

COA AWARENESS WEEK



ONE IN FOUR

One in four teen's under age 18 live in a family where a person misuses alcohol or suffers from alcoholism. Countless others are affected by a family member's use of drugs.



REMEMBER:

You are NOT alone. Lots of teens are in your situation. It's important to talk to caring adults in order to feel better and to have a safe and productive life.



ADDICTION

Addiction to alcohol or drugs is a disease. When one member of the family has this disease, all family members are affected.



REMEMBER:

It's not your fault, It's a disease. You didn't cause it, and you can't make it stop. You need and deserve help for yourself.