



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH

April 1, 2021
4:30 - 6:00 p.m.

[Join the Zoom meeting:](#)

Phone: 1-253-215-8782

Meeting ID: 961 5275 7562

THE PURPOSE OF THIS BOARD IS TO:

Advise County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

A G E N D A

- 4:30 WELCOME & INTRODUCTIONS**
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- 4:35 APPROVAL OF THE MINUTES/AGENDA AMENDMENTS**
- 4:40 ELECTION OF OFFICERS**
- 4:55 YOUTH REPRESENTATIVE REPORTS**
- 5:10 UPDATES -Youth Voices, RFP/Grant, Membership**
- 5:30 TRAINING TOPICS DISCUSSION**
- 5:45 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING MAY 6, 2021**

Kitsap County Commission on Children and Youth
AGENDA BRIEFING – April 1, 2021
4:00 P.M. – 4:30 P.M.
Zoom meeting details provided on Agenda

- 4:30 p.m. WELCOME & INTRODUCTIONS**
The Chairperson will welcome attendees and facilitate brief introductions.
- 4:35 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**
The March Meeting Minutes will be approved and any changes to the March Agenda will be approved.
- 4:40 p.m. ELECTION OF OFFICERS**
We will have elections for the Youth and Adult Board member Co-Chairpersons and for the position of Vice Chairperson. Please send nominations to Laura.
- 4:55p.m. YOUTH REPRESENTATIVE REPORT**
Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.
- 5:10 p.m. UPDATES Youth Voices, Budget, RFP/Grant Application**
We will discuss updated information on these topics and decide next steps.
- 5:30 p.m. TRAINING TOPICS DISCUSSION**
We will explore ideas for future Board and Community training topics.
- 5:45p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**
Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: May 6, 2021**

Kitsap County Commission on Children and Youth

MINUTES March 4, 2021

The Kitsap County Commission on Children and Youth meeting was held on Thursday, March 4, 2021 from 4:30 -6:00 p.m. via Zoom due to health and safety issues brought by the Covid 19 Pandemic and the current Shelter in Place orders. Jeff Allen, Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. **WELCOME & INTRODUCTIONS**

Jeff asked members and guests for self-introductions. Attendees offered introductions.

II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

The February 4, 2021 Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually due to the Covid 19 Pandemic and the Governor's Stay Home Stay Healthy Directive.

III. **PRESENTATION**

Dave Lennox, Interim Executive Director of YWCA of Kitsap County presented on their Youth Commission grant funded project and the recent changes at the agency.

IV. **AMENDING BYLAWS**

The Youth Commission wants to move to Co-Chair and Vice-Chair Leadership model. In this model we will have a Youth Board Member and an Adult Board Member share the Chairperson position. Laura explained that based on the Board's recommendation last month, she contacted County staff for more information regarding the process. Next, the Leadership Committee drafted the changes to the bylaws and presented the changes to the Board. Discussion was held, and the Board voted to approve the recommended changes. The next step is for the Board of County Commissioners to approve the changes. It was decided to hold a vote next month after the Bylaws have been officially changed.

V. **ELECTIONS**

It was decided to postpone elections until the April meeting in hopes that the Board of County Commissioners will have approved the changes to the Bylaws recommended today.

VI. **YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton and North Kitsap.

VII. **UPDATES -Youth Voices, Budget, RFP/Grant**

Updates on the Youth Voices Project were shared by Sofia and Ana. Laura provided an update on the Budget and the status of our grant process.

ALL PATIENTS SAFE

SUICIDE PREVENTION TRAINING

Designed for Medical & other Licensed Professionals

Register today at apsafe.uw.edu

SUICIDE IS A SILENT EPIDEMIC &
PUBLIC HEALTH CRISIS

38%

people made a health care visit within the week before their suicide attempt and 95% within the preceding year (Ahmedani et al., 2015)

47,000+

lives claimed annually by suicide.
(American Association of Suicidology, 2021)



Suicide is among the leading causes of death in the U.S. (National Institute of Mental Health).

All Patients Safe can teach you practical skills to implement with your clients and in your practice to help prevent suicide.

All Patients Safe is a **three or six-hour interactive self-paced training course** designed to address the public health crisis and give medical providers and client-facing staff some tools that can help.

FREE for Washington State providers and client-facing staff.

*Thanks to the **Harborview Behavioral Health Institute** and funding from the **Substance Abuse and Mental Health Services Administration (SAMHSA)** in partnership with the **Washington State Health Care Authority (HCA)**, in response to the increased risk of suicide due to COVID-19.*

YOU CAN MAKE AN ENORMOUS IMPACT

Everyone (3-hour course):

- Understand your role in suicide prevention including suicide recognition and referral
- Effectively educate patients and clients on how to make their homes safer to prevent suicide in their families and communities
- Integrate suicide prevention approaches into your personal and professional life

Medical & other Licensed Professionals (6-hour course):

- Integrate screening, safety, and assessment tools into your practice via case-based application of Forefront Suicide Prevention LEARN® steps
- Advocate for protocol and practice changes to improve suicide prevention care

THIS COURSE MEETS WASHINGTON STATE LICENSURE REQUIREMENTS FOR MEDICAL AND OTHER LICENSED PROFESSIONALS AND CONTINUING EDUCATION CREDIT IS AVAILABLE.

UW Medicine
DEPARTMENT OF PSYCHIATRY
AND BEHAVIORAL SCIENCES

W FOREFRONT
SUICIDE PREVENTION


Seattle Children's
HOSPITAL • RESEARCH • FOUNDATION

Questions?

Visit apsafe.uw.edu for more information.

Suicide by the numbers:

5-14%

of perinatal women experience suicidal thoughts
(Front Psychiatry, 2016; 7: 138)

19%

of Washington State suicides are veterans though they are 7% of the state population
(WA Department of Health, WA-VDRS)

10th

leading cause of death nationwide
(American Association of Suicidology, 2021)

A HIGH-QUALITY EDUCATIONAL EXPERIENCE

All Patients Safe is an interactive training that teaches practical suicide prevention skills. Each training module incorporates:

- **Real patient stories**
- **Model provider-patient interactions**
- **Interactive exercises with feedback provided**
- **Content designed by mental health providers and public health experts with lived experience**

"It will save lives. I used the interview technique the day after taking the course and it resulted in a safety plan for a lady who had clear suicidal thoughts and plans. Thank you."



Licensure Requirements

Both the three-hour and six-hour versions of this course meets Washington State's licensure requirements (RCW 43.70.442) for health care providers to assist in reducing suicide through improved training.

Continuing Medical Education

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this enduring material for a maximum of *6.0 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education

Nurses:

- Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- UWCNE is approved as a clock hour provider by the Washington State Board of Education.
- Provider approved by the California Board of Registered Nursing, Provider #7218.

Psychologists: UWCNE qualifies as a Washington State CE program sponsor under Washington Administrative Code (WAC) 246-924-240.

Respiratory Therapists: UWCNE qualifies as a Washington State CE program sponsor under Washington Administrative Code (WAC) 246-928-442.

Social Workers and Counselors: UWCNE qualifies as a Washington State CE program sponsor under WAC 246-809-610. Other Disciplines: A certificate will be awarded for use in documenting completion of this offering.

Register today at apsafe.uw.edu



For Parents and Youth 10-14 years old

Tuesdays and Thursdays

From April to May

One session per week

5:00 pm – 7:00 pm

• Virtual connection by Zoom

• You need an electronic device and Internet connection.

Register Now! There are limited spots!

Parent/Caregiver Learning:

- Identify stress and problems that may appear in adolescence.
- Learn to support teens' future goals and dreams.
- How to set limits by showing love during your preadolescence and adolescence.

Teen Learning:

- How to resist pressure from friends and how to choose good friends
- How to manage angry emotions, angry feelings, and manage stress
- Learn to appreciate parents/caregivers.

Please fill out the application form shown at the end of this sheet and email us at sfp@kcr.org before March 31, 2021 or click [here](#).

For more information, please contact to: Dina Burns: sfp@kcr.org Phone number:360-990-0949

Names of Parents or Caregivers: #1 _____ #2 _____

Phone Number: _____ Cell Phone Number: _____ e-mail: _____

Youths' information (ages 10-14) who wish to register for this program.

1. Youth's Name: _____ Age: _____

2. Youth's Name: _____ Age: _____





Kitsap Transit is providing free trips to vaccination centers. If you know of anyone that may need a ride to get a vaccine, please call Kitsap Transit ACCESS 360-479-7272 or 1-800-422-2877 - at least a day ahead. They do not need to be eligible to ride ACCESS for this trip, but they will be required to wear a face mask.

Federal Communications Commission offers an emergency broadband benefit

The Federal Communications Commission (FCC) offers an emergency broadband benefit. The benefit is for households who struggle to pay for internet services during the pandemic. This new benefit will connect eligible households to jobs, critical healthcare services, and virtual classrooms.

Emergency broadband benefit grant details

- A discount of up to \$50 per month towards broadband service for eligible households.
- Up to \$75 per month for households on Tribal lands.
- Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute \$10-\$50 toward the purchase price.
- The Emergency Broadband Benefit is limited to one monthly service discount and one device discount per household.
- For more info visit the [website](#).

About the Health Care Authority (HCA)

The Washington State Health Care Authority (HCA) is committed to whole-person care, integrating physical health and behavioral health services for better results and healthier residents.

HCA purchases health care for more than 2.5 million Washington residents through Apple Health (Medicaid), the Public Employees Benefits Board (PEBB) Program, the School Employees Benefits Board (SEBB) Program, and the COFA Islander Health Care Program. As the largest health care purchaser in the state, we lead the effort to transform health care, helping ensure Washington residents have access to better health and better care at a lower cost.

Please do not reply directly to this message. For more information, [visit the HCA website](#), where you'll also find contact information.

Disclosure notice

All messages we send via GovDelivery are subject to public disclosure, as are the names and email addresses of those who sign up for email notifications.

Nondiscrimination

The Washington State Health Care Authority (HCA) complies with all applicable federal and Washington state civil rights laws and is committed to providing equal access to our services. Visit HCA's website to [view complete nondiscrimination statements](#).



VIRTUAL

KITSAP COUNTY DEVELOPMENTAL DISABILITIES RESOURCE FAIR

April 1-30, 2021

Explore services in our community in the areas of Education, Advocacy, Support, Employment, Care, Housing, Recreation, Leisure, and more!

Click here: gowise.org/kitsap_county_virtual_transition_resource_fair/

Sponsored By:

