



# Department of Human Services

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## Citizens Advisory Committee Meeting Tuesday, February 16, 2021 5:00 p.m. – 7:00 p.m.

[Join the Zoom webinar:](#)

**Webinar ID:** 896 4420 9804  
**Passcode:** 067029  
**Phone:** 1-253-215-8782

# AGENDA

1. Call to Order - Introductions 5:00 – 5:05  
Jeanne Screws, Chair
2. Review & Approval of January 19, 2021 Minutes\* 5:05 – 5:10  
Full Committee (Attachment 1)
3. Additions/Changes to the Agenda 5:10 – 5:15  
Full Committee
4. Strategic Plan Update and Debrief 5:15 – 5:45  
Staff, Full Committee (Attachment 2)
5. Request for Proposal Update 5:45 – 6:30  
Charmaine Scott, Sub-Committee Chair  
(Attachment 3 and 4)
6. Membership Sub-Committee Report 6:30 – 6:40  
Jackie Fojtik, Sub-Committee Chair
7. Community Input 6:40 – 6:50  
Please limit individual comments to 2 minutes. Written comments may also  
be submitted to the Board, if this timeframe is insufficient.
8. Committee Member Check-in 6:50 – 7:00
9. Adjourn\*  
**Action Item**



**MENTAL HEALTH, CHEMICAL DEPENDENCY AND THERAPEUTIC COURT  
CITIZENS ADVISORY COMMITTEE (CAC)  
MINUTES  
January 19, 2021**

Jeannie Screws, Chair, called the meeting to order at 5:00 p.m. Introductions were conducted around the table.

**APPROVAL OF MINUTES**

After review of the December 15, 2020 Minutes, the following action was taken:

**ACTION:** Charmaine Scott moved to approve the December 15, 2020 meeting minutes as presented. Jackie Fojtik seconded the motion. Motion carried.

**ADDITIONS/CHANGES TO THE AGENDA**

**ACTION:** Move **COMMUNITY INPUT** to the end.

**MEMBER INTRODUCTIONS**

**2021 - 2026 BEHAVIORAL HEALTH STRATEGIC PLAN**

**Richard Van Cleave, Deputy Director, Kitsap County Human Services**

Gave a recap on the history, process and outcome of the six-year plan.

**History:** Adopted in 2013 by Kitsap County, passed by the legislature, allowing counties to raise local sales tax by one-tenth of one percent to augment state funding of mental health and chemical dependency. The plan must be revised every six-years and reviewed every three-years to keep the goals aligned with current needs of the community.

**Process:** The development of the revised plan took four months. Professional facilitators conducted oversight of the sub-committee meetings, including community leaders and subject matter experts qualified to identify gaps in services, objectives and strategies. The goals were divided between the knowledgeable group, to review with extreme scrutiny local and state statistical data, community input of 180 completed 25 page surveys and collaboration with field certified professionals to develop the most comprehensive plan that supports the needs of this community with critical services.

**Outcome:** Gaps and services were identified with adherence to the Board of County Commissioner's six- goals;

1. Improve health and wellbeing of Kitsap residents
2. Reduce incident and severity of chemical dependence and mental health
3. Reduce chemically dependent individuals from initial or returning criminal system involvement

4. Reduce the number of people who cycle through the criminal justice system
5. Reduce the number of costly interventions, high utilizers of emergency rooms and crisis services
6. Increase stable housing options for mentally ill and chemically dependent residents

One participating member of each sub-committee group, gave the highlights of the objectives and strategies developed under the planning process.

## **Goal #1 Improve the health status and wellbeing of Kitsap County residents**

### **Kody Russell, Executive Director, Kitsap Strong**

“If we want to truly improve wellbeing, we need to try new strategies”.

Systemic change with equitable investment in the future, especially decreasing the impacts of racism on communities of color who suffer from mental health and chemical dependency; what gets measured, gets managed.

- Examine funding, policy, decision-making process, and common practice through an equity lens
- Involve communities of color in shaping these procedures, evaluation and outcomes

Expand on prevention services.

- Increase capacity of programs that provide evidence-based early intervention
- Culturally relevant education and outreach

Services should meet the unique needs of the people it serves. Trauma is the human connection that leads to the increases of these things; mental health and chemical dependency.

- Provide education to behavioral health workforce on equity, inclusion, diversity, and historical trauma
- Target funding for trauma informed care
- Policy and procedures developed through a trauma informed lens

## **Goal #2 Reduce the incidence and severity of chemical dependency and/or mental health disorders in adults and youth**

### **Jennifer Kreidler-Moss, CEO, Peninsula Community of Health Services**

To increase non-traditional approaches that are culturally sensitive and appropriate.

- Nontraditional treatment for housing and workforce programs
- Culturally sensitive programs, that aid individuals who shy away from traditional health approaches
- Behavioral health support for gay, lesbian, transgender, and questioning youth

Service gaps in the continuum of care especially for children, youth and aging.

Treatment in schools is different from prevention.

- Establish youth support for outlying areas
- Behavioral health in schools for all age levels
- Behavioral health in-home services for aging in place

Enhance recovery support-services, including nontraditional transportation.

- Options for work; school or volunteer experience for individuals in behavioral health treatment programs
- Alternative transportation, not Access or Paratransit
- Create more diverse and nontraditional self-help groups

**Goal #3 Reduce the number of chemically dependent and mentally ill youth and adults from initial or further criminal system involvement**

**Penelope Sapp, Lieutenant, Kitsap County Sheriff's Department**

Enhance diversion approaches; practices and programs.

- More targeted prevention, before juveniles are involved in the criminal justice system
- Sustain juvenile therapeutic courts
- Pre-trial diversion

Expand police training; intervention and de-escalation.

- Offer more Crisis Intervention Training; ongoing and advanced with neuroscience and equity
- Promote coordination and collaboration between law enforcement when handling people with psychiatric issues

Increase specialized police responses with behavioral health.

- Expand specialized law enforcement responses; co-response teams i.e., police and behavioral health specialist respond together
- Expand navigator programs
- Promote differential police responses

**Goal #4 Reduce the number of people in Kitsap County who cycle through our criminal justice systems; jails and prisons**

**Penelope Sapp, Lieutenant, Kitsap County Sheriff's Department**

Improve coordination of jail behavioral health screening assessment, treatment and referral services.

- Expand Crisis Intervention Training
- Reinforce inmate screening as soon as possible for behavioral health issues
- Expand treatment and recovery supports in jail

Intensify transitional behavioral health services for individuals reentering the community from jail or inpatient services.

- Strengthen the continuum of effective behavioral health reentry services
- Provide direct admit to treatment from jail

Expand therapeutic courts to provide access to all eligible individuals in the community.

- Expand therapeutic courts to superior, district and municipal
- Screening and swift referral into therapeutic courts
- Enhance behavioral health treatment and recovery support services for all therapeutic courts; having advocates for people lost in the criminal justice system-who follow them through the system

**Goal #5 Reduce the number of people in Kitsap County who use costly interventions; emergency rooms, crisis services**

**Kimberly Hendrickson, Housing, Health and Human Services Director, City of Poulsbo**

Expand behavioral health providers, approaches and options for high utilizers.

- Establish less restrictive options for Involuntary Treatment Act
- Strengthen partnerships between fire, police, and emergency management
- Establish low barrier crisis services for hard to engage individuals

Intensify supportive treatment services for family members experiencing a behavioral health crisis.

- Women/children specific shelter services
- Wraparound services for families in crisis
- Accessible 24/7 sexual assault hotlines

Intensify supportive treatment for youth in crisis.

- Behavioral health specialists, in-home engagement for families
- Establish a designated crisis responder for each; juveniles and adults
- Crisis residential center for youth with short-term crisis

**Goal #6 Increase the number of stable housing options for chemically dependent and mentally ill residents of Kitsap County**

**Doug Washburn, Director, Kitsap County Human Services Department**

Mental health and substance abuse have increased in our community.

Case management is needed. With COVID, 24-hour facilities have allowed individuals to get treatment and services they need, further providing the ability to move on with jobs. It is difficult to get services to people on the streets. With proactive, low-barrier services and following the Housing First model, people get what they need when they need it.

Expand behavioral health services for homeless who experience mental illness or substance use disorders.

- Rental assistance with case management to support the homeless with behavioral health issues
- Proactive, community-based approach to preventing homelessness for those with behavioral health issues
- Provide access to treatment prior to receiving housing assistance

Strengthen support for individuals with behavioral health disorders to establish and maintain housing long term.

- Provide access to more subsidized housing options
- Offer rental assistance to individuals with behavioral health issues, with realistic limitations including fixed rent and housing
- Recruit more private apartments and community housing for individuals with behavioral health issues

Increase supportive shelters, transitional and permanent housing options for individuals with behavioral health disorders.

- Build affordable housing with onsite caseworker support

- Build additional shelters with 24/7 access
- Establish more long-term housing supports and options for individuals with serious mental illness

## **NEXT STEPS**

### **Gay Neal, Program Coordinator, Kitsap County Human Services**

Finalizing the plan: reviewed with the Citizens Advisory Committee tonight, forward to the Board of County Commissioners for final approval. The Citizens Advisory Committee will then update the 2021 Request for Proposal and Bylaws to reflect the updates in the Strategic Plan. The Plan will aid as a guideline to funding in the future.

## **REQUEST FOR PROPOSAL COMMITTEE APPOINTMENT**

The 2022 Request for Proposal (RFP) Sub-Committee will be formed to update the current Request for Proposal Document and implement the objectives and strategies of the 2021 – 2026 Behavioral Health Strategic Plan. Jeannie Screws, Chair appointed the following CAC members to the 2022 Request for Proposal Sub-Committee:

- Charmaine Scott – Sub-Committee Chair
- Kathleen Cronin
- Ursula Petters
- Alexis Foster

Staff will schedule the first RFP Sub-Committee meeting via Zoom within the next two weeks.

## **MEMBERSHIP UPDATE**

Jackie Fojtik provided an update on the activities of the Membership Sub-Committee. Alexis Foster was interviewed by the Sub-Committee and her application was recommended to and approved by the Board of Commissioners. Her appointment will be official for the February CAC Meeting. There is currently one open At-Large position to fill. Jeannie Screws, Chair appointed the following CAC members to the 2021 Membership Sub-Committee:

- Jackie Fojtik – Sub-Committee Chair
- Val Nau
- Kimberly House
- Helen Havens

The Sub-Committee will work on recruiting members and updating the CAC Bylaws to include input from the 2021 – 2026 Behavioral Health Strategic Plan.

## **OPEN TO PUBLIC**

Opportunity for public attendees to address the Committee.

## **COMMUNITY INPUT**

None

## NEXT MEETING

The next Citizens Advisory Committee meeting will be held on Tuesday, February 16, 2021 via Zoom at 5:00 p.m. and ending at 7:00 p.m.

## ADJOURN

There being no further business to come before the Committee, the meeting was adjourned at 6:55 p.m.

## CITIZENS ADVISORY COMMITTEE ATTENDANCE

<b>MEMBERS</b>	<b>GUESTS</b>
Jeannie Screws	Jolene Kron, SBH ASO
Jackie Fojtik	Penelope Sapp, Kitsap Sheriff's Office
Kathleen Cronin	Kody Russell, Kitsap Strong
Ursula Petters	Kimberly Hendrix, City of Poulsbo
Kimberly House	Jennifer Kreidler-Moss, PCHS
Valerie Nau	
Charmaine Scott	
Hellen Havens	
Alexis Telles - Excused	
Alexis Foster	
<b>STAFF</b>	
Gay Neal	
Doug Washburn	
Hannah Shockley	
Richard VanCleave	



## Behavioral Health Strategic Plan Executive Summary

In September 2013, the Kitsap County Board of Commissioners adopted the Treatment Sales Tax (1/10<sup>th</sup> of 1%) to augment state funding of mental health and chemical dependency programs and services and for the operation or delivery of therapeutic court programs or services. In collaboration with community leaders and subject matter experts, the Kitsap County Human Services Department developed a six-year strategic plan for behavioral health services. December 31, 2020 marks the sixth full year of service delivery, and six years since the development of the original Behavioral Health Strategic Plan. The Behavioral Health Strategic Planning Team was reconvened in Fall of 2020 to update the Behavioral Health Strategic Plan for the period of January 1, 2021 through December 31, 2026.

The Behavioral Health Strategic Planning Team met three times in October and November 2020 to review a community survey, identify gaps in the current behavioral health system and establish objectives and strategies for each of the Board of Commissioners behavioral health strategic goals. The Objectives and Strategies developed during these sessions have been synthesized into three primary objectives for each Commissioner goal.

### **Goal #1: Improve the health status and wellbeing of Kitsap County residents.**

**Objective #1:** Decrease the impact of systemic racism on the mental health and wellbeing of Kitsap County's communities of color.

**Objective #2:** Expand prevention and early intervention programs for youth.

**Objective #3:** Increase Trauma Informed Care training, policies and practices.

### **Goal #2: Reduce the incidence and severity of chemical dependency and/or mental health disorders in adults and youth.**

**Objective #1:** Increase the variety and options of nontraditional behavioral health treatment programs and approaches.

**Objective #2:** Address service gaps along the behavioral health Continuum of Care, especially targeting services for children, youth and the aging populations.

**Objective #3:** Enhance Recovery Support Services.

### **Goal #3: Reduce the number of chemically dependent and mentally ill youth and adults from initial or further criminal justice system involvement.**

**Objective #1:** Enhance diversion approaches, practices and programs for individuals with behavioral health disorders.

**Objective #2:** Expand police training in crisis intervention and de-escalation approaches, practices and policies.

**Objective #3:** Increase specialized police responses in dealing with individuals with behavioral health disorders.

**Goal #4: Reduce the number of people in Kitsap County who cycle through our criminal justice systems, including jails and prisons.**

**Objective #1:** Improve availability and coordination of in jail behavioral health screening, assessment, treatment and referral services.

**Objective #2:** Intensify transitional behavioral health services for individuals reentering the community from jail and/or inpatient treatment services.

**Objective #3:** Expand Therapeutic Court Programs to provide access to all eligible individuals in the community.

**Goal #5: Reduce the number of people in Kitsap County who use costly interventions including hospitals, emergency rooms, and crisis services.**

**Objective #1:** Expand behavioral health treatment providers, approaches and options for high utilizers.

**Objective #2:** Intensify supportive and/or treatment services for family members experiencing a behavioral health crisis.

**Objective #3:** Intensify supportive and/or treatment services for youth experiencing a behavioral health crisis.

**Goal #6: Increase the number of stable housing options for chemically dependent and mentally ill residents of Kitsap County.**

**Objective #1:** Expand behavioral health services for the homeless who experience mental illness or substance use disorders.

**Objective #2:** Strengthen support for individuals with behavioral health disorders to establish and maintain housing long-term.

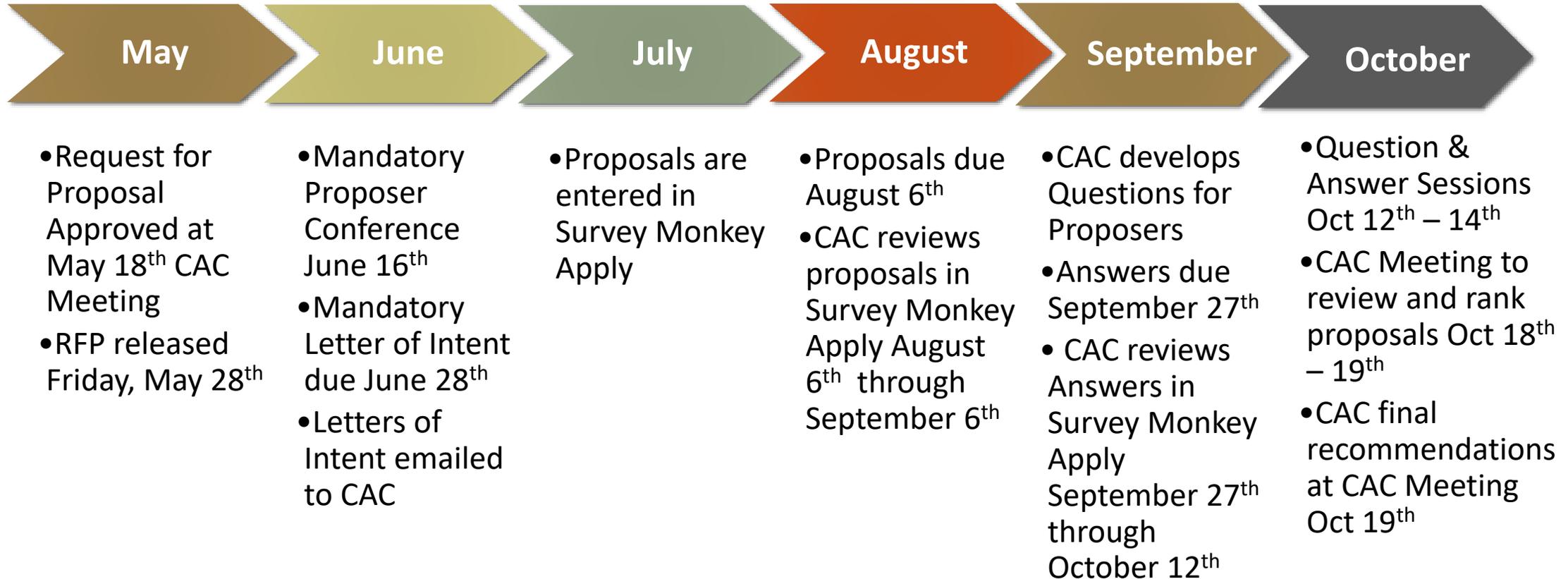
**Objective #3:** Increase supportive shelter, transitional and permanent housing options for individuals with behavioral health disorders.

A Citizen Advisory Committee (CAC) is appointed by the Kitsap County Board of Commissioners to serve the citizens of Kitsap County by gathering information, reviewing options and submitting recommendations for consideration to the Kitsap County Board of Commissioners on the Treatment Sales Tax. The CAC's responsibility is to review the Behavioral Health Strategic Planning Teams needs assessment, goals, objectives and strategies aimed to meet the behavioral health needs of the community. They will use this plan to:

- Review applications for funding based on the Board of Commissioners' strategic direction and priorities and criteria for distribution. Upon assessment of the applications, the committee will recommend to the Board of Commissioners the appropriate proposals and funding levels to meet the County's behavioral health service needs.
- Annually review performance measures to determine the success of funded proposals and achievement of County behavioral health goals.
- Ensure that the implementation and evaluation of the strategies and programs funded by the Treatment Sales Tax are transparent, accountable and collaborative.



# Mental Health, Chemical Dependency & Therapeutic Court Programs 2021 Request for Proposal Timeline



## 2022 NEW GRANT REQUEST FOR PROPOSALS (RFP) TIMELINE

### Mental Health, Chemical Dependency and Therapeutic Court Programs

All New Grant Applicants must attend a Mandatory New Grant Proposer's Conference and submit a letter of intent online via Survey Monkey Apply to be eligible to apply for the 2022 Treatment Sales Tax funding. The "New Grant Proposal Letter of Intent" will be made available at the New Grant Proposer's Mandatory Conference. **The "New Grant Proposal Letter of Intent" is due on Monday, June 28, 2021 at 3:00 p.m.**

#### New Grant Proposal Deadline: August 6, 2021 at 3:00 p.m.

Date	Activity
May 2021	CAC presents RFP recommendations to the Board of Kitsap County Commissioners (BOCC) in Work Study Session
May 18, 2021	Citizens Advisory Committee (CAC) Meeting to Approve RFP and Timeline
May 28, 2021	2021 New Grant Request For Proposals Released upon Board of Commissioners approval
<b>June 16, 2021</b>	<b>Mandatory New Grant Proposers Conference – 10:00 a.m. Via Zoom</b>
June 21, 2021	Notes and Q&A from Proposers Conference Posted
<b>June 28, 2021</b>	<b>Mandatory "New Grant Proposal Letter of Intent" Due by 3:00 p.m. Online submission only via Survey Monkey Apply.</b>
<b>August 6, 2021</b>	<b>New Grant Proposals Due by 3:00 P.M. Online submission only via Survey Monkey Apply</b>
August 6 <sup>th</sup> – September 6 <sup>th</sup> , 2021	CAC reviews Proposals and completes Rating Sheets
September 6, 2021	CAC Rating Sheets due to Department of Human Services at 12:00 p.m.
September 9, 2021	CAC convenes to discuss Proposals and develop questions for Proposers
September 13, 2021	Questions for Question and Answer (Q&A) Sessions emailed to Proposers
<b>September 27, 2021</b>	<b>Mandatory written responses to the CAC Questions Due at 3:00 p.m. Online submission only via Survey Monkey Apply.</b>
September 27 <sup>th</sup> – October 12 <sup>th</sup> , 2021	CAC reviews written responses to Questions
<b>October 12<sup>th</sup> – 14<sup>th</sup>, 2021</b>	<b>Mandatory Proposer Question and Answer Sessions. Organizations must make time available for their Question and Answer Session which will be scheduled during this time frame.</b>
October 18 <sup>th</sup> and 19 <sup>th</sup> , 2021	CAC Executive Committee Meetings to develop funding recommendations
October 19, 2021	CAC Regular Business Meeting to Approve Recommendations for BOCC
November 2021	Make funding recommendations to BOCC (Work Study)
November 2021	BOCC Acts on Funding Recommendations – Public Meeting
November – December 2021	Statements of Work, Expenditure Plans and Contracts completed
January 1, 2022	2022 Program Year Begins