

**Medicaid Alternative Care (MAC)** - For individuals, age 55+ (care receiver) who

1. Have an unpaid caregiver (friend/family) who would like support in their caregiving role,
2. Are already eligible for Medicaid, and
3. Are not living in a facility-based setting.

The MAC benefit package provides services to unpaid caregivers designed to assist them in getting the support necessary to continue providing high-quality care and to focus on their own health and well-being. There is no estate recovery or financial participation required for this program.

- **Please Note** - MAC does not provide all the same additional benefits as the Medicaid In-Home Care program. (COPES/CFC).
- You may only receive services from one program or the other, not both.

Once the care receiver is determined eligible for the MAC program, the caregiver can receive a variety of services, within an authorized monthly budget amount and based on the level of assessment the caregiver completes with a case manager.

Possible benefits available to the caregiver include the following:

- **Caregiver Assistance Services:** Services that take the place of those typically performed by unpaid caregiver.
- **Training and Education:** Assist caregivers with gaining skills and knowledge to care for care receiver.
- **Specialized Medical Equipment & Supplies:** Goods and supplies needed by the care receiver.
- **Health Maintenance & Therapies:** Clinical or therapeutic services for caregivers to remain in the caregiver role.

More information about MAC:

- <https://www.dshs.wa.gov/altsa/stakeholders/medicaid-transformation-demonstration>
- Call Kitsap County Aging & Long Term Care at 360-337-5700 or 1-800-562-6418 M-F 8:00am to 4:30pm