

*The following guide lists
the essential services for people with
developmental disabilities
in Kitsap County. Please submit
additions, deletions or modifications to
Kitsap County, Department of
Personnel and Human Services,
Developmental Disabilities Program
at 360-337-4622.*

*(You can access this guide online at Website:
www.kitsapgov.com/hr/wsolympic/devdisabl/documents
For additional copies of this guide, please call
360-337-4622)*

*If you are looking for specific support for people
or families with special needs which is not listed
in this directory, please call any of the following
numbers.*

**The Arc of Kitsap and
Jefferson County.....360-377-3473
Child Care Resource and Referral Parent Line
Lutheran Community Services.....1-800-300-1247
Military families please call...360-479-3489
Family Resource Coordinator 360-373-2536
Kitsap County DD Coordinator..... 360-337-4624
Kitsap County Parent
Coalition Coordinator 360-373-2502
Kitsap Community Resources..... 360-478-2301**

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ADVOCACY/DISABILITY SUPPORTS IN KITSAP COUNTY

The Arc of Kitsap and Jefferson County 360-377-3473

3243 N Perry Ave., Bremerton WA 98310
arckj.org

- ◇ Provides information and referrals to individuals with developmental disabilities and their families. Includes Parent to Parent and parent education programs, monthly newsletter, Friday Night Social, Recreation and Resident Camp and adult classes. Representative payee program, counseling for individuals and families.

Camp Fire USA..... 1-800-451-2267

- ◇ training for baby-sitters for children with special needs, inclusive camp opportunities for children with special needs.

C.H.A.D.D. ADD/ADHD Support Group 360-779-5362

chadd.org
myrvang@comcast.net

- ◇ support group for children and adults
- ◇ support and information for parents, AD/HD adults, educators and healthcare professionals.

Down Syndrome Support Group of Kitsap County and Surrounding Areas, (UPSIDE) 360-308-0187

theupside@comcast.net

- ◇ meets monthly, contact for meeting schedule
- ◇ contact: Sharon Dommermuth, 360-308-0187
- ◇ contact: Anne Mullis, 206-842-9027

Elder and Adult Day Services (EADS) 360-377-9810

4414 Perry Ave NE, Bremerton WA 98310
eads-cares.org

- ◇ adult day programs for seniors and people with disabilities: day program, social/recreational activities, noon meal, social services, rehabilitative medicine, therapy, health care, young adult program

Harrison Outpatient Rehabilitation 360-744-6530

2520 Cherry Ave, Bremerton WA 98310
harrisonmedical.org

- ◇ occupational therapy, physical therapy, speech therapy and rehabilitation for neurological, illness, or work related injuries.
- ◇ Clinic locations in Bremerton, Port Orchard and Silverdale

Harrison Medical Center, Education 360-744-6765
2520 Cherry Ave., Bremerton WA 98310
harrisonmedical.org

- ◇ community health programs including maternal-child birth and safe sitters (11-13 ages)

Harrison Medical Center Support Groups 866-844-9355
harrisonmedical.org

- ◇ on web page under events calendar, category: support groups
- ◇ variety of support groups meet regularly. Check website for details.

Holly Ridge Center Infant Toddler Program .. 360-373-2536
Toll Free 1-800-449-1660
5112 NW Taylor Rd., Bremerton WA 98312
itp@hollyridge.org
hollyridge.org

- ◇ birth to three neurodevelopment early learning center for children and families with special needs
- ◇ contact: Connie Zapp, Director

Kitsap Autism Support

- ◇ An online support group for anyone touched by Autism.
- ◇ kitsapautismsupport@yahoogroups.com

Kitsap County Family Resource Coordinator 360-373-2536
Toll Free 1-800-449-1660
Holly Ridge Center, 5112 NW Taylor Rd., Bremerton WA 98312
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

Kitsap County Father's Network..... 425-653-4286
doug_st@hotmail.com
fathersnetwork.org

- ◇ monthly support group for fathers of children with special needs
- ◇ meets 3rd Saturday, 10am– 12pm during school year at the ARC
- ◇ contact: Doug Stauner

Kitsap County Parent Coalition 360-373-2502
1740 NE Riddell Rd., #180, Bremerton WA 98310
mpritchard@wa.easterseals.com

- ◇ advocacy, consulting, newsletter, training
- ◇ contact: Michelle Pritchard

Kitsap Parent Child Assistance Program (PCAP)360-377-0370
4841 Auto Center Way, Suite 103, Bremerton, WA 98312

- ◇ administered by Agape' Unlimited
- ◇ advocacy and case management intervention for high-risk women with maternal alcohol and drug abuse
- ◇ contact: Charlene Takeuchi, Clinical Director

Parent to Parent Support Program360-377-3473
3243 N. Perry Avenue, Bremerton WA 98310

- ◇ parent mentoring, support group, monthly Sibshops, information, referral, and lending library, senior family caregiver project
- ◇ Autism Support, Information and Fun for Kitsap (AS IF Kitsap)
- ◇ contact: Holly Patton, holly@arckj.org

Self Advocates of Washington

Kitsap County253-571-8665
P.O. Box 6513, Tacoma WA 98464
wearesaw.org

- ◇ self-advocacy groups for people with developmental disabilities
- ◇ contact: Shannon Carlson

Washington PAVE253-565-2266
Toll Free..... 1-800-572-7368
6316 S. 12th St., Tacoma WA 98465
wapave.org
pave@wapave.org

- ◇ support for parents of children with special needs
- ◇ parent training program

Wheelchair Library for You.....360-830-5053
62 Peter Hagen, Seabeck WA 98380

- ◇ free lending of medical equipment, accepts donations
- ◇ contact: Charles Morris

BLINDNESS

Able Opportunities, Inc. 360-638-0881(V/TTY)
P.O. Box 468, Hansville, WA 98340
ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss
- ◇ Contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>
- ◇ All services available in ASL, American Sign Language.

Blind Veterans Association..... 1-800-669-7079
 bva.org
 ◇ veteran benefits, employment, legislation

Sight Connection 1-800-458-4888
 9709 Third Avenue NE, #100, Seattle WA 98115-2027
 info@sightconnection.org
 sightconnection.org
 ◇ counseling, support groups, skills for independent living, assessment, training
 ◇ adaptive aids store, mail order catalogue, educational services

Department of Services for the Blind..... 1-800-552-7103
 4565 7th Ave. SE, Lacey 98503
 3411 S Alaska Street, Seattle WA 98118
 949 Market Street, Ste 508, Tacoma 98402
 dsb.wa.gov
 ◇ independent living, vocational rehabilitation, orientation, training
 ◇ assistive technology training/services, family services

Kitsap County School Districts (special services)
 Bainbridge Island..... 206-842-2907
 Bremerton..... 360-473-1011
 Central Kitsap..... 360-662-1040
 North Kitsap..... 360-394-2604
 South Kitsap 360-443-3625

Kitsap Regional Library..... 360-405-9100
 1301 Sylvan Way, Bremerton, WA 98310
 krl.org
 ◇ computers dedicated for use by people with visual disabilities
 ◇ on-line catalog accessible to visually impaired users
 ◇ training available for using systems
 ◇ large print and audio books
 ◇ call 360-405-9123 for Outreach and Support Services

LS&S Group..... 1-800-468-4789
 lssproducts.com
 ◇ catalog specializing in products for the visually and hearing impaired

NW Lions Foundation
For Sight and Hearing..... 206-682-8500
 Toll Free 1-800-847-5786
 nlfoundation.org
 info@nlfoundation.org

- ◇ eyeglasses and vision exams for low income residents
- ◇ referral to local contacts and phone numbers
- ◇ eye tissue bank, accepts donated eyeglasses and hearing aides

Olympic College

Adaptive Technology360-475-7510
 Access Services360-475-7540
 1600 Chester Ave., Bremerton WA 98337
 oc.ctc.edu
 AccessServices@olympic.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

Olympic Recording for the Blind360-895-0305

- ◇ newspaper articles from the KitsapSun transcribed daily to tape
- ◇ contact: Susan Evans

Peninsula Council of the Blind.....360-373-2772

thepcb.tripod.com
 mekawh@gmail.com

- ◇ local chapter of WA Council of the Blind
- ◇ public awareness, education, provides vision loss support group
- ◇ opportunities for community participation, recreation and vocation

VIPS (Visually Impaired Persons)

Bainbridge Island206-842-1670

- ◇ social, sharing and meetings
- ◇ 2nd Wednesday of month, Bainbridge Island Library, 1-3 pm

Washington State School for the Blind360-696-6321

wssb.wa.gov
 2214 E 13th Street
 Vancouver WA 98661-4120

- ◇ provides services in local school districts
- ◇ on-campus programs at no cost to parents and districts
- ◇ Lions Low Vision Clinic, Instruction Resource Center, Braille Production, Statewide Technology Center, Evaluation Assessment, in-service and training

Washington Talking Book and

Braille Library..... 1-800-542-0866
 2021 9th Avenue, Seattle WA 98121-2783
 wtbb@sos.wa.gov
 wtbb.org

- ◇ free, statewide public library service for individuals with disabilities
- ◇ books and magazines, large print or Braille available

CHILDREN'S THERAPY SERVICES

MULTIPLE SERVICE PROVIDERS

Children's Hospital 1-866-987-2000
Children's Resource Line 1-866-987-2500
TTY..... 206-987-2280
4800 Sand Point Way NE, Seattle WA 98105
seattlechildrens.org

Easter Seals Olympic Peninsula

Autism Center..... 360-337-2222
3500 Bucklin Hill Rd NW, Suite 101, Silverdale, WA 98383
wa.easterseals.com

- ◇ Applied Behavior Analysis (ABA) services provided to children with Autism, ages 18 months to 21 years-old (enrolled in school)

Harrison Medical Center Pediatric

Rehabilitation Services..... 360-744-6080
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Hearing, Speech and Deafness Center (HSDC)

V/TTY 206-323-5770
1625 19th Ave., Seattle, WA 98122
hscd.org

- ◇ speech, language and motor services
- ◇ services for deaf and hard of hearing children
- ◇ audiology services (including infants) and hearing aids

Holly Ridge Center 360-373-2536

5112 NW Taylor Rd., Bremerton WA 98312
hrc@hollyridge.org
hollyridge.org

Mary Bridge Children's Health Center..... 253-792-6630

Toll Free 1-800-552-1419
1780 NW Myhre Rd. Suite G220, Silverdale, WA 9838-8677
multicare.org

Mary Bridge Children's Hospital..... 253-403-1507

311 S. L St., Tacoma WA 98405
multicare.org/marybridge

OCCUPATIONAL THERAPISTS

Center for Therapeutic Intervention..... 253-851-3874
6659 Kimball Dr., Suite D-403., Gig Harbor WA 98335
ctigiharbor.com

- ◇ pediatric occupational therapy clinic

Elk's Therapy Program253-472-6223

P.O. Box 11076, Tacoma WA 98411
waelks.net

- ◇ provides home-based occupational and physical therapy to children with disabilities

Harrison Medical Center Pediatric

Rehabilitation Services360-744-6080
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Hearing, Speech and Deafness Center (HSDC)

V/TTY206-323-5770
1625 19th Ave., Seattle, WA 98122
hscd.org

- ◇ free screenings, call for appointment

PHYSICAL THERAPISTS

Harrison Medical Center Pediatric

Rehabilitation Services360-774-6080
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Kitsap Children's Therapy360-697-2228

19319 7th Ave, Suite 104, Poulsbo WA 98370

- ◇ contact: Kristin Zinn, MS, PT
- ◇ pediatric children's therapy, speech and OT

SPEECH THERAPISTS

Children's Hospital Speech and Language....206-987-2104

4800 Sand Point Way NE, MS-W6839, Seattle WA 98105-0371
seattlechildrens.org

Harrison Medical Center Pediatric

Rehabilitation Services360-774-6080
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Hearing, Speech and Deafness Center (HSDC)

V/TTY206-323-5770
1625 19th Ave., Seattle, WA 98122
hscd.org

- ◇ free screening, call for appointment

Mary Bridge Speech and Hearing253-792-6640

Toll Free.....1-800-552-1419, ext. 4437
1220 Division Ave., Tacoma WA 98405

multicare.org/marybridge

Tacoma Speech and Language Clinic..... 253-472-6454
5005 Center St., Suite H, Tacoma WA 98409

CLOTHING/FOOD

Helpline House/Bainbridge Is. 206-842-7621
282 Knechtel Way, Bainbridge Island WA 98110
helplinehouse.org

S. Kitsap Helpline/Port Orchard 360-876-4089
1012 Mitchel Ave, Port Orchard WA 98366
skhelpline.org

- ◇ food bank, thrift store

Salvation Army 360-373-5550
PO Box 886, (832 6th St.), Bremerton WA 98337
bremertonsalvationarmy.org

- ◇ Serving breakfast and lunch; call for meal times
- ◇ food bank

St. Vincent de Paul..... 360-479-7017
1137 N Callow, Bremerton WA 98312

- ◇ food bank and assistance office

St. Vincent de Paul..... 360-377-2929
1117 N. Callow, Bremerton, WA 98312

- ◇ thrift store

DEAFNESS

Able Opportunities, Inc. 360-638-0881(V/TTY)
P.O. Box 468, Hansville, WA 98340
ableopportunities.com

- ◇ vocational evaluation, job placement and retention, independent living assessments and training
- ◇ all services available in ASL, American Sign Language

**Early Hearing Loss, Detection, Diagnosis,
and Intervention Program**..... 206-418-5613
1610 NE 150th St., Shoreline WA 98155

- ◇ WA state DOH genetic services section
- ◇ contact: EHDDI Program Consultant, ehddi2@doh.wa.gov

Family Conversations..... 425-482-4185
2525 220th St. SE, Ste. 100, Bothell WA 98021
family-conversations@seattlechildrens.org

- ◇ home based program for families with deaf or hard of hearing

children living in western Washington

- ◇ playgroups, parent support, sign language classes and assistance with school transition

Hearing, Speech, and Deafness Center (HSDC)

V/TTY.....206-323-5770
1625 19th Ave., Seattle, WA 98122
hsdc.org

- ◇ parent-infant program for families with deaf or hard of hearing children, programs for deaf youth
- ◇ community sign language classes, continuing ed. workshops for professionals,
- ◇ workshops for deaf and hearing co-workers

Holly Ridge Center360-373-2536

Toll Free..... 1-800-449-1660
5112 NW Taylor Rd. , Bremerton, WA 98312
hollyridge.org
hrc@hollyridge.org

- ◇ birth to three Neurodevelopmental Clinic and Preschool serving families and children with special needs

Kitsap County

Family Resource Coordination.....360-373-2536
Toll Free..... 1-800-449-1660
5112 NW Taylor Rd. , Bremerton, WA 98312
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

Kitsap County School Districts (special services)

Bainbridge Island206-842-2907
Bremerton360-473-1011
Central Kitsap360-662-1040
North Kitsap360-394-2604
South Kitsap360-443-3625

N.W. Lions Foundation

For Sight and Hearing206-682-8500
Toll Free..... 1-800-847-5786
nlfoundation.org
info@nlfoundation.org

- ◇ accepts donated hearing aides

Olympic College

Adaptive Technology..... 360-475-7510
Access Services 360-475-7540
1600 Chester Ave., Bremerton WA 98337
AccessServices@olympic.edu
oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

Tacoma Area Coalition of Individuals with

Disabilities (TACID) V..... 1-253-565-9000
TTY..... 1-253-565-3486
6315 S. 19th St, Tacoma, WA 98466
tacid.org

- ◇ deaf-blind and hard of hearing services

EDUCATION

Bainbridge Island School District

Special Education 206-842-2907

- ◇ contact: William Mosiman, Special Ed. Director - 206-780-1069
- ◇ early childhood services - 206-780-1593

Bremerton School District

Special Services Department..... 360-473-1011

- ◇ contact: John Grant, Special Education Director
- ◇ contact: Kim Mayo, Child Find

Central Kitsap School District

Special Services Department 360-662-1040

- ◇ serving: Bangor, Silverdale, Bremerton
- ◇ contact: Katie Coleman, Special Education Director
- ◇ contact: Alicia Skelly, pre-school coordinator

Disabilities, Opportunities, Internetworking

And Technology (DO-IT) (V/TTY) 206-685-3648

Toll Free (V/TTY)..... 1-888-972-3648

University of Washington, Box 354842, Seattle, WA 98195-4842
washington.edu/doit

- ◇ grant funded program that focuses on college and career preparation for students with disabilities
- ◇ information, training for employers and educators

ERIC– Educational Resources

Information Center..... 1-800-538-3742
eric.ed.gov

- ◇ database with information on the education of children with disabilities and children who are gifted

Going-to-College.org

- ◇ this website contains information about living college life with a disability. It is designed for high school students and provides video clips, activities and additional resources that can help students get a head start in planning for college

Kitsap Community Resources, Head Start/ Early

Childhood Education & Assistance Program 360-473-2075
1201 Park Avenue, Bremerton WA 98337

- ◇ serving ages birth to 5 years
- ◇ early health & childhood development services

Kitsap County Parent Coalition..... 360-373-2502

mpritchard@wa.easterseals.com

- ◇ advocacy, consulting, newsletter, training
- ◇ contact: Michelle Pritchard

National Dissemination Center for Children with

Disabilities, (NICHCY)(V/TTY) 1-800-695-0285
nichcy.org

- ◇ information and referral center, children/youth from birth to age 22

North Kitsap School District

Special Services Department 360-394-2604

- ◇ serving: Poulsbo, Bangor, Keyport, Kingston, Port Gamble, Hansville, Suquamish, Indianola
- ◇ Tim Garrison, Special Ed. Director, 360-394-2600

Olympic College

Adaptive Technology 360-475-7510

Access Services 360-475-7540

1600 Chester Ave., Bremerton WA 98337

AccessServices@olympic.edu
oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

Olympic ESD 114 360-479-0993

105 National Ave. N, Bremerton WA 98312

oesd.wednet.edu

- ◇ serving the Olympic and Kitsap Peninsulas

- ◇ Jennifer Acuna, Special Programs Director, 360-478-6886
- ◇ Headstart and ECEAP, 360-478-6887

**Seattle University, Center for Change
in Transition Services** 206-296-6494
PO Box 222000, Seattle, WA 98122-1090
seattleu.edu/ccts

- ◇ technical assistance and training provided to school districts addressing transition needs of students with disabilities

**Special Education Parent Advisory Council
(S.E.P.A.C.)**..... 360-779-4726
cksd.wednet.edu/specialservices

- ◇ working partnership between parents educators and the special education community.
- ◇ promotes awareness of student with special needs
- ◇ contact Beth Payne bethpayne@wavecable.com

**South Kitsap School District
Special Services Department** 360-443-3625

- ◇ serving: Port Orchard, Burley, Olalla, Manchester, Southworth, Sunnyslope, Gorst
- ◇ contact: Rita Reandeau, Special Education Director
- ◇ contact: Jerre Daniels-Hall, Early Childhood, 360-443-3642

Special Education Technology Center..... 509-963-3350
cwu.edu/~setc/

- Central Washington University
Mail stop 7413, 400 University Ave, Ellensburg, WA 98926
- ◇ a statewide project designed to assist school districts with the special technology needs of their students by providing technology resources that are otherwise difficult to find or access.

Superintendent of Public Instruction..... 360-725-6000
k12.wa.us

- ◇ health services.....360-725-6040
- ◇ legal services.....360-725-6133
- ◇ special education services.....360-725-6075
TTY360-586-0126
- ◇ transportation.....360-725-6120
- ◇ ombudsman.....360-725-6075

Washington PAVE (V/TDD)..... 1-253-565-2266
6316 S. 12th St., Tacoma, WA 98465
wapave.org

- ◇ parent-directed organization, information and training available to parents about the educational system for preschoolers and school age children with special needs
- ◇ workshops, referrals, and support

West Sound Technical Skills Center360-473-0550
101 National Avenue N, Bremerton WA 98312
westsoundtech.com
wstinfo@wstsc.com

- ◇ serving all high school students; vocational training classes
- ◇ must be referred through high school

EMPLOYMENT/ COMMUNITY ACCESS
(also see **Governmental Supports, page 16**)

Able Opportunities, Inc. 360-638-0881(V/TTY)
P.O. Box 468, Hansville, WA 98340
ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss
- ◇ contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>
- ◇ all services available in ASL, American Sign Language.

Bainbridge Island Youth Services206-842-9675
PO Box 11173, Bainbridge Island WA 98110
bainbridgeyouthservices.org

- ◇ job referrals, counseling, serves young people ages 12-20, must live on the Island or North Kitsap

Cares of Washington360-443-8607
caresofwa.org

- ◇ short and long-term individual supported employment and community access services
- ◇ contact: Michele Oneill, Program Manager

Easter Seals Washington360-373-2502
1740 NE Riddell Rd, Suite 315, Bremerton WA 98310
wa.easterseals.com

- ◇ supported individual employment, community access services
- ◇ contact: April Montgomery, Director or Workforce Development

Holly Ridge Center 360-373-2536
5112 NW Taylor Rd, Bremerton WA 98312
mearl@hollyridge.org
hollyridge.org

- ◇ supported group and individual employment, job placement and retention services
- ◇ contact: Melinda Earl, AES program manager

Kitsap Community Resources 360-478-2301
kcr.org

- ◇ employment and training, community service
- ◇ AmeriCorp 360-473-2015
- ◇ SK Family Service Center - WorkSource affiliated 360-473-2144

Pathways to Success/WorkSource 360-337-4737
TTY..... 360-337-4778
1300 Sylvan Way, Bremerton, WA 98310
oesd.wednet.edu

- ◇ academic support, job training, career development for youth ages 16-21

Peninsula Services 360-479-6520
7500 Werner Road, Bremerton, WA 98312
peninsulaservices.org

- ◇ individual and group supported employment, vocational rehabilitation, job development and placement services
- ◇ contact Todd Faulkner, Program Manager

Plan to Work.....866-497-9443
25 W. Main, Suite 310, Spokane WA 99201
plantowork.org

- ◇ benefits planning for persons receiving disability benefits from the Social Security Administration (SSA).

Sound Works Job Center, Poulsbo 360-779-1160
PO Box 2019, Poulsbo WA 98370
homepages.donobi.net/soundworks

- ◇ non-profit employment services and resources, job listings

Trillium 360-698-6659
3501 Lowell St, Suite 202, Silverdale, WA 98383
trillium.org

- ◇ provides individualized employment services including job development, job coaching and retention services.
- ◇ contact: Heidi Scheibner, Program Manager

Vadis 360-516-6484
3100 NW Bucklin Hill Rd, Suite 123, Silverdale, WA 98383
vadis.org

- ◇ provides customized employment services including job development, job coaching and retention services.
- ◇ contact: Deanna Wentz, Employment Services Manager

Washington Initiative for Supported Employment

WiSe.....206-343-0881
100 South King St, Suite 260, Seattle WA 98104
gowise.org

- ◇ dedicated to expanding employment opportunities for people with developmental disabilities
- ◇ training, technical assistance, informational resources

Work Equation (V/TTY).....360-692-2061
Toll Free 1-866-475-2061
PO Box 211, Silverdale, WA 98383

- ◇ short-term individual supported employment

WorkSource360-337-4810
TTY360-792-2179
1300 Sylvan Way, Bremerton, WA 98312
kitsapgov.com

- ◇ job listings, career exploration and resume software, job skills workshops, career counseling

GOVERNMENTAL SUPPORTS

**Department of Social and Health Services (DSHS),
Community Services Office**360-473-2200
4710 Auto Center Blvd, Bremerton, WA 98312

- ◇ food stamps, financial and medical assistance..... 877-501-2233
- ◇ licensed adult family homes, referrals..... 360-473-2299

DSHS, Adult Protective Services 1-877-734-6277
Fax.....360-664-9103

- ◇ investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Aging and Long Term Support
Administration** 360-725-2300
Toll Free..... 1-800-422-3263
PO Box 45600, Olympia, WA 98504
adsa.dshs.wa.gov

**DSHS, Division of Children and Family Services,
Child Protective Services** 360-475-3688
Toll Free 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18.

**DSHS, Developmental Disabilities
Administration (DDA)**..... 360-475-3490
Toll Free 1-800-735-6740
3423 6th St., Bremerton, WA 98312
dshs.wa.gov/ddd

- ◇ intake, information and referral, case/resource management, residential, community and employment supports, eligibility assessments for personal care services

**DSHS, Division of Vocational
Rehabilitation (DVR)**..... 360-698-4360
3888 NW Randall Way, Ste 101, Silverdale WA 98382
dshs.wa.gov/dvr

- ◇ post high school assessment, education, placement, training, eligibility for services, referrals, case management, employment training and assistance

DSHS, Health and Recovery Services..... 1-800-562-3022
PO Box 45505, Olympia, WA 98504
hrsa.dshs.wa.gov

DSHS, Working Connections Childcare..... 360-473-2200
4710 Auto Center Blvd., Bremerton, WA 98312
del.wa.gov

- ◇ childcare subsidy for working parents
- ◇ contact agency for eligibility and program requirements

**Kitsap County
Developmental Disabilities**..... 360-337-4624
614 Division St . MS-23, Port Orchard WA 98366
koneal@co.kitsap.wa.us
kitsapgov.com

- ◇ funding for day and employment programs; responsible for community plan; advocacy; coordination of services
- ◇ contact: Kelly Oneal, DD Coordinator

Social Security Administration 1-800-772-1213
9594 Mickleberry Rd. NW, Silverdale, WA 98383
socialsecurity.gov

- ◇ financial assistance; Social Security Income (SSI) disability and Social Security Disability Insurance (SSDI)

Washington State Information 1-800-321-2808
access.wa.gov

- ◇ provides number for any state agency in Washington State

GUARDIANSHIP SERVICES

Hoehnen Foundation.....360-271-6169

- ◇ non-profit providing guardianship services for people with disabilities
- ◇ contact: Sue Pritchard

Lifetime Advocacy Plus206-367-8055
Fax.....206-367-8353
444 NE Ravenna Blvd., Suite 208, Seattle WA 98115
laplus.org
laplus@laplus.org

- ◇ provides guardianship and trust management services

HOUSING/LIVING ASSISTANCE

Bremerton Housing Authority360-479-3694
4040 Wheaton Way, Bremerton WA 98310
bremertonhousing.org

- ◇ applications for public housing, housing for people with disabilities, home ownership programs

**Catholic Social Services Benedict House,
Single Men's Shelter**.....360-405-9486
Toll Free..... 1-866-246-3642

- ◇ contact for eligibility requirements and available program services

City of Bremerton360-473-5275
ci.bremerton.wa.us

- ◇ down payment assistance program for first time, income eligible home buyers; home rehabilitation program
- ◇ contact program for eligibility requirements

Communitas.....360-377-7231
920 Park Ave., Bremerton WA 98337
communitas.org

- ◇ group homes, apartment programs, tenant support; recreational support, serves adults over 18 years of age

Habitat for Humanity of Kitsap County360-479-3853
3559 Wheaton Way, Bremerton WA 98312
kitsaphabitat.org

Housing Resources Board (HRB)..... 206-842-1909
PO Box 11391, Bainbridge Island, WA 98110
housingresourcesboard.org

- ◇ non-profit agency that provides transitional housing, emergency rental assistance and low income/subsidized housing to income eligible individuals and families on Bainbridge Island
- ◇ independent living program that provides health and safety related home modifications to income qualified individuals

Kitsap Community Resources 360-473-2056
1201 Park Ave., Bremerton WA 98337
kcr.org

- ◇ housing assistance, transition housing, weatherization
- ◇ energy assistance, 479-1507

Kitsap County Consolidated Housing Authority 360-535-6100
345 6th St., Suite 100, Bremerton WA 98337
housingkitsap.org

- ◇ applications for public housing; housing for people with disabilities, home ownership programs

Kitsap Residences, Port Orchard..... 360-876-1470
2505 Mile Hill Drive, unit 201, Port Orchard, WA 98366
kitsapresidences.org

- ◇ apartment programs, tenant support, community integration, recreational support for persons with developmental disabilities.

Kitsap Tenant Support Services (KTSS) 360-377-9946
109 Olding Rd, Suite 100, Bremerton WA 98312
kitsaphomecare.com

- ◇ assisted living alternatives, supported living assistance and recreational support for persons with developmental disabilities.

Max Hale Center 360-792-2117
285 5th Street, Bremerton WA 98337

- ◇ non-emergency, permanent housing for homeless and income-eligible persons

St. Vincent De Paul 360-479-7017

- ◇ women's shelter, contact for eligibility requirements

Washington Telephone Assistance Program

- ◇ discounts on monthly services and connection fees
- ◇ contact your residential phone service provider for eligibility requirements

INFORMATION AND REFERRAL

Crisis Clinic of the Peninsulas 360-479-3033
Toll Free..... 1-800-843-4793

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

The Child Care Action Council..... 360-754-0810
ccacwa.org

- ◇ child care resource and referral

Kitsap County Domestic Violence Task Force..... 360-373-5392
PO Box 48, Bremerton, WA 98337
kcdvtf.org

- ◇ education, information, and training on DV issues
- ◇ lending library, resource referrals

Kitsap Regional Library 360-405-9100
1301 Sylvan Way, Bremerton WA 98310
krl.org

- ◇ local and national resource database

Learning Disabilities Association of Washington..... 425-882-0820
ldawa.org

- ◇ referrals to individual physicians (no recommendations or endorsements), information

Lutheran Community Services NW Navy EFM Respite Care 360-479-3489
lcsnw.org

- ◇ respite care for active duty navy families with EMF children

Senior Information and Assistance 360-337-5700
1026 Sidney, Port Orchard, WA 98366

- ◇ information and referral for senior programs and services

Peninsula 211..... 211
win211.org

- ◇ community and state-wide information and referral assistance

Washington PAVE..... 1-800-5-PARENT
wapave.org

- ◇ comprehensive listing of state and national phone numbers for many disabilities and disability issues

LEARNING DISABILITIES

Front Street Clinic 360-697-1141
20174 Front St., PO Box 1611, Poulsbo WA 98370
9431 Coppertop Loop, Suite D, Bainbridge Island WA 98110
frontstreetclinic.com

- ◇ testing for learning disabilities

Hope Clinic 360-613-0181
9633 Levin Rd NE, Suite 201, Silverdale WA 98383
hopecliniconline.com

- ◇ free testing for learning disabilities

Learning Disabilities Online

ldonline.org

- ◇ web-based information and resource site related to learning disabilities

LEGAL

Crime Victim Assistance Center 360-874-8270
◇ free advocacy service for victims/survivors of robbery, assault, abuse, fraud and other crimes

Derifield Law Office 206-226-6891
P.O. Box 1459, Poulsbo WA 98370
derifieldlaw.com
info@derifieldlaw.com

- ◇ assists clients in obtaining SSDI, SSI and child's disability benefits

Disability Rights Washington 1-800-562-2702
TTY 1-800-905-0209
disabilityrightswa.org
info@dr-wa.org

- ◇ legal and information services

**Dispute Resolution Center of
of Kitsap County** 360-698-0968
9004 Washington Ave., Silverdale, WA 98383
kitsapdrc.org

- ◇ mediation and conciliation, and problem-solving services

Jones and Ibrahim, PLLC 206-405-3240
3513 NE 45th St., Suite 2E, Seattle WA 98105

Seattledisabilitylaw.com

- ◇ Estate planning for families with special needs children.
- ◇ Special needs trusts
- ◇ Guardianship services, initially and ongoing reports to the court
- ◇ Probate

Kitsap Legal Services 360-479-6125
920 Park Avenue, Bremerton 98337
kitsaplegalservices.org

- ◇ legal referral, works in conjunction with the NW Justice Project

Landlord/Tenant Dispute Information 360-479-1683
645 4th St., Bremerton, WA 98337

- ◇ information on legal rights/responsibilities for tenants/landlords

NW Justice Project, CLEAR Hotline 1-888-201-1012
TTY 1-888-201-1014
nwjustice.org

- ◇ free legal referral and information services

**U.S. Dept. of Housing and Urban Development,
Fair Housing Enforcement** 1-800-669-9777
TDD 1-800-927-9275
909 First Ave., Suite 205, Seattle, WA 98104-1000
hud.gov/local

- ◇ handles complaints related to housing discrimination

**U.S. Dept. of Justice, Equal Employment
Opportunity Commission (EEOC)** ... 1-800-669-4000
TTY 1-800-669-6820
eeoc.gov

- ◇ interprets and enforces employment regulations of the ADA

Washington Lawhelp
washingtonlawhelp.org

- ◇ web-based legal information site

**WA State Developmental Disabilities
Endowment Trust Fund** 1-888-754-8798
arcwa.org

- ◇ special needs trust accounts for individuals with developmental disabilities
- ◇ state matching funds available

YWCA, Bremerton/Port Orchard 360-479-0522
905 Pacific Ave, Bremerton WA 98337
ywca@donobi.net

- ◇ legal and family advocacy

MEDICAL/DENTAL

Basic Health Plan 1-800-660-9840
basichealth.hca.wa.gov

- ◇ Washington State low-cost insurance

**HealthCare for Workers
with Disabilities (HWD)** 1-800-871-9275
dshs.wa.gov

- ◇ medical state program that allows workers with disabilities to purchase Medicaid coverage

Kitsap County Health District 360-337-5235
345 6th St., Suite 300, Bremerton, WA 98337
kitsapcountyhealth.com

- ◇ immunization, public health nurse, children with special health care needs

Kitsap County Medical Society 360-698-2928
kcmedical.org

- ◇ county-wide referral line to Kitsap County physicians, grievance committee, mediation services

ABC Dental 360-373-3487
4207 Wheaton Way, Suite C, Bremerton, WA 98310

- ◇ accepts Medicaid coupons

Peninsula Community Health Centers 360-377-3776
616 6th Street, Bremerton WA 98337
320 S Kitsap Blvd., Port Orchard WA 98366, 360-876-7215
19917 7th Ave, Suite 205, Poulsbo WA 98370, 360-779-1963
pchsweb.org

- ◇ medical/assistance, dental services for children under 19 (at the Bremerton clinic only), sliding fee schedule

Sexual Assault Nurse Examiner (S.A.N.E.)
24 Hr. On-Call Service 360-744-6710
Non-urgent 360-744-6617

- ◇ Harrison Medical Center, 2520 Cherry, Bremerton, WA 98310
- ◇ medical services, assistance and exams to victims of sexual assault

Washington Apple Health for Kids 1-877-543-7669
dshs.wa.gov/applehealth

- ◇ a Washington State initiative aimed at streamlining applications for children's medical insurance
- ◇ administered locally by the Kitsap County Health District

University of Washington, DECODE Clinic 206-543-4619
dental.washington.edu

- ◇ dental treatment, prevention and rehabilitation for persons with disabilities

Vision USA 1-800-766-4466
aoa.org

- ◇ visionusa@aoa.org
- ◇ free eye exam to qualified applicants

MENTAL HEALTH SERVICES/SUPPORTS

Autism and Behavior Consulting 360-731-7728
autismandbehaviorconsulting.com

- ◇ consulting and intervention for those facing Autism Spectrum Disorder
- ◇ TriWest, ECHO provider
- ◇ Nancy Hamilton, MS, BCBA (Board Certified Behavior Analyst)

Bridges Mental Health Ombuds Service 360-692-1582
9004 Washington Ave NW, Silverdale, WA 98383
ombuds@kitsapdrc.org
kitsapdrc.org

- ◇ advocacy for persons who are receiving or eligible to receive publicly funded mental health services

Courage to Heal Counseling Services 360-779-4880
18732 Ness PI NE, Poulsbo, WA 98370

- ◇ serves children and adults, sliding fee scale

Crisis Clinic of the Peninsulas 360-479-3033
Toll Free 1-800-843-4793
crisisclinicofthepeninsulas.org

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

Lou-Ann Lauborough, LICSW 360-876-5483
8987 McConnell Ave. NW, Silverdale, WA 98383
1730 Pottery Ave, Suite 120, Port Orchard, WA 98366
lou-ann@lauborough-counseling.com

- ◇ counseling and consultation services for individuals with developmental disabilities

Kitsap Mental Health
5455 Almira Dr. NE, Bremerton, WA 98312
kitsapmentalhelath.org
Intake/Access 360-405-4010

- Children and Family Services..... 360-479-4994
- Adult Services 360-373-7049
- Emergency Crisis Services 360-373-3425
- ◇ comprehensive mental health services

Kitsap Sexual Assault Center 360-479-1788
Crisis/Support 24 hr. Hotline..... 360-479-8500
 P.O. Box 1936, Port Orchard, WA 98366

- ◇ information, crisis intervention, counseling, support groups, legal and medical advocacy

NAMI, Kitsap County..... 360-377-2910

- ◇ Affiliate of National Alliance for the Mentally Ill
- ◇ advocacy, education, information and referral
- ◇ support groups, call for meeting times and location

Peninsula Regional Support Network 360-337-4886
 Toll Free 1-800-525-5637
 614 Division St., MS-23, Port Orchard, WA 98366

- ◇ plans and administers state funded programs for children and adults with persistent and severe mental illness in Kitsap, Jefferson and Clallam counties, direct services provided by contracted vendors.

YWCA, Bremerton/Port Orchard..... 360-479-0522
 ALIVE, 24 Hr. Hotline..... 1-800-500-5513
 Bainbridge Island/North Kitsap..... 206-780-2931
 P.O. Box 559, Bremerton, WA 98337
 ywcakitsap.org

- ◇ ALIVE shelter for women and children who are victims of domestic violence
- ◇ legal advocacy, support groups and youth services

MILITARY SUPPORTS

Building 9 for Veterans Service Center..... 360-895-4346
 Toll Free 1-800-562-2308
 1141 Beach Drive East, Bldg 9, Retsil WA 98378

- ◇ Advocates for securing veteran benefits

Disabled American Veterans, Chapter 5..... 360-373-2397
 2315 Burwell Street, Bremerton WA 98312

- ◇ resources, information and assistance for veterans

Kitsap County Parent Coalition 360-373-2502
 mpritchard@wa.easterseals.com

- ◇ information and referral for military programs and services

Madigan Army Medical Center253-968-1110
 Bldg 9040 Fitzsimmons Drive, Tacoma, WA 98431
 mamc.amedd.army.mil

Naval Hospital Bremerton.....360-475-4000
 Toll Free..... 1-800-422-1383
 Exceptional Family Member Program..... 360-475-4215
 Social Work Department.....360-475-4541

Navy Relief Society Naval Base Kitsap Bremerton.....360-672-2187

- ◇ family assistance, interest free loans/grants for emergency needs to active duty and retired navy/marine corps families/dependents

Navy Sexual Assault Prevention and Response (SAPR).....360-396-7277
 sharlyne.hays@navy.mil

- ◇ advocacy, information, referral and counseling
- ◇ assistance with obtaining civilian and military protective orders

Specialized Training for Military Parents, PAVE/STOMP (V/TDD).....253-565-2266
 Toll Free.....1-800-572-7368
 wapave.org

Tricare/United Health Care1-877-988-9378
 uhcmilitarywest.com

- ◇ Extended Care Health Options (ECHO).....1-855-874-6800
- ◇ Autism Demonstration Project.....1-855-874-6800
 *programs for active duty family member with qualifying disabilities

West Sound Fleet and Family Support Centers
 Bangor360-396-4115
 navylifepnw.com

- ◇ general social services for families or Navy personnel

PERSONAL/RESPIRE CARE

Care Plus Home Health360-373-8016
 3377 Bethel Rd SE, #107, Port Orchard, WA 98366
 mycareplus.com

- ◇ non-medical in-home personal care supports and respite services for children/adults with disabilities. Non-medical personal care supports to the elderly, nursing services available

Caregiver Support Ctr/Caregiver Respite 360-337-5700
Toll Free 1-800-562-6418
9729 Silverdale Way, Silverdale, WA 98383

- ◇ respite provided to informal, unpaid caregivers, contact program for eligibility criteria
- ◇ resource library, counseling, information and referral

Catholic Community Services 360-405-9486
645 4th St., Bremerton, WA 98337
ccsww.org

- ◇ long– term home care services, volunteer chore services and foster grandparents program

Communitas 360-377-7231
920 Park Ave., Bremerton, WA 98337
communitas.org

- ◇ non-medical in-home personal care supports to adults with disabilities

Kitsap Applied Technologies.....360-377-5454
4195 Wheaton Way, Bremerton WA 98310

- ◇ Provides adult respite services

Kitsap Home Care Services 360-377-7307
Toll Free 1-888-449-9048
109 Olding Rd, P.O. Box 5209, Bremerton, WA 98312
kitsaphomecare.com

- ◇ non-medical personal care and respite services available to the elderly, children and adults with disabilities

Lutheran Community Services NW 360-377-5511
Toll Free 1-800-378-5771
645 4th St, Suite 202, Bremerton, WA 98337
lcsnw.org

- ◇ non-medical in-home personal care supports to the elderly and adults with disabilities

Martha and Mary at Home
Port Orchard.....360-871-4425
Bainbridge Island.....206-842-4527
marthaandmary.org/home-care

- ◇ Provides in-home care to adults and seniors

PROTECTION/SUPPORTS

DSHS, Adult Protective Services..... 1-877-734-6277
TTY..... 1-800-688-1169

Fax 360-664-9103
◇ investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Division of Children and Family Services,
Child Protective Services** 360-475-3688
Toll Free 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18

Disability Rights Washington 1-800-562-2702
disabilityrightswa.org

- ◇ protection and advocacy for individuals with disabilities and /or mental illness

**Washington State Office of Long Term Care
Ombudsman Program V/TTY** 1-800-562-6028
waombudsman.org

- ◇ Protection/advocacy for individuals living in boarding homes, adult family homes, IMR's, congregate care facilities, nursing homes
- ◇ to report abuse call: 1-800-562-6078
- ◇ Kitsap County Ombuds 360-337-5714

**Washington State Office of the Family and Children
Ombudsman** 1-800-571-7321
governor.wa.gov/ofco

- ◇ investigates complaints about an agency action or failure to act in cases involving : any child at risk of abuse or neglect; a child or family involved with child protection or child welfare services

RECREATION/LEISURE

Arc of Kitsap/Jefferson County 360-377-3473
3243 N Perry Ave., Bremerton WA 98310
arckj.org

- ◇ Friday night dance/social for people with disabilities, classes

Bainbridge Island Park and Recreation 206-842-2306
biparks.org

- ◇ classes, recreational activities

**Bainbridge Island Special Needs Foundation,
Stephens House** 206-780-1211

191 Winslow Way, Bainbridge Island, WA 98110
bispecialneedsfoundation.org

- ◇ A day program facility for young adults with developmental disabilities that focuses on life-enhancing activities while providing respite for care-givers.

Bremerton Parks and Recreation 360-473-5305
ci.bremerton.wa.us

- ◇ classes, recreational activities
- ◇ summer program integrating children with and without disabilities

**Easter Seals Washington,
Camp Stand By Me** 253-884-2722
17809 Vaughn Rd. KPN, Vaughn, WA 98394-0313
wa.easterseals.com

- ◇ camping, recreation

Island Time Activities 206-201-3224
islandtimeactivities.org

- ◇ provides supported recreational activities on Bainbridge Island for people with developmental disabilities

Outdoors for All 206-838-6030
outdoorsforall.org

- ◇ year-round recreational activities

Poulsbo Parks and Recreation 360-779-9898
19540 Front Street, Poulsbo, WA 98370
cityofpoulsbo.com/parks

- ◇ classes and recreational activities

Special Olympics 206-362-4949
sowa.org

- ◇ ongoing participation in sporting events

YMCA, Bremerton 360-377-3741
2261 Homer James Dr., Bremerton, WA 98310
ymcapkc.org

- ◇ variety of recreation and sports activities, membership assistance available

YMCA, Silverdale 360-698-9622
3909 NW Randall Way, Silverdale, WA 98383
ymcapkc.org

- ◇ variety of recreation and sports activities, membership assistance available

**SERVICES FOR CHILDREN
WITH SPECIAL NEEDS**

Arc of Kitsap/Jefferson County 360-377-3473
3243 N Perry Ave., Bremerton WA 98310
arckj.org

Answers for Special Kids Line (ASK) 1-847-607-1612
answersforspecialkids.org

- ◇ assists families with children who have special needs locate local and state resources

**DSHS, Developmental Disabilities
Administration** 360-475-3490
3423 6th St., Bremerton WA 98312
dshs.wa.gov/dda

Easter Seals Washington 1-800-678-5708
TDD 206-281-5700
wa.easterseals.com

**Holly Ridge Center
Infant Toddler Program** 360-373-2536
Toll Free 1-800-449-1660
5112 NW Taylor Rd., Bremerton WA 98312
hollyridge.org
itp@hollyridge.org

- ◇ birth to three neurodevelopment clinic and pre-school serving children and families with special needs

**Kitsap Community Resources
Head Start/ECEAP** 360-473-2075
1201 Park Ave., Bremerton WA 98337
kcr.org

- ◇ countywide full day headstart and daycare
- ◇ wrap-around program option

**Kitsap County
Family Resource Coordination** 360-373-2536
Toll Free 1-800-449-1660
5112 NW Taylor Rd. , Bremerton, WA 98312
kitsapiccr.org
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers

under age three

Kitsap County Health District 360-337-5235
kitsapcountyhealth.com

- ◇ offers parent/child health services

Lutheran Community Services
Northwest/Parent Line 1-800-300-1247
lcsnw.org/parentline

- ◇ child care resource and referral services

Olympic ESD 114 Head Start/ECEAP 360-478-6887
Fax 360-478-6869
105 National Ave. N, Bremerton WA 98312
oesd.wednet.edu

Paratransit Services..... 1-800-933-3468
paratransit.net
4810 Auto Center Way, Suite Z, Bremerton WA 98312

Port Gamble S'Kallam Tribe, front desk 360-297-2646
Health Clinic 360-297-2840
pgst.nsn.us
31912 Little Boston road NE, Kingston WA 98346

- ◇ early childhood programs, early headstart infant/toddler services
- ◇ headstart pre-school, extended day child care

Specialized Training for Military
Parents, PAVE/STOMP (V/TDD)..... 253-565-2266
Toll Free 1-800-572-7368
wapave.org

Shriner's Hospital for Children,
shrinershq.org
National Information 1-800-237-5055
Portland 503-241-5090
Spokane 509-455-7844

Washington Apple Health for Kids 1-877-543-7669
dshs.wa.gov/applehealth
◇ a Washington State initiative aimed at streamlining applications for children's medical insurance
◇ administered locally by the Kitsap County Health District

Washington Elks Therapy 1-800-825-3557
waelks.net
◇ children's occupational and physical therapy services

WA PAVE.....253-565-2266
Toll Free..... 1-800-572-7368
wapave.org

- ◇ facilitates a variety of programs for children with special needs and their families.

Washington Sensory Disability Services
Toll Free (V/TTY) 1-800-572-7000
C/o Puget Sound ESD, 800 Oaksdale Ave. SW, Renton, WA 98055
wsdsonline.org

- ◇ assists children who are deaf or hard of hearing, blind or visually impaired, or deaf-blind, by providing training and other support to families and service providers.

SPECIAL NEEDS TRUSTS

Jones and Ibrahim, PLLC206-405-3240
3513 NE 45th St., Suite 2E, Seattle WA 98105
Seattledisabilitylaw.com

- ◇ Estate planning for families with special needs children.
- ◇ Special needs trusts
- ◇ Guardianship services, initially and ongoing reports to the court
- ◇ Probate

Life Opportunities Trust.....1-888-754-8798
2638 State Ave. NE, Olympia, WA 98506
angela@arcwa.org

- ◇ Allows individual with developmental disabilities and their families to set aside funds for future use without affecting their eligibility for government benefits and services

SUPPORTS (General Community)

Agape Unlimited360-373-1529
4841 Auto Center Way, Bremerton WA 98312
agapekitsap.org

- ◇ state-certified chemical dependency out-patient treatment facility
- ◇ on-site child care
- ◇ transitional housing
- ◇ everything from intensive out-patient counseling to after care

Caregiver Support Center and
Caregiver Respite360-337-5700
Toll Free..... 1-800-562-6418
9729 Silverdale Way, Silverdale, WA 98383

kitsapgov.com/altc

- ◇ resource library, counseling, information and referral

Cascade Recovery Center 360-698-7267
 9095 McConnel Rd., Silverdale, WA 98383

- ◇ substance abuse outpatient programs, aftercare services

Kitsap Recovery Center 360-337-4625
 1975 NE Fuson Road, Bremerton, WA 98311

- ◇ substance abuse in-patient services
- ◇ outpatient services, detox

Literacy Council of Kitsap County 360-373-1539
 616 5th St., Bremerton WA 98337
 kacewa.org

- ◇ individual tutoring in reading skills
- ◇ computer labs, year round GED preparation classes, ESL

Lutheran Community Services NW 360-377-5511
 Toll Free 1-800-378-5771
 645 4th St., Suite 202, Bremerton WA 98337
 lcsnw.org

- ◇ respite services for caregivers, home care

The Parenting Place 360-473-2134
 1201 Park Ave., Bremerton, WA 98337
 kcr.org

- ◇ parenting classes

West Sound Treatment Center 360-876-9430
 1415 Lumsdem Road, Port Orchard WA 98366
 westsoundtreatmentcenter.org

- ◇ out-patient substance abuse program

YWCA, Bremerton/Port Orchard 360-479-0522
 ALIVE, 24 Hr. Hotline 1-800-500-5513
 Bainbridge Island/North Kitsap 206-780-2931
 P.O. Box 559, Bremerton, WA 98337

- ◇ ALIVE shelter for women and children who are victims of domestic violence
- ◇ legal advocacy, support groups and youth services

TECHNOLOGY/LITERATURE

AbleNet, Inc 1-800-322-0956
 ablenetinc.com
 accessibility@apple.com

- ◇ products and services for people with disabilities

Apple Computer, Inc 1-800-767-2775
 apple.com/accessibility

- ◇ innovative solutions for people with disabilities

Brookes Publishing 1-800-638-3775
 brookespublishing.com

- ◇ resource for texts, videos, guidebooks, curricula and tools based on research in disabilities, child development and education

**Center for Applied
 Special Technology** 781-245-2212
 TTY 781-245-9320
 cast.org

Enabling Devices 1-800-832-8697
 enablingdevices.com

Harris Communication 1-800-825-6758
 TTY 1-800-825-9187
 harriscomm.com

- ◇ products for deaf and hard of hearing

Hearing, Speech and Deafness Center (HSDC)
 (voice) 1-888-222-5036
 (TTY) 1-800-761-2821
 1625 19th Ave., Seattle, WA 98122
 hsdcc.org

- ◇ communication devices for Deaf and hard of hearing
- ◇ ALDs for conferences or meeting

Sight Connection 1-800-458-4888
 9709 Third Avenue NE #100, Seattle, WA 98115-2027
 sightconnection.org

**Washington Assistive
 Technology Act Program** 1-800-214-8731
 (TTY) 1-866-866-0162
 watap.org

- ◇ research, education, and advocacy related to assistive technology and accessible information systems

TRANSPORTATION

Angel Flight West 1-888-426-2643
 angelflightwest.org

- ◇ plane ride to and from medical visits for people in need

Around the Sound

Transportation Specialis.....1-800-600-8043

around-the-sound.net

dispatch@around-the-sound.net

- ◇ door to door service, wheelchair accessible vehicles
- ◇ Medicaid, private pay, group trips and excursion services available
- ◇ serves Kitsap, Jefferson, Clallam, King, Pierce and Mason counties

Kitsap Transit..... 360-373-2877

Toll Free.....1-800-501-7433

kitsaptransit.org

60 Washington Ave, Suite 200, Bremerton, WA 98337

Kitsap Transit Access

Reservations 360-479-7272

Toll Free.....1-800-422-2877

TDD..... 360-377-9874

kitsaptransit.org

60 Washington Ave, Suite 200, Bremerton, WA 98337

- ◇ door-to-door bus service for individuals with disabilities, at discount rates; monthly bus passes

Paratransit Services.....1-800-933-3468

4810 Auto Center Way, Suite Z, Bremerton WA 98312

paratransit.net

- ◇ door-to-door wheelchair and special needs transportation
- ◇ Medicaid, private pay

VOLUNTEERS

Lutheran Community Services NW 360-377-5511

Toll Free..... 1-800-378-5771

645 4th St., Suite 202, Bremerton WA 98337

lcsnw.org

- ◇ RSVP—senior volunteers, 55 and over
- ◇ senior outreach services/adult day care

Volunteer Action Center, United Way.....360-377-8505

647 4th St., Bremerton WA 98337

unitedwaykitsap.org

Volunteer Chore Service..... 360-405-0072

Toll Free.....1-866-246-3642

2525 6th St, Suite D, Bremerton WA 98337

- ◇ assists low-income elderly and disabled in their homes
- ◇ provides services such as house cleaning, transportation, yard care, home repair, etc.

Volunteers of America, Western Washington

Mentoring Children of Promise 425-259-3191

voaww.org

- ◇ mentoring program that matches volunteers with children between 5-15, child must have a parent who is incarcerated or under DOC supervision

WASHINGTON STATE/NATIONAL ADVOCACY/DISABILITY SUPPORT

Alexander Graham Bell Association

For the Deaf and Hard of Hearing202-337-5220

TTY202-337-5221

agbell.org

American Association on Intellectual and Developmental Disabilities.....202-387-1968

aamr.org

American Council of the Blind

National Office 1-800-424-8666

acb.org

American Speech-Language-Hearing Association

Action Center 1-800-638-8255

asha.org

Arc of the United States..... 1-800-433-5255

thearc.org

Arc of Washington State.....360-357-5596

Toll Free1-888-754-8798

2638 State Ave NE, Olympia, WA 98506

arcwa.org

Association of People Supporting Employment First

(APSE).....301-279-0060

apse.org

Autism Society of America 1-800-328-8476

autism-society.org

Autism Society of Washington..... 1-888-279-4968

autismsocietyofwa.org

Batten's Disease Support Research Association

Toll Free 1-800-448-4570

bdsra.org

Boys Town, National Research Hospital 402-498-6511

TTY..... 402-498-6543

boystownhospital.org

babyhearing.org

Brain Injury Association..... 1-800-444-6443

biausa.org

Brain Injury Association of WA 1-877-982-4292

biawainjurywa.org

316 Broadway, Suite 305, Seattle WA, 98122

Children's Tumor Foundation 1-800-323-7938

ctf.org

Cleft Palate Foundation 1-800-242-5338

cleftline.org

Cornelia de Lange Syndrome

Foundation..... 1-800-223-8355

cdlsusa.org

Cystic Fibrosis Foundation 1-800-344-4823

cff.org

Described Caption and

Media Program 1-800-237-6213

TTY..... 1-800-237-6819

dcmp.org

Devereux Foundation 1-800-345-1292

devereux.org

Disability Rights Washington 1-800-562-2702

TTY..... 1-800-905-0209

315 5th Ave. S., Suite 850, Seattle, WA 98104

disabilityrightswa.org

◇ advocacy, legal information

Epilepsy Foundation Northwest 206-547-4551

Toll Free 1-800-752-3509

2311 N 45th St, #134, Seattle, WA 98103-6905

epilepsynw.org

Genetic Counseling

◇ Children's Hospital & Medical Centers, Seattle.... 1-866-987-2000
(ask for genetic counseling dept.) seattlechildrens.org

◇ University Hospital, Seattle..... 206-598-3300
(ask for genetic counseling dept.) uwmedicine.org

◇ Mary Bridge Children's Hospital, Tacoma..... 253-403-4473
(ask for genetic counseling dept.), multicare.org

Go.to.college.org 1-800-828-1851

Governor's Committee on Disability Issues

and Employment..... 360-725-9509

PO Box 9046, Olympia, WA 98507-9046

HIV and AIDS Hotline 1-800-458-5231

TTY 1-800-243-7012

cdcnpin.org

Human Growth Foundation 1-800-451-6434

hgfound.org

Hydrocephalus Association 1-888-598-3789

hydroassoc.org

International Association

Of Assistance Dog Partners 586-826-3938

iaadp.org

International Rett Syndrome Foundation

Information and Resources..... 1-800-818-7388

rettsyndrome.org

Job Accommodation Network..... 1-800-526-7234

askjan.org

◇ information on adaptive devices, accommodations, ADA for the workplace

Journey: A Grief Support Program 206-987-2062

seattlechildrens.org/clinics-programs/grief-and-loss

◇ Social Work Department, Children's Hospital and Medical Center

Learning Disabilities Association (LDA) of WA

Information and Referral 425-882-0820

ldawa.org

Lifetime Advocacy Plus 206-367-8055

lapius.org

◇ provides guardianship and trust management

Lyme Foundation
 Info Hotline 1-860-870-0070
 lyme.org

March of Dimes Birth Defects Foundation 1-206-624-1373
 1904 3rd, Suite 230, Seattle WA 98101
 marchofdimes.com/washington

National Association for Parents of Children with Visual Impairments 1-800-284-4422
 spedex.com/napvi

National Center for Stuttering 1-800-221-2483
 stuttering.com

National Down Syndrome Congress 1-800-232-6372
 ndscenter.org

National Down Syndrome Society 1-800-221-4602
 ndss.org

National Easter Seal Society, Inc. 1-800-221-6827
 easterseals.com

National Institute of Health 301-496-4000
 nih.gov

National Institute of Neurological Disorders and Stroke 1-800-352-9424
 ninds.nih.gov

National Multiple Sclerosis Society 1-800-344-4867
 192 Nickerson Suite 100, Seattle WA 98109
 nmss.org

National Organization for Albinism 1-800-473-2310
 albinism.org

National Organization for Rare Disorders, Inc 203-744-0100
 rarediseases.org

National Organization on Fetal Alcohol Syndrome 1-800-666-6327
 nofas.org

National Rehabilitation Information Center 1-800-346-2742
 TTY 301-459-5984

naric.com

National Reyes Syndrome Foundation 1-800-233-7393
 reyessyndrome.org

National Spinal Cord Injury Association
 National Office 1-718-803-3782
 spinalcord.org

National Tuberos Sclerosis Alliance 1-800-225-6872
 tsalliance.org

Retinitis Pigmentosa Association 1-818-992-0500
 rpinternational.org

Sickle Cell Disease Association of America 1-800-421-8453
 sicklecelldisease.org

The Stuttering Foundation 1-800-992-9392
 stutteringhelp.org

TASH 202-540-9020
 tash.org
 ◇ international membership association promoting equity, opportunity and inclusion for people with developmental disabilities

Tourettes Syndrome Association 718-224-2999
 tsa-usa.org

Trips, Inc. 1-800-686-1013
 tripsinc.com
 ◇ all inclusive vacation packages for travelers with developmental disabilities

U.S. Department of Justice, ADA Homepage 1-800-514-0301
 TTY 1-800-514-0383
 ada.gov

U.S. Department of Justice, Equal Employment Opportunity Commission, (EEOC) 1-800-669-4000
 TTY 1-800-669-6820
 eeoc.gov
 ◇ interprets and enforces employment regulations of the ADA

Washington Department of Services for the Blind 1-800-552-7103
 dsb.wa.gov

- ◇ vocational rehabilitation, training, independent living program, assistive technology training, family services

Washington PAVE Parent-to-Parent Training Project 1-800-572-7368
wapave.org

Washington Sensory Disabilities Services (V/TTY) 1-800-572-7000
wsds@psed.org
wsdsonline.org

- ◇ deaf/hard of hearing, blind/visually impaired, deaf/blind

Washington State Developmental Disabilities Council 1-800-634-4473
ddc.wa.gov
2600 Martin Way, Suite F, Olympia WA 98504-8314

- ◇ legislative information, grants, education

Washington State Father's Network 425-653-4286
fathersnetwork.org

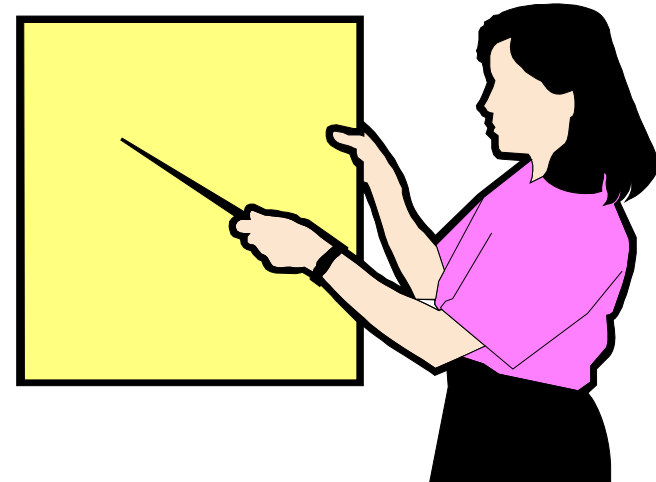
- ◇ support, information, resources for fathers of children with special health care needs and/or developmental disabilities

Washington State Legislative Hotline 1-800-562-6000
P O Box 40600, Olympia, WA 98504
leg.wa.gov

Washington Talking Book and Braille Library 1-800-542-0866
wtbbl.org
2021 9th Avenue, Seattle WA 98121

- ◇ serves the entire state

The ABC's of DD



***A listing of
Acronyms and Phrases
frequently used
in conjunction with
Developmental Disabilities and
Healthy Options***

ACRONYMS

HO in italics following the definition stands for Healthy Options.

A A A A ...

AAMC	Association of American Medical Clinics (<i>HO</i>)
AAMC	Association of American Medical Colleges (<i>HO</i>)
AAPCC	Adjusted Average Per Capita Cost (<i>HO</i>)
AAMD	American Association of Mental Development
AAPS	American Association of Physicians and Surgeons (<i>HO</i>)
AASA	Aging and Adult Services Administration
ACCH	Association for the Care of Children's Health
ACHS	Association of Counties of Human Services
ADA	American Dental Association (<i>HO</i>)
ADA	American Dietetic Association (<i>HO</i>)
ADA	Americans with Disabilities Act
ADSA	Aging and Disability Services Administration
ADD	Attention Deficit Disorder
ADHD	Attention Deficit-Hyperactive Disorder
ADL	Activities of Daily Living
AES	Adult Employment Service
AGPA	American Group Practice Association (<i>HO</i>)
AHA	American Hospital Association (<i>HO</i>)
AHCPH	Agency for Health Care Policy and Research (<i>HO</i>)
AHEC	American Health Education Center (<i>HO</i>)
AIDS	Acquired Immune Deficiency Syndrome
ALIVE	Alternatives to Living in a Violent Environment
AMA	American Medical Association (<i>HO</i>)
ANA	American Nurses Association (<i>HO</i>)
ANHA	American Nursing Homes Association (<i>HO</i>)
AOA	American Optometric Association (<i>HO</i>)
AOA	American Osteopathic Association (<i>HO</i>)
APA	Administrative Procedures Act (<i>HO</i>)
APA	American Pharmaceutical Association (<i>HO</i>)
APHA	American Protestant Hospital Association (<i>HO</i>)
APHA	American Public Health Association (<i>HO</i>)
APS	Adult Protective Services
ARC	Advocacy for the Rights of Citizens with Disabilities
ARNP	Advanced Registered Nurse Practitioner
ASHA	American Speech and Hearing Association
ASTHO	Association of State and Territorial Health Officials (<i>HO</i>)

B B B B ...

BARS	Budgeting, Accounting and Reporting System— <i>DSHS accounting code</i>
BCA	Blue Cross Association (<i>HO</i>)
BD	Behaviorally Disabled
BHP	Basic Health Plan (<i>HO</i>)
BHP/Plus	Basic Health Plan for eligible children (<i>HO</i>)
BIA	Bureau of Indian Affairs
CC C c ...	
CA	Comprehensive Assessment
CACFP	Child and Adult Care Food Program
CAP	Community Action Program (<i>Department of Community Development</i>)
CAP	Client Assistance Program (<i>Division of Vocational Rehabilitation</i>)
CAT	Computerized Axial Tomography (<i>HO</i>)
CBO	Congressional Budget Office
CBVA	Curriculum-Based Vocational Assessment
CCF	Congregate Care Facility
CCHP	Consumer Choice Health Plan (<i>HO</i>)
CCR&R	Child Care Resource and Referral
CCS	Catholic Community Services
CCU	Coronary Care Unit (<i>HO</i>)
CD	Communication Disorders
CDC	Centers for Disease Control and Prevention (<i>HO</i>)
CDS	Communication Disorders Specialist— <i>now SLP</i>
CEC	Council for Exceptional Children
CFC	Combined Federal Campaign
CFR	Code of Federal Regulations
CHADD	Children and Adults with Attention Deficit Disorder
CHAMPUS	Civilian Health and Medical Program of the Uniformed Services (<i>HO</i>)
CHAP	Children Have a Potential (<i>Air Force Handicap Assistance Program</i>)
CHC	Community Health Center (<i>HO</i>)
CHDD	Center on Human Development and Disabilities
CHMC	Children's Hospital and Medical Center
CHP	Comprehensive Health Planning (<i>HO</i>)
CME	Continuing Medical Education (<i>HO</i>)
CMHC	Community Mental Health Center (<i>HO</i>)
CMP	Comprehensive Medical Plan (<i>HO</i>)
COB	Coordination of Benefits (<i>HO</i>)
COG	Council of Governments (<i>HO</i>)
CON	Certificate of Need (<i>HO</i>)

COTH Council of Teaching Hospitals (HO)
 CP Cerebral Palsy
 CPA Certified Public Accountants (HO)
 CPHA Commission on Professional and Hospital Archives (HO)
 CPI Consumer Price Index (HO)
 CPR Cardio-Pulmonary Resuscitation
 CPR Customary, Prevailing and Reasonable (HO)
 CPS Child Protective Services
 CPT-4 Current Procedural Terminology, Fourth Edition (HO)
 CRVS California Relative Value Studies (HO)
 CSHCN Children with Special Health Care Needs
 CSO Community Service Office (DSHS)
 CT Computer Tomographic (scanners) (HO)

D D D D ...

(D)HHS Department of Health and Human Services (HO)
 DCD Department of Community Development
 DCFS Division of Children and Family Services (DSHS)
 DD Developmental Disabilities
 DD Developmentally Disabled
 DD Developmentally Delayed
 DDA Developmental Disabilities Administration
 DDC Developmental Disabilities Council
 DDS Doctor of Dental Surgery (HO)
 DMA Division of Medical Assistance
 DMD Doctor of Dental Medicine (HO)
 DME Durable Medical Equipment (HO)
 DMH Division of Mental Health
 DO Doctor of Osteopathy (HO)
 DOD Department of Defense
 DOH Department of Health
 DOVIA Directors of Volunteers in Agencies
 DPH Department of Public Health
 DRG Diagnosis-Related Group (HO)
 DSHS Department of Social and Health Services
 DV Domestic Violence
 DVR Division of Vocational Rehabilitation (DSHS)

E E E E ...

E&D Evaluation and Diagnosis
 ECDAW Early Childhood Development Association of Washington
 ECEAP Early Childhood Education and Assistance Program
 ECF Extended Care Facility (HO)

ED Emotionally Disturbed (severely behaviorally disabled)
 EEG Electroencephalogram
 EEU Experimental Education Unit
 EFM Exceptional Family Member Program (Military)
 EKG Electrocardiogram
 EMS Emergency Medical Services (HO)
 EPA Exclusive Provider Arrangement (HO)
 EPSDT Early and Periodic Screening, Diagnosis and Treatment Program (HO)
 ER Emergency Room (HO)
 ERSA Employee Retirement Income Security Act (HO)
 ESD Educational Service District
 ESRD End Stage Renal Disease (HO)
 ESY Extended School Year
 ET Expenditure Target (HO)

F F F F ...

FAE Fetal Alcohol Effect
 FAS Fetal Alcohol Syndrome
 FAH Federation of American Hospitals (HO)
 FAPE Free Appropriate Public Education
 FDA Food and Drug Administration (HO)
 FEHBP Federal Employees Health Benefits Program (HO)
 FICA Federal Insurance Contributions Act (HO)
 FNP Family Nurse Practitioner (HO)
 FPL Federal Poverty Level
 FPLS Federal Parent Locator Service ()
 FRC Family Resource Coordinator (for children birth to three)
 FSDB First Steps Database

G G G G ...

GHAA Group Health Association of America (HO)
 GIA Grant-in-Aid
 GP General Practitioner (HO)

H H H H ...

HHS Department of Health and Human Services (HO)
 HCBS Home and Community Based Services Waivers (DSHS)
 HEDIS Health Plan Employer Data and Information Set (HO)
 HI Health Impaired
 HI Hearing Impaired
 HIAA Health Insurance Association of America (HO)
 HMO Health Maintenance Organization (HO)

HMSA Health Manpower Shortage Area (HO)
 HOH Hard of Hearing
 HRC Holly Ridge Center (provider)
 HRSA Health Resources and Services Administration (HO)
 HSA Health Service Area (HO)
 HSA Health Systems Agency (HO)
 HUD Housing and Urban Development (federal)
 HWD Healthcare for Workers with Disabilities (MAA)

IIII ...

I&R Information and Referral
 IADL Instrumental Activities of Daily Living (HO)
 ICAP Inventory for Client and Agency Planning
 ICC Interagency Coordinating Council
 ICD-9 International Classification of Diseases, 9th Revision
 ICDA International Classification of Diseases, Adapted (HO)
 ICF Intermediate Care Facility
 ICF/MR Intermediate Care Facility for the Mentally Retarded
 ICU Intensive Care Unit (HO)
 IDEA Individuals with Disabilities Education Act
 IDF Immune Deficiency Foundation
 IEP Individualized Education Plan
 IES Independent Employment Services (provider)
 IFSP Individual Family Service Plan
 IHP Individual Habilitation Plan
 IOM Institute of Medicine of the National Academy of Sciences (HO)
 IPP Individual Program Plan
 IQ Intelligence Quotient
 IRWE Income-Related Work Expense
 ISE Individual Supported Employment
 ISP Individual Service Plan
 ITA Involuntary Treatment Act
 ITEIP Infant Toddler Early Intervention Program
 ITP Individual Training Plan
 ITP Individual Transition Plan

JJJJ ...

JAMA Journal of American Medical Association
 JCAHO Joint Commission on Accreditation of Healthcare (HO)
 JTPA Job Training Partnership Act of 1982 (the manpower and training programs for youth and adults which are funded by the law)
 JWOD Javits Wagner O'Day Act

KKKK ...

KC Kitsap County
 KICC Kitsap Interagency Coordinating Council
 KMH Kitsap Mental Health
 KSAC Kitsap Sexual Assault Center
 KTSS Kitsap Tenant Support Services (provider)

LLLL ...

L-TC Long-Term Care
 LD Learning Disabled
 LD Learning Disability
 LDA Learning Disability Association
 LEA Local Education Agency
 LICWAC Local Indian Child Welfare Advisory Board
 LOS Length of Stay (HO)
 LPN Licensed Practical Nurse (HO)
 LRE Least Restrictive Environment
 LSC Life Safety Code (HO)
 LVN Licensed Vocational Nurse (HO)

MMMM ...

MAA Medical Assistance Administration
 MAAC Maximum Allowable Actual Charge (HO)
 MAF Medical Assistance Facility (HO)
 MAP Medical Audit Program (HO)
 MCAT Medical College Admission Test (HO)
 MCH Maternal and Child Health program (HO)
 MCO Managed Case Organization (HO)
 MD Medical Doctor
 MD Muscular Dystrophy
 MDT Multiple Disciplinary Team
 MEDLARS Medical Literature and Analysis Retrieval System (HO)
 MH Mental Health
 MH Multiply Handicapped
 MIHCP Medically Intensive Home Care Program
 MMIS Medicaid Management Information System (HO)
 MPC Medicaid Personal Care
 MR Mental Retardation
 MRI Magnetic Resonance Imaging (HO)
 MS Multiple Sclerosis
 MSA Metropolitan Statistical Areas (HO)
 MSW Master of Social Work

NNNN ...

NACo National Association of Counties (HO)

NAEYC National Association for the Education of Young Children
 NARI Northwest Association of Rehabilitation Industries
 NCA National Council on Aging
 NCHS National Center for Health Statistics (HO)
 NCHSR/HCTA National Center for Health Services Research/Health Care Technology Assessment (HO)
 NDT Neurodevelopment Treatment
 NF Nursing Facility
 NGA National Governor's Association (HO)
 NHIS National Health Interview Survey
 NHSC National Health Service Corps (HO)
 NICU Neonatal Intensive Care Unit (HO)
 NIH National Institute of Health (HO)
 NIMH National Institute of Mental Health
 NIOSH National Institute of Occupational Safety and Health (HO)
 NISH National Institute for Severely Handicapped
 .nlm National Library of Medicine (HO)
 NP Nurse Practitioner (HO)
 NPRM Notice of Proposed Rulemaking (HO)
O O O O ...
 OBRA Omnibus Budget Reconciliation Act of 1987 (*provides funding for people in need of nursing home care or equivalent services*)
 OCR Office of Civil Rights
 OESD Olympic Educational Service District
 OFM Office of Financial Management
 OI Orthopedically Impaired
 OJT On-the-Job Training
 OMB Office of Management and Budget
 OPD Outpatient Department (HO)
 OPPFM Office of Program Planning and Fiscal Management
 ORDA Office of Research and Data Analysis
 OSEP Office of Special Education Programs
 OSERS Office of Special Education and Rehabilitation Services
 OSPI Office of the Superintendent of Public Instruction
 OT Occupational Therapist
 OT Occupational Therapy
 OTR Licensed and Registered Occupational Therapist
P P P P ...
 PA Physicians Assistant (HO)
 PA Public Assistance

PAC Parent Advisory Committee
 PASS Plan for Achieving Self Support
 PCAP Parent Child Assistance Program
 PAVE Parents Are Vital In Education
 PCP Primary Care Physician (HO)
 PCM Positive Crisis Management
 PEAK Parent Education and Assistance for Kids
 PHN Public Health Nurse
 PKU Phenylketonuria
 PL Public Law
 PPA Preferred Provider Arrangement (HO)
 PPO Preferred Provider Organization (HO)
 ProPAC Prospective Payment Assessment Commission (HO)
 PPRC Physician Payment Review Commission (HO)
 PT Physical Therapist
 PT Physical Therapy
 PTA Parent Teacher Association
 PTI Parent Training and Information Center
 PTSS Post Traumatic Stress Syndrome
R R R R ...
 R&D Research and Development
 RBRVS Resource-Based Relative Value Scale (HO)
 RCW Revised Code of Washington
 REW Rehabilitation Enterprises of Washington
 RHC Residential Habilitation Center
 RN Registered Nurse
 RPT Registered Physical Therapist
 RSAS Rehabilitation Services Accreditation System
 RSN Regional Support Network/Mental Health Region
 RSVP Retired Seniors Volunteer Program
 RVS Relative Value Scale (HO)
S S S S ...
 S.A.F.E Schools Are For Everyone
 SAMSHA Substance Abuse and Mental Health Services Administration (HO)
 S.A.N.E. Sexual Assault Nurse Examiner
 SAVI Sexual Assault Victim Intervention (*military*)
 SBD Seriously Behaviorally Disabled
 SCAN State-Controlled Area Network
 SCH Sole Community Hospital (HO)
 SE Supported Employment
 SEA State Education Agency
 SEAC Special Education Advisory Council
 SEPAC Special Education Parent/Professional Advisory

	Council
SGA	Substantial Gainful Activity (SSA)
SLD	Specific Learning Disability
SLP	Speech-Language Pathologist
SLS	Supported Living Services
SNF	Skilled Nursing Facility
SPI	Superintendent of Public Instruction
SSA	Social Security Administration
SSBG	Social Services Block Grant (<i>1997 Welfare Reform</i>)
SSDI	Social Security Disability Income
SSI	Supplemental Security Income
SSP	State Supplementary Payment
STD	Sexually Transmitted Disease (<i>HO</i>)
STOMP	Specialized Training of Military Parents
SW	Social Work/ Social Worker
T T T T ...	
TA	Task Analysis
TANF	Temporary Assistance to Needy Families
TARP	Technical Assistance for Parents and Teachers
TASH	The Association for Persons with Severe Handicaps
TBI	Traumatic Brain Injury
TDD	Telecommunication Device for the Deaf
TS	Tenant Support
TT/TTY	Telephone Typewriter
TXIX	Title 19 (<i>Medicaid funding through the Social Security Act</i>)
U U U U ...	
UCP	United Cerebral Palsy
UW	United Way
V V V V ...	
VA	Veterans Administration
VI	Visually Impaired
VR	Vocational Rehabilitation
W W W W ...	
WAC	Washington Administrative Code
WACD	Washington Association for Citizens with Disabilities
WARI	Washington Association of Rehabilitation Industries
WAIS	Weschler Adult Intelligence Scale
WISC	Weschler Intelligence Scale for Children
WIC	Women, Infants and Children (<i>supplemental food program</i>)
WISE	Washington Initiative for Supported Employment

WPAS	Washington Protection and Advocacy System
WSMC	Washington State Migrant Council
WSPEP	Washington State Parent/Educator Partnership Project

COMMONLY USED PHRASES AND WORDS

A A A A ...

Acute Illness—An illness that has occurred suddenly and may be serious. (*HO*)

Activities of Daily Living (ADL)—Behaviors necessary for self care.

Adaptive Behavior—Use of basic skills in daily life activities.

Adult Service Agency—Federal, state or locally funded agency (with written policies and procedures) that provides services to adults and children (i.e., Division of Developmental Disabilities (DDD); Division of Vocational Rehabilitation (DVR); Public Assistance (Welfare); Women, Infants and Children (WIC); Employment Security, etc.).

Ambulatory Care—Health services that are provided without an overnight stay in a health-care facility. (*HO*)

Ancillary Services—Miscellaneous tests, such as laboratory or radiological exams. (*HO*)

Assistive Technology Device—Any item or piece of equipment that is useful to increase, maintain, or improve abilities of individuals with disabilities.

B B B B ...

Basic Health Plan (BHP)—Managed care plan available through the State of Washington to any individual or family. Premiums can be subsidized by the state, based on income and need. (*HO*)

Basic Health Plan/Plus (BHP/Plus)—Basic Health Plan for eligible children that provides its benefits through Healthy Options/Medicaid. (*HO*)

C C C C ...

Case Management—The process of having a person's health-care needs coordinated by using an ongoing plan. (*HO*)

Case Manager—Individual who arranges services, ensures that clients progress through the process, completes reviews, and (may) maintain fiscal responsibility.

Coinsurance—A percentage (often 20%) that an insured person pays for a visit to a physician or other health care provider, a hospital stay or treatment. (*HO*)

Community Based Programs—Programs for individuals with

disabilities that are located within the individual's community.

Community Resources—Public or private agencies, schools or programs offering services to people.

Concurrent Review—A review by an insurer at the time of service to verify that a patient needs continued inpatient care. (HO)

Copayment—A fixed dollar amount the recipient pays for health-care services at the time of receiving the service. (HO)

Curriculum-Based Vocational Assessment (CBVA)—Various tests to determine the career development and vocational instruction needs of students based on preferences in course content and curriculum; identification of students' career/vocational strengths and weaknesses.

D D D D ...

Deductible—The amount of money an insured person pays for services before the insurer starts paying the bill. (HO)

Diagnosis—Identification of a disease producing a specific condition. (HO)

Diagnostic Services—Procedures to determine the presence of a health condition. (HO)

Durable Medical Equipment (DME)—A long-lasting medical supply, such as a wheelchair. (HO)

E E E E ...

Elective Procedure—A procedure that isn't an emergency and that a patient and doctor plan in advance. (HO)

Emergency—An injury or acute medical condition likely to cause death, disability, or serious illness if not attended to very quickly. (HO)

Employability—Factors that determine whether an individual can be placed on a job and whether the individual can keep the job once placed.

Exclusions—Health conditions that an insurance policy specifically doesn't cover. (HO)

F F F F ...

Functional Living Skills Assessment—Skills, interests, and values related to functioning in the home and community.

G G G G ...

Gainful Employment—Includes employment in one of the following: Competitive labor market, supported employment, sheltered employment, or homebound work. Work is performed for living wage and typical benefits.

Gatekeeper—The person who controls a patient's access to health-care services, whether as a case manager or a primary-care provider. Typically, this person must approve all uses of health-care services. (HO)

H H H H ...

Habilitation—Services provided to individual with developmental disabilities to help them achieve the highest level of

Healthcare for Workers with Disabilities (HWD)—Medicaid buy-in program for workers with disabilities

Health Maintenance Organization (HMO)—An entity that provides, offers, or arranges for coverage of designated health services needed by plan members for a fixed, prepaid premium. (HO)

Health Plan—The set of services in an insurance policy for health care. (HO)

Healthy Options and SSI Healthy Options—Medicaid benefits that deliver most medical services through Managed Care Organizations. (HO)

Health Plan Employer Data and Information Set—A standardized report used to compare and evaluate HMO's. (HO)

I I I I ...

Independent Living Skills—Basic skills needed to successfully function to the greatest extent possible, in the least restrictive environment.

Individualized Transition Plan (ITP)—A plan which includes long-term goals and short-term objectives, including: a) timelines, b) measurable expected outcomes, and c) identification of persons who are responsible for teaching and monitoring the plan to ensure that the goals and objectives are met.

Inpatient—A patient who stays in a hospital overnight. (HO)

Integrated Work Setting—Work setting where duties are performed with opportunity for work and non-work interaction with workers who are not disabled. Ratio of non-disabled to disabled workers is no higher than eight-to-one.

J J J J ...

Job Analysis—Job analysis identifies and describes: a) what the worker does; b) how the work is done; c) results of the work; and d) the worker's characteristics.

Job Coach—Provides individualized one-to-one assistance in job placement, travel training, skill training at the job site, ongoing assessments, and long-term assessment.

Job Development Specialist—An individual who contacts businesses

and industries for the purpose of placing individuals in competitive employment or on-the-job training sites.

L L L L ...

Lifetime Maximum—The total amount that an insurance policy will pay out for medical care during the lifetime of a policy holder. (HO)

M M M M ...

Managed Care—A term used to describe strategies of health-care plans to control costs by monitoring services and providers used for fees charged. (HO)

Maximum Out-of-Pocket Cost—The maximum amount of money a member will have to pay from his or her own funds for deductibles, copayments, or other expenses. (HO)

Medically Necessary—Services required to prevent harm to the patient or to the patient's quality of life. (HO)

N N N N ...

Non-Participating Provider—A provider who isn't part of a specific health plan. (HO)

O O O O ...

Outcome Oriented—A measurable skill at the end of a set period of training.

P P P P ...

Placement Specialist—Professional who assists in job placement.

Pre-Admission Review—A review undertaken by a health plan that happens before a patient enters a hospital to determine if the admission is necessary and appropriate. (HO)

Pre-Certification—Similar to pre-admission review but requires a certificate or authorization from the patient's health plan. (HO)

Pre-Existing Condition—A health condition that a person has that an insurance policy specifically excludes from coverage or that prevents the person from qualifying for insurance. (HO)

Preventive Care—Health care that stresses healthy behavior, regular testing, screening for diseases, and other services that detect diseases early or or prevents them from occurring. (HO)

Primary Care—First-level or generalist care that a person receives outside a hospital. (HO)

Primary Care Physician (PCP)—The health-care provider a person most commonly calls first when a problem arises. (HO)

Prior Authorization—A cost-control procedure in which an insurer requires a service or medication to be approved in advance for coverage. (HO)

Provider—A person or an institution that delivers a service. (HO)

R R R R ...

Referral—When one health-care provider suggests you visit another one for the purpose of further evaluation and treatment. (HO)

S S S S ...

Screening Test—A procedure to determine if a person has a certain medical condition. (HO)

Secondary Care—Care, often provided in hospitals and long-term facilities, that makes more use of caregivers with specialized training than does primary care. (HO)

Self-Referral—When a health-care provider stands to benefit financially from referring a patient to another provider for care. (HO)

Service Area—The geographic area a health plan serves. (HO)

Sheltered Workshop—Provides transitional and/or long-term employment in a controlled and closed working environment. It may provide vocational evaluation, work adjustment, and supported employment service.

Social Security Disability Insurance (SSDI)—benefits provided to disabled and blind individuals who are “insured” by workers’ contributions to the Social Security Trust. The worker’s widower or worker’s adult child with a disability may also receive a benefit.

Specialist—A physician whose training focuses on a particular area beyond the general training for all physicians. (HO)

Supported Employment—Paid employment for individuals with severe disabilities. All supported employment programs take place in integrated settings with on-going job site support provided by professional staff in integrated community based employment setting.

Supplemental Security Income (SSI)—cash assistance program to aged, blind and individuals with disabilities including children under 18 who have limited income and resources.

T T T T ...

Task Analysis (TA)—The breakdown of a particular job into its component work activities.

Tertiary Care—Highly specialized care for severe health problems. (HO)

U U U U ...

Utilization Management—The process health plans and insurers use to make sure the kind of treatment and care recommended for a patient is necessary and appropriate. (HO)

Thank You . . .

To the Kitsap County Board of Commissioners for their support of persons with special needs in Kitsap County.

To the members of the Kitsap County Developmental Disabilities Advisory Board for their support : Larry Mack, Chair, Christine Johnson, Sandra LaCelle, Kathy Lougheed, Robin Christman, Donna Gears, Jacki Haight, Veola Taylor, George Adams and Alicia Skelly.

And to the Kitsap County Developmental Disability staff for their assistance in completing this guide and distributing it to those that most need this information: Kelly Oneal, Kirsten Murray and Linda Ward.