

**Tailored Supports for Older Adults (TSOA)** – Offers a new eligibility category and benefit package for people age 55+ (with or without an unpaid caregiver) who are:

1. not living in a facility-based setting and
2. care receiver meets eligibility criteria for gross monthly income and certain total assets and
3. level of care needs.

This new program was designed to help people “at risk” for needing future Medicaid Long Term Services and Supports and who currently do not meet Medicaid financial eligibility criteria.

The **TSOA Dyad (care receiver & caregiver)** benefit package provides services to unpaid caregivers designed to assist them in getting the support necessary to continue providing high-quality care and to focus on their own health and well-being. The program is designed to help people avoid or delay financial impoverishment and the need for Medicaid funded services. There is no estate recovery or financial participation required for this program.

Once the care receiver is determined eligible for the TSOA program, the caregiver can receive a variety of services, within an authorized monthly budget amount and based on the level of assessment the caregiver completes with a case manager.

Possible benefits available to the caregiver include the following:

- **Caregiver Assistance Services:** Service provided for some tasks typically performed by the unpaid caregiver.
- **Training and Education:** Assist caregivers with gaining skills and knowledge to care for care receiver.
- **Specialized Medical Equipment & Supplies:** Goods and supplies needed by the care receiver.
- **Health Maintenance & Therapies:** Clinical or therapeutic services for caregivers to remain in the caregiver role.

The **TSOA Individual** (person without an unpaid caregiver-family/friend) benefit package provides services directly to the individual needing assistance. Once the individual is determined eligible for the TSOA program, the individual can receive a variety of services, within an authorized monthly budget amount and based on the level of assessment the individual completes with a case manager

Possible benefits available an individual include the following:

- **Training and Education:** Assist individual with gaining skills and knowledge needed to care for self.
- **Specialized Medical Equipment & Supplies:** Goods and supplies needed by the individual.
- **Health Maintenance & Therapies:** Clinical or therapeutic services for individual to remain at home.
- **Personal Assistance Services:** Supports involving the labor of another person to help the individual.

Additional information about TSOA (Dyad or Individual):

- <https://www.dshs.wa.gov/altsa/stakeholders/medicaid-transformation-demonstration>
- Call Kitsap County Aging & Long Term Care at 360-337-5700 or 1-800-562-6418 M-F 8:00am to 4:30pm

Complete and return the Caregiver Screening (TSOA Dyad only)

- [Caregiver Screening](#) – English
- [Caregiver Screening](#) - Spanish