

Thank You . . .

To the Kitsap County Board of Commissioners for their support and funding of this project: Steve Bauer, Josh Brown and Charlotte Garrido are supportive of persons with special needs in Kitsap County.

To the members of the Kitsap County Developmental Disabilities Advisory Board for their support : Larry Mack, Chair, Christine Johnson, Sandra LaCelle, Carol Pacheco, Kathy Lougheed, Greg Albertson, Donna Gearns, Jacki Haight, Veola Taylor and George Adams.

And to the Kitsap County Developmental Disability staff for their assistance in completing this guide and distributing it to those that most need this information: Kelly Oneal, Kirsten Murray and Linda Ward.

The following guide lists the essential services for people with developmental disabilities in Kitsap County. Please submit additions, deletions or modifications to Kitsap County, Department of Personnel and Human Services, Developmental Disabilities Program at 360-337-4622.

(You can access this guide online at Website:www.kitsapgov.com/hr/wsolympic/devdisabl.htm; for additional copies of this guide, please call 360-337-4622)

If you are looking for a specific support group for people or families with special needs which is not listed in this directory, please call any of the following numbers. The group may be meeting locally.

Arc of Kitsap/Jefferson County360-377-3473

Child Care Resource and Referral Parent Line

Lutheran Community Services.....1-800-300-1247

Military families please call...360-373-1252

Family Resource Coordinator..... 360-373-2536

Kitsap County DD Coordinator 360-337-4624

Kitsap County Parent

Coalition Coordinator..... 360-769-2220

or 1-800-347-7387

Kitsap Community Resources 360-478-2301

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R R R R ...

Referral—When one health-care provider suggests you visit another one for the purpose of further evaluation and treatment.
(HO)

S S S S ...

Screening Test—A procedure to determine if a person has a certain medical condition. (HO)

Secondary Care—Care, often provided in hospitals and long-term facilities, that makes more use of caregivers with specialized training than does primary care. (HO)

Self-Referral—When a health-care provider stands to benefit financially from referring a patient to another provider for care. (HO)

Service Area—The geographic area a health plan serves. (HO)

Sheltered Workshop—Provides transitional and/or long-term employment in a controlled and closed working environment. It may provide vocational evaluation, work adjustment, and supported employment service.

Social Security Disability Insurance (SSDI)—benefits provided to disabled and blind individuals who are “insured” by workers’ contributions to the Social Security Trust. The worker’s widower or worker’s adult child with a disability may also receive a benefit.

Specialist—A physician whose training focuses on a particular area beyond the general training for all physicians. (HO)

Supported Employment—Paid employment for individuals with severe disabilities. All supported employment programs take place in integrated settings with on-going job site support provided by professional staff in integrated community based employment setting.

Supplemental Security Income (SSI)—cash assistance program to aged, blind and individuals with disabilities including children under 18 who have limited income and resources.

T T T T ...

Task Analysis (TA)—The breakdown of a particular job into its component work activities.

Tertiary Care—Highly specialized care for severe health problems.
(HO)

U U U U ...

Utilization Management—The process health plans and insurers use to make sure the kind of treatment and care recommended for a patient is necessary and appropriate. (HO)

L L L L ...

Lifetime Maximum—The total amount that an insurance policy will pay out for medical care during the lifetime of a policy holder. (HO)

M M M M ...

Managed Care—A term used to describe strategies of health-care plans to control costs by monitoring services and providers used for fees charged. (HO)

Maximum Out-of-Pocket Cost—The maximum amount of money a member will have to pay from his or her own funds for deductibles, copayments, or other expenses. (HO)

Medically Necessary—Services required to prevent harm to the patient or to the patient's quality of life. (HO)

N N N N ...

Non-Participating Provider—A provider who isn't part of a specific health plan. (HO)

O O O O ...

Outcome Oriented—A measurable skill at the end of a set period of training.

P P P P ...

Placement Specialist—Professional who assists in job placement.

Pre-Admission Review—A review undertaken by a health plan that happens before a patient enters a hospital to determine if the admission is necessary and appropriate. (HO)

Pre-Certification—Similar to pre-admission review but requires a certificate or authorization from the patient's health plan. (HO)

Pre-Existing Condition—A health condition that a person has that an insurance policy specifically excludes from coverage or that prevents the person from qualifying for insurance. (HO)

Preventive Care—Health care that stresses healthy behavior, regular testing, screening for diseases, and other services that detect diseases early or prevents them from occurring. (HO)

Primary Care—First-level or generalist care that a person receives outside a hospital. (HO)

Primary Care Physician (PCP)—The health-care provider a person most commonly calls first when a problem arises. (HO)

Prior Authorization—A cost-control procedure in which an insurer requires a service or medication to be approved in advance for coverage. (HO)

Provider—A person or an institution that delivers a service. (HO)

**ADVOCACY/DISABILITY SUPPORTS
IN KITSAP COUNTY**

Arc of Kitsap/Jefferson County 360-377-3473
3243 N Perry Ave., Bremerton WA 98310
arckj.org

- ◇ individual and family support, advocacy, parent education programs, Bingo games, Friday night socials/dances, aerobics classes, representative payee, guardianship information, counseling, and financial assistance.

Camp Fire USA 360-377-5513
P.O. Box 5210, Bremerton WA 98337-1606
dianner@campfire-usa.org
campfire-usa.org

- ◇ special Saturdays Club for children with special needs and their siblings as well as training for baby-sitters for children with special needs

C.H.A.D.D. ADD/ADHD Support Group 360-779-5362
nwchadd.org
Kitsap@chadd.net

- ◇ support group for children and adults
- ◇ support and information for parents, AD/HD adults, educators and healthcare professionals.

Down Syndrome Support Group of Kitsap County and Surrounding Areas, (UPSIDE) 360-308-0187

- ◇ meets monthly, contact for meeting schedule
- ◇ contact: Sharon Dommermuth, 360-308-0187
- ◇ contact: Anne Mullis, 206-842-9027

Elder and Adult Day Services (EADS) 206-859-5750
9723 Coopetop Loop, Suite 101, Bainbridge Is. 98110
eadscare.org

- ◇ adult day programs for seniors and people with disabilities: day program, social/recreational activities, noon meal, social services, rehabilitative medicine, therapy, health care, young adult program

Harrison Bremerton Outpatient Rehabilitation 360-475-6480
2625 Wheaton Way, Suite A, Bremerton WA 98310

- ◇ occupational therapy, physical therapy, speech therapy and

rehabilitation for neurological injury, illness, or work related injuries.

Harrison Medical Center, Education 360-792-6765
2520 Cherry Ave., Bremerton WA 98310
harrisonmedical.org

- ◇ community health programs including maternal-child birth, safe sitters (11-13 ages)

Head Injury Support Group..... 360-475-6480
2526 Wheaton Way, Suite A Bremerton WA 98310

- ◇ Support group meetings twice a month. Call for times and locations

**Holly Ridge Center
Infant Toddler Program** 360-373-2536
Toll Free 1-800-449-1660
5112 NW Taylor Rd., Bremerton WA 98312
itp@hollyridge.org
hollyridge.org

- ◇ birth to three neurodevelopment early learning center for children and families with special needs
- ◇ contact: Kathy Fortner, Director

Kitsap Autism Support

- ◇ An online support group for anyone touched by Autism.
- ◇ kitsapautismsupport@yahoogroups.com

**Kitsap County Family
Resource Coordinator** 360-373-2536
Toll Free 1-800-449-1660
Holly Ridge Center, 5112 NW Taylor Rd., Bremerton WA 98312
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

Kitsap County Father's Network 360-692-4670
Doug_St@hotmail.com
fathersnetwork.org

- ◇ monthly support group for fathers of children with special needs
- ◇ meets 3rd Saturday, 10am– 12pm during school year at the ARC
- ◇ contact: Doug Stauner

H H H H ...

Habilitation—Services provided to individual with developmental disabilities to help them achieve the highest level of

Healthcare for Workers with Disabilities (HWD)—Medicaid buy-in program for workers with disabilities

Health Maintenance Organization (HMO)—An entity that provides, offers, or arranges for coverage of designated health services needed by plan members for a fixed, prepaid premium. (HO)

Health Plan—The set of services in an insurance policy for health care. (HO)

Healthy Options and SSI Healthy Options—Medicaid benefits that deliver most medical services through Managed Care Organizations. (HO)

Health Plan Employer Data and Information Set—A standardized report used to compare and evaluate HMO's. (HO)

I I I I ...

Independent Living Skills—Basic skills needed to successfully function to the greatest extent possible, in the least restrictive environment.

Individualized Transition Plan (ITP)—A plan which includes long-term goals and short-term objectives, including: a) timelines, b) measurable expected outcomes, and c) identification of persons who are responsible for teaching and monitoring the plan to ensure that the goals and objectives are met.

Inpatient—A patient who stays in a hospital overnight. (HO)

Integrated Work Setting—Work setting where duties are performed with opportunity for work and non-work interaction with workers who are not disabled. Ratio of non-disabled to disabled workers is no higher than eight-to-one.

J J J J ...

Job Analysis—Job analysis identifies and describes: a) what the worker does; b) how the work is done; c) results of the work; and d) the worker's characteristics.

Job Coach—Provides individualized one-to-one assistance in job placement, travel training, skill training at the job site, ongoing assessments, and long-term assessment.

Job Development Specialist—An individual who contacts businesses and industries for the purpose of placing individuals in competitive employment or on-the-job training sites.

Copayment—A fixed dollar amount the recipient pays for health-care services at the time of receiving the service. (HO)

Curriculum-Based Vocational Assessment (CBVA)—Various tests to determine the career development and vocational instruction needs of students based on preferences in course content and curriculum; identification of students' career/vocational strengths and weaknesses.

D D D D ...

Deductible—The amount of money an insured person pays for services before the insurer starts paying the bill. (HO)

Diagnosis—Identification of a disease producing a specific condition. (HO)

Diagnostic Services—Procedures to determine the presence of a health condition. (HO)

Durable Medical Equipment (DME)—A long-lasting medical supply, such as a wheelchair. (HO)

E E E E ...

Elective Procedure—A procedure that isn't an emergency and that a patient and doctor plan in advance. (HO)

Emergency—An injury or acute medical condition likely to cause death, disability, or serious illness if not attended to very quickly. (HO)

Employability—Factors that determine whether an individual can be placed on a job and whether the individual can keep the job once placed.

Exclusions—Health conditions that an insurance policy specifically doesn't cover. (HO)

F F F F ...

Functional Living Skills Assessment—Skills, interests, and values related to functioning in the home and community.

G G G G ...

Gainful Employment—Includes employment in one of the following: Competitive labor market, supported employment, sheltered employment, or homebound work. Work is performed for living wage and typical benefits.

Gatekeeper—The person who controls a patient's access to health-care services, whether as a case manager or a primary-care provider. Typically, this person must approve all uses of health-care services. (HO)

Kitsap County Parent Coalition360-769-2220

Toll Free 1-800-347-7387

4619 Basswood Ct. SE, Port Orchard WA 98366

parentcoalition@KITSAP-WA.org

KITSAP-WA.org

◇ advocacy, consulting, newsletter, training

◇ contact: Nancy Martin

Kitsap Parent Child

Assistance Program (PCAP)360-377-0370

4843 Auto Center Way, Suite A, Bremerton, WA 98312

◇ Administered by Agape' Unlimited

◇ Advocacy and case management intervention for high-risk women with maternal alcohol and drug abuse

◇ Contact: Charlene Takeuchi, Clinical Director

Mom's Time Out.....360-692-3701

◇ Support group for mothers of children with special needs

◇ Meets the third Friday of every month from 7:00 to 10:00 p.m. at Starbucks located 1616 Bentley in Bremerton (across from Wal-Mart)

◇ Contact: Holly Patton, holly@arckj.org

Parent to Parent Support Program360-377-3473

3243 N. Perry Avenue, Bremerton WA 98310

◇ Parent mentoring, support group, monthly Sibshops, information, referral, and lending library, senior family caregiver project

◇ Autism Support, Information and Fun for Kitsap (AS IF Kitsap)

◇ Contact: Sherry Charlot, sherry@arckj.org

Self Advocates of Washington

Kitsap County360-550-8365

◇ self-advocacy groups for people with developmental disabilities

◇ Contact: Marcie Turnbull

Washington PAVE.....253-565-2266

Toll Free 1-800-572-7368

6316 S. 12th St., Tacoma WA 98465

wapave.org

pave@wapave.org

◇ parent-to-parent support for parents of children with special needs

◇ parent training program

Wheelchair Library for You360-830-5053

62 Peter Haggen, Seabeck WA 98380

- ◇ free lending of medical equipment, accepts donations
- ◇ contact: Charles Morris

BLINDNESS

(also see Washington State/National Advocacy/Disability Support on page 39)

Able Opportunities, Inc. 360-638-0881(V/TTY)
P.O. Box 468, Hansville, WA 98340
ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss
- ◇ Contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>
- ◇ All services available in ASL, American Sign Language.

Blind Veterans Association 1-800-669-7079
bva.org

- ◇ veteran benefits, employment, legislation

Community Services for the Blind and Partially Sighted (CSBPS) 1-800-458-4888
9709 Third Avenue NE, #100, Seattle WA 98115-2027
csbps@csbps.com
csbps.com or sightconnection.com

- ◇ counseling, support groups, skills for independent living, assessment, training
- ◇ adaptive aids store, mail order catalogue, educational services

Department of Services for the Blind... 1-800-552-7103
4565 7th Ave. SE, Lacey 98503
3411 S Alaska Street, Seattle WA 98118
949 Market Street, Ste 508, Tacoma 98402
dsb.wa.gov

- ◇ independent living program, vocational rehabilitation, orientation and training
- ◇ assistive technology training/services, family services

Kitsap County School Districts (special services)
Bainbridge Island 206-842-2907
Bremerton 360-473-1011
Central Kitsap..... 360-662-1040

COMMONLY USED PHRASES AND WORDS

A A A A ...

Acute Illness—An illness that has occurred suddenly and may be serious. (HO)

Activities of Daily Living (ADL)—Behaviors necessary for self care.

Adaptive Behavior—Use of basic skills in daily life activities.

Adult Service Agency—Federal, state or locally funded agency (with written policies and procedures) that provides services to adults and children (i.e., Division of Developmental Disabilities (DDD); Division of Vocational Rehabilitation (DVR); Public Assistance (Welfare); Women, Infants and Children (WIC); Employment Security, etc.).

Ambulatory Care—Health services that are provided without an overnight stay in a health-care facility. (HO)

Ancillary Services—Miscellaneous tests, such as laboratory or radiological exams. (HO)

Assistive Technology Device—Any item or piece of equipment that is useful to increase, maintain, or improve abilities of individuals with disabilities.

B B B B ...

Basic Health Plan (BHP)—Managed care plan available through the State of Washington to any individual or family. Premiums can be subsidized by the state, based on income and need. (HO)

Basic Health Plan/Plus (BHP/Plus)—Basic Health Plan for eligible children that provides its benefits through Healthy Options/Medicaid. (HO)

C C C C ...

Case Management—The process of having a person's health-care needs coordinated by using an ongoing plan. (HO)

Case Manager—Individual who arranges services, ensures that clients progress through the process, completes reviews, and (may) maintain fiscal responsibility.

Coinurance—A percentage (often 20%) that an insured person pays for a visit to a physician or other health care provider, a hospital stay or treatment. (HO)

Community Based Programs—Programs for individuals with disabilities that are located within the individual's community.

Community Resources—Public or private agencies, schools or programs offering services to people.

Concurrent Review—A review by an insurer at the time of service to verify that a patient needs continued inpatient care. (HO)

SLS Supported Living Services
 SNF Skilled Nursing Facility
 SPI Superintendent of Public Instruction
 SSA Social Security Administration
 SSBG Social Services Block Grant (1997 Welfare Reform)
 SSDI Social Security Disability Income
 SSI Supplemental Security Income
 SSP State Supplementary Payment
 STD Sexually Transmitted Disease (HO)
 STOMP Specialized Training of Military Parents
 SW Social Work/ Social Worker

T T T T ...

TA Task Analysis
 TANF Temporary Assistance to Needy Families (1997 Welfare Reform)
 TARP Technical Assistance for Parents and Teachers
 TASH The Association for Persons with Severe Handicaps
 TBI Traumatic Brain Injury
 TDD Telecommunication Device for the Deaf
 TS Tenant Support
 TT/TTY Telephone Typewriter
 TXIX Title 19 (Medicaid funding through the Social Security Act)

U U U U ...

UCP United Cerebral Palsy
 UW United Way

V V V V ...

VA Veterans Administration
 VI Visually Impaired
 VR Vocational Rehabilitation

W W W W ...

WAC Washington Administrative Code
 WACD Washington Association for Citizens with Disabilities
 WARI Washington Association of Rehabilitation Industries
 WAIS Weschler Adult Intelligence Scale
 WISC Weschler Intelligence Scale for Children
 WIC Women, Infants and Children (supplemental food program)
 WISE Washington Initiative for Supported Employment
 WPAS Washington Protection and Advocacy System
 WSMC Washington State Migrant Council
 WSPEP Washington State Parent/Educator Partnership

North Kitsap360-394-2604

South Kitsap360-443-3625

Kitsap Regional Library360-405-9100

1301 Sylvan Way, Bremerton, WA 98310

krl.org

- ◇ computers dedicated for use by people with visual disabilities
- ◇ on-line catalog accessible to visually impaired users
- ◇ training available for using systems
- ◇ large print and audio books
- ◇ Call 360-405-9123 for Outreach and Support Services

LS&S Group 1-800-468-4789

lssproducts.com

- ◇ catalog specializing in products for the visually and hearing impaired

N.W. Lions Foundation

For Sight and Hearing206-682-8500

Toll Free 1-800-847-5786

nlfoundation.org

info@nlfoundation.org

- ◇ eyeglasses and vision exams for low income residents
- ◇ referral to local contacts and phone numbers
- ◇ eye tissue bank, accepts donated eyeglasses and hearing aides

Olympic College

Adaptive Technology360-475-7510

Access Services360-475-7540

1600 Chester Ave., Bremerton WA 98337

oc.ctc.edu

AccessServices@olympic.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

Olympic Recording for the Blind360-895-0305

- ◇ newspaper articles from the KitsapSun transcribed daily to tape
- ◇ contact: Susan Evans

Peninsula Council of the Blind360-689-0827

Information line 1-800-255-1147

thepcb.tripod.com

cindy.vw@msn.com

- ◇ local chapter of WA Council of the Blind
- ◇ promotes public awareness and education

- ◇ provides vision loss support group
- ◇ opportunities for community participation, recreation and vocation

Peninsula Rehabilitation Services.....360-765-4239
 Fax360-765-5053
 2510 Snow Creek Road, Quilcene WA 98376

- ◇ free independent living services for visually impaired/blind people 55 years and older
- ◇ contact: Carl or Cathy Jarvis
- ◇ may leave message with WA State Dept of Services for the Blind (1-800-552-7103)

VIPS (Visually Impaired Persons)

Bainbridge Island206-842-1324

- ◇ social, sharing and meetings
- ◇ 2nd Wednesday of month, Bainbridge Island library, 1-3 pm
- ◇ contact: Jerry Brader

Washington State School for the Blind.... 360-696-6321
 wssb.wa.gov
 2214 E 13th Street
 Vancouver WA 98661-4120

- ◇ provides services in local school districts
- ◇ on-campus programs at no cost to parents and districts
- ◇ Lions Low Vision Clinic, Instruction Resource Center, Braille Production, Statewide Technology Center, Evaluation Assessment, in-service and training

Washington Talking Book and

Braille Library 1-800-542-0866
 2021 9th Avenue, Seattle WA 98121-2783
 wtbbbl@wtbbbl.org
 wtbbbl.org

- ◇ free, statewide public library service for individuals with disabilities
- ◇ books and magazines on audio cassette, large print or Braille

CHILDREN'S THERAPY SERVICES

(also see **Services for Children With Special Needs**, page 31)

MULTIPLE SERVICE PROVIDERS

Children's Hospital 1-866-987-2000
 Children's Resource Line 1-866-987-2500
 TTY206-987-2280

PEAK Parent Education and Assistance for Kids
 PFTH Program for the Handicapped (*Champus program—military*)
 PHN Public Health Nurse
 PKU Phenylketonuria
 PL Public Law
 PPA Preferred Provider Arrangement (HO)
 PPO Preferred Provider Organization (HO)
 ProPAC Prospective Payment Assessment Commission (HO)
 PPRC Physician Payment Review Commission (HO)
 PT Physical Therapist
 PT Physical Therapy
 PTA Parent Teacher Association
 PTI Parent Training and Information Center
 PTSS Post Traumatic Stress Syndrome

R R R R ...

R&D Research and Development
 RBRVS Resource-Based Relative Value Scale (HO)
 RCW Revised Code of Washington
 REW Rehabilitation Enterprises of Washington
 RHC Residential Habilitation Center
 RN Registered Nurse
 RPT Registered Physical Therapist
 RSAS Rehabilitation Services Accreditation System
 RSN Regional Support Network/Mental Health Region
 RSVP Retired Seniors Volunteer Program
 RVS Relative Value Scale (HO)

S S S s ...

S.A.F.E Schools Are For Everyone
 SAMSHA Substance Abuse and Mental Health Services Administration (HO)
 S.A.N.E. Sexual Assault Nurse Examiner
 SAVI Sexual Assault Victim Intervention (*military*)
 SBD Seriously Behaviorally Disabled
 SCAN State-Controlled Area Network
 SCH Sole Community Hospital (HO)
 SE Supported Employment
 SEA State Education Agency
 SEAC Special Education Advisory Council
 SEPAC Special Education Parent/Professional Advisory Council
 SGA Substantial Gainful Activity (SSA)
 SLD Specific Learning Disability
 SLP Speech-Language Pathologist

NIMH	National Institute of Mental Health
NIOSH	National Institute of Occupational Safety and Health (HO)
NISH	National Institute for Severely Handicapped
NLM	National Library of Medicine (HO)
NP	Nurse Practitioner (HO)
NPRM	Notice of Proposed Rulemaking (HO)
O O O O ...	
OAA	Old-Age Assistance (HO)
OASDHI	Old-Age Survivors, Disability, and Health Insurance program (HO)
OASI	Old-Age Survivors Insurance
OBRA	Omnibus Budget Reconciliation Act of 1987 (<i>provides funding for people in need of nursing home care or equivalent services</i>)
OCR	Office of Civil Rights
OESD	Olympic Educational Service District
OFM	Office of Financial Management
OI	Orthopedically Impaired
OJT	On-the-Job Training
OMB	Office of Management and Budget
OPD	Outpatient Department (HO)
OPPFM	Office of Program Planning and Fiscal Management
ORDA	Office of Research and Data Analysis
OSEP	Office of Special Education Programs
OSERS	Office of Special Education and Rehabilitation Services
OSPI	Office of the Superintendent of Public Instruction
OT	Occupational Therapist
OT	Occupational Therapy
OTR	Licensed and Registered Occupational Therapist
P P P P ...	
P&A	Protection and Advocacy
P/O	Project Options (<i>a program to reduce the size of larger institutions, formerly referred to as "downsizing"</i>)
PA	Physicians Assistant (HO)
PA	Public Assistance
PAC	Parent Advisory Committee
PASS	Plan for Achieving Self Support
PCAP	Parent Child Assistance Program
PAVE	Parents Are Vital In Education
PCP	Primary Care Physician (HO)
PCM	Positive Crisis Management

4800 Sand Point Way NE, Seattle WA 98105
seattlechildrens.org

**Harrison Hospital Pediatric
Rehabilitation Services**360-744-6080
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Hearing, Speech and Deafness Center (HSDC)
V/TTY206-323-5770
1625 19th Ave., Seattle, WA 98122
hsrc.org

- ◇ speech, language and motor services
- ◇ services for deaf and hard of hearing children
- ◇ audiology services (including infants) and hearing aids

Holly Ridge Center360-373-2536
5112 NW Taylor Rd., Bremerton WA 98312
hrc@hollyridge.org
hollyridge.org

Mary Bridge Children's Health Center.....360-662-1200
Toll Free 1-800-552-1419
1780 NW Myhre Rd. Suite G220, Silverdale, WA 9838-8677
multicare.org

Mary Bridge Children's Hospital.....253-403-1400
317 Martin Luther King Jr. Way, Tacoma WA 98405-4234
multicare.org

OCCUPATIONAL THERAPISTS

Center for Therapeutic Intervention.....1-800-825-3557
6659 Kimball Dr., Suite D-403., Gig Harbor WA 98335
◇ Pediatric occupational therapy clinic

Elk's Therapy Program253-307-8914
P.O. Box 11076, Tacoma WA 98411
waelks.net

- ◇ provides home-based occupational and physical therapy to
children with disabilities

**Harrison Hospital Pediatric
Rehabilitation Services**360-744-6080
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Hearing, Speech and Deafness Center (HSDC)

V/TTY.....206-323-5770
1625 19th Ave., Seattle, WA 98122
hscd.org

◇ free screenings, call for appointment

PHYSICAL THERAPISTS

**Harrison Hospital Pediatric
Rehabilitation Services**.....360-774-6080
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Kitsap Children's Therapy.....360-697-2228
19319 7th Ave., Suite 114, Poulsbo WA 98370

◇ contact: Kristin Zinn, MS, PT

◇ pediatric children's therapy, speech and OT

SPEECH THERAPISTS

**Children's Hospital
Speech and Language**206-987-2104
4800 Sand Point Way NE, MS-W6839, Seattle WA 98105-0371
seattlechildrens.org

**Harrison Hospital Pediatric
Rehabilitation Services**.....360-774-6080
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Hearing, Speech and Deafness Center (HSDC)
V/TTY.....206-323-5770
1625 19th Ave., Seattle, WA 98122
hscd.org

◇ free screening, call for appointment

Mary Bridge Speech and Hearing.....253-403-4437
Toll Free.....1-800-552-1419, ext. 4437
1220 Division Ave., Tacoma WA 98405

Tacoma Speech and Language Clinic.....253-472-6454
5005 Center St., Suite H, Tacoma WA 98409

CLOTHING/FOOD

Helpline House/Bainbridge Is.206-842-7621
282 Knechtel Way, Bainbridge Island WA 98110
helplinehouse.org

LPN Licensed Practical Nurse (HO)
LRE Least Restrictive Environment
LSC Life Safety Code (HO)
LVN Licensed Vocational Nurse (HO)

M M M M ...

MAA Medical Assistance Administration
MAAC Maximum Allowable Actual Charge (HO)
MAF Medical Assistance Facility (HO)
MAP Medical Audit Program (HO)
MCAT Medical College Admission Test (HO)
MCH Maternal and Child Health program (HO)
MCO Managed Case Organization (HO)
MD Medical Doctor
MD Muscular Dystrophy
MDT Multiple Disciplinary Team
MEDLARS Medical Literature and Analysis Retrieval System (HO)
MH Mental Health
MH Multiply Handicapped
MIHCP Medically Intensive Home Care Program
MMIS Medicaid Management Information System (HO)
MPC Medicaid Personal Care
MR Mental Retardation
MRI Magnetic Resonance Imaging (HO)
MS Multiple Sclerosis
MSA Metropolitan Statistical Areas (HO)
MSW Master of Social Work

N N N N ...

NACo National Association of Counties (HO)
NAEYC National Association for the Education of Young Children
NARC National Association for Retarded Children
NARI Northwest Association of Rehabilitation Industries
NCA National Council on Aging
NCHS National Center for Health Statistics (HO)
NCHSR/HCTA National Center for Health Services Research/Health Care Technology Assessment (HO)
NDT Neurodevelopment Treatment
NF Nursing Facility
NGA National Governor's Association (HO)
NHIS National Health Interview Survey
NHSC National Health Service Corps (HO)
NICU Neonatal Intensive Care Unit (HO)
NIH National Institute of Health (HO)

IDEA Individuals with Disabilities Education Act
 IDF Immune Deficiency Foundation
 IEP Individualized Education Plan
 IES Independent Employment Services (*provider*)
 IFSP Individual Family Service Plan
 IHP Individual Habilitation Plan
 IMR Institution for Mentally Retarded (*federally funded group home*)
 IOM Institute of Medicine of the National Academy of Sciences (*HO*)
 IPP Individual Program Plan
 IQ Intelligence Quotient
 IRWE Income-Related Work Expense
 ISE Individual Supported Employment
 ISP Individual Service Plan
 ITA Involuntary Treatment Act
 ITEIP Infant Toddler Early Intervention Program
 ITP Individual Training Plan
 ITP Individual Transition Plan

J J J J ...

JAMA Journal of American Medical Association
 JCAHO Joint Commission on Accreditation of Healthcare (*HO*)
 JTPA Job Training Partnership Act of 1982 (*the manpower and training programs for youth and adults which are funded by the law*)
 JWOD Javits Wagner O'Day Act

K K K K ...

KAT Kitsap Applied Technologies (*provider*)
 KC Kitsap County
 KICC Kitsap Interagency Coordinating Council
 KMH Kitsap Mental Health
 KJR Kitsap/Jefferson Residences (*provider*)
 KSAC Kitsap Sexual Assault Center
 KTSS Kitsap Tenant Support Services (*provider*)

L L L L ...

L-TC Long-Term Care
 LD Learning Disabled
 LD Learning Disability
 LDA Learning Disability Association
 LEA Local Education Agency
 LICWAC Local Indian Child Welfare Advisory Board
 LOS Length of Stay (*HO*)

S. Kitsap Helpline/Port Orchard360-876-4089
 1351 Bay Street, Port Orchard WA 98366
 skhelpline.org

- ◇ food bank, thrift store

Salvation Army360-373-5550
 PO Box 886, (832 6th St.), Bremerton WA 98337
 bremertonsalvationarmy.org

- ◇ Serving breakfast and lunch; call for meal times
- ◇ food bank

St. Vincent de Paul360-479-7017
 1137 N Callow, Bremerton WA 98312

- ◇ food bank and assistance office

St. Vincent de Paul360-377-2929
 1117 N. Callow, Bremerton, WA 98312

- ◇ thrift store

DEAFNESS

(also see Washington State/National Advocacy/Disability Support on page 39)

Able Opportunities, Inc. 360-638-0881(V/TTY)
 P.O. Box 468, Hansville, WA 98340
 ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss
- ◇ Contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>
- ◇ All services available in ASL, American Sign Language.

Early Hearing Loss, Detection, Diagnosis, and Intervention Program206-418-5613
 1610 NE 150th St., Shoreline WA 98155

- ◇ WA state DOH genetic services section
- ◇ contact: EHDDI Program Consultant

Family Conversations206-987-5147
 4800 Sand Point Way NE, W6640, Seattle, WA 98105-0371

- ◇ home based program for families with deaf or hard of hearing children living in western Washington
- ◇ playgroups, parent support, sign language classes and assistance with school transition

Hearing, Speech, and Deafness Center (HSDC)
 V/TTY.....206-323-5770
 1625 19th Ave., Seattle, WA 98122
 hsdcc.org

- ◇ parent-infant program for families with deaf or hard of hearing children, programs for deaf youth
- ◇ community sign language classes, continuing ed. workshops for professionals,
- ◇ workshops for deaf and hearing co-workers

Holly Ridge Center.....360-373-2536
 Toll Free..... 1-800-449-1660
 5112 NW Taylor Rd. , Bremerton, WA 98312
 hollyridge.org
 hrc@hollyridge.org

- ◇ birth to three Neurodevelopmental Clinic and Preschool serving families and children with special needs

Kitsap County
Family Resource Coordination360-373-2536
Toll Free..... 1-800-449-1660
 5112 NW Taylor Rd. , Bremerton, WA 98312
 frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

Kitsap County School Districts (special services)
 Bainbridge Island206-842-2907
 Bremerton360-473-1011
 Central Kitsap.....360-662-1040
 North Kitsap360-394-2604
 South Kitsap.....360-443-3625

Kitsap Regional Library.....360-405-9100
 1301 Sylvan Way, Bremerton, WA 98310
 krl.org

- ◇ computers dedicated for use by people with visual disabilities
- ◇ on-line catalog accessible to visually impaired users
- ◇ training available for using systems
- ◇ large print and audio books
- ◇ Call 360-405-9127 for Outreach and Support Services

FMG Foreign Medical Graduate (HO)
 FNP Family Nurse Practitioner (HO)
 FPL Federal Poverty Level
 FPLS Federal Parent Locator Service (1997 Welfare Reform)
 FRC Family Resource Coordinator (for children birth to three)
 FSDB First Steps Database
 FTC Federal Trade Commission (HO)
 FY Fiscal Year

G G G G ...

GHAA Group Health Association of America (HO)
 GIA Grant-in-Aid
 GP General Practitioner (HO)

H H H H ...

HHS Department of Health and Human Services (HO)
 HCBS Home and Community Based Services Waivers (DSHS)
 HCFA Health Care Financing Administration (federal)
 HEDIS Health Plan Employer Data and Information Set (HO)
 HI Health Impaired
 HI Hearing Impaired
 HIAA Health Insurance Association of America (HO)
 HMO Health Maintenance Organization (HO)
 HMSA Health Manpower Shortage Area (HO)
 HOH Hard of Hearing
 HRC Holly Ridge Center (provider)
 HRSA Health Resources and Services Administration (HO)
 HSA Health Service Area (HO)
 HSA Health Systems Agency (HO)
 HUD Housing and Urban Development (federal)
 HWD Healthcare for Workers with Disabilities (MAA)

I I I I ...

I&R Information and Referral
 IADL Instrumental Activities of Daily Living (HO)
 ICAP Inventory for Client and Agency Planning
 ICC Interagency Coordinating Council
 ICD-9 International Classification of Diseases, 9th Revision
 ICDA International Classification of Diseases, Adapted (HO)
 ICF Intermediate Care Facility
 ICF/MR Intermediate Care Facility for the Mentally Retarded
 ICU Intensive Care Unit (HO)

DMD	Doctor of Dental Medicine (HO)
DME	Durable Medical Equipment (HO)
DMH	Division of Mental Health
DO	Doctor of Osteopathy (HO)
DOD	Department of Defense
DOH	Department of Health
DOVIA	Directors of Volunteers in Agencies
DPH	Department of Public Health
DRG	Diagnosis-Related Group (HO)
DSHS	Department of Social and Health Services
DV	Domestic Violence
DVM	Doctor of Veterinary Medicine (HO)
DVR	Division of Vocational Rehabilitation (DSHS)
E E E E ...	
E&D	Evaluation and Diagnosis
ECDAW	Early Childhood Development Association of Washington
ECEAP	Early Childhood Education and Assistance Program
ECF	Extended Care Facility (HO)
ED	Emotionally Disturbed (severely behaviorally disabled)
EEG	Electroencephalogram
EEU	Experimental Education Unit
EFM	Exceptional Family Member Program (Military)
EKG	Electrocardiogram
EMR	Educable Mentally Retarded
EMS	Emergency Medical Services (HO)
EPA	Exclusive Provider Arrangement (HO)
EPSDT	Early and Periodic Screening, Diagnosis and Treatment Program (HO)
ER	Emergency Room (HO)
ERSA	Employee Retirement Income Security Act (HO)
ESD	Educational Service District
ESRD	End Stage Renal Disease (HO)
ESY	Extended School Year
ET	Expenditure Target (HO)
F F F F ...	
FAE	Fetal Alcohol Effect
FAS	Fetal Alcohol Syndrome
FAH	Federation of American Hospitals (HO)
FAPE	Free Appropriate Public Education
FDA	Food and Drug Administration (HO)
FEHBP	Federal Employees Health Benefits Program (HO)
FICA	Federal Insurance Contributions Act (HO)

N.W. Lions Foundation

For Sight and Hearing206-682-8500

Toll Free 1-800-847-5786

nlfoundation.org

info@nlfoundation.org

- ◇ eyeglasses and vision exams for low income residents
- ◇ referral to local contacts and phone numbers
- ◇ eye tissue bank, accepts donated eyeglasses and hearing aides

Olympic College

Adaptive Technology360-475-7510

Access Services360-475-7540

1600 Chester Ave., Bremerton WA 98337

AccessServices@olympic.edu

oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

Tacoma Area Coalition of Individuals with

Disabilities (TACID) V..... 1-253-565-9000

TTY 1-253-565-3486

6315 S. 19th St, Tacoma, WA 98466

tacid.org

- ◇ deaf-blind and hard of hearing services

EDUCATION

Bainbridge Island School District

Special Education206-842-2907

- ◇ contact: Clayton Mork, special education director, 206-780-1069
- ◇ early childhood services - 206-780-1593

Bremerton School District

Special Services Department360-473-1011

- ◇ contact: John Grant, special education director
- ◇ contact: Pam Bridges, Child Find

Central Kitsap School District

Special Services Department360-662-1040

- ◇ serving: Bangor, Silverdale, Bremerton
- ◇ contact: William Mosiman, special education director
- ◇ contact: Cheri Brooks, pre-school coordinator

Disabilities, Opportunities, Internetworking

And Technology (DO-IT) (V/TTY) ...206-685-3648

Toll Free (V/TTY) 1-888-972-3648

University of Washington, Box 354842, Seattle, WA 98195-4842
washington.edu/doit

- ◇ grant funded program that focuses on college and career preparation for students with disabilities
- ◇ information, training for employers and educators

ERIC– Educational Resources

Information Center.....1-800-538-3742

eric.ed.gov

- ◇ database with information on the education of children with disabilities and children who are gifted

Gong-to-College.org

- ◇ this website contains information about living college life with a disability. It is designed for high school students and provides video clips, activities and additional resources that can help students get a head start in planning for college

Kitsap Community Resources,

Head Start/Early Childhood Education and

Assistance Program360-473-2075

1201 Park Avenue, Bremerton WA 98337

- ◇ serving ages birth to 5 years
- ◇ early health & childhood development services

Kitsap County Parent Coalition360-769-2220

Toll Free 1-800-347-7387

4619 Basswood Ct. SE, Port Orchard WA 98366

parentcoalition@KITSAP-WA.org
KITSAP-WA.org

- ◇ advocacy, consulting, newsletter, training
- ◇ contact: Nancy Martin

National Dissemination Center for Children with

Disabilities, (NICHCY)(V/TTY)..... 1-800-695-0285

nichcy.org

- ◇ information and referral center, children/youth from birth to age 22

North Kitsap School District

Special Services Department360-394-2604

CHC	Community Health Center (HO)
CHDD	Center on Human Development and Disabilities— <i>formerly CDMRC</i>
CHMC	Children's Hospital and Medical Center— <i>formerly COH</i>
CHP	Comprehensive Health Planning (HO)
CME	Continuing Medical Education (HO)
CMHC	Community Mental Health Center (HO)
CMP	Comprehensive Medical Plan (HO)
COB	Coordination of Benefits (HO)
COG	Council of Governments (HO)
COH	Children's Orthopedic Hospital— <i>now CHMC</i>
CON	Certificate of Need (HO)
COTH	Council of Teaching Hospitals (HO)
CP	Cerebral Palsy
CPA	Certified Public Accountants (HO)
CPHA	Commission on Professional and Hospital Archives (HO)
CPI	Consumer Price Index (HO)
CPR	Cardio-Pulmonary Resuscitation
CPR	Customary, Prevailing and Reasonable (HO)
CPS	Child Protective Services
CPT-4	Current Procedural Terminology, Fourth Edition (HO)
CRVS	California Relative Value Studies (HO)
CSHCN	Children with Special Health Care Needs— <i>formerly CCS (Department of Health)</i>
CSO	Community Service Office (DSHS)
CT	Computer Tomographic (scanners) (HO)
D D D D ...	
(D)HHS	Department of Health and Human Services (HO)
DCD	Department of Community Development
DCFS	Division of Children and Family Services (DSHS)
DD	Developmental Disabilities
DD	Developmentally Disabled
DD	Developmentally Delayed
DDC	Developmental Disabilities Council— <i>formerly DDPC</i>
DDD	Division of Developmental Disabilities (DSHS)
DDPC	Developmental Disabilities Planning Council— <i>now DDC</i>
DDS	Doctor of Dental Surgery (HO)
DEA	Drug Enforcement Administration (HO)
DH	Developmentally Handicapped
DIS	Department of Investigative Services
DMA	Division of Medical Assistance

ARNP	Advanced Registered Nurse Practitioner
ASHA	American Speech and Hearing Association
ASTHO	Association of State and Territorial Health Officials (HO)
AVER	Annual Vocational Evaluation Report
B B B B ...	
BARS	Budgeting, Accounting and Reporting System— <i>DSHS accounting code</i>
BCA	Blue Cross Association (HO)
BD	Behaviorally Disabled
BHP	Basic Health Plan (HO)
BHP/Plus	Basic Health Plan for eligible children (HO)
BIA	Bureau of Indian Affairs
CC C C ...	
CA	Comprehensive Assessment
CACFP	Child and Adult Care Food Program
CAP	Community Action Program (<i>Department of Community Development</i>)
CAP	Client Assistance Program (<i>Division of Vocational Rehabilitation</i>)
CAT	Computerized Axial Tomography (HO)
CBO	Congressional Budget Office
CBVA	Curriculum-Based Vocational Assessment
CCF	Congregate Care Facility
CCHP	Consumer Choice Health Plan (HO)
CCR&R	Child Care Resource and Referral
CCS	Catholic Community Services
CCS	Crippled Children's Services— <i>now CSHCN (Department of Health)</i>
CCU	Coronary Care Unit (HO)
CD	Communication Disorders
CDC	Centers for Disease Control and Prevention (HO)
CDS	Communication Disorders Specialist— <i>now SLP</i>
CDMRC	Child Development and Mental Retardation Center— <i>now CHDD</i>
CEC	Council for Exceptional Children
CFC	Combined Federal Campaign
CFR	Code of Federal Regulations
CHADD	Children and Adults with Attention Deficit Disorder
CHAMPUS	Civilian Health and Medical Program of the Uniformed Services (HO)
CHAP	Children Have a Potential (<i>Air Force Handicap Assistance Program</i>)

- ◇ serving: Poulsbo, Bangor, Keyport, Kingston, Port Gamble, Hansville, Suquamish, Indianola
- ◇ Dorothy Siskin, special education director, 360-394-2600

Olympic College

Adaptive Technology.....360-475-7510
 Access Services360-475-7540
 1600 Chester Ave., Bremerton WA 98337
 AccessServices@olympic.edu
 oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

Olympic ESD 114360-479-0993
 105 National Ave. N, Bremerton WA 98312
 oesd.wednet.edu

- ◇ serving the Olympic and Kitsap Peninsulas
- ◇ Special Programs Director, 360-478-6886
- ◇ Headstart and ECEAP, 360-478-6887

Seattle Central Community College

Seattle (V/TTY)206-587-4183
 seattlecentral.edu

- ◇ special support services
- ◇ contact: Al Souma, counselor

Seattle University, Center for Change

in Transition Services206-296-6494
 PO Box 222000, Seattle, WA 98122-1090
 seattleu.edu/ccts

- ◇ technical assistance and training provided to school districts addressing transition needs of students with disabilities

Special Education Parent Advisory Council (S.E.P.A.C)

specialservices.cksd.wednet.edu/sepac.htm

- ◇ Working partnership between parents educators and the special education community.
- ◇ Promotes awareness of student with special needs
- ◇ Contact Sharon Dommermuth at theupside@comcast.net

South Kitsap School District

Special Services Department360-443-3625

- ◇ serving: Port Orchard, Burley, Olalla, Manchester, Southworth, Sunnyslope, Gorst

- ◇ contact: Rita Reandeau, Special Education Director
- ◇ contact: Jerre Daniels-Hall, Early Childhood Coordinator, 360-443-3642

Special Education Technology Center..... 509-963-3350

cwu.edu/~setc/

Central Washington University

Mail stop 7413, 400 University Ave, Ellensburg, WA 98926

- ◇ a statewide project designed to assist school districts with the special technology needs of their students by providing technology resources that are otherwise difficult to find or access.

Superintendent of Public Instruction..... 360-725-6000

k12.wa.us

- ◇ health services 360-725-6040
- ◇ legal services 360-725-6133
- ◇ special education services 360-725-6075
TTY 360-664-3631
- ◇ transportation 360-725-6120
- ◇ ombudsman.....360-725-6075

Washington PAVE (V/TDD) 1-253-565-2266

6316 S. 12th St., Tacoma, WA 98465

washingtonpave.org

- ◇ parent-directed organization, information and training available to parents about the educational system for preschoolers and school age children with special needs
- ◇ workshops, referrals, and support

West Sound Technical Skills Center 360-473-0550

101 National Avenue N, Bremerton WA 98312

westsoundtech.com

wstinfo@wstsc.com

- ◇ serving all high school students; vocational training classes
- ◇ must be referred through high school

EMPLOYMENT/ COMMUNITY ACCESS

(also see **Governmental Supports**, page 17)

Able Opportunities, Inc. 360-638-0881(V/TTY)

P.O. Box 468, Hansville, WA 98340

ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent

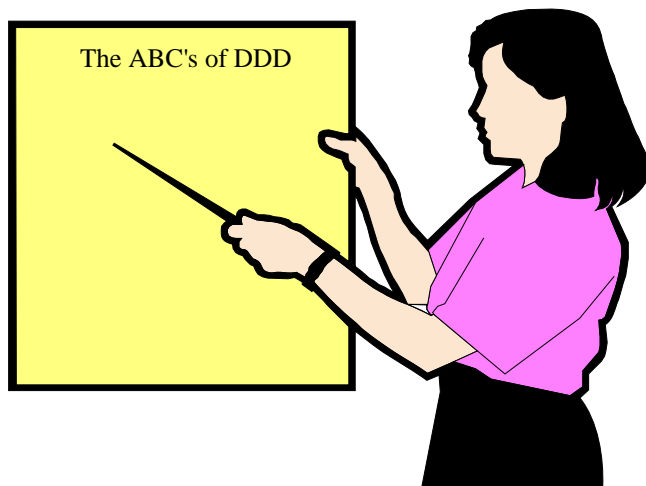
ACRONYMS

HO in italics following the definition stands for Healthy Options.

A A A A ...

- AAESPH American Association for Education Services of Severely and Profoundly Handicapped
- AAMC Association of American Medical Clinics *(HO)*
- AAMC Association of American Medical Colleges *(HO)*
- AAPCC Adjusted Average Per Capita Cost *(HO)*
- AAMD American Association of Mental Development
- AAPS American Association of Physicians and Surgeons *(HO)*
- AASA Aging and Adult Services Administration
- ACCH Association for the Care of Children's Health
- ACHS Association of Counties of Human Services—*state-wide county association which has a Developmental Disabilities core section*
- ADA American Dental Association *(HO)*
- ADA American Dietetic Association *(HO)*
- ADA Americans with Disabilities Act
- ADSA Aging and Disability Services Administration
- ADD Attention Deficit Disorder
- ADHD Attention Deficit-Hyperactive Disorder
- ADL Activities of Daily Living
- AES Adult Employment Service
- AFDC Aid to Families with Dependent Children—*now TANF (1997 Welfare Reform)*
- AGPA American Group Practice Association *(HO)*
- AHA American Hospital Association *(HO)*
- AHCPR Agency for Health Care Policy and Research *(HO)*
- AHEC American Health Education Center *(HO)*
- AIDS Acquired Immune Deficiency Syndrome
- ALIVE Alternatives to Living in a Violent Environment
- AMA American Medical Association *(HO)*
- ANA American Nurses Association *(HO)*
- ANHA American Nursing Homes Association *(HO)*
- AOA American Optometric Association *(HO)*
- AOA American Osteopathic Association *(HO)*
- APA Administrative Procedures Act *(HO)*
- APA American Pharmaceutical Association *(HO)*
- APHA American Protestant Hospital Association *(HO)*
- APHA American Public Health Association *(HO)*
- APS Adult Protective Services
- ARC Advocacy for the Rights of Citizens with Disabilities

The ABC's of DDD



***A listing of
Acronyms and Phrases
frequently used
in conjunction with
Developmental Disabilities
and Healthy Options***

- ◇ living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss
- ◇ contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>
- ◇ all services available in ASL, American Sign Language.

Bainbridge Island Youth Services206-842-9675

PO Box 11173, Bainbridge Island WA 98110
bainbridgeyouthservices.org

- ◇ job referrals, counseling, serves young people ages 12-20, must live on the Island or North Kitsap
- ◇ Contact: Lori Midthun, Executive Director

Cares of Washington360-377-1502

2817 Wheaton Way, Suite 209, Bremerton, WA 98310
caresofwa.org

- ◇ short and long-term individual supported employment and community access services

Easter Seals Washington360-373-2502

1740 NE Riddell Rd, Suite 315, Bremerton WA 98310
wa.easterseals.com

- ◇ supported individual employment, community access services
- ◇ contact: Shannon Carlson, Director of Workforce Development

Holly Ridge Center360-373-2536

5112 NW Taylor Rd, Bremerton WA 98312
mearl@hollyridge.org
hollyridge.org

- ◇ supported group and individual employment, job placement and retention services
- ◇ contact: Melinda Earl, AES program manager

Kitsap Applied Technologies360-377-5454

4195 Wheaton Way, Bremerton WA 98310
info@katkitsap.org
katkitsap.org

- ◇ sheltered, group supported and individual supported employment, community access

Kitsap Community Resources360-478-2301

845 8th St., Bremerton WA 98337

- ◇ employment and training, community service
- ◇ AmeriCorp 360-473-2015
- ◇ South Kitsap Family Service Center - WorkSource affiliated 360-473-2144

Kitsap County Personnel and Human Services

Job Line, Port Orchard.....360-337-7185

kitsapgov.com

- ◇ recorded employment information on jobs with Kitsap County

Pathways to Employment360-782-0495

P.O. Box 5203, Bremerton, WA 98312

865 6th St., Suite 370 and 380, Bremerton, WA 98337

- ◇ contact: Barbara Rinehardt, pspblr@yahoo.com
- ◇ contact: Heidi Stinebiser, pte@wavecable.com
- ◇ individual assessment, employment, job development, placement, and retention services

Pathways to Success/WorkSource360-337-4737

TTY360-337-4778

1300 Sylvan Way, Bremerton, WA 98310

oesd.wednet.edu

- ◇ academic support, job training, career development for youth ages 16-21

Peninsula Services360-479-6520

7500 Werner Road, Bremerton, WA 98312

peninsulaservices.org

- ◇ individual and group supported employment, vocational rehabilitation, job development and placement services

Positive Solutions.....360-373-5206

2817 Wheaton Way, Suite 209, Bremerton, WA 98310

psbrc.org

- ◇ benefits planning for SSI and SSDI recipients considering employment; SSI and SSDI work incentive workshops
- ◇ contact: Carol Wolf

Sound Works Job Center, Poulsbo360-779-1160

PO Box 2019, Poulsbo WA 98370

homepages.donobi.net/soundworks

- ◇ non-profit employment services, employment resources, job listings

Washington Initiative for Supported Employment

WiSe.....206-343-0118

100 South King St, Suite 260, Seattle WA 98104

theinitiative.ws

- ◇ dedicated to expanding employment opportunities for people with developmental disabilities
- ◇ training, technical assistance, informational resources

2600 Martin Way, Suite F, Olympia WA 98504-8314

- ◇ legislative information, grants, education

Washington State

Father's Network.....425-747-653-4286

fathersnetwork.org

- ◇ support, information, resources for fathers of children with special health care needs and/or developmental disabilities

Washington State

Legislative Hotline..... 1-800-562-6000

P O Box 40600, Olympia, WA 98504

leg.wa.gov

Washington Talking Book

and Braille Library1-800-542-0866

wtbbl.org

2021 9th Avenue, Seattle WA 98121

- ◇ serves the entire state

Trips, Inc......1-800-686-1013
tripsinc.com

- ◇ all inclusive vacation packages for travelers with developmental disabilities

**U.S. Dept. of Housing and Urban Development,
Fair Housing Enforcement** 1-800-877-0246
TTY 206-220-5185
909 First Ave., Suite 205, Seattle, WA 98104
hud.gov/fairhousing

- ◇ handles complaints related to housing discrimination

**U.S. Department of Justice,
ADA Homepage**..... 1-800-514-0301
TTY 1-800-514-0383
ada.gov

**U.S. Department of Justice,
Equal Employment Opportunity Commission,
(EEOC)** 1-800-669-4000
TTY 1-800-669-6820
eeoc.gov

- ◇ interprets and enforces employment regulations of the ADA

**Washington Department of
Services for the Blind**..... 1-800-552-7103
dsb.wa.gov

- ◇ vocational rehabilitation, training, independent living program, assistive technology training, family services

**Washington PAVE Parent-to-Parent
Training Project** 1-800-572-7368
wapave.org

**Washington Sensory Disabilities Services
(V/TTY)** 1-800-572-7000
wsds@psed.org
wsdsonline.org

- ◇ deaf/hard of hearing, blind/visually impaired, deaf/blind

**Washington State Developmental
Disabilities Council**..... 1-800-634-4473
ddc.wa.gov

**Washington State Employment Security Dept,
Employment Support Project**.....360-337-4760
1300 Sylvan, Bremerton WA 98310

- ◇ individual training and employment assistance for individuals with developmental disabilities
- ◇ contact: Doug Breese, program manager

Work Equation (V/TTY)360-692-2061
Toll Free 1-866-475-2061
PO Box 211, Silverdale, WA 98383

- ◇ short-term individual supported employment

WorkSource.....360-337-4810
TTY360-792-2179
1300 Sylvan Way, Bremerton, WA 98312
kitsapgov.com

- ◇ job listings, career exploration and resume software, job skills workshops, career counseling

GOVERNMENTAL SUPPORTS

**Department of Social and Health Services (DSHS),
Community Services Office**.....360-473-2200
4710 Auto Center Blvd, Bremerton, WA 98312

- ◇ food stamps, financial and medical assistance877-501-2233
- ◇ licensed adult family homes, referrals360-473-2299

DSHS, Adult Protective Services 1-888-833-4925
Fax360-478-6467

- ◇ investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Aging and Disability Services
Administration** 360-725-2300
Toll Free 1-800-422-3263
PO Box 45600, Olympia, WA 98504
adsa.dshs.wa.gov

**DSHS, Division of Children and Family Services,
Child Protective Services**360-475-3688
Toll Free 1-800-423-6246

- ◇ primary intake point for requesting services, information and

referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18.

DSHS, Division of Developmental

Disabilities (DDD) 360-475-3490

Toll Free 1-800-735-6740

3423 6th St., Bremerton, WA 98312

dshs.wa.gov/ddd

- ◇ intake, information and referral, case/resource management, residential, community and employment supports, eligibility assessments for personal care services

**DSHS, Division of Vocational
Rehabilitation (DVR)**

◇ Silverdale.....360-698-4360

3888 NW Randall Way, Ste 101, Silverdale WA 98382

dshs.wa.gov/dvr

- ◇ post high school assessment, education, placement, training, eligibility for services, referrals, case management, employment training and assistance

DSHS, Health and Recover Services.... 1-800-562-3022

PO Box 45505, Olympia, WA 98504

hrsa.dshs.wa.gov

DSHS, Working Connections

Childcare.....360-473-2200

4710 Auto Center Blvd., Bremerton, WA 98312

del.wa.gov

- ◇ childcare subsidy for working parents
- ◇ contact agency for eligibility and program requirements

Frances Haddon Morgan Center 360-475-3480

3423 6th St., Bremerton WA 98312

- ◇ small state residential/rehabilitation facility supporting persons with autism

Kitsap County

Developmental Disabilities.....360-337-4624

614 Division St . MS-23, Port Orchard WA 98366

koneal@co.kitsap.wa.us

kitsapgov.com

- ◇ funding for day and employment programs; responsible for community plan; advocacy; coordination of services
- ◇ contact: Kelly Oneal, DD Coordinator

National Organization for Albinism 1-800-473-2310

albinism.org

National Organization for

Rare Disorders, Inc 1-800-999-6673

rarediseases.org

National Organization

on Fetal Alcohol Syndrome 1-800-666-6327

nofas.org

National Rehabilitation Information

Center 1-800-346-2742

TTY 301-459-5984

naric.com

National Reyes Syndrome

Foundation..... 1-800-233-7393

reyessyndrome.org

National Spinal Cord Injury Association

National Office..... 1-800-962-9629

spinalcord.org

National Tuberosus

Sclerosis Alliance..... 1-800-225-6872

tsalliance.org

Retinitis Pigmentosa Association 1-818-992-0500

rpinternational.org

Self Advocates of Washington,

Kitsap.....360-550-8365

- ◇ self-advocacy groups for people with developmental disabilities
- ◇ contact: Marcie Turnbull

Sickle Cell Disease

Association of America 1-800-421-8453

sicklecelldisease.org

TASH 202-263-5600

tash.org

- ◇ International membership association promoting equity, opportunity and inclusion for people with developmental disabilities.

Tourettes Syndrome Association 718-224-2999

tsa-usa.org

Lyme Foundation

Info Hotline 1-800-886-5963
lyme.org

March of Dimes Birth Defects

Foundation..... 1-206-624-1373
1904 3rd, Suite 230, Seattle WA 98101
marchofdimes.com/washington

National Aids Information Clearing House

Toll Free 1-800-458-5231
TTY 1-800-243-7012
cdc.gov

◇ to order printed materials, 1-800-458-5231

National Alliance of Blind Students 1-800-424-8666

acb.org

National Association for Parents of Children

with Visual Impairments 1-800-562-6265
napvi.org

National Center for Stuttering 1-800-221-2483

stuttering.com

National Down

Syndrome Congress 1-800-232-6372
Fax 770-604-9898
ndscenter.org

National Down Syndrome Society 1-800-221-4602

ndss.org

National Easter Seal Society, Inc. 1-800-221-6827

easterseals.com

National Institute of Health 301-496-4000

nih.gov

National Institute of Neurological

Disorders and Stroke 1-800-352-9424
ninds.nih.gov

◇ call for publications

National Multiple Sclerosis Society 1-800-344-4867

192 Nickerson Suite 100, Seattle WA 98109
nmss.org

Social Security Administration 1-800-772-1213

9594 Mickleberry Rd. NW, Silverdale, WA 98383
socialsecurity.gov

◇ financial assistance; Social Security Income (SSI) disability and Social Security Disability Insurance (SSDI)

Washington State Information 1-800-321-2808

access.wa.gov

◇ provides number for any state agency in Washington State

GUARDIANSHIP SERVICES

Arc of Kitsap/Jefferson County 360-377-3473

3243 N. Perry Ave., Bremerton WA 98310
arckj.org

Hoehnen Foundation 360-271-6169

◇ non-profit corporation providing guardianship services for people with disabilities
◇ contact: Sue Pritchard

Lifetime Advocacy Plus 206-367-8055

Fax 206-367-8353
444 NE Ravena Blvd., Suite 208, Seattle WA 98115
laplus.org
laplus@laplus.org

◇ provides guardianship and trust management

HOUSING/LIVING ASSISTANCE

Bremerton Housing Authority 360-479-3694

4040 Wheaton Way, Bremerton WA 98310
bremertonhousing.org

◇ applications for public housing, housing for people with disabilities, home ownership programs

Catholic Social Services Benedict House,

Single Men's Shelter 360-405-9486
Toll Free 1-866-246-3642

◇ contact for eligibility requirements and available program services

City of Bremerton 360-473-5275

ci.bremerton.wa.us

- ◇ down payment assistance program for first time, income eligible home buyers; home rehabilitation program
- ◇ contact program for eligibility requirements

Communitas360-377-7231
 920 Park Ave., Bremerton WA 98337
 communitas.org

- ◇ group homes, apartment programs, tenant support; recreational support, serves adults over 18 years of age

Habitat for Humanity of Kitsap County360-479-3853
 811 Veneta, PO Box 5347, Bremerton WA 98312-0516
 kitsaphabitat.org

Housing Resources Board (HRB).....206-842-1909
 PO Box 11391, Bainbridge Island, WA 98110
 housingresourcesboard.org

- ◇ non-profit agency that provides transitional housing, emergency rental assistance and low income/subsidized housing to income eligible individuals and families on Bainbridge Island
- ◇ independent living program that provides health and safety related home modifications to income qualified individuals

Kitsap Community Resources360-377-0053
 1201 Park Ave., Bremerton WA 98337
 kcr.org

- ◇ housing assistance, transition housing, weatherization
- ◇ energy assistance, 479-1507

Kitsap County Consolidated Housing Authority360-535-6100
 9307 Bayshore Dr. NW, Silverdale WA 98383
 kccha.com

- ◇ applications for public housing; housing for people with disabilities, home ownership programs

Kitsap Residences, Port Orchard360-876-1470
 2505 Mile Hill Drive, Suite B-21, Port Orchard, WA 98366

- ◇ apartment programs, tenant support, community integration, recreational support for persons with developmental disabilities.

Genetic Counseling

- ◇ Children's Hospital & Medical Centers, Seattle206-987-2000 (ask for genetic counseling dept.) seattlechildrens.org
- ◇ University Hospital, Seattle.....206-598-3300 (ask for genetic counseling dept.) uwmedicine.org
- ◇ Mary Bridge Children's Hospital, Tacoma.....253-403-3476 (ask for genetic counseling dept.), multicare.org

Governor's Committee on Disability Issues and Employment360-438-3168
 PO Box 9046, Olympia, WA 98507-9046

HIV and AIDS Hotline 1-800-458-5231
 cdcnpin.org
 TTY 1-800-243-7012

Human Growth Foundation.....1-800-451-6434
 hgfound.org

Hydrocephalus Association888-598-3789
 hydroassoc.org

International Association Of Assistance Dog Partners586-826-3938
 iaadp.org

International Rett Syndrome Foundation
 Information and Resources 1-800-818-7388
 rettsyndrome.org

Job Accommodation Network.....1-800-526-7234
 jan.wvu.edu

- ◇ information on adaptive devices, accommodations, ADA for the workplace

Journey: A Grief Support Program..... 206-987-2062
 seattlechildrens.org/clinics-programs/grief-and-loss

- ◇ Social Work Department, Children's Hospital and Medical Center

Learning Disabilities Association (LDA) of WA
 Information and Referral.....425-882-0820
 ldawa.org

Lifetime Advocacy Plus206-367-8055
 laplus.org

- ◇ provides guardianship and trust management

Brain Injury Association of Washington 1-877-842-1766
 biawa.org
 3516 S. 47th St., Suite 100, Tacoma WA 98409

Children’s Tumor Foundation.....1-800-323-7938
 ctf.org

Cleft Palate Foundation..... 1-800-242-5338
 cleftline.org

Cochlear Implant Information - Nucleus Hotline 1-800-523-5798
 cochlear.com

Cornelia de Lange Syndrome Foundation..... 1-800-223-8355
 cdsusa.org

Cystic Fibrosis Foundation..... 1-800-344-4823
 cff.org

Described Caption and Media Program.....1-800-237-6213
 TTY 1-800-237-6819
 dcmp.org

Devereux Foundation 1-800-345-1292
 devereux.org

Disability Rights Washington 1-800-562-2702
 TTY 1-800-905-0209
 315 5th Ave. S., Suite 850, Seattle, WA 98104
 disabilityrightswa.org

◇ advocacy, legal information

Easter Seals Washington 1-800-678-5708
 wa.easterseals.com

Epilepsy Foundation Northwest206-547-4551
 Toll Free 1-800-752-3509
 2311 N 45th St, #134, Seattle, WA 98103-6905
 epilepsyfoundation.org

Kitsap Tenant Support Services (KTSS)360-373-4173
 3331 Kitsap Way, Suites A & C, Bremerton WA 98312
 kitsaphomecare.com

◇ assisted living alternatives, supported living assistance and recreational support for persons with developmental disabilities.

Max Hale Center360-792-2117
 285 5th Street, Bremerton WA 98337

◇ non-emergency, permanent housing for homeless and income-eligible persons

St. Vincent De Paul360-479-7017

◇ women’s shelter, contact for eligibility requirements

Washington Telephone Assistance Program

◇ discounts on monthly services and connection fees

◇ contact your residential phone service provider for eligibility requirements

INFORMATION AND REFERRAL

Crisis Clinic of the Peninsulas.....360-479-3033
 Toll Free 1-800-843-4793

◇ comprehensive community resource information

◇ listening ear, crisis intervention

Kitsap County, Domestic Violence Task Force360-373-5392
 PO Box 48, Bremerton, WA 98337
 kcdvtf.org

◇ education, information, and training on DV issues

◇ lending library, resource referrals

Kitsap County Parent Coalition360-769-2220
 Toll Free 1-800-347-7387
 4619 Basswood Ct. SE, Port Orchard, WA 98366
 parentcoalition@KITSAP-WA.org
 kitsap-wa.org

◇ information and referral, monthly newsletter

Kitsap Regional Library.....360-405-9100
 1301 Sylvan Way, Bremerton WA 98310
 krl.org

◇ local and national resource database

**Learning Disabilities Association
of Washington**425-882-0820

ldawa.org

- ◇ referrals to individual physicians (no recommendations or endorsements), information

**Lutheran Community Services
Northwest/Parent Line** 1-800-300-1247

lcsnw.org/parentline

- ◇ Child care resource and referral services

Senior Information and Assistance.....360-337-5700

1026 Sidney, Port Orchard, WA 98366

- ◇ information and referral for senior programs and services

Peninsula 211211

win211.org

- ◇ community and state-wide information and referral assistance

Washington PAVE.....1-800-5-PARENT

wapave.org

6316 S 12th St., Tacoma WA 98465

- ◇ comprehensive listing of state and national phone numbers for many disabilities and disability issues

LEARNING DISABILITIES

Front Street Clinic.....360-697-1141

20174 Front St., PO Box 1611, Poulsbo WA 98370

Coppertop Loop, Suite B, Bainbridge Island WA 98110

- ◇ testing for learning disabilities

Hope Clinic360-698-2390

9633 Levin Rd NE, Suite 201, Silverdale WA 98383

hopecliniconline.com

- ◇ free testing for learning disabilities

Learning Disabilities Online

ldonline.org

- ◇ web-based information and resource site related to learning disabilities

**WASHINGTON STATE/NATIONAL
ADVOCACY/DISABILITY SUPPORT**

Alexander Graham Bell Association

For the Deaf and Hard of Hearing ..202-337-5220

TTY202-337-5221

agbell.org

American Association on Intellectual and

Developmental Disabilities..... 1-800-424-3688

aamr.org

American Council of the Blind

National Office.....1-800-424-8666

acb.org

American Speech-Language-Hearing Association

Action Center 1-800-638-8255

asha.org

Arc of the United States 1-800-433-5255

thearc.org

Arc of Washington State360-357-5596

Toll Free 1-888-754-8798

2638 State Ave NE, Olympia, WA 98506

arcwa.org

Autism Society of America..... 1-800-328-8476

autism-society.org

Autism Society of Washington.....1-888-279-4968

autismsocietyofwa.org

Batten's Disease Support Research Association

Toll Free 1-800-448-4570

bdsra.org

Boys Town,

National Research Hospital402-498-6511

TTY402-498-6543

boystownhospital.org

babyhearing.org

Brain Injury Association

Family Helpline 1-800-444-6443

biausa.org

Paratransit Services360-377-7007
 Toll Free 1-800-756-5438
 TDD (toll-free) 1-800-934-5438
 4810 Auto Center Way, Suite Z, Bremerton WA 98312
 paratransit.net

- ◇ door-to-door wheelchair and special needs transportation
- ◇ Medicaid, private pay

VOLUNTEERS

**Directors of Volunteers
 in Agencies (DOVIA)**360-377-3761
 811 Pacific Avenue, Bremerton WA 98337

- ◇ contact: Kelly Finch, ext. 10207

Lutheran Community Services NW360-377-5511
 Toll Free 1-800-378-5771
 830 Pacific Ave., Suite 101, Bremerton WA 98337
 lcsnw.org

- ◇ RSVP—senior volunteers, 55 and over
- ◇ senior outreach services/adult day care

Volunteer Action Center, United Way360-377-8505
 647 4th St., Bremerton WA 98337
 unitedwaykitsap.org

Volunteer Chore Service360-405-0072
 Toll Free 1-866-246-3642
 2525 6th St, Suite D, Bremerton WA 98337

- ◇ assists low-income elderly and disabled in their homes
- ◇ provides services such as house cleaning, transportation, yard care, home repair, etc.
- ◇ contact: Donna Jones, ext. 26

**Volunteers of America, Western Washington
 Mentoring Children of Promise**425-259-3191
 voaww.org

- ◇ mentoring program that matches volunteers with children between 5-15, child must have a parent who is incarcerated or under DOC supervision

LEGAL

Derifield Law Office206-226-6891
 P.O. Box 1459, Poulsbo WA 98370
 derifieldlaw.com
 info@derifieldlaw.com

- ◇ Assists clients in obtaining SSDI, SSI and child's disability benefits

Disability Rights Washington1-800-562-2702
 TTY1-800-905-0209

disabilityrightswa.org
 info@dr-wa.org

- ◇ legal and information services

**Dispute Resolution Center of
 of Kitsap County**360-698-0968
 9004 Washington Ave., Silverdale, WA 98383
 kitsapdrc.org

- ◇ mediation and conciliation, and problem-solving services

Kitsap Legal Services360-479-6125
 920 Park Avenue, Bremerton 98337
 kitsaplegalservices.org

- ◇ legal referral, works in conjunction with the NW Justice Project

Landlord/Tenant Dispute Information360-479-1683
 645 4th St., Bremerton, WA 98337

- ◇ information on legal rights and responsibilities for tenants and landlords

NW Justice Project, CLEAR Hotline 1-888-201-1012
 TTY 1-888-201-1014
 nwjustice.org

- ◇ free legal referral and information services

**U.S. Dept. of Housing and Urban Development,
 Fair Housing Enforcement** 1-800-877-0246
 TDD206-220-5185
 909 First Ave., Suite 205, Seattle, WA 98104-1000
 hud.gov/local

- ◇ handles complaints related to housing discrimination

**U.S. Dept. of Justice,
 Equal Employment Opportunity Commission,**

(EEOC) 1-800-669-4000
TDD..... 1-800-669-6820
eoc.gov

- ◇ interprets and enforces employment regulations of the ADA

Washington Lawhelp

washingtonlawhelp.org

- ◇ Web-based legal information site

Washington State Developmental Disabilities

Endowment Trust Fund..... 1-888-754-8798
arcwa.org

- ◇ special needs trust accounts for individuals with developmental disabilities
- ◇ state matching funds available

YWCA, Bremerton/Port Orchard.....360-479-0522
905 Pacific Ave, Bremerton WA 98337
ywca@donobi.net

- ◇ legal and family advocacy

MEDICAL/DENTAL

Basic Health Plan..... 1-800-660-9840
basichealth.hca.wa.gov

- ◇ Washington State low-cost insurance

HealthCare for Workers

with Disabilities (HWD) 1-800-871-9275
dshs.wa.gov

- ◇ medical state program that allows workers with disabilities to purchase Medicaid coverage

Kitsap County

Health District.....360-337-5235
345 6th St., Suite 300, Bremerton, WA 98337
kitsapcountyhealth.com

- ◇ immunization, public health nurse, children with special health care needs

Kitsap County Medical Society.....360-698-2928
kcmedical.org

- ◇ county-wide referral line to Kitsap County physicians, grievance committee, mediation services

Logan Magazine

loganmagazine.com

Laurie@loganmagazine.com

- ◇ a glossy publication for young people with disabilities

Washington Assistive

Technology Act Program..... 1-800-214-8731
(TTY) 1-866-866-0162

uwat@u.washington.edu

Web: <http://watap.org>

- ◇ research, education, and advocacy related to assistive technology and accessible information systems

TRANSPORTATION

Angel Flight West..... 1-888-426-2643
angelflightwest.org

- ◇ plane ride to and from medical visits for people in need

Around the Sound

Transportation Specialists253-858-7088
Toll Free 1-800-600-8043

around-the-sound.net

dispatch@around-the-sound.net

- ◇ door to door service, wheelchair accessible vehicles
- ◇ Medicaid, private pay, group trips and excursion services available
- ◇ serves Kitsap, Jefferson, Clallam, King, Pierce and Mason counties

Kitsap Transit360-373-2877
Toll Free 1-800-501-7433

kitsaptransit.org

60 Washington Ave, Suite 200, Bremerton, WA 98337

Kitsap Transit Access

Reservations360-479-7272
Toll Free 1-800-422-2877
TDD360-377-9874

kitsaptransit.org

60 Washington Ave, Suite 200, Bremerton, WA 98337

- ◇ door-to-door bus service for individuals with disabilities, at discount rates; monthly bus passes
- ◇ Passenger Advisory Committee (PACT), (same phone numbers)

- ◇ ALIVE shelter for women and children who are victims of domestic violence
- ◇ legal advocacy, support groups and youth services

TECHNOLOGY/LITERATURE

AbleNet, Inc 1-800-322-0956

ablenetinc.com
accessibility@apple.com

- ◇ products and services for people with disabilities

Apple Computer, Inc 1-800-767-2775

apple.com/accessibility

- ◇ innovative solutions for people with disabilities

Brookes Publishing 1-800-638-3775

brookespublishing.com

- ◇ resource for texts, videos, guidebooks, curricula and tools based on research in disabilities, child development and education

Center for Applied

Special Technology.....781-245-2212

TTY781-245-9320

cast.org

Community Services for the

Blind and Partially Sighted..... 1-800-458-4888

9709 Third Avenue NE #100, Seattle, WA 98115-2027

csbps.com

Enabling Devices 1-800-832-8697

enablingdevices.com

Harris Communication..... 1-800-825-6758

TTY 1-800-825-9187

harriscomm.com

- ◇ products for deaf and hard of hearing

Hearing, Speech and Deafness Center (HSDC)

(voice)206-323-5770

(TTY).....206-388-1275

1625 19th Ave., Seattle, WA 98122

hcdc.org

- ◇ communication devices for Deaf and hard of hearing
- ◇ ALDs for conferences or meeting

ABC Dental360-373-3487

4207 Wheaton Way, Suite C, Bremerton, WA 98310

- ◇ accepts Medicaid coupons

Peninsula Community Health Centers360-377-3776

616 6th Street, Bremerton WA 98337

320 S Kitsap Blvd., Port Orchard WA 98366, 360-876-7215

19917 7th Ave, Suite 205, Poulsbo WA 98370, 360-779-1963

pchsweb.org

- ◇ medical/assistance, dental services for children under 19 (at the Bremerton clinic only), sliding fee schedule

Sexual Assault Nurse Examiner (S.A.N.E.)

24 Hr. On-Call Service.....360-792-6710

Toll Free 1-800-281-4024

Harrison Hospital, 2520 Cherry, Bremerton, WA 98310

- ◇ medical services, assistance and exams to victims of sexual assault
- ◇ information, support and referral

Washington

Apple Health for Kids.....360-337-5246 ext 6632

dshs.wa.gov/applehealth

- ◇ a Washington State initiative aimed at streamlining applications for children's medical insurance
- ◇ administered locally by the Kitsap County Health District

University of Washington, DECODE Clinic

dental.washington.edu/disability

- ◇ on-line referral for dental treatment, prevention and rehabilitation

Vision USA..... 1-800-766-4466

aoa.org

visionusa@aoa.org

- ◇ free eye exam to qualified applicants

MENTAL HEALTH SERVICES/SUPPORTS

Autism and Behavior Consulting.....360-731-7728

nancydavisabc@msn.com

- ◇ consulting and intervention for those facing Autism Spectrum Disorder
- ◇ TriWest, ECHO provider
- ◇ Nancy Davis, MS, BCBA (Board Certified Behavior Analyst)

Bridges Mental Health

Ombuds Service360-692-1582

9004 Washington Ave NW, Silverdale, WA 98383
ombuds@kitsapdrc.org
kitsapdrc.org

- ◇ advocacy for persons who are receiving or eligible to receive publicly funded mental health services

Bridges to Parent Voice360-692-1582

Toll Free 1-888-377-8174

P.O. Box 3995, Silverdale, WA 98383
parentvoice@kitsapdrc.org

- ◇ support groups for parents of children with challenging behaviors/ mental health issues, workshops, resource information

Courage to Heal Counseling Services360-779-4880

18732 Ness Pl NE, Poulsbo, WA 98370

- ◇ serves children and adults, sliding fee scale

Crisis Clinic of the Peninsulas360-479-3033

Toll Free 1-800-843-4793

crisisclinicofthepeninsulas.org

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

Lou-Ann Lauborough, LICSW360-876-5483

1730 Pottery Ave, Suite 120, Port Orchard, WA 98366

- ◇ Counseling and consultation services for individuals with developmental disabilities

Kitsap Mental Health

5455 Almira Dr. NE, Bremerton, WA 98312
kitsapmentalhelath.org

Intake/Access360-405-4010

Children and Family Services360-479-4994

Adult Services360-373-7049

Emergency Crisis Services360-373-3425

- ◇ comprehensive mental health services

Kitsap Sexual Assault Center360-479-1788

Crisis/Support 24 hr. Hotline360-479-8500

P.O. Box 1936, Port Orchard, WA 98366

- ◇ information, crisis intervention, counseling, support groups, legal and medical advocacy

9729 Silverdale Way, Silverdale, WA 98383

kitsapgov.com/altc

- ◇ respite provided to informal, unpaid caregivers, contact program for eligibility criteria

- ◇ resource library, counseling, information and referral

Cascade Recovery Center360-698-7267

9095 McConnel Rd., Silverdale, WA 98383

- ◇ substance abuse outpatient programs, aftercare services

Kitsap Recovery Center360-337-4625

1975 NE Fuson Road, Bremerton, WA 98311

- ◇ substance abuse in-patient services

- ◇ outpatient services, detox

Literacy Council of Kitsap County360-373-1539

616 5th St., Bremerton WA 98337

info@kitsapliteracy.org

kitsapliteracy.org

- ◇ individual tutoring in reading skills

- ◇ computer labs, year round GED preparation classes, ESL

Lutheran Community Services NW360-377-5511

Toll Free 1-800-378-5771

645 4th St., Suite 202, Bremerton WA 98337

lcsnw.org

- ◇ respite services for caregivers, home care

Multiple Sclerosis Support Group360-479-1324

- ◇ meets third Wednesday of month, noon to 2 p.m.

- ◇ leader: Sharon Barley

The Parenting Place360-876-9430

1201 Park Ave., Bremerton, WA 98337

kcr.org

- ◇ parenting classes

West Sound Treatment Center360-876-9430

1415 Lumsdem Road, Port Orchard WA 98366

- ◇ out-patient substance abuse program

YWCA, Bremerton/Port Orchard360-479-0522

ALIVE, 24 Hr. Hotline1-800-500-5513

Bainbridge Island/North Kitsap206-780-2931

P.O. Box 559, Bremerton, WA 98337

Special Olympics.....1-800-752-7559

sowa.org

2150 N. 107th St., Suite 220, Seattle, WA 98133

- ◇ In Kitsap County contact: Barbara Pool, 360-692-4329 or b_pool@hotmail.com

Washington

Apple Health for Kids.....360-337-5246 ext 6632

dshs.wa.gov/applehealth

- ◇ a Washington State initiative aimed at streamlining applications for children’s medical insurance
- ◇ administered locally by the Kitsap County Health District

Washington Elks Therapy.....1-800-825-3557

waelks.net

- ◇ Children’s occupational and physical therapy services

Washington PAVE 253-565-2266

Toll Free.....1-800-572-7368

wapave.org

- ◇ Facilitates a variety of programs for children with special needs and their families.

Washington Sensory Disability Services

Toll Free (V/TTY)1-800-572-7000

C/o Puget Sound ESD, 800 Oaksdale Ave. SW, Renton, WA 98055

wsdsonline.org

wds@psesd.org

- ◇ assists children who are deaf or hard of hearing, blind or visually impaired, or deaf-blind, by providing training and other support to families and service providers.

SUPPORTS (General Community)

Agape Unlimited 360-373-1529

5464 Kitsap Way, Bremerton WA 98312

agapekitsap.org

- ◇ state-certified chemical dependency out-patient treatment facility
- ◇ on-site child care
- ◇ transitional housing
- ◇ everything from intensive out-patient counseling to after care

Caregiver Support Center and

Caregiver Respite 360-337-5700

Toll Free.....1-800-562-6418

NAMI, Kitsap County 360-377-2910

Affiliate of National Alliance for the Mentally Ill

- ◇ advocacy, education, information and referral
- ◇ support groups, call for meeting times and location

Peninsula Regional Support Network..... 360-337-4886

Toll Free 1-800-525-5637

614 Division St., MS-23, Port Orchard, WA 98366

- ◇ plans and administers state funded programs for children and adults with persistent and severe mental illness in Kitsap, Jefferson and Clallam counties, direct services provided by contracted vendors.

YWCA, Bremerton/Port Orchard 360-479-0522

ALIVE, 24 Hr. Hotline.....1-800-500-5513

Bainbridge Island/North Kitsap 206-780-2931

P.O. Box 559, Bremerton, WA 98337

- ◇ ALIVE shelter for women and children who are victims of domestic violence
- ◇ legal advocacy, support groups and youth services

MILITARY SUPPORTS

Disabled American Veterans

Chapter No. 5 360-373-2397

2315 Burwell Street, Bremerton WA 98312

- ◇ resources, information, newsletter

Kitsap County Parent Coalition..... 360-769-2220

Toll Free 1-800-347-7387

- ◇ information and referral for military programs and services

Madigan Army Medical Center 253-968-1110

Bldg 9040 Fitzsimmons Dr. , Tacoma, WA 98431

mamc.amedd.army.mil

Naval Hospital Bremerton..... 360-475-4000

Toll Free 1-800-422-1383

Exceptional Family Member

Program.....360-475-4000

Social Work Department..... 360-475-4483

Navy Relief Society

Bangor.....360-396-6704
PSNS360-377-0602

- ◇ family assistance, interest free loans or grants for emergency needs to active duty and retired navy/marine corps families/dependents

Navy Sexual Assault Prevention and Response (SAPR).....360-315-3075

sharlyne.hays@navy.mil

- ◇ advocacy, information, referral and counseling for victims of sexual assault
- ◇ assistance with obtaining civilian and military protective orders

**Specialized Training for Military Parents, PAVE/STOMP(V/TDD).....253-565-2266
Toll Free.....1-800-572-7368**

wapave.org
stomp@wapave.org

Tri-Care.....1-800-748-7347

tricare.osd.mil

- ◇ program for individuals with disabilities

Victim Support Specialist for Domestic Violence360-315-3074

- ◇ legal advocacy, crisis intervention, safety planning and intervention
- ◇ assistance in obtaining civilian and military protection orders
- ◇ contact: Susan Dewees

West Sound Fleet and Family Support Centers

Bangor.....360-396-4115
navylifepnw.com

- ◇ general social services for families or Navy personnel

PERSONAL/RESPIRE CARE

AAA Residential Services, Inc.....360-204-2388

851 6th St, Suite 135, Bremerton WA 98312

- ◇ in home care, Medicaid Personal Care and respite for children and adults with developmental disabilities.
- ◇ contracted with the Division of Developmental Disabilities

Care Plus Home Health.....360-373-8016

Kitsap County

Family Resource Coordination360-373-2536

Toll Free 1-800-449-1660

5112 NW Taylor Rd. , Bremerton, WA 98312

kitsapicc.org

frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

Kitsap County Health District360-337-5235

kitsapcountyhealth.com

- ◇ offers parent/child health services

Lutheran Community Services

Northwest/Parent Line1-800-300-1247

lcsnw.org/parentline

- ◇ Child care resource and referral services

Olympic ESD 114 Head Start/ECEAP360-478-6887

Fax360-478-6869

105 National Ave. N, Bremerton WA 98312

oesd.wednet.edu

Paratransit Services360-377-7007

Toll Free 1-800-756-5438

paratransit.net

4810 Auto Center Way, Suite Z, Bremerton WA 98312

Port Gamble S'Kallam Tribe, front desk360-297-2646

Health Clinic360-297-2840

pgst.nsn.us

31912 Little Boston road NE, Kingston WA 98346

- ◇ early childhood programs, early headstart infant/toddler services
- ◇ headstart pre-school, extended day child care

Specialized Training for Military

Parents, PAVE/STOMP (V/TDD).....253-565-2266

Toll Free 1-800-572-7368

washingtonpave.org

Shriner's Hospital for Children,

shrinershq.org

National Information 1-800-237-5055

Portland.....503-241-5090

Spokane509-455-7844

3243 N Perry Ave., Bremerton WA 98310
arckj.org

Answers for Special Kids Line (ASK)... 1-800-322-2588
answersforspecialkids.org

- ◇ assists families with children who have special needs locate local and state resources

Bainbridge Island Park and Recreation District.....206-842-2306
biparks.org

- ◇ classes, recreational activities

Bremerton Parks and Recreation360-473-5305
ci.bremerton.wa.us

- ◇ classes, recreational activities

Camp Fire USA.....360-377-5513
campfire-usa.org

1109 Warren Ave., Bremerton WA 98337

- ◇ special sitters, special Saturday program

DSHS, Division of Developmental Disabilities.....360-475-3490
3423 6th St., Bremerton WA 98312
dshs.wa.gov/ddd

Easter Seals Washington 1-800-678-5708
TDD.....206-281-5700
wa.easterseals.com

Holly Ridge Center Infant Toddler Program360-373-2536
Toll Free 1-800-449-1660
5112 NW Taylor Rd., Bremerton WA 98312
hollyridge.org
itp@hollyridge.org

- ◇ Birth to three neurodevelopment clinic and pre-school serving children and families with special needs

Kitsap Community Resources Head Start/ECEAP360-473-2075
1201 Park Ave., Bremerton WA 98337
kcr.org

- ◇ countywide full day headstart and daycare
- ◇ wrap-around program option

1950 Pottery, #25, Port Orchard, WA 98366

- ◇ non-medical in-home personal care supports and respite services for children and adults with disabilities. Non-medical personal care supports to the elderly, nursing services available

Care Solutions.....360-692-3058
3423 NW Byron St., Silverdale, WA 98383

- ◇ home health and in-home care for individuals 18 and older
- ◇ accepts long term care health insurance and private pay

Caregiver Support Center and Caregiver Respite.....360-337-5700
Toll Free 1-800-562-6418
9729 Silverdale Way, Silverdale, WA 98383

- ◇ respite provided to informal, unpaid caregivers, contact program for eligibility criteria
- ◇ resource library, counseling, information and referral

Catholic Community Services.....360-792-2066
Toll Free 1-800-642-8019
285 5th St., Suite 3, Bremerton, WA 98337
ccsww.org

- ◇ long-term home care services
- ◇ volunteer chore services
- ◇ foster grandparents program

Communitas360-377-7231
920 Park Ave., Bremerton, WA 98337
communitas.org

- ◇ non-medical in-home personal care supports to adults with disabilities

Kitsap Home Care Services360-377-7307
Toll Free 1-888-449-9048
109 Olding Rd, P.O. Box 5209, Bremerton, WA 98312
kitsaphomecare.com

- ◇ non-medical personal care and respite services available to the elderly, children and adults with disabilities

Lutheran Community Services NW360-377-5511
Toll Free 1-800-378-5771
645 4th St, Suite 202, Bremerton, WA 98337
lcsnw.org

- ◇ Non-medical in-home personal care supports to the elderly and adults with disabilities

PROTECTION/SUPPORTS

DSHS, Adult Protective Services 1-888-833-4925

TTY 1-800-688-1169

Fax360-478-6467

- ◇ Investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Division of Children and Family Services,
Child Protective Services**360-475-3480

Toll Free 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18

Disability Rights Washington 1-800-562-2702

disabilityrightswa.org

- ◇ protection and advocacy for individuals with disabilities and /or mental illness

**Washington State Office of Long Term Care
Ombudsman Program V/TTY** 1-800-562-6028

ltcop.org

- ◇ protection and advocacy for individuals living in boarding homes, adult family homes, IMR's, congregate care facilities, and nursing homes.
- ◇ To report abuse call: 1-800-562-6078
- ◇ Kitsap County Ombuds, Gayle Helseth-Kenison, 360-337-5714

**Washington State Office of the Family and Children
Ombudsman** 1-800-571-7321

governor.wa.gov/ofco

- ◇ investigates complaints about an agency action or failure to act in cases involving : any child at risk of abuse or neglect; a child or family involved with child protection or child welfare services

RECREATION/LEISURE

Arc of Kitsap/Jefferson County360-377-3473

3243 N Perry Ave., Bremerton WA 98310

arckj.org

- ◇ Friday night dance/social for people with disabilities, classes

**Bainbridge Island Park
and Recreation District**206-842-2306

biparks.org

- ◇ classes, recreational activities

Bremerton Parks and Recreation360-473-5305

ci.bremerton.wa.us

- ◇ classes, recreational activities
- ◇ summer program integrating children with and without disabilities

Camp Fire USA.....360-377-5513

1109 Warren Ave., Bremerton WA 98337

campfire-usa.org

- ◇ integrated Special Saturday Club—fun activities and recreation for boys and girls

**Easter Seals Washington,
Camp Stand By Me**.....253-884-2722

17809 Vaughn Rd. KPN, Vaughn, WA 98394-0313

wa.easterseals.com

- ◇ camping, recreation

Outdoors for All206-838-6030

outdoorsforall.org

- ◇ year-round recreational activities

Poulsbo Parks and Recreation.....360-779-9898

19540 Front Street, Poulsbo, WA 98370

cityofpoulsbo.com/parks

- ◇ Classes and recreational activities

Special Olympics 1-800-752-7559

sowa.org

- ◇ ongoing participation in sporting events

YMCA, Bremerton.....360-377-3741

60 Magnuson Way, Bremerton, WA 98310

ymca.net

- ◇ variety of recreation and sports activities, membership assistance available

SERVICES FOR CHILDREN WITH SPECIAL NEEDS

Arc of Kitsap/Jefferson County360-377-3473