUN #4**
Bremerton, 9:00 AM. Information, 377-3741 or <http://www.kitsapfamilyymca.org>

For Your Calendar

April *continued*

- 6/7 **17TH ANNUAL CHILDREN'S JUSTICE CONFERENCE**, Seattle. Information Marcus C. White, 206-792-5481 or 888-341-1865 or mcww@mcweents.com
<http://www.dshscjc.com>
- 8 **KITSAP SAFE SCHOOLS NETWORK WORKSHOP ON GENDER NON-CONFORMING CHILDREN AND YOUTH**. Information info@kitsapsafeschools.org
- 10 **UNDERSTANDING POVERTY AS IT RELATES TO TOBACCO PREVENTION EFFORTS**, White Salmon. Information <http://www.tobaccoprc.org>
- 11 **ROBINSON CRUSOE**, Bremerton, 2:00 PM. Information 360-373-2992 or <http://www.ectandpuppets.org>

May

- 7/8 **INFANT AND EARLY CHILDHOOD CONFERENCE**, Tacoma. Information 360-629-8181
<http://www.ieccwa.org/>
- 8 **CULTURAL COMPETENCY TRAINING**, Clarkston. Information <http://www.tobaccoprc.org>
- 8 **CINDERELLA & THE BUG BRIGADE**, Bremerton, 10:30 AM and 1:00 PM. Information 360-373-2992 or <http://www.ectandpuppets.org>
- 12 **UNDERSTANDING POVERTY AS IT RELATES TO TOBACCO PREVENTION EFFORTS**, Kelso. Information <http://www.tobaccoprc.org>
- 13/15 **19TH ANNUAL WASHINGTON STATE COALITION FOR THE HOMELESS, Keep the Focus!** Vancouver. Information <http://www.EndHomelessnessWA.org>

June

- 8 **UNDERSTANDING THE MYSTERIES OF THE TEENAGE BRAIN**, South Bend. Information <http://www.tobaccoprc.org>
- 17/19 **2009 WASHINGTON BEHAVIORAL HEALTHCARE CONFERENCE, Building Hope – A Path to Wellness**, Vancouver. Information 206-6728-4608, ext. 12
<http://www.wcmhcnet.org/conferences.html>
- 23/25 **2009 BUILDING ON FAMILY STRENGTHS CONFERENCE**, Portland. Information <http://www.rtc.pdx.edu/conference/pgMain.php>

November

- 2/4 **19TH ANNUAL PEGASUS CONFERENCE, Now More Than Ever: Critical Skills for Courageous Organizations**, Seattle. Information <http://www.pegasuscom.com/stapage.html>

The "In the Works" newsletter is a quarterly publication posted online at the Kitsap County website under the Commission on Children and Youth page <http://www.kitsapgov.com/hr/wsolympic/ccy.htm>.

Send an e-mail note to Debi at dmatheso@co.kitsap.wa.us if you would like to receive notification of when the newsletter is posted. If you prefer a hard copy, provide your mailing information instead.

Monday

- 1st **CAMP FIRE BOYS & GIRLS BOARD MEETING**
5:30 PM. Terry Schroeder, 475-3571
- 2nd **KITSAP COUNTY JUVENILE DEPARTMENT MENTORING PROGRAM TRAINING**
5:00 – 7:00 PM. Pam Martin, 337-5409
- 2nd **KITSAP COUNTY ASSN FOR THE EDUCATION OF YOUNG CHILDREN (KAEYC)**
6:00 PM. Karen Kennedy, 475-7194
- 3rd **STANDUP FOR KIDS**, 6:30 PM. Silverdale Community Center, Jo Clark, 360-479-2389
- 3rd **P-FLAG (Parents, Families and Friends of Lesbians and Gays)**, 7:00 PM. Marcie Mathis, 888-636-0652,
- 3rd **KITSAP COUNTY SAFE KIDS COALITION**
8:30 AM. (Bi-Monthly Jan. Mar. May. July Sept. Nov.)
Michele Jennings, Mary Bridge, 662-1198
- 3rd **H.E.A.R.T. (Honoring Equity and Respecting Tradition)**, 7:00 PM. Mick Sheldon, 360-297-2040
- 4th **WORKFIRST ADVISORY BOARD**
2:00 PM. Meets bi-monthly. Paul Coover, 337-4722

Tuesday

- Every Tues. **KITSAP PARENT SUPPORT GROUP**
7:00 PM. Terri Chicko, 360-297-4639
- 1st **PARENT TO PARENT SUPPORT INFORMATION GROUP**, 10:30 AM, Sherry Charlot, 377-3473
- 1st **INFORMATION & REFERRAL SERVICES NETWORK**
Noon. Cyndi Foye, 415-5816, Cyndi@kmhs.org
- 1st **KITSAP FOSTER CARE ASSOCIATION BOARD OF DIRECTORS**, 5:30 PM. Rick Williams,
<http://www.kitsapfostercare.org>
- 1st **ETHNIC UNITY COALITION**
5:30 PM. Information, 782-0544
- 1st & 3rd **COMMUNITY FAMILY CLUB MEETING**, 6:00 – 8:00 PM
Information: Jessie 434-618 or Kelley 779-4074
- 2nd **RESPECT (Relationship Education Strengthens & Provides Empowering Choices for Today's) Kitsap Youth**, 9:00 AM. Candy Cardinal 337-5256
- 2nd **KTASC COUNCIL (Community Substance Abuse Prevention Coalition)**, 2:30 – 4:30 PM.
Mary Ellen de la Peña, 360-337-4878
- 2nd **CHADD (Children and Adults with Attention Deficit Disorders)**, 7:00 PM. Kerry Miller, 697-3922
- 2nd **KITSAP COUNTY COUNCIL FOR HUMAN RIGHTS**
6:00 PM. Leif Bentsen, 337-4883
- 3rd **NORTH KITSAP LIFE IS VALUABLE SUICIDE AWARENESS TASK FORCE**, 7:45 AM
Kelly Chatwood, nk_lv@comcast.net
- 3rd **SUBSTANCE ABUSE ADVISORY BOARD**
3:30 PM. Betsy Bosch, 337-4880
- 3rd **COMMUNITY VOICE**, 7:00 PM, Pat Lovett, 698-4668

Wednesday

- 1st **DEVELOPMENTAL DISABILITIES ADVISORY BOARD**
5:00 PM. Kelly Oneal, 337-4624
- 1st **DOMESTIC VIOLENCE NETWORK**
11:30 AM. Joan Taie, 373-5392
- 2nd **KITSAP COUNTY TRAFFIC SAFETY TASK FORCE**,
10:00 AM. KCSO Silverdale, Carolyn Pence 337-4647
- 2nd **KITSAP SAFE SCHOOLS NETWORK**, 5:00 PM
Admiral Theatre Community Room. Arli Stewart,
1-800-503-7615
- 4th **KITSAP FOSTER CARE ASSOCIATION GENERAL MEETING**, 6:00 PM. <http://www.kitsapfostercare.org>
- last **KITSAP SUICIDE PREVENTION TASK FORCE**
3:00 – 4:30 PM. Barbara Smithson, 337-5250
KitsapSPTF@comcast.net

Thursday

- 1st **KITSAP COUNTY HIV/AIDS FOUNDATION**
5:30 – 7:00 PM. 373-8200 or 1-866-831-2177
- 1st **KITSAP COUNTY COMMISSION ON CHILDREN & YOUTH**, 4:30 – 6:30 PM. Gay Neal, 337-4879
- 1st **KITSAP COUNTY HIV AIDS FOUNDATION**
5:30 – 7:00 PM. Natalie Bryson, 698-3335
- 1st **P.O.W.E.R. (People Organized Working for Ethnic Reality)**, 7:00 PM. Robert Boddie, 792-0637
- 1st **BOY SCOUTS DISTRICT MEETINGS**
7:00 PM. Kevin Hancock, 373-9400; Brady Taylor,
373-5393
- 3rd **INTERAGENCY COORDINATING COUNCIL**
10:00 AM. Kathy Avery, 373-2536
- 3rd **NORTH KITSAP VIOLENCE INTERVENTION AND PREVENTION PROJECT**
9:00 AM. Cindy Simonson, 297-7070
- 4th **KITSAP FOSTER CARE ASSOCIATION**
6:00 PM. Rick Williams, 876-1994

Friday

- Every **KITSAP YOUTH DROP IN CENTER**, 6:00 PM
Silverdale. Michael Goodnow, 698-3335

Saturday

- 1st **ANGER MANAGEMENT CLASS**, 9:00 AM – 5:30 PM
Bremerton. Cost: \$80. Dr. O.J. Hogan, 698-3250
- 3rd **KITSAP COUNTY'S FATHERS' NETWORK**
10:00 AM. Doug Stauner, 692-4670

Sunday

- Every 1st **WOMEN'S CIRCLES**, 2:00 – 5:00 PM, Belfair.
Linda Kroum, 275-4184 or womenscircles@yahoo.com

What's In The Works For You?

Please print:

Event/Project Title: _____

Purpose: _____

Sponsor(s): _____

Target Audience: _____

Date: _____

Time: _____

Where: _____

Cost: _____

Reservation Required: _____

Other Details/Comments: _____

Contact person: _____

Phone: _____

PLEASE TELL US ABOUT CHANGES IN YOUR ORGANIZATION, such as program additions or deletions, new address/phone number, key personnel, etc.

Other information or comments which could be helpful to others: _____

Contact person for more information: _____

Phone: _____



**Please return by May 10, 2009
for the next issue**

Gay Neal, Coordinator, Commission on Children and Youth
Kitsap County Department of Personnel and Human Services

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Port Orchard, WA 98366-4676

Phone: 360.337.4879 FAX: 360.337.7187

E-mail: gneal@co.kitsap.wa.us



2009 Legislative Agenda: Kids are counting on you

Without revenue increases, the current state budget crisis endangers our most vulnerable and destabilizes the economic stability of families, on which the economic stability of the state depends. The Children's Alliance supports efforts to increase revenue to ensure that children in Washington can count on critical safety net programs at the moment they most need them.

Childhood Hunger: Meals hungry kids can count on

As more and more families struggle with job loss, low wages and fewer work hours, children need the security of knowing that a nutritious breakfast and lunch are waiting for them each school day. The Feeding Hungry Kids bill protects free breakfast for all low-income children, protects free lunch for low-income kids in kindergarten through the third grade, and eliminates the 30-cent breakfast co-pay in these grades. The bill also supports creation of more summer food programs to stabilize food options for low-income families during these critical out-of-school months. **We urge lawmakers to protect current school meals funding, invest \$4.5 million to eliminate the lunch co-pay for pre-k and grades 4-8 and make a modest investment in summer meals.**

Children's Health coverage: Protect children's health in uncertain times

The foresight our leaders showed in developing the Apple Health for Kids program nearly two years ago is now playing a key role in protecting the economic security of Washington families and the state as a whole. This time of extreme economic insecurity is exactly when we need to protect Apple Health coverage for children who lack private health coverage. It also is important to fund equal access to mental health services, as promised in the Cover All Kids law. **We urge lawmakers to take full advantage of increased federal support for children's health coverage, to invest \$6 million in state funds to support the Apple Health for Kids program, and to invest \$3 million to create equitable mental health benefits for kids.**

Early Learning: Support vulnerable families in a stressful economy

Parents are their children's first and most important teachers. Research shows that home-visiting programs significantly reduce the risk of child abuse and provide parents with the support they need to get their children ready for school. Early learning should remain a priority, especially as families face the stress of potential job losses and other effects of the recession. **We urge legislators to protect the \$3.5 million allocated to home visiting programs for at-risk families through the Council for Children and Families.**

Foster Care: Preserve our commitment to fairness

All foster kids should be getting what they need to lead successful adult lives. Today, they aren't. African-American and Native-American children end up in foster care more often and stay longer once they're there. We need to move forward to reduce disproportionality in the child welfare system, with an emphasis on three key decision points: the initial referral to Child Protective Services, removal of the child from the home, and keeping a child in placement beyond two years. **We urge lawmakers to protect the continued operations and research activities of the Washington State Racial Disproportionality Advisory Committee. We also urge lawmakers to support Kinship Care opportunities through the federal Fostering Connections Act.**



Current Washington State Legislators

District 23:

Sen. Phil Rockefeller
The Honorable Phil Rockefeller
Washington State Senator
P. O. Box 40423
Olympia, WA 98504-0423

Phone
360-786-7644

E-mail
Rockefeller.phil@leg.wa.gov

Rep. Christine Rolfes
The Honorable Christine Rolfes
Washington State Representative
P. O. Box 40600, Leg. Dist. #23
Olympia, WA 98504-0600

360-786-7842

Rolfes.christine@leg.wa.gov

Rep. Sherry Appleton
The Honorable Sherry Appleton
Washington State Representative
P. O. Box 40600, Leg. Dist. #23
Olympia, WA 98504-0600

360-786-7934

appleton.sherry@leg.wa.gov

District 26:

Sen. Derek Kilmer
The Honorable Derek Kilmer
Washington State Senator
P. O. Box 40426
Olympia, WA 98504-0426

360-786-7650

kilmer.derek@leg.wa.gov

Rep. Larry Seaquist
The Honorable Larry Seaquist
Washington State Representative
P. O. Box 40600, Leg. Dist. #26
Olympia, WA 98504-0600

360-786-7802

seaquist.larry@leg.wa.gov

Rep. Jan Angel
The Honorable Jan Angel
Washington State Representative
P. O. Box 40600, Leg. Dist. #26
Olympia, WA 98504-0600

360-786-7964

Angel.jan@leg.wa.gov

District 35:

Sen. Tim Sheldon
The Honorable Tim Sheldon
Washington State Senator
P. O. Box 40435
Olympia, WA 98504-0435

360-786-7668

sheldon.timothy@leg.wa.gov

Rep. Kathy M. Haigh
The Honorable Kathy Haigh
Washington State Representative
P. O. Box 40600, Leg. #35
Olympia, WA 98504-0600

360-786-7966

haigh.kathy@leg.wa.gov

Rep. Fred Finn
The Honorable Fred Finn
Washington State Representative
P. O. Box 40600, Leg. Dist. #35
Olympia, WA 98504-0600

360-786-7902

Finn.fred@leg.wa.gov



"It's Time for Kitsap Kids" Developmental Asset Initiative

"It's Time for Kitsap Kids" promotes the concept of [developmental asset](#) building and actively works on community awareness, activities, networking, and training that nurtures positive, caring and responsible young people.

<http://www.kitsapcaresaboutkids.org>

Spring 2009

Vision: As "Friends of Assets," each of us serves as a builder, partnering with youth to participate, develop, and grow through family, school, work, and community. We envision a community where all young people know they are valued, have hope for the future, and possess the resources to achieve their goals.

KITSAP
CARES
ABOUT
KIDS



Spring Institute - Going from Good to Great!

Going from Good to Great: Tools to Becoming Asset-Rich.

Hosted at Search Institute May 10-13, 2009

Now that your program or organization has adopted the developmental asset framework or completed some training-what comes next? What does it take to go from good to great? Search Institute knows it takes effort, focus and practice - and they want to help your site or program flourish. This Institute is for program providers who want to build job-embedded professional development and program improvement into their day-to-day work. Participants will learn about three tools which strengthen asset building in programs:

- Youth and Adult Feedback Surveys
- Walk-Through Program Observation Process
- Activity Observation Process

Participants will not only learn about each tool, but practice using it and debrief how it could be applied in their setting. At the end of the three days, participants will also have learned a peer coaching model and be assigned to monthly phone conference call groups to support them in introducing and piloting of at least one of the tools in their setting.

As a result of participating in this Institute and 5 peer coaching sessions, individuals responsible for staff development and program quality in both after-school and youth-serving programs will:

- Understand and know how to introduce the collection and use of data for improvement;
- Become familiar with 3 tools for getting asset data to celebrate progress and set goals for improvement;
- Learn techniques for getting staff excited and committed to using data to get better; and
- Acquire coaching skills and get coached resulting in attaining your specific goals.

Hosted at Search Institute in Minneapolis, MN, the Institute includes onsite time at local practice sites.

\$625 per participant fee includes training, materials, breakfast, lunch, snacks, and follow-up Technical Assistance.

For more information email: training@search-institute.org or register online at: <http://www.search-institute.org/winter-institute-going-good-great>.

40 Developmental Assets

Search Institute

<http://www.search-institute.org>

has identified the following building blocks of healthy development that help young people grow up healthy, caring, and responsible.

Support:

1. Family Support
2. Positive family communication
3. Other adult relationships
4. Caring neighborhood
5. Caring school climate
6. Parent involvement in schooling

Empowerment:

7. Community values youth
8. Youth as resources
9. Service to others
10. Safety

Please tell us the impact the developmental asset approach has had in your life, the children you touch, or in your organization.

Just e-mail Gay Neal

gneal@co.kitsap.wa.us

to request the one-page, online response form. Your comments will be added to the story of how asset building is changing the face of our community.

Asset #7 – Community Values Youth

At Home

- Attend community events as a family. You'll improve your child's perceptions of your community – and vice versa.
- Ask your kids what makes them feel valued.

At School

- Encourage students to get involved in community service.

In the Community

- Publicize and celebrate the ways young people contribute to the community.
- Display youth artwork and projects at local stores, community centers, and other places where community members are likely to see them.

Asset #8 – Youth as Resources

At Home

- Involve your children in family decisions. Ask for their input and advice. Take their interests, talents, and opinions seriously.

At School

- Teach youth how to positively exert their influence in community affairs.
- Empower kids and teens by teaching them how to teach others.

In the Community

- Get youth involved in your organization or business.
- Publicize volunteer programs and opportunities for young people.

Asset #9 – Service to Others

At Home

- Set aside two hours one weekend for serving others as a family. Examples: Pick up litter in a park; volunteer at a soup kitchen or shelter.

At School

- Encourage student groups to serve the school neighborhood.

In the Community

- Create neighborhood service projects that bring adults and children together.

Asset #10 – Safety

At Home

- Don't tolerate hurtful words or actions in your home. Model loving, respectful behavior.
- Work with your neighbors to address safety needs and concerns in the neighborhood.

At School

- Establish a peer mediation program so students can help each other resolve conflicts peacefully.
- Provide information and training to students about how to protect their safety and the safety of others.

In the Community

- Provide young people with safe, supervised times and places where they can hang out with their friends.

40 Developmental Assets

Boundaries & Expectations

11. Family boundaries
12. School boundaries
13. Neighborhood boundaries
14. Adult role models
15. Positive peer influence
16. High expectations

Constructive Use of Time

17. Creative activities
18. Youth programs
19. Religious community
20. Time at home

Commitment to Learning

21. Achievement motivation
22. School engagement
23. Homework
24. Bonding to school
25. Reading for pleasure

Positive Values

26. Caring
27. Equality and social justice
28. Integrity
29. Honesty
30. Responsibility
31. Restraint

Social Competencies

32. Planning and decision making
33. Interpersonal competence
34. Cultural competence
35. Resistance skills
36. Peaceful conflict resolution

Positive Identity

37. Personal power
38. Self-esteem
39. Sense of purpose
40. Positive view of personal future

Resources you can use: Free materials, training, presentations, assistance!

Contact the Kitsap County Commission on Children and Youth at 360-337-4879 or gneal@co.kitsap.wa.us

Pamphlets available in limited quantities

- 150 Ways to Show Kids You Care (poster style leaflet)
- 40 Ways Anyone can Build Assets (poster style leaflet)
- The Asset Approach (Adults)
- Making Change for the Better: The Importance of Youth Giving *new*
- Take It to the Next Level *new*

Book Available in single copy only, limited quantity available

- What Every Child Needs to Succeed from Birth to 8
- Giving Kids What They Need to Succeed (for adult presentations)

Local Library Resources with Asset Reference Materials

- Kitsap Regional Library
- Olympic Educational Service District (for school district personnel) OESD website <http://www.oesd.wednet.edu>