

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: January 20, 2021

Time: 11:30am- 1:30pm **(11:00am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624 **Password:** 98366

Phone Dial-in: 1 (253) 215-8782 **Meeting ID:** 360 337 5624 **Password:** 98366

A G E N D A

- 11:30am 1. Call To Order
- 11:45am 2. Introduce interested new members
3. Meeting Agenda Approval
4. December meeting notes (Attachment 1) - Approval
5. Council Member Report of Activities
- a. 1/10th Citizens Advisory Council- Charmaine Scott
- b. 2020-2021 SCOA Meetings- Karol Stevens
- c. Council Member Report of Community Outreach Advocacy (3 minutes)- reminder complete tracking form
- What did you do since the last meeting?
- How many people were involved?
- Brief Overview
- Are there any items requiring action from the Council?
- 12:30pm 6. w4a Legislative Activities
- January 25th – Pre-Advocacy Webinar, Noon
- January 26-28, 2021 appointments (Attachment 2)
- Pre-panning meeting?
- Thank You Card
- 12:45 pm 7. 2021 Advisory Council Business
- 2021 Advisory Council Roster- no contact info (Attachment 3)
- 2021 Workplan – draft (Attachment 4)
- Retreat planning – date and time?
- 1:00pm 8. ALTC Report
- a. COVID updates
- Vaccine distribution
- Community- based information
- b. Dashboard Report (Attachment 5)
- c. 2021 Advisory Council Calendar of Events (Attachment 6)
- 1:30pm ADJOURN

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December 16, 2020 Aging Advisory Council Meeting Minutes

Zoom

1. **Convened at 11:32 p.m.**
2. **Members Present:** Barbara Paul, Charmaine Scott, Shawn Gibbs, Steve McMurdo, Susan Kerr, Mari Van Court, Karol Stevens, Michaelene Manion.

Members Excused: Al Pinkham.

Members Unexcused: None.

Guests Present: Linette Zimmerman.

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: Linette and members of the Council exchanged introductions.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Mari made a motion to approve the agenda, Steve and Barbara seconded. Agenda approved. Stacey asked to include new information about the COVID-19 vaccine. It was approved.
4. **Approval of Minutes:**
 - Steve made a motion to approve the September and November meeting minutes. The motion was seconded by Charmaine. The minutes were approved.
5. **Council Member Report of Activities**
 - a. 1/10th Citizens Advisory Council Representative – Charmaine Scott
 - Charmaine explained that the 1/10th Citizens Advisory is working to finish their Strategic Plan. Their Council plans to have it completed and submitted in January.

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b. 2020 SCOA Meetings – Karol Stevens

- Although the SCOA did not meet in December, Karol asked fellow SCOA members if they would be interested in starting a social isolation workgroup. There was interest and the group will begin meeting monthly. Karol informed the group that she has ordered Dementia Action Collaboration rack cards and will be mailing them to all Council Members. Lastly, Karol shared the book *Together: The Healing Power of Human Connection in a Sometimes Lonely World* written by the Vivek Murthy, former and returning Surgeon General of the United States.

c. Council Member Report of Community Outreach Advocacy

- Shawn has been brainstorming ways to serve seniors while her local senior center is closed.
- Steve was involved in interviewing potential council members and participated in the recent appointment with Senator Rolfes.
- Barbara participated in the recent appointment with Sen. Rolfes. Barbara also received the publications requested last month and explained that once she receives the rack cards from Karol she will be distributing them to her parish nurse, to share with the congregation, and her local fire station.
- Susan participated in the appointment with Sen. Rolfes and has reached out to a few other senators.
- Michaelene has been advocating for her son and his adult disabled home remotely. She explained that it has been difficult keeping communication open remotely while the home is understaffed and some staff members are lacking training. COVID-19 has exacerbated the issue. Michaelene has also spent time advocating for the COVID-19 relief bill.

6. Legislative Appointments

a. December 2020 Appointments

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- The appointment with Sen. Rolfes went very well. She shared the upcoming SEIU shared benefit settlement that will be paid through the biennial budget.
- The appointment with Sen. Randall has been rescheduled from Thursday at 8:30am to Friday at noon.
- An appointment with Representative Caldier has been scheduled for December 29th at 12:30pm. Stacey would like to use the same outline that was used for Sen. Rolfes appointment. Stacey briefly described the outline. Steve, Charmaine, and Susan have volunteered to attend.

b. January 27, 2021 Appointments

- Stacey explained that the w4a has identified January 28th as the prime day to make appointments with legislators, with the 27th and 29th being favorable days as well. In a typical year, appointments with legislators are short and very tightly scheduled. Virtual appointments are a benefit because they are easier to attend and schedule; this allows them to be longer and more spaced out. The w4a will publish a flyer with important issues to focus on. Additionally, Kary White Tudor will be hosting a w4a advocacy webinar on January 25th at noon. It will be especially important for those planning to speak at the appointments to attend the webinar.

7. 2021 Advisory Council business

- This year's holiday card and two versions of the Council's thank you card were reviewed. The Council approved the holiday card and chose their preferred thank you card. Cristiana will edit the thank you card to be more suitable for emailing.
- 2021 Elections: Mari, Stacey, and Steve had a meeting to discuss the elections. Mari also had a chance to discuss the elections with Al separately. Mari announced the nominees: Steve has been nominated as Chair and Barbara as co-chair. Both have accepted their nominations. Shawn was nominated for the

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third position of the Executive Committee, if needed. The position was explained, and Shawn accepted the nomination. The Council took a vote and all were in favor.

- Many thanks were given to Mari who has been integral part of the Advisory Council.
- Retreat planning: 2021 Workplan. Stacey explained that the updated Workplan will be due in February. The Workplan is usually submitted early, but due to COVID-19 the Annual Retreat, an event scheduled to complete the Workplan, has been postponed. Charmaine suggested the Council return to this discussion at the January Council Meeting. Steve agrees. Mari suggested carrying forward last year's plan with a few changes, pointing out that the plan can always be modified and resubmitted later. Stacey will add 2021 Workplan discussion to next month's agenda.

8. ALTC Report

a. COVID Impacts

- Stacey informed the Council that there is no longer an income limit for those eligible to receive cloth face masks. Those who order them will receive two masks with care instructions. Stacey asked the Council to send names and addresses of anyone who may want them.
- Stacey explained some of the themes of calls received by Information & Assistance staff since the Stay Home, Stay Healthy order was enacted. In March and April, with AARP closed, many older adults called to find help with filing their taxes. That was followed by older adults looking for help to make sure their Social Security information was correct. Then there many people being affected by social isolation calling to find ways to connect with others. There have also been some eviction inquiries. It seems now that calls are going back to routine topics, such as in-home assistance, assistance with transportation to and from appointments, etc. Karol said one theme that she

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- has seen is the increased toll on family caregivers. She explained that even those who have access to respite care have difficulty decompressing because they have nowhere to go and no way to socialize. Mari explained that during her experience with her husband's hospice care earlier this year, the only assistance available was over the phone; there was no in-home assistance.
- Stacey provided some information regarding the new COVID-19 vaccine implementation. In Kitsap County there are 2,600 facility-based beds on any given day. This includes nursing homes, assisted living facilities, and adult family homes. Staff and residents will be some of the first to receive the vaccine. Pfizer's vaccine comes in packs of 980, and the vaccines are time and temperature sensitive. Public health officials have partnered with Walgreens and CVS to create mobile vaccine teams to provide vaccinations on site at the facilities. Most facilities have signed up and Retsil is expecting a call any day now.
 - Stacey went over some information provided at the recent Kitsap Public Health meeting. The amount of COVID-19 infections in Kitsap County is still too high for schools and restaurants to reopen. It was pointed out that the infections rate in our county went from 2000 to 3000 very quickly. Stacey informed the Council that there are three drive-up testing sites and described where they are and when they are operating. The increased number of community members being tested could be contributing the steep rise in known infection rates. Nonetheless, in the last 30 days 6.9% of tests have come back positive. There are currently 13 people admitted to St. Michaels with COVID-19; 12 are in the ICU. There are 27 ICU beds county wide. The naval hospital is not providing inpatient services at this time. So far 5 members of the St. Michael's staff have received COVID-19 vaccines, and they are hoping to receive more soon.
 - This week is first week that no new facilities have been added to the statewide list of those with infections present. Currently 35% of assisted living facilities

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and 71% of skilled nursing facilities have COVID-19 infections. The state of Washington has created 6 rapid response teams that consist of 6 medical professionals to provide help to facilities who feel understaffed. The state is hoping to create 2 more teams before the end of the year.

- In-home care providers are the next priority. Letters will be sent to staff to inform them that they are included in this group. This will be followed by a letter of validation that can be used as a voucher to receive their vaccinations.

b. Dashboard Report

- Stacey summarized December's dashboard report.

c. 2021 Advisory Council Calendar of Events

- The Council reviewed and approved the 2021 calendar of events. Stacey will update the calendar to include January appointments.
- Stacey shared the 2020 Census appreciation message.

ADJOURNMENT

The meeting was adjourned at 1:07 p.m.

Steve McMurdo, Chair

**Kitsap Aging Advisory Council
Legislative Virtual Meetings
January 26-28, 2021**

Legislative Appointments

| Name | Date | Time | Zoom Link | Comments |
|--|-------------|---------------|------------------|--|
| Senator Christine Rolfes (23rd): Linda Owens | 1/27/2021 | 10:30-10:45am | | Scheduled with LA, Linda Owens |
| *Senator Tim Sheldon (35th): Beverly Burnley | 1/27/2021 | 1:30-1:14pm | | Schedule with Suzette Cooper, 1/12/2021. * LMT to join |
| *Representative Michelle Caldier (26 th) | 1/28/2021 | 12:15-12:30pm | | Confirmed with Robert Lewis (LA) on 1/4/2021. * Sara Thompson (Pierce AAA) to join |
| Representative Tarra Simmons (23 rd) | 1/28/2021 | 3:30-3:45pm | | Scheduled with Shannon Turner on 1/4/2021. He will resend an updated zoom link after 1/11/2021 |
| <i>Not Confirmed</i> | | | | |
| Representative Drew Hansen (23 rd) | | | | Sent email request 12/21/2020 & 1/12/2021 |
| Representative Drew MacEwen (35 th) | | | | Sent email request 12/21/2020 & 1/12/2021 |
| Representative Dan Griffey (35 th) | | | | Sent email request 12/21/2020 & 1/12/2021 |
| Senator Emily Randell (26th) | | | | Sent email request 12/21/2020 & 1/12/2021 |
| Representative Jesse Young (26 th) | | | | Sent email request 12/21/2020 & 1/12/2021 |

KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE
2021 Advisory Council Roster

Meets the Third Wednesday of each month, 11:30 a.m. – 1:30 p.m.

| | MEMBER | DISTRICT | TERM | TERM # |
|-----|---------------------------------|-------------------------------|-------------------|---------------|
| 1. | Gibbs, Shawn | District 1 LEG 23 | 10/2019 – 12/2021 | 1 |
| 2. | McMurdo, Steve Chair | District 1 LEG 23 | 10/2019 – 12/2021 | 1 |
| 3. | Paul, Barbara Vice-Chair | District 1 LEG23 | 12/2018 – 12/2021 | 1 |
| 4. | Stevens, Karol | District 1 at large LEG 26 | 01/2021 – 12/2023 | 2 |
| 5. | Manion, Michaelene | District 2 LEG 26 | 01/2019 – 12/2021 | 4 |
| 6. | Scott, Charmaine | District 2 at large LEG 26 | 01/2019 – 12/2021 | 1 |
| 7. | Zimmerman, Linette | District 2 LEG 26 | 01/2021 – 12/2023 | 1 |
| 8. | | District 2 LEG | | 1 |
| 9. | Kerr, Susan | District 3 LEG 26 | 03/2020 – 12/2022 | 1 |
| 10. | Pinkham Jr., Alfred D. | District 3 LEG 23 | 01/2019 – 12/2021 | 4 |
| 11. | | District 3 LEG | | 1 |

Nominating committee: Steve McMurdo, Barbara Paul

Executive committee: Steve McMurdo, Barbara Paul, Shawn Gibbs

Contact person for information: Stacey Smith: sasmith@co.kitsap.wa.us
 Cristiana Fillion: cfillion@co.kitsap.wa.us

County District 1
(orange)

County District 2
(blue)

County District 3
(green)



KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL 2021 WORK PLAN

Meeting Days, Time and Location: Third Wednesdays of Each Month
11:30 pm – 1:30 pm
Zoom virtual meetings

Advisory Council Staff: Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant

Advisory Council Chair: Steve McMurdo

Advisory Council Purpose/Mission Statement: The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

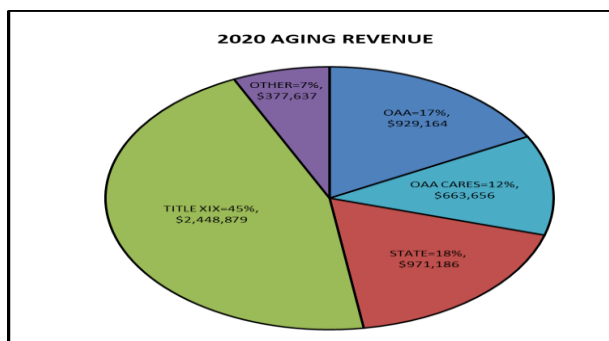
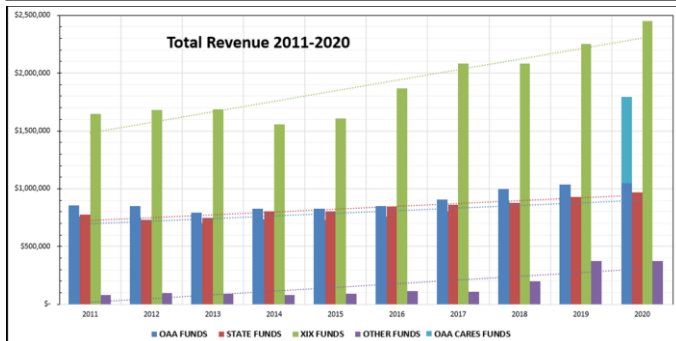
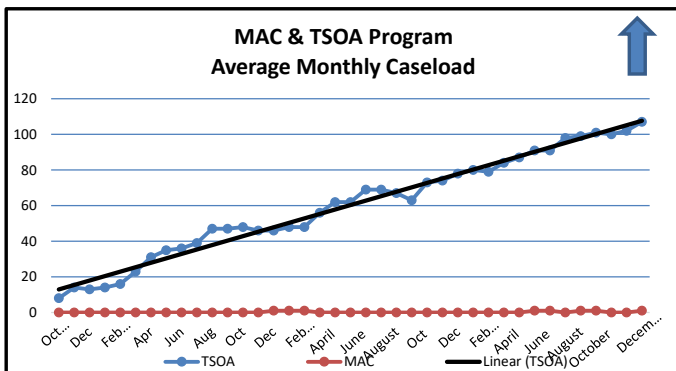
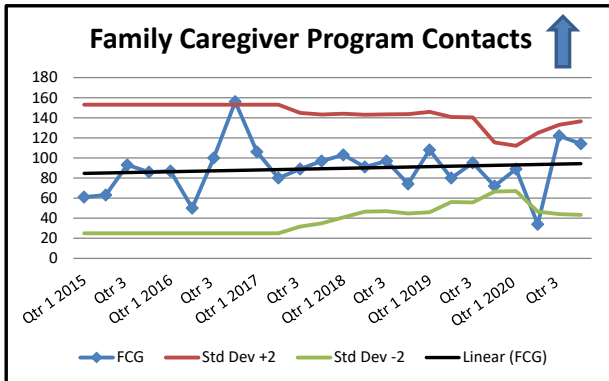
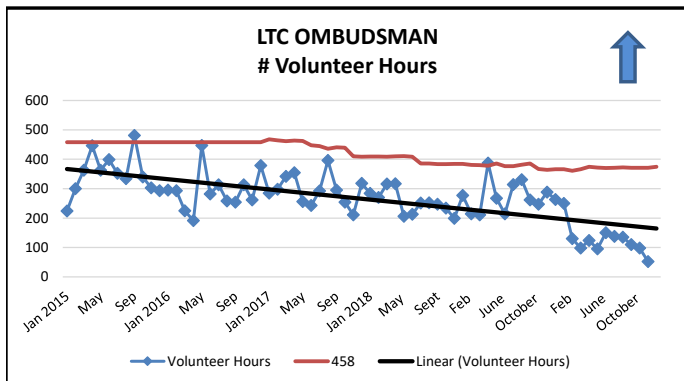
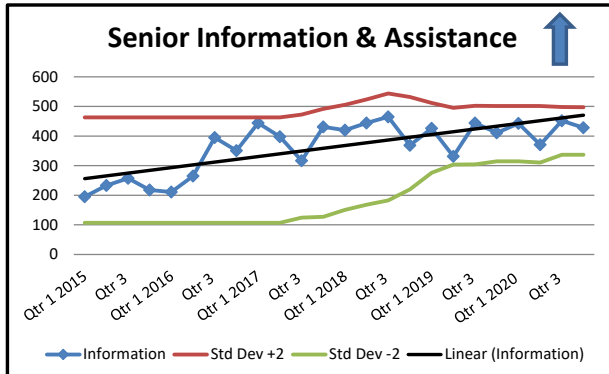
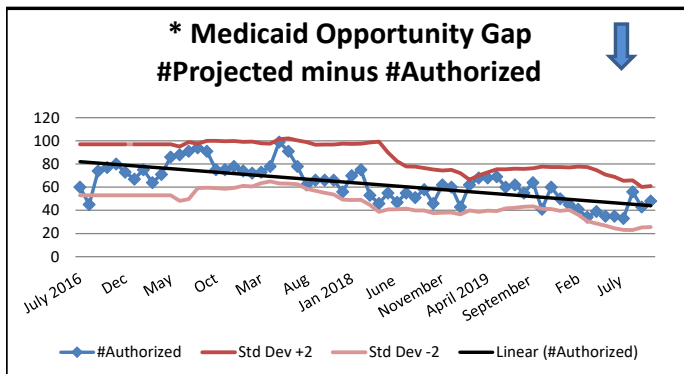
The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being of older adults and adults with disabilities.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services;
- Removal of individual and social barriers to economic and personal independence;
- Prevention of unnecessary or premature institutionalization;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition and health promotion and disease prevention education and activities;
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

| 2021 Goal | Status | Priority Level | Comments/Coordination |
|---|-----------|----------------|--|
| TIER 1: HIGH PRIORITY | | | |
| 1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency. | Ongoing | High | Each Council member will identify one community based organization to link/attend. Measure: a. Council members will report outreach activities at each Council meeting, staff will document events in Council meeting minutes and volunteer hours. b. Develop Dashboard metric to track outreach activities c. Review Call Volume reports to identify trends and needs |
| 2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws. | Ongoing | High | Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions. Measure: Advocacy activities are reported during monthly Council meetings and reflected in meeting minutes. |
| 3. Due to threats of reduced Federal funding and increased staff costs, explore opportunities to increase revenue and expand community-based programs. | Ongoing | High | Measure: a. Monthly reporting of advocacy activities. b. Update dashboard revenue graph, as revenue – or +. |
| 4. COVID related: Identify strategies for increased older adult social isolation | New | High | Measure: Review and identify strategies for safe social connections for older adults and their caregivers. |
| TIER 2: MODERATE PRIORITY | | | |
| Formalize an Advisory Council Development Plan for member recruitment and target skill sets. | Ongoing | High | Council may utilize a Council Subcommittee to assist in Board Development efforts. Measure: a. Council will complete a Development Plan. Council will develop and complete a Skills Inventory of current members. |
| TIER 3: LOW PRIORITY | | | |
| None | | | |
| GOALS ON HOLD | | | |
| None | | | |
| GOALS COMPLETED OR DELETED | | | |
| Older Adults participation in the 2020 Census and elections; assist with community education. | Completed | High | 2020 Census and elections are key to funding local programs. Council members actively participated in 2020 Census trainings and registering voter events (LWV). |

Aging & Long Term Care Advisory Council Dashboard- January 2021



* Medicaid Opportunity Gap: July 2020- Decreased allocation to 1005

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - January 2021: Statewide restricted opening due to Winter spikes

Trends:

Planning for legislative advocacy for biennial budget

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- cancelled due to COVID-19

2021 Project Connect cancelled

2021 Point in Time Count cancelled

Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)

2021 Advisory Council Meetings & Activities

January 11

WA Legislator Begins (no events)

January 20

* Advisory Council from 11:30am- 1:30pm

January 25

* **W4A Pre-Lobby Day Webinar (zoom)**

<https://us02web.zoom.us/j/86999173617?pwd=QUZnQjVga2hsNHFlb1I5RUlxb243Zz09>

call in: 1-253-215-8782 Meeting ID: 869 9917 3617 Passcode: 549435

January 26-28

* **W4A Senior Lobby Day- All Day**

February 17

* Advisory Council from 11:30am- 1:30pm

February 18

* **Spring Senior Lobby Conference**

March 17

* Advisory Council from 11:30am- 1:30pm

~~April 21~~

~~Advisory Council from 11:30am- 1:30pm~~

April TBD

* **County Volunteer Recognition Event**

May 19

* Advisory Council from 11:30am- 1:30pm

May TBD

* **May Older Adults Virtual Events**

June 16

* Advisory Council from 11:30am- 1:30pm

~~July 21~~

~~Advisory Council from 11:30am- 1:30pm~~

August 18

* Advisory Council from 11:30am- 1:30pm

September 15

* Advisory Council from 11:30am- 1:30pm

October 20

* **AAA & State Council on Aging Conference**

October 21

* **2021 Fall Senior Lobby Conference**

November TBD

* **Fall Caregiver Conference**

November 17

* Advisory Council from 11:30am-1:30pm

December 15

* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in person meetings: (South Kitsap) Cascade Room, Givens Community Center