

# REGISTRATION

(No Charge/Lunch Included)

Name

Organization or Parent's Name

Address

City/Zip

Phone Fax

E-Mail

## MAIL TO:

Kitsap County Commission on Children and Youth  
614 Division Street, MS-23  
Port Orchard, WA 98366-4676

Phone: 360/337-4879 OR Fax: 360/337-7187  
gneal@co.kitsap.wa.us

Please register by December 7, 2009

Sponsored By:

**KTASC**  
**Kitsap Tobacco, Alcohol**  
**and Other Substance**  
**Abuse Prevention Coalition**



## Top 5 Ways to Get Involved in the Political Process

### DEAR SENATOR...

Elected officials know that their jobs depend on listening to constituents. Find the names of leaders in Congress and in your state legislature who represent you. Then let them know what's on your mind!

### ORGANIZE

Get your friends together and start a group at school, in your community or on the Web that deals with issues you care about.

### MAKE THE NEWS AND GET INFORMED

Alert your local representative to issues in your school or community that need his or her attention. Alert local media too. And devour newspapers, magazines, books and Websites. The more you know about the issues, the better your arguments will be—and the more likely you are to get involved.

### CHANGE THE RULES

Tired of being told "no"? It is your country too. Check out [www.youthrights.org](http://www.youthrights.org) to find ways to speak out on issues like driving restrictions, voting age and curfew laws.

### VOTE

There is only one way to get rid of a politician you DON'T like: Elect one you DO like! Or, if you are under 18, work to get others registered and voting.

## Youth Leadership and Advocacy Training

*Building Everyday*

## LEADERSHIP

*In all teens*

**Saturday, December 12, 2009**

**Island Lake Community Center**  
**1087 NW Island Lake Road**  
**Poulsbo, WA**

**10:00 a.m.—2:00 p.m.**



# WHO ARE WE?

KTASC

## Kitsap Tobacco, Alcohol and Other Substance Abuse Prevention Coalition

Is a community Advisory Board to the Kitsap County Health District Board of Health. Our mission is to reduce substance abuse and promote tobacco and alcohol abuse prevention among youth and adults by addressing community risk and protective factors, increasing developmental assets for youth and strengthening collaboration among various sectors of the community.

## Kitsap County Commission on Children and Youth

Is an appointed Advisory Board to the Kitsap County Commissioners with up to 24 representatives from education, health, social service, juvenile justice, community leaders and non-profit organizations whose mission is to advocate for a healthy environment for kids in Kitsap County.



# WHO IS THIS TRAINING FOR?

This training is targeted to reach  
Youth Ages 12 through 18 who:

- ✦ Want to develop their leadership skills.
- ✦ Want to get involved in the political process in Kitsap County.
- ✦ Believe that their voice counts.

## Purpose of the Training

Have you ever asked the question, “How can I make a difference”? This training is designed to inspire you to assess your leadership skills and explore why speaking up matters—and how you can make your voice heard!

## During the Training

Youth will have the chance to:

- ✦ Develop their advocacy skills.
- ✦ Develop Key Messages.
- ✦ Learn effective ways to communicate with elected officials.

# HOW DO I GET INVOLVED?

## Youth:

- ✦ Complete the pre-registration form.
- ✦ Give to your adult leader to send in with your team or send directly to the Commission on Children and Youth.
- ✦ Parent Permission forms will be sent to you or to your adult leader.
- ✦ Parent Permission forms must be signed prior to the training.

## Adult Leaders:

- ✦ Assemble a team of youth.
- ✦ Send in pre-registration forms for all members of your team.
- ✦ Parent Permission forms will be sent to you.
- ✦ Parent Permission forms must be signed prior to the training.
- ✦ Arrange for transportation.
- ✦ Help your team get involved in local advocacy efforts.

## Get Involved Locally

Before you leave this training you will have the opportunity to learn about the advocacy efforts in your community and how to get involved!