

## Dementia Resources Social Work Consultation

Available for individuals and/or their caregivers

Sponsored by Kitsap County Aging and Long Term Care

**Service Description:** Consultations are <u>free</u> and intended to be a brief, one-time service to learn about options for maintaining independence at home, such as:

- Existing community resources
- Reducing caregiver stress
- General education

- Long term care options & planning
- Disease progression
- Online and phone-based resources

**Consultation Locations:** Options are based on your preference and the schedules and health and safety of yourself and the social worker.

- In your home
- Virtual on the internet, via Zoom link sent in email
- Over the phone
- Public location (coffee shop, senior center, etc.)

**Group Presentations:** Community education presentations are also available upon request. Example presentation topics include:

- The dementia spectrum
- Caregiver support
- Community resources
- Legal planning (general information)



Request a Referral

Kitsap County Aging & Long Term Care (360) 337-5700, (800) 562-6418 seniorinfo@kitsap.gov