



PENINSULA RSN

CLINICAL POLICIES AND PROCEDURES

Policy Name: PRACTICE GUIDELINES

Policy Number: 11.14

Reference: 42 CFR 438.236; DSHS Contract

Effective Date: 8/2004

Revision Date(s): 11/2010

Approved by: PRSN Executive Board

CROSS REFERENCES

- Guidelines: Bi-polar Disease Condensed Guidelines
- Guidelines: Schizophrenia Condensed Guidelines
- Plan: Quality Management Plan
- Policy: Corrective Action Plans
- Tool: Practice Guidelines Chart Review Tool

PURPOSE

The Peninsula Regional Support Network (PRSN) adopts, disseminates and ensures compliance with designated research based American Psychiatric Association (APA) Practice Guidelines.

PROCEDURE

1. The PRSN adopted the APA Practice Guidelines because they are based on valid and reliable research-based clinical evidence demonstrating their utility in driving positive clinical outcomes or reflecting promising practices; and they reflect a consensus of national mental health professionals.
2. The PRSN adopted the two (2) APA Practice Guidelines for Schizophrenia and Bipolar Disorder after:
 - The PRSN considered the service needs by targeting the most prevalent and covered psychiatric diagnosis in the PRSN,
 - The PRSN clinical directors, employed by the network providers, reviewed and recommended two practice guidelines for implementation, and

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- The recommended guidelines were reviewed by the PRSN Quality Improvement Committee (QUIC).
 3. The PRSN has disseminated the two (2) practice guidelines.
 - The APA practice guidelines and condensed guides are sent electronically to all network providers' clinical director(s) in the PRSN. The PRSN Practice Guidelines are also available through the PRSN website (in Manual).
 - The APA practice guidelines are provided electronically to consumers, potential consumers, and interested parties upon request.
 4. The PRSN shall ensure clinical assessments and treatment services incorporate the adopted practice guidelines.
 - The PRSN, in consultation with the network clinical directors, will identify the elements within each adopted practice guideline to monitor. The PRSN will ensure those elements are included in the services provided to each client with a diagnosis of Schizophrenia or Bipolar Disorder.
 5. The PRSN shall ensure the adopted practice guidelines are incorporated into the utilization management protocols, enrollee education, and the network provider training plan.
 6. The PRSN adopted practice guidelines will be reviewed and updated biennially.

MONITORING

1. This policy is a mandate by contract. This policy will be monitored through use of PRSN:
 - Annual PRSN Provider and Subcontractor Administrative Review, training plans
 - Monthly PRSN Clinical Directors Meetings
 - Provider Clinical Chart Review: Practice Guidelines Chart Reviews will be completed for all charts reviewed for adult clients who have a diagnosis of Schizophrenia or Bipolar Disorder in addition to the completion of the Standard Quality Chart Review.
 - Quality Management Plan activities, such as review targeted issues for trends and recommendations
2. If a provider performs below expected standards during any of the reviews listed above a Corrective Action will be required for PRSN approval.