

TIPS FOR A HEALTHY, HAPPY HALLOWEEN



KITSAP PUBLIC
HEALTH DISTRICT

Many of our favorite Halloween traditions could increase our risk for getting or spreading COVID-19. We are asking Kitsap County residents to incorporate healthy habits into their celebrations this year.

Halloween should be spooky, but not because of COVID-19!



SAFEST

LOW-RISK ACTIVITIES

Celebrating at home with your household



Have a scavenger hunt with treats hidden around the house or yard.



Dress up and break out the snacks for a spooky movie marathon.

Gathering with friends online



Host a virtual costume contest or pumpkin carving party.



SPOOKIEST

HIGHER RISK — NOT RECOMMENDED!

Crowded halloween parties and events



Kitsap County is in Phase 2, meaning gatherings should be limited to five or fewer people from outside your household.

Indoor haunted houses (not permitted this year under Safe Start)

Door-to-door trick-or-treating, especially in large groups

IDEAS FOR SAFER TRICK-OR-TREATING

IF YOU GO TRICK-OR-TREATING

- Stick with members of your household.
- Maintain at least 6 feet of distance from people in other groups.
- Incorporate a snug cloth face covering into your costume.
- Wash hands before and after and bring along hand sanitizer.

IF YOU HAND OUT TREATS

- Create grab bags of treats.
- Set treats on a table outside and greet visitors from a safe distance, or try a creative approach, like sliding candy down a long tube.
- Place markers on the ground to help visitors stay 6 feet apart.



BE CREATIVE, BE HEALTHY

However you decide to celebrate, please keep these tips in mind:

- Fewer, shorter interactions are safer.
- Outdoors is safer than indoors.
- 6 feet apart is safer than shoulder to shoulder.
- Wearing face coverings is safer than not wearing face coverings.
- **Do not gather with others or invite visitors if you are feeling sick!**

FIND MORE TIPS: coronavirus.wa.gov | cdc.gov/coronavirus