



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH
May 6, 2021
4:30 - 6:00 p.m.

[Join the Zoom meeting:](#)

Phone: 1-253-215-8782

Meeting ID: 961 5275 7562

THE PURPOSE OF THIS BOARD IS TO:

Advise County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible and productive children, youth and families

A G E N D A

- 4:30 WELCOME & INTRODUCTIONS**
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- 4:35 APPROVAL OF THE MINUTES/AGENDA AMENDMENTS**
- 4:40 GRANT REVIEW COMMITTEE PRESENTATION**
- 5:00 VOTE ON GRANT FUNDING RECOMMENDATIONS**
- 5:10 ELECTION OF OFFICERS**
- 5:30 YOUTH REPRESENTATIVE REPORTS**
- 5:40 UPDATES -Youth Voices, Membership, Trainings/ Events**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING- JUNE 3, 2021**

Kitsap County Commission on Children and Youth
AGENDA BRIEFING – May 6, 2021
4:00 P.M. – 4:30 P.M.
Zoom meeting- details provided on Agenda

- 4:30 p.m. WELCOME & INTRODUCTIONS**
The Chairperson will welcome attendees and facilitate brief introductions.
- 4:35 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**
The April minutes will be approved and any changes to the May Agenda will be approved.
- 4:40 p.m. GRANT REVIEW COMMITTEE PRESENTATION**
The Grant Review Committee will present on the review process and their recommendations for funding.
- 5:00 p.m. VOTE ON GRANT FUNDING**
Recommendations to go to the Board of County Commissioners will be discussed and a vote will be held to make final recommendations.
- 5:10 p.m. ELECTION OF OFFICERS**
We will have elections for the Youth and Adult Board member Co-Chairpersons and for the position of Vice Chairperson. Please send nominations to Laura.
- 5:30 p.m. YOUTH REPRESENTATIVE REPORT**
Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.
- 5:40 p.m. UPDATES Youth Voices, Membership, Trainings/Events**
We will discuss updated information on these topics and decide next steps.
- 5:45p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**
Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: June 3, 2021**

Kitsap County Commission on Children and Youth

MINUTES April 1, 2021

The Kitsap County Commission on Children and Youth meeting was held on Thursday, April 1, 2021 from 4:30 -6:00 p.m. via Zoom due to health and safety issues brought by the Covid 19 Pandemic and the current Shelter in Place orders. Jeff Allen, Board Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. **WELCOME & INTRODUCTIONS**

Jeff asked members and guests for self-introductions. Attendees offered introductions.

II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

The March 4, 2021 Meeting Minutes were approved and entered into the record. It was noted that we are meeting virtually due to the Covid 19 Pandemic and the Governor's Stay Home Stay Healthy Directive.

III. **ELECTION OF OFFICERS**

It was decided to move elections to next month after the Board of County Commissioners approve the new Bylaws that will change our leadership structure to a Co-Chair model having both an adult and a youth lead the Commission.

IV. **YOUTH REPRESENTATIVE REPORTS**

Youth Representatives on the Commission and guests updated the Commission on youth issues and activities in their community. It was noted that we have openings for Youth Representatives in Bremerton and South Kitsap. We will have an opening in North Kitsap next year as Sofia is going off to college. Congratulations were offered to Sofia.

V. **UPDATES – Youth Voices, RFP/Grant, Membership**

The RFP/Grant process and timeline were discussed by the board. Volunteers were requested to serve on the review committee. Please contact Laura if you are interested. Laura will send out an email to include members who are not present at the meeting today.

VI. **TRAINING TOPICS DISCUSSION**

Training ideas were discussed, and it was decided to go back and review the goals in our Work Plan to identify this year's topics to pursue.

VII. **ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

IX. **ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. Next meeting will be held on May 6, 2021.

ATTENDANCE

COMMISSION MEMBERS	STAFF	GUESTS
Jeff Allen	Laura Hyde	Cole Darcy
Abigail Stevenson		Jill Sinclair
Job Moraido		
Ashley Jensen		
Lisa Lechuga		
Charles Stevenson		
Absent		
Michael Ramsdell		
Jessica Guidry		
Ursula Petters		
Sofia Smith-Cuprill		
Connie Mueller		
Arjun Subramanian		



May is Older Americans Month!

The 2021 national theme of ***Communities of Strength*** recognizes the important role of older adults in the connection and engagement that builds strong, resilient communities. Together, we can find strength and create a stronger future.

The Kitsap County Aging & Long Term Care office celebrates this year by offering free, virtual events to learn, share, and connect. See listings below to register with Zoom and ongoing opportunities. Optional use of a camera or microphone if joining online.

After registering you will receive an email with information about how to attend on the day of the event. You may use the provided link to join online via the internet or the phone number to call in and enter the Meeting ID and Passcode, for joining over the phone.

Meet the Aging & Long Term Care Office

May 10th 12:00pm – 1:00pm

Registration Link: <https://zoom.us/meeting/register/tJ0lcemhpj0qHdZLS0tUrFVfw0ni33NQU8cX>

Presenter: Jennifer Calvin-Myers, Program Supervisor, Kitsap County Aging & Long Term Care
Details: Learn about many no cost, local resources for adults age 60+ and family caregivers.

Talking with Your Doctor

May 12th 10:00am – 11:00am

Registration Link: <https://zoom.us/meeting/register/tJUrc6sqT8iE9aiKvEhNUzJd6VGbejQJ26u>

Presenter: Denise Hughes, Dementia Specialist
Details: Communication strategies to help you feel understood when talking with care teams.

Introduction to Classes for Family Caregivers

May 20th 1:00pm – 2:00pm

Registration Link: <https://zoom.us/meeting/register/tJcpdOquqjorEtfRthwzyhhLBdMaURenZod->

Presenter: Leta Lawhead, LICSWA, MCS Counseling Group, LLC
Details: Review of Powerful Tools for Caregivers series, for support in your caregiving role.

The Grief Process

May 26th 11:00am – 12:00pm

Registration Link: <https://zoom.us/meeting/register/tJluc-ysqjwqHtYSx9xAOqqahfLFYLD4UxD3>

Presenter: Maia Jacoby, LICSWA, MCS Counseling Group, LLC
Details: Exploring the role of community and connection in the healing process.

Visit our website www.agingkitsap.com for online, self-paced opportunities in May!

For questions or help registering, call 360-337-5700, 1-800-562-6418 or Email: seniorinfo&asst@co.kitsap.wa.us



Strengthening Families Program 2021



For Parents and Youth 10-14 years old

<https://youtu.be/xalpCGPKH3Y>

**Mondays and Wednesdays From
May 10th to June 23th**

**Two sessions per week
5:00 pm – 7:00 pm**

- **Virtual connection by ZOOM**
- **You need an electronic device and Internet connection.**

Register Now! There are limited spots!

Parent/Caregiver Learning:

- Identify stress and problems that may appear in adolescence.
- Learn to support teens' future goals and dreams.
- How to set limits by showing love during your preadolescence and adolescence.

Teen Learning:

- How to resist pressure from friends and how to choose good friends
- How to manage angry emotions, angry feelings, and manage stress
- Learn to appreciate parents/caregivers.

Please fill out the application form shown at the end of this sheet and email us at sfp@kcr.org before March 31, 2021 or click [here](#).

For more information, please contact to: Dina Burns: sfp@kcr.org Phone number: 360-990-0949

Names of Parents or Caregivers: #1 _____ #2 _____

Phone Number: _____ Cell Phone Number: _____ e-mail: _____

Youths' information (ages 10-14) who wish to register for this program.

1. Youth's Name: _____ Age: _____

2. Youth's Name: _____ Age: _____



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Washington State
Health Care Authority