



## KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH

**Thursday May 2, 2019**

**Olympic Educational Service District 114  
105 National Ave. N.  
Bremerton, WA  
4:30-6:00 p.m.**

### THE PURPOSE OF THIS BOARD IS TO:

**Advise** County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

**Facilitate** Coordination of information among agencies to maximize resources

**Advocate** for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

# A G E N D A

**4:30 WELCOME, INTRODUCTIONS, AGENDA APPROVAL**

**4:35 FUNDING RECOMMENDATIONS – Grant awards review team**

**4:40 VOTE – GRANT FUNDING RECOMMENDATIONS**

**4:45 DEBRIEF GRANT AWARD SELECTION PROCESS**

**5:00 YOUTH REPRESENTATIVE REPORTS**

**5:10 YOUTH FORUM PLANNING**

**5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**

**6:00 ADJOURNMENT & NEXT MEETING (6/6/19)**

**6:00 PROJECT TEAM MEETINGS – AS NEEDED**

**Kitsap County Commission on Children and Youth  
AGENDA BRIEFING – MAY 2, 2019**

**4:30 P.M. – 6:00 P.M.**

**Olympic Educational Service District 114  
105 National Avenue North, Bremerton, WA 98312**

**4:30 p.m. WELCOME & INTRODUCTIONS**

**4:35 p.m. FUNDING RECOMMENDATIONS**

The Grant Award Review Team will pass out their funding recommendations sheet and read the names and amount award recommended for the applications received with a minimum of explanation. the Board will be invited to ask brief questions.

**4:40 p.m. VOTE – GRANT FUNDING RECOMMENDATIONS**

Laura will guide the board through the vote to recommend dispersal of the grant funding among the eligible applicants using the grant award review team's list of funding recommendations. The recommendations decided with this vote will be offered to the County Commissioners who have the final decision as to which of the applications are funded and to what amount they will be funded. The total amount available of allocated county funds is \$27,500.

**4:45 p.m. DEBRIEF – GRANT AWARDS SELECTION PROCESS**

Members of the Grant Award Review Team will share their power point and presentation about the process this year. The purpose of this is to educate the board as to how the recommendations were decided for this year's funding.

**5:00 p.m. YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission will have an opportunity to update the Commission on youth issues and activities in their community.

**5:10 p.m. YOUTH FORUM PLANNING**

The Leadership Team will guide the board through developing a list of questions to ask our youth to educate the board on the needs of Kitsap County children and youth. Next steps will be generated and shared with the full board.

**5:50 p.m. ANNOUNCEMENTS/PUBLIC COMMENT (2-minute limit per individual)**

**5:55 p.m. ADJOURNMENT & NEXT MEETING**

Next meeting to be held 6/6/19

**6:00 p.m. PROJECT TEAM MEETINGS AND NEXT STEPS**

Project teams will meet if needed.

## Kitsap County Commission on Children and Youth

### MINUTES APRIL 4, 2019

The Kitsap County Commission on Children and Youth meeting was held on Thursday, APRIL 4, 2019 4:30 p.m. at Olympic Educational Service District 114 in Bremerton. Jeff Allen, the Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

#### I. **INTRODUCTIONS**

Jeff asked members and guests for self-introductions.

#### II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

The March 2019 Minutes were reviewed and approved.

#### III. **BOARD VICE-CHAIRPERSON ELECTION**

The election of a new Board Vice- Chairperson Was held and Jessica Guidry was elected.

#### IV. **YOUTH REPRESENTATIVE REPORT**

Youth Representatives on the Commission updated the Commission on youth issues and activities in their community.

#### V. **RFP STATUS UPDATE**

Laura provided an update on the status of our grant announcement, the Bidders Conference, and award selection process. We still need volunteers to serve on the committee. (April 30<sup>th</sup>) and choose a time and location to meet.

#### VI. **ANNOUNCEMENTS/PUBLIC COMMENT**

Program updates and events were shared.

#### IX. **ADJOURNMENT**

The meeting was adjourned. Our next meeting is May 2, 2019.

#### **ATTENDANCE**

COMMISSION MEMBERS	STAFF	GUESTS
Jill Brenner	Laura Hyde	
Jeff Allen		Dr. Joy Lile
Ursula Petters		Connie Mueller
Patrick Woo-Ching		Ashley Jensen
Kelly Sanchez		Clive Stewart
		Shanna Washburn

Absent
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Susan Chesbrough		
Meilana Charles		
Charles Stevenson		
Christy Garner		
Lisa Lechuga		
Lisa Heaman		
Nolan Hubbell		
Casey Langsjoen		




**JUNE 18, 2019**  
**12:00 PM – 2:00 PM**

## **HELPING ALL PEOPLE FLOURISH**

**Please join us for an educational opportunity about N.E.A.R. (Neuroscience, Epigenetics, Adverse Childhood Experiences and Resilience).**

**Learn the science behind human behavior, explore the impacts of trauma & toxic stress on our brains, bodies, behavior, & choices. Develop ideas/strategies for supporting ALL individuals by helping them develop the skills and giving them the opportunities they need to flourish.**



This training is open to the public! Come for FREE and bring your lunch!

There is limited space available! Please register at:

<https://www.eventbrite.com/e/helping-all-people-flourish-tickets-60081610715>

Please contact Marlaina Simmons with any questions  
[info@kitsapstrong.org](mailto:info@kitsapstrong.org)

GIVENS COMMUNITY  
CENTER-  
OLYMPIC ROOM  
1026 Sidney Avenue  
Port Orchard, WA 98366

# t<sup>3</sup> Building Skills in Motivational Interviewing Helping People Change

One-Day Training

June 13, 2019

8:30 AM- 4:30 PM

## MOTIVATIONAL INTERVIEWING (MI)

is a “collaborative conversation style for strengthening a person’s own motivation and commitment to change.” This evidence-based approach is relevant to practitioners of all disciplines in health and human services. Based on the 2013 edition of *Motivational Interviewing: Helping People Change*, this in-person, one-day training encompasses the underlying mindset, core skills, and methods of MI. Participants will be invited during the training to engage in various learning activities.

## LEARNING OBJECTIVES

*Participant will be able to:*

- Describe the four elements of the mindset and heart-set of MI
- Explain the four processes that guide motivational conversations
- Provide examples of three core interviewing skills used in MI
- Demonstrate how to recognize and elicit change talk
- Describe how to effectively provide information and suggestions

## WHO SHOULD TAKE THIS COURSE

This training is sponsored by the Housing and Homelessness Division of Kitsap County Human Services. It is geared for organizations who work with people experiencing homelessness. Staff at all levels of human services organizations are invited to participate.

## Meet the Instructor



**Ken Kraybill, MSW**, Ken has worked in healthcare, behavioral health, homelessness and housing for the past 35 years. He is the Director of Training for t3 (think. teach. transform.), the Center for Social Innovation’s training institute dedicated to improving the quality of care provided to marginalized and vulnerable people. Ken develops curricula and facilitates in-person and online training nationally on topics including Motivational Interviewing, trauma-informed care, outreach and engagement, clinical case management, peer integration, Critical Time Intervention, and supervision. He is a member of the international Motivational Interviewing Network of Trainers (MINT). Ken has an MSW from the University of Washington in Seattle and an undergraduate degree from Goshen College in Indiana.

## TRAINING FACTS

- Date: June 13, 2019
- Check in time: 8:00 AM
- Training time: 8:30 AM – 4:30 PM
- Cost: **Free**
- Location: Main Meeting Chambers, Norm Dicks Government Center, 345 6th Street, Bremerton
- Subject: Motivational Interviewing
- CE credit:
  - ASWB: 6 hours
  - NAADAC: 6 hours
  - NBCC: 6 hours
- **Registration Required:** <http://tiny.cc/MI-June13th>

## TRAINING CERTIFICATES

Certificates of Completion will be emailed directly within *two weeks* to participants who have attended the entire training day, completed the training evaluation form, and the certificate request form.

## SPECIAL ACCOMMODATIONS

For any individual requesting accommodations for this trainings, please contact us directly.

# t **3** Building Skills in Motivational Interviewing Helping People Change

One-Day Training

June 13, 2019

8:30 AM- 4:30 PM

## TRAINING AGENDA

### 8:30 Overview of MI basics

- A personal taste of MI
- MI definitions, history, concept of how change happens
- Relevance of MI in your work
- Adapting MI for the clients you see

### 10:00 BREAK

### 10:15 Spirit and processes of the MI approach

- Embodying the mindset and heart-set of MI
- Four processes guiding the flow of MI
- A guided motivational conversation

### 12:00 LUNCH

### 1:00 Using three core interviewing skills of MI

- Asking evocative questions
- Forming and offering reflective statements
- Offering affirmations to highlight strengths
- Using these skills strategically and in combination

### 2:30 BREAK

### 2:45 Strategies to elicit change talk

- Recognizing change talk
- Strategies to elicit change talk
- Exchanging information

### 4:15 Continuing to build your MI knowledge and skills

### 4:30 ADJOURN

## CONTINUING EDUCATION

Center for Social Innovation, provider #1457, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org), through the Approved Continuing Education (ACE) program. Center for Social Innovation maintains responsibility for the program. ASWB Approval Period: 10/17/2016 to 10/17/2020. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive 6 continuing education clock hours.

### For more information about this training, please visit:

<http://info.thinkt3.com/courses-offerings/motivational-interviewing-one-day-onsite>

## Registration Information

Advance Registration is REQUIRED  
at: <http://tiny.cc/MI-June13th>

Priority is for staff of organizations working with people experiencing homelessness. Staff from other social service organizations are welcome to attend; please register and we will let you know if space is available.

BY  Center for  
Social Innovation





## NORTHWEST PREVENTION TECHNOLOGY TRANSFER CENTER EMERGING TOPICS IN PREVENTION SCIENCE MEDIA SERIES

### Is Extension the Missing Piece to your Prevention Puzzle? Maximizing the Impact of Community-Based Prevention through Extension Partnerships

#### DATE AND TIME

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May 2, 2019      10:00 am -11:30 am Alaska  
                         11:00 am - 12:30 pm Pacific  
                         12:00 pm - 1:30 pm Mountain

#### AUDIENCE

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Community and state-level prevention practitioners, allied health partners and community members, working to prevent substance misuse.

#### DESCRIPTION

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A central problem in prevention programming is how to implement programs with high quality, sustain them over time, and demonstrate improved outcomes for children and youth. One innovative attempt to solve this issue is to develop and support community-based coalitions that plan and implement these programs. During this webinar, presenters will discuss how to leverage county and regional Extension educators as a key partner on community-based teams. Presenters will offer a real-world example of how this has been done effectively across Pennsylvania. In addition, presenters will share lessons learned and promising practices related to high engagement and sustainability of local prevention coalitions and activities.

#### PRESENTERS

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**Janet A Welsh, Ph.D.**, Research Professor with the Prevention Research Center at The Pennsylvania State University. Janet has been working in prevention research since 1994. Her research interests include the translation of evidence-based interventions (EBIs) into community settings and adaptations of EBIs within special populations, including the U.S. military and Native Americans. Janet has been an investigator on the Pennsylvania State University PROSPER study for the past 15 years, studying issues related to the sustainability and dissemination of universal substance abuse prevention programs.

**Daniel F Perkins, Ph.D.**, Professor of Youth and Family Resiliency and Policy and Extension Specialist at The Pennsylvania State University. **Daniel** has been involved with Cooperative Extension for more than 20 years in three different states. He is Principal Scientist and Founder of an applied research center, the Clearinghouse for Military Family Readiness at Penn State. Dr. Perkins' scholarship involves the integration of practice and research into three major areas: (1) Positive Youth Development (2) Healthy Family Development and (3) Community Collaboration.

#### REGISTRATION

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<https://casatunr.wufoo.com/forms/w1tildd51hwzr4k/>

#### QUESTIONS?

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Please contact Clarissa Lam Yuen ([clamyyuen@casat.org](mailto:clamyyuen@casat.org)) for any questions related to registration. For any other questions, please contact Louise Parker, PhD ([parker@wsu.edu](mailto:parker@wsu.edu)).