



PENINSULA RSN

CLINICAL POLICIES AND PROCEDURES

Policy Name: CRISIS PREVENTION PLAN STANDARDS **Policy Number:** 11.06

Reference: WAC 388-865-0430

Effective Date: 7/2007

Revision Date(s): 11/2010

Approved by: PRSN Executive Board

CROSS REFERENCES

- Policy: Advance Directives
- Policy: Corrective Action Plan

PURPOSE

The Peninsula Regional Support Network (PRSN) shall ensure that network providers complete a Crisis Prevention Plan (Crisis Plan) for any client who meets the established criteria.

PROCEDURE

Standards for the Individual Crisis Prevention Plan:

1. The need for a Crisis Prevention Plan will be determined at the Intake evaluation and at each 180 day Treatment Plan Review. The client and the primary clinician will work collaboratively on developing the Crisis Plan. Family members and other natural supports will be included in the development of the Crisis Plan as requested by the client.
 - The current Crisis Plan will be reviewed and updated, as necessary, at each Treatment Plan Review.
2. A Crisis Prevention Plan will be written for individuals who meet any one of the following criteria:

Adult clients who:

- Have had a psychiatric hospitalization in the previous two (2) years.

- Have current suicidal ideation or a suicide attempt within the previous two (2) years.
- Are currently a danger to others or have committed a violent act in the previous two (2) years.
- Have had an ITA evaluation in previous six (6) months.
- The Intake assessor or clinician indicates a Crisis Plan/ Prevention Plan is clinically appropriate.

Child clients who:

- Meet any one of the above criteria, or:
- The child's behaviors or living situation is at risk.

3. A Crisis Prevention Plan must address the following:
 - Early warning signs of decompensation or increasing psychiatric symptoms that are particular to the individual client.
 - Proactive and progressive measures to divert or prevent a crisis or psychiatric hospitalization.
 - Client's family and other supports' roles, directives, and responsibilities, (with the consent of the client.) and contact information.
 - A clearly defined progressive process that includes:
 - a. Specific steps the client will take when his or her symptoms begin to increase.
 - b. Specific steps or actions a client's family or significant others will take to assist the client (with client's consent.)
 - c. Intervention strategies the primary clinician and other care providers can employ to assist the client in averting a crisis.
4. The network providers will ensure agency staff receive adequate training in developing Crisis Plans, per these standards.
5. Clients' shall receive a copy of their current Crisis Plans, upon completion.
6. Through Profiler, a Crisis Plan shall be accessible to the agency crisis response teams and other staff responsible for responding to a crisis.

MONITORING

1. This policy is monitored through the use of the PRSN:
 - Annual PRSN Provider and Subcontractor Administrative Review
 - Monthly Provider Chart Reviews
 - Monthly Provider Crisis Chart Reviews

- Biennial Quality Review Team On-Site Review
 - Quality Management Plan activities, such as review targeted issues for trends and recommendations
 - QUIC review of utilization management and sentinel incidents trends
 - Consumers are asked about culturally appropriate service delivery through the MHSIP. The MHSIP is performed every two years
 - In addition, the Department monitors Washington Administrative Code (WAC) compliance during licensing and certification reviews
2. If a provider performs below expected standards during any of the reviews listed above a Corrective Action will be required for PRSN approval.