



# NOVEMBER IS FAMILY CAREGIVER MONTH

## 2022 Theme: Caregiving Happens

Planned or not, most of us will find ourselves in a caregiver role—helping an adult family member or friend with maintaining their independence.

Join us to learn about what it means to be a caregiver and explore local options to support you and the person you help.

**Wednesday, November 16<sup>th</sup> two times to choose from:**

**12:30pm - 1:30pm**

Registration Link: [Here](#)

Call-in option: (253) 215-8782

Meeting ID: 891 6489 5510

Passcode: 476271

**5:30pm - 6:30pm**

Registration Link: [Here](#)

Call-in option: (253) 215-8782

Meeting ID: 896 9496 5223

Passcode: 065215

Registration required for online attendance. After registering, you will receive a confirmation email containing information about joining the meeting. A Zoom account is not needed to attend. Click [Zoom FAQs](#) for more information.

Use of camera or microphone is optional for attendees. Closed caption/live transcript will be used during the presentation. The presentation will not be recorded.

Join us for a discussion about the journey of helping others and local support available.

Virtual, live event via Zoom.  
No registration fee to attend.



Contact Jennifer Calvin-Myers for registration assistance or questions.

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