

# Kitsap County Council for Human Rights MINUTES

Tuesday, June 15, 2021, 6:30-8 PM

Zoom: <https://us02web.zoom.us/j/89887222983> Meeting ID: 898 8722 2983 By phone: 253-215-8782

The **Mission of the Kitsap County Council for Human Rights** is twofold:

1. To advise county government and Kitsap County community on issues related to discrimination, violence and harassment based on race or national origin, religion, age, gender, gender expression, sexual orientation, disability, or economic status, and
2. To promote equitable treatment of all people and reduce prejudice through education, resource referrals, and advocacy.

**Attendance:** P – present T – present by technology E – absent excused U – absent unexcused

?	Name	Position*	?	Name	Position*
E	Reba Harris	D1 – P1	E	Heather Moritz	D3 – P1
P	Erin Lanum, <i>Secretary</i>	D1 – P2	P	Darrell Thomas	D3 – P2
P	Dionne Deschenne, <i>Chair</i>	D1 – P3		Vacant	D3 – P3
P	Jim Cash	D1 – P4	E	Zana Gearlach	D3 – P4
E	Beth Barron	D2 – P1	P	Teresa Swope	At-large
E	Janae Jenkins	D2 – P2	P	Marcie Mathis	At-large
P	Carrie La Jeunesse	D2 – P3	P	Susie Beil, <i>Vice Chair</i>	At-large
P	Christina Barone	D2 – P4	P	Rebecca Pirtle	County Admin.

\*Note on Positions: Commissioner for District 1 Rob Gelder; District 2 Charlotte Garrido; District 3 Ed Wolfe.

**Guests in attendance: NONE**

- 1) **Called to Order** at 6:31pm
  - 2) **Approved Agenda** – Erin motioned, Carrie seconded. Unanimous approval for June Agenda.
  - 3) **Land Acknowledgement Statement** (see below) – ready by Susie
  - 4) **Group Agreements** (see below) – Agreed to not read them, but we acknowledged them
  - 5) **Centering moment** provided by Jim – Read “Love Without End, Amen” lyrics by George Strait in honor of Father’s Day
    - **Who will provide for next month?** Marcie will provide centering moment for next meeting (August)
  - 6) **Introductions** – Council Members and Guests – No new members or guests present
  - 7) **Approval of Minutes** from previous meetings of May 18, 2021 – Jim motioned, Marcie seconded, Council unanimously approved.
  - 8) **Guest comments or announcements** (three minutes each) – Marcie announced LGBTQ+ Kitsap Pride Fest on July 31, 2021, starting at 4pm. The Council has the opportunity to table there, from 4pm-7pm. A few Councilors volunteered to table for all or part of the time, but more are welcome. It was determined that informational materials to be provided during the event need updating. The Outreach Committee will discuss what needs updating at their next meeting (Monday, June 21, 2021 @ 5:30-6:30pm) and take that on. Erin offered to supply a canopy. Rebecca will take care of registration/signing up for a table space for KCCHR.
- Jim shared the good news of the United States House passing (415-14) legislation to commemorate Juneteenth (June 19<sup>th</sup>), or Freedom Day, as a federal holiday.
- 9) **Presentation** – by Carrie La Jeunesse *When helping work takes a toll: Understanding grief, bereavement and loss.*

Carrie discussed care/compassion fatigue; the layers of loss or grief; complicated grief; countertransference; burnout; the issues with Ross's popular book outlining stages of grief; the book "Attached" by Levine and Heller was introduced; discussed "four tasks of mourning" as 1. To accept the reality of the loss, 2. To work through the pain and grief, 3. To adjust to an environment without the loved one, 4. To emotionally relocate the deceased and move on with life; post traumatic growth; narrative reconstruction; intuitive vs instrumental grief styles – ultimately the discussion was an introduction to these and other concepts around grief, loss, and burnout in fields that involve care, loss, death, and/or trauma. The Council confronts topics and situations that involve these realities, and individual council members have expressed stress/burnout/recent challenges that warranted supportive discussion. Carrie will provide us with a copy of her presentation slides for future reference.

10) **Bremerton Race and Equity Advisory Committee meeting attendance** (meets the 2<sup>nd</sup> Thursday of each month). More information at <https://www.bremertonwa.gov/1232/Race-Equity-Advisory-Committee-REAC->

KCCHR/Councilors are invited to attend BREAC meetings starting in August or September and the Council discussed which month and who will attend. Carrie, Chris, Theresa, Marcie, Dionne, and Erin will attend the September 9<sup>th</sup> meeting. These meetings are open to the public. Dionne will send out an invitation to the whole Council (since some members were not present) in case others will want to attend.

11) **Committee and Forum Planning Reports**

Outreach – Nothing to report. Will be having monthly meeting on Monday, June 21<sup>st</sup>.

Conference – Planning committee has agreed on first Tuesdays at 6:30pm for monthly meeting time.

Chris will join the Committee. Although there is still uncertainty around an in-person

Conference due to the ongoing pandemic, Rebecca shared that the proposed date of Saturday, December 11<sup>th</sup> at Olympic College is available for scheduling.

Report – Nothing to report. Are working on gathering connections and data still.

12) **New Business** – The Council agrees to the proposal to take July off from all committee and Council meeting(s) due to the need for a break and summer plans. Rebecca will send out an email to the Outreach Committee with the items needed for the Kitsap Pride event, since July meetings won't happen. The Council also discussed the County's plans to resume in-person meetings as COVID restrictions loosen. Rebecca relayed that the County says the earliest would be in September. We will need a new location and couple of prospective locations were suggested (the Dispute Resolution Center of Kitsap and the Kitsap Regional Library once they open up). Commissioners would have to determine if advisory committees can be conducted virtually after it is deemed safe to hold in-person meetings, as the concept of a hybrid model was proposed.

13) **Check-ins** (if time allows) – Decided to skip this.

14) **Next meeting:** 6:30 PM on Tuesday, August 17, via Zoom

15) **Adjourned** at 8:00pm

Minutes submitted by Secretary Erin Lanum