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ADVOCACY/DISABILITY SUPPORTS

The Arc of Kitsap and Jefferson County 360-377-3473
3243 N Perry Ave., Bremerton WA 98310
arckj.org

- ◇ provides information and referrals to individuals with developmental disabilities and their families.
- ◇ includes Parent to Parent and parent education programs, monthly newsletter, Friday Night Social, Recreation and Resident Camp and adult classes.
- ◇ representative payee program, counseling for individuals and families.

C.H.A.D.D. ADD/ADHD Support Group 360-779-5362
chadd.org

- ◇ support group for children and adults
- ◇ support and information for parents, AD/HD adults, educators and healthcare professionals.

Down Syndrome Support Group of Kitsap County and Surrounding Areas, (UPSIDE) 360-308-0187
theupside@comcast.net

- ◇ meets monthly, contact for meeting schedule
- ◇ contact: Sharon Dommermuth, 360-308-0187
- ◇ contact: Anne Mullis, 206-842-9027

Elder and Adult Day Services (EADS) 360-250-7040
4414 Perry Ave NE, Bremerton WA 98310
eads-cares.org

- ◇ adult day programs for seniors and people with disabilities: day program, social/recreational activities, noon meal, social services, rehabilitative medicine, therapy, health care, young adult program

Harrison Outpatient Rehabilitation 360-744-6530
2520 Cherry Ave, Bremerton WA 98310
harrisonmedical.org

- ◇ occupational therapy, physical therapy, speech therapy and rehabilitation for neurological, illness, or work related injuries.
- ◇ Clinic locations in Bremerton, Port Orchard and Silverdale

Harrison Medical Center, Education 360-744-6765
2520 Cherry Ave., Bremerton WA 98310
harrisonmedical.org

- ◇ community health programs including maternal-child birth and safe sitters (11-13 ages)

Harrison Medical Center Support Groups 866-844-9355
harrisonmedical.org

- ◇ on web page under events calendar, category: support groups
- ◇ variety of support groups meet regularly. Check website for details.

Holly Ridge Center Infant Toddler Program .. 360-373-2536
Toll Free 1-800-449-1660
5112 NW Taylor Rd., Bremerton WA 98312
itp@hollyridge.org
hollyridge.org

- ◇ birth to three neurodevelopment early learning center for children and families with special needs
- ◇ contact: Connie Zapp, Director

Kitsap County Family Resource Coordinator 360-373-2536
Toll Free 1-800-449-1660
5112 NW Taylor Rd., Bremerton WA 98312
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

Kitsap County Father's Network..... 425-653-4286
doug_st@hotmail.com
fathersnetwork.org

- ◇ monthly support group for fathers of children with special needs
- ◇ meets 3rd Saturday, 10am–12pm during school year at the ARC
- ◇ contact: Doug Stauner

Kitsap County Parent Coalition 360-373-2502
3100Bucklin Hill Rd, Suite 116, Bremerton WA 98310
easterseals.com/washington

- ◇ advocacy, consulting, newsletter, training
- ◇ contact: Melissa Lund

Kitsap Parent Child Assistance Program (PCAP) 360-377-0370
4841 Auto Center Way, Suite 103, Bremerton, WA 98312
kitsappcap@agapekitsap.com

- ◇ administered by Agape' Unlimited
- ◇ advocacy and case management intervention for high-risk women with maternal alcohol and drug abuse

Northwest ADA Center.....1-800-949-4234
nwadacenter.org

- ◇ information, training and guidance on the Americans with Disabilities Act (ADA)

Opening Doors for Multicultural Families.....253-216-4479
multicultrualfamilies.org

- ◇ Provides culturally and linguistically relevant information, services and programming to individuals with developmental disabilities and their families

Parent to Parent Support Program360-377-3473
3243 N. Perry Ave, Bremerton WA 98310

- ◇ parent mentoring, support group, information, referral, and lending library, senior family caregiver project
- ◇ Autism Support, Information and Fun for Kitsap (AS IF Kitsap)

Self Advocates of Washington

Kitsap County.....253-571-8665
P.O. Box 6513, Tacoma WA 98464
wearesaw.org

- ◇ self-advocacy groups for people with developmental disabilities
- ◇ contact: Shannon Carlson

Washington PAVE 1-800-572-7368
6316 S. 12th St., Tacoma, WA 98465
wapave.org

- ◇ parent-directed organization, information and training available to parents about the educational system for preschoolers and school age children with special needs
- ◇ workshops, referrals, IEP support and information

BLINDNESS

Able Opportunities, Inc. 360-638-0881(V/TTY)
P.O. Box 468, Hansville, WA 98340
ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss

Blind Veterans Association 1-800-669-7079
bva.org

- ◇ veteran benefits, employment, legislation

Sight Connection..... 1-800-458-4888
9709 Third Ave NE, #100, Seattle WA 98115-2027
info@sightconnection.org
sightconnection.org

- ◇ counseling, support groups, skills for independent living, assessment, training
- ◇ adaptive aids store, mail order catalogue, educational services

Department of Services for the Blind..... 1-800-552-7103
4565 7th Ave. SE, Lacey WA 98503
3411 S Alaska Street, Seattle WA 98118
949 Market Street, Ste 508, Tacoma WA 98402
dsb.wa.gov

- ◇ independent living, vocational rehabilitation, orientation, training
- ◇ assistive technology training/services, family services

Kitsap Regional Library..... 360-405-9100
1301 Sylvan Way, Bremerton, WA 98310
krl.org

- ◇ computers dedicated for use by people with visual disabilities
- ◇ on-line catalog accessible to visually impaired users
- ◇ training available for using systems
- ◇ large print and audio books
- ◇ call 360-405-9123 for Outreach and Support Services

LS&S Group..... 1-800-468-4789
lssproducts.com

- ◇ catalog specializing in products for the visually and hearing impaired

NW Lions Foundation
For Sight and Hearing..... 206-682-8500
Toll Free 1-800-847-5786
nlfoundation.org
info@nlfoundation.org

- ◇ eyeglasses and vision exams for low income residents
- ◇ referral to local contacts and phone numbers
- ◇ eye tissue bank, accepts donated eyeglasses and hearing aides

Olympic College
Adaptive Technology..... 360-475-7510
Access Services 360-475-7540
1600 Chester Ave., Bremerton WA 98337
oc.ctc.edu
AccessServices@olympic.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

Peninsula Council of the Blind 206-915-3411
thepcb.tripod.com
mekawh@gmail.com

- ◇ local chapter of WA Council of the Blind
- ◇ public awareness, education, provides vision loss support group
- ◇ opportunities for community participation, recreation and vocation

VIPS (Visually Impaired Persons)
Bainbridge Island206-780-2835

- ◇ social, sharing and meetings
- ◇ 2nd Wednesday of month, Bainbridge Island Library, 1-3 pm

Washington State School for the Blind360-696-6321
wssb.wa.gov
2214 E 13th Street
Vancouver WA 98661-4120

- ◇ provides services in local school districts
- ◇ on-campus programs at no cost to parents and districts
- ◇ Lions Low Vision Clinic, Instruction Resource Center, Braille Production, Statewide Technology Center, Evaluation Assessment, in-service and training

Washington Talking Book and Braille Library..... 1-800-542-0866
2021 9th Avenue, Seattle WA 98121-2783
wtbbl@sos.wa.gov
wtbbl.org

- ◇ free, statewide public library service for individuals with disabilities
- ◇ books and magazines, large print or Braille available

CHILDREN'S THERAPY SERVICES

Children's Hospital 1-866-987-2000
Family Resource Center 206-987-2201
TTY 206-987-2280
4800 Sand Point Way NE, Seattle WA 98105
seattlechildrens.org

Easter Seals Olympic Peninsula Autism Center360-337-2222
3100 Bucklin Hill Rd NW, Suite 215, Silverdale, WA 98383
easterseals.com/washington

- ◇ Applied Behavior Analysis (ABA) services provided to children with Autism, ages 18 months to 21 years-old (enrolled in school)

Harrison Medical Center Pediatric Rehabilitation Services360-744-8980
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Hearing, Speech and Deafness Center (HSDC)
Seattle..... 1-888-222-5036
Tacoma..... 1-866-421-5560
hsdc.org

- ◇ speech, language and motor services
- ◇ services for deaf and hard of hearing children
- ◇ audiology services (including infants) and hearing aids

Holly Ridge Center 360-373-2536
 5112 NW Taylor Rd., Bremerton WA 98312
 hrc@hollyridge.org
 hollyridge.org

Mary Bridge Children's Health Center..... 1-800-552-1419
 1780 NW Myhre Rd. Suite G220, Silverdale, WA 9838-8677
 multicare.org

Mary Bridge Children's Hospital..... 253-403-1444
 311 S. L St., Tacoma WA 98405
 multicare.org/marybridge

OCCUPATIONAL THERAPISTS

Apple Tree Therapy, LLC..... 360-908-5110
 9951 Mickelberry Rd NW, Suite 225
 appletreeot.com

- ◇ provides occupational therapy treatments for children with special needs (autism, sensory processing disorders, ADHD, learning disabilities and developmental delays)

Center for Therapeutic Intervention..... 253-851-3874
 6659 Kimball Dr., Suite D-403., Gig Harbor WA 98335
 ctgigharbor.com

- ◇ pediatric occupational therapy clinic

Elk's Therapy Program 253-472-6223
 P.O. Box 11076, Tacoma WA 98411
 waelks.net

- ◇ provides home-based occupational and physical therapy to children with disabilities

Harrison Medical Center Pediatric Rehabilitation Services 360-744-8980
 1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

PHYSICAL THERAPISTS

Harrison Medical Center Pediatric Rehabilitation Services 360-774-6080
 1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Kitsap Children's Therapy..... 360-697-2228
 19319 7th Ave, Suite 104, Poulsbo WA 98370
 kitsapchildrenstherapy.com

- ◇ pediatric children's therapy, speech and OT

SPEECH THERAPISTS

Children's Hospital Speech and Language.... 206-987-2104
 4800 Sand Point Way NE, MS-W6839, Seattle WA 98105-0371
 seattlechildrens.org

Harrison Medical Center Pediatric Rehabilitation Services 360-774-8980
 1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

Hearing, Speech and Deafness Center (HSDC)
 Seattle..... 1-888-222-5036
 Tacoma..... 1-866-421-5560
 hsdc.org

- ◇ speech, language and motor services
- ◇ services for deaf and hard of hearing children
- ◇ audiology services (including infants) and hearing aids

Mary Bridge Speech and Hearing 1-800-552-1419
 1220 Division Ave., Tacoma WA 98405
 multicare.org/marybridge

Tacoma Speech and Language Clinic 253-472-6454
 5005 Center St., Suite H, Tacoma WA 98409

CLOTHING/FOOD

Helpline House/Bainbridge Is...... 206-842-7621
 282 Knechtel Way, Bainbridge Island WA 98110
 helplinehouse.org

North Kitsap Fishline 360-779-5190
 787 NW Liberty Lane, Poulsbo WA 98370
 nkfishline.org

- ◇ food bank, thrift store, housing assistance

S. Kitsap Helpline 360-876-4089
 1012 Mitchel Ave, Port Orchard WA 98366
 skhelpline.org

- ◇ food bank and other assistance

Salvation Army 360-373-5550
 PO Box 886, (832 6th St.), Bremerton WA 98337
 Bremerton.salvationarmynw.org

- ◇ Serving breakfast and lunch; call for meal times
- ◇ food bank

St. Vincent de Paul 360-479-7017
 1137 N Callow, Bremerton WA 98312

- ◇ food bank and assistance office

St. Vincent de Paul..... 360-377-2929
1117 N. Callow, Bremerton, WA 98312

- ◇ thrift store

DEAFNESS

Able Opportunities, Inc. 360-638-0881(V/TTY)
P.O. Box 468, Hansville, WA 98340
ableopportunities.com

- ◇ vocational evaluation, job placement and retention, independent living assessments and training
- ◇ all services available in ASL, American Sign Language

**Early Hearing Loss, Detection, Diagnosis,
and Intervention Program**..... 206-418-5613
1610 NE 150th St., Shoreline WA 98155

- ◇ WA state DOH genetic services section
- ◇ contact: EHDDI Program Consultant, ehddi2@doh.wa.gov

Family Conversations..... 425-482-4185
2525 220th St. SE, Ste. 100, Bothell WA 98021
family-conversations@seattlechildrens.org

- ◇ home based program for families with deaf or hard of hearing children living in western Washington
- ◇ playgroups, parent support, sign language classes and assistance with school transition
- ◇ workshops for deaf and hearing co-workers

Hearing, Speech and Deafness Center (HSDC)
Seattle 1-888-222-5036
Tacoma 1-866-421-5560
hsdc.org

- ◇ speech, language and motor services
- ◇ services for deaf and hard of hearing children
- ◇ audiology services (including infants) and hearing aids

Holly Ridge Center 360-373-2536
Toll Free 1-800-449-1660
5112 NW Taylor Rd. , Bremerton, WA 98312
hollyridge.org
hrc@hollyridge.org

- ◇ birth to three Neurodevelopmental Clinic and Preschool serving families and children with special needs

Kitsap County
Family Resource Coordination 360-373-2536
Toll Free 1-800-449-1660
5112 NW Taylor Rd. , Bremerton, WA 98312
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

N.W. Lions Foundation
For Sight and Hearing 206-682-8500
Toll Free..... 1-800-847-5786
nlfoundation.org
info@nlfoundation.org

- ◇ accepts donated hearing aids

Office of the Deaf & Hard of Hearing (ODHH)1-800-422-7930
dshs.wa.gov/odhh

- ◇ services for persons who are deaf, hard of hearing, deaf-blind or hearing with a speech disability

Olympic College
Adaptive Technology 360-475-7510
Access Services 360-475-7540
1600 Chester Ave., Bremerton WA 98337
AccessServices@olympic.edu
oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

**Tacoma Area Coalition of Individuals with
Disabilities (TACID) V** 1-253-565-9000
TTY 1-253-565-3486
6315 S. 19th St, Tacoma, WA 98466
tacid.org

- ◇ deaf-blind and hard of hearing services

EDUCATION

Bainbridge Island School District
Special Education..... 206-842-2907
bisd303.org

Bremerton School District
Special Services Department 360-473-1011
bremertonschools.org

Central Kitsap School District
Special Services Department 360-662-1040
cksd.wednet.edu

**Disabilities, Opportunities, Internetworking
And Technology (DO-IT) (V/TTY)**..... 206-685-3648
Toll Free (V/TTY)..... 1-888-972-3648
University of Washington, Box 354842, Seattle, WA 98195-4842

washington.edu/doit

- ◇ grant funded program that focuses on college and career preparation for students with disabilities
- ◇ information, training for employers and educators

ERIC– Educational Resources Information Center.....1-800-538-3742
eric.ed.gov

- ◇ database with information on the education of children with disabilities and children who are gifted

Going-to-College.org

- ◇ this website contains information about living college life with a disability. It is designed for high school students and provides video clips, activities and additional resources that can help students get a head start in planning for college

Kitsap Community Resources, Head Start/ Early Childhood Education & Assistance Program 360-473-2075
1201 Park Avenue, Bremerton WA 98337

- ◇ serving ages birth to 5 years
- ◇ early health & childhood development services

Kitsap County Parent Coalition 360-373-2502
easterseals.com/washington

- ◇ advocacy, consulting, newsletter, training

North Kitsap School District Special Education Department 360-396-3024
nkschools.org

Office of the Education Ombudsman.....1-866-297-2597
governor.wa.gov/oeo

- ◇ resolves complaints, disputes and problems between families and WA State elementary and secondary public schools

Olympic College

Adaptive Technology..... 360-475-7510
Access Services 360-475-7540
1600 Chester Ave., Bremerton WA 98337
AccessServices@olympic.edu
oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

Olympic ESD 114..... 360-479-0993
105 National Ave. N, Bremerton WA 98312
oesd.wednet.edu

- ◇ serving the Olympic and Kitsap Peninsulas
- ◇ Jennifer Acuna, Special Programs Director, 360-478-6886
- ◇ Headstart and ECEAP, 360-478-6887

Seattle University, Center for Change in Transition Services206-296-6494
PO Box 222000, Seattle, WA 98122-1090
seattleu.edu/ccts

- ◇ technical assistance and training provided to school districts addressing transition needs of students with disabilities

Special Education Parent Advisory Council (S.E.P.A.C)360-779-4726
cksd.wednet.edu/specialservices

- ◇ working partnership between parents educators and the special education community.
- ◇ promotes awareness of student with special needs

South Kitsap School District Special Services Department360-443-3625
skitsap.wednet.edu

Special Education Technology Center509-963-3350
Central Washington University
Mail stop 7413, 400 University Ave, Ellensburg, WA 98926
specialedtechcenter.org

- ◇ a statewide project designed to assist school districts with the special technology needs of their students by providing technology resources that are otherwise difficult to find or access.

Superintendent of Public Instruction 360-725-6000
k12.wa.us

- ◇ health services 360-725-6040
- ◇ special education services 360-725-6075
TTY 360-586-0126
- ◇ transportation 360-725-6120
- ◇ special education parent liaison.....360-725-6075

Washington PAVE 1-800-572-7368
6316 S. 12th St., Tacoma, WA 98465
wapave.org

- ◇ parent-directed organization, information and training available to parents about the educational system for preschoolers and school age children with special needs
- ◇ workshops, referrals, and support

West Sound Technical Skills Center360-473-0556
101 National Avenue N, Bremerton WA 98312

westsoundtech.com
wstinfo@wstsc.com

- ◇ serving all high school students; vocational training classes
- ◇ must be referred through high school

EMPLOYMENT/ COMMUNITY ACCESS

(also see Governmental Supports, page 16)

Able Opportunities, Inc. 360-638-0881(V/TTY)

P.O. Box 468, Hansville, WA 98340
ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss
- ◇ contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>
- ◇ all services available in ASL, American Sign Language.

Bainbridge Island Youth Services 206-842-9675

PO Box 11173, Bainbridge Island WA 98110
bainbridgeyouthservices.org

- ◇ job referrals, counseling, serves young people ages 12-20, must live on the Island or North Kitsap

Cares of Washington 253-414-7635

caresofwa.org

- ◇ short and long-term individual supported employment and community inclusion services

Easter Seals Washington 360-373-2502

3100Bucklin Hill Rd, Suite 116, Bremerton WA 98310
easterseals.com/washington

- ◇ supported individual employment, community inclusion services

Holly Ridge Center 360-479-9023

252 Wilkes Ave, Bremerton WA 98312
hollyridge.org

- ◇ individual employment, job placement and retention services
- ◇ contact: Melinda Slater, AES Program Manager

Kitsap Community Resources 360-473-2118

kcr.org

- ◇ employment and training, community service
- ◇ AmeriCorp 360-473-2015
- ◇ SK Family Service Center - WorkSource affiliated 360-473-2144

Pathways to Success/WorkSource 360-337-4737

TTY 360-337-4778
1300 Sylvan Way, Bremerton, WA 98310
oesd.wednet.edu

- ◇ academic support, job training, career development for youth ages 16-21

Peninsula Services 360-479-6520

7500 Werner Road, Bremerton, WA 98312
peninsulaservices.org

- ◇ Individual employment, vocational rehabilitation, job development and placement services

Plan to Work 866-497-9443

25 W. Main, Suite 310, Spokane WA 99201
plantowork.org

- ◇ benefits planning for persons receiving disability benefits from the Social Security Administration (SSA).

Skookum 360-475-0756

4525 Auto Center Way, Bremerton WA 98312
skookum.org

- ◇ helps people with disabilities obtain and maintain jobs with employers that match their skills, interest and abilities

Sound Works Job Center, Poulsbo 360-779-1160

787 NW Liberty Rd, Poulsbo WA 98370
homepages.donobi.net/soundworks

- ◇ non-profit employment services and resources, job listings

Trillium 360-698-6659

3501 Lowell St, Suite 101, Silverdale, WA 98383
trillium.org

- ◇ provides individualized employment services including job development, job coaching and retention services.

Vadis 360-516-6484

3100 NW Bucklin Hill Rd, Suite 220, Silverdale, WA 98383
vadis.org

- ◇ provides customized employment services including job development, job coaching and retention services.
- ◇ contact: Deanna Wentz, Employment Services Manager

Washington Initiative for Supported Employment

WiSe 206-343-0881
100 South King St, Suite 260, Seattle WA 98104
gowise.org

- ◇ dedicated to expanding employment opportunities for people with developmental disabilities
- ◇ training, technical assistance, informational resources

Work Equation (V/TTY) 360-692-2061
 Toll Free 1-866-475-2061
 PO Box 211, Silverdale, WA 98383

- ◇ short-term individual supported employment

WorkSource 360-337-4767
 TTY 360-792-2179
 1300 Sylvan Way, Bremerton, WA 98312
 kitsapgov.com

- ◇ job listings, career exploration and resume software, job skills workshops, career counseling

FINANCIAL

The ARC Endowment Trust Fund 1-888-754-8798
 arcwa.org

- ◇ a public-private partnership that makes it possible for families to enhance the quality of life for persons with developmental disabilities.

Benefits Central 360-917-4893
 P.O. Box 2071, Bremerton WA 98310
 benefitscentral.org

- ◇ Social Security benefits management services

Jones and Ibrahim, PLLC 206-405-3240
 3513 NE 45th St., Suite 2E, Seattle WA 98105
 Seattledisabilitylaw.com

- ◇ Estate planning for families with special needs children.
- ◇ Special needs trusts
- ◇ Guardianship services, initially and ongoing reports to the court

Life Opportunities Trust 1-888-754-8798
 2638 State Ave. NE, Olympia, WA 98506
 angela@arcwa.org

- ◇ allows individual with developmental disabilities and their families to set aside funds for future use without affecting their eligibility for government benefits and services

Plan to Work 1-866-497-9443
 plantowork.org

- ◇ planning services for individuals with Social Security Disability benefits

Security Financial Services 360-874-7975
 1307 Bay Street, Port Orchard, WA 98366

- ◇ Social Security representative payee services

Washington Access Fund 1-877-428-5116
 washingtonaccessfund.org

- ◇ Low interest loans for any type of assistive technology device or services as well as vehicle and home modifications

GOVERNMENTAL SUPPORTS

**Department of Social and Health Services (DSHS),
 Community Services Office** 360-473-2200
 4710 Auto Center Blvd, Bremerton, WA 98312

- ◇ food stamps, financial and medical assistance 877-501-2233
- ◇ licensed adult family homes, referrals 360-473-2299

DSHS, Adult Protective Services 1-877-734-6277
 Fax 360-664-9103

- ◇ investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Aging and Long Term Support
 Administration** 360-725-2300
 Toll Free 1-800-422-3263
 PO Box 45600, Olympia, WA 98504
 adsa.dshs.wa.gov

**DSHS, Division of Children and Family Services,
 Child Protective Services** 360-475-3688
 Toll Free 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18.

**DSHS, Developmental Disabilities
 Administration (DDA)** 360-475-3490
 Toll Free 1-800-735-6740
 3423 6th St., Bremerton, WA 98312
 dshs.wa.gov/dda

- ◇ intake, information and referral, case/resource management, residential, community and employment supports, eligibility assessments for personal care services

**DSHS, Division of Vocational
 Rehabilitation (DVR)** 360-698-4360
 3888 NW Randall Way, Ste 101, Silverdale WA 98382
 dshs.wa.gov/dvr

- ◇ post high school assessment, education, placement, training, eligibility for services, referrals, case management, employment training and assistance

DSHS, Health Care Authority 1-800-562-3022
PO Box 45505, Olympia, WA 98504
hrsa.dshs.wa.gov

DSHS, Working Connections Childcare..... 360-473-2200
4710 Auto Center Blvd., Bremerton, WA 98312
del.wa.gov

- ◇ childcare subsidy for working parents
- ◇ contact agency for eligibility and program requirements

Kitsap County

Developmental Disabilities 360-337-4624
614 Division St . MS-23, Port Orchard WA 98366
koneal@co.kitsap.wa.us
kitsapgov.com

- ◇ funding for day and employment programs; responsible for community plan; advocacy; coordination of services
- ◇ contact: Kelly Oneal, DD Coordinator

Social Security Administration 1-800-772-1213
9594 Mickleberry Rd. NW, Silverdale, WA 98383
socialsecurity.gov

- ◇ financial assistance; Social Security Income (SSI) disability and Social Security Disability Insurance (SSDI)

Washington State Information 1-800-321-2808
access.wa.gov

- ◇ provides number for any state agency in Washington State

GUARDIANSHIP SERVICES

Hoehnen Foundation 360-271-6169
◇ provides guardianship services for people with disabilities

Jones and Ibrahim, PLLC 206-405-3240
3513 NE 45th St, Suite 2E, Seattle WA 98105
seattledisabilitylaw.com

- ◇ estate planning for families with special needs children
- ◇ special needs trusts
- ◇ guardianship services, initially and ongoing reports to the court

Lifetime Advocacy Plus 206-367-8055
Fax 206-367-8353
444 NE Ravenna Blvd., Suite 208, Seattle WA 98115
laplus.org
laplus@laplus.org

- ◇ provides guardianship and trust management services

HOUSING/LIVING ASSISTANCE

Bremerton Housing Authority 360-479-3694
4040 Wheaton Way, Bremerton WA 98310
bremertonhousing.org

- ◇ applications for public housing, housing for people with disabilities, home ownership programs

**Catholic Social Services Benedict House,
Single Men's Shelter**..... 360-473-2035

- ◇ contact for eligibility requirements and available program services

City of Bremerton 360-473-5275
ci.bremerton.wa.us

- ◇ down payment assistance program for first time, income eligible home buyers; home rehabilitation program
- ◇ contact program for eligibility requirements

Communitas 360-377-7231
920 Park Ave., Bremerton WA 98337
communitas.org

- ◇ group homes, apartment programs, tenant support; recreational support, serves adults over 18 years of age

Habitat for Humanity of Kitsap County 360-479-3853
3559 Wheaton Way, Bremerton WA 98312
kitsaphabitat.org

Housing Kitsap 360-535-6100
345 6th St., Suite 100, Bremerton WA 98337
housingkitsap.org

- ◇ applications for public housing; housing for people with disabilities, home ownership programs

Housing Resources Board (HRB) 206-842-1909
PO Box 11391, Bainbridge Island, WA 98110
housingresourcesboard.org

- ◇ non-profit agency that provides low-income rental housing on Bainbridge Island
- ◇ independent living program that provides health and safety related home modifications
- ◇ home share program that matches folks with rooms to rent in their homes with those looking for lower cost housing.

Kitsap Community Resources 360-377-0053
1201 Park Ave., Bremerton WA 98337
kcr.org

- ◇ housing assistance, transition housing, weatherization
- ◇ energy assistance, 479-1507

Kitsap Residences, Port Orchard..... 360-876-1470
2505 Mile Hill Drive, unit 201, Port Orchard, WA 98366
kitsapresidences.org

- ◇ apartment programs, tenant support, community integration, recreational support for persons with developmental disabilities.

Kitsap Tenant Support Services (KTSS) 360-373-4173
109 Olding Rd, Suite 100, Bremerton WA 98312
kitsaphomecare.com

- ◇ assisted living alternatives, supported living assistance and recreational support for persons with developmental disabilities.

Low Income Energy Assistance (LEAP)
commerce.wa.gov

Max Hale Center 360-792-2117
285 5th Street, Bremerton WA 98337

- ◇ non-emergency, permanent housing for homeless and income-eligible persons

St. Vincent De Paul 360-479-7017
1137 North Callow, Bremerton WA 98312

- ◇ women's shelter, contact for eligibility requirements

Washington Telephone Assistance Program

- ◇ discounts on monthly services and connection fees
- ◇ contact your residential phone service provider for eligibility requirements

INFORMATION AND REFERRAL

Crisis Clinic of the Peninsulas..... 360-479-3033
Toll Free 1-800-843-4793

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

The Child Care and Action Council 360-786-8907
ccacwa.org

- ◇ child care resource and referral

Kitsap County Domestic Violence Task Force 360-479-5392
PO Box 48, Bremerton, WA 98337
kcdvtf.org

- ◇ education, information, and training on DV issues
- ◇ lending library, resource referrals

Kitsap Regional Library 360-405-9100
1301 Sylvan Way, Bremerton WA 98310
krl.org

- ◇ local and national resource database

Lutheran Community Services NW Navy EFM Respite Care 360-479-3489
lcsnw.org

- ◇ respite care for active duty navy families with EMF children

Senior Information and Assistance 360-337-5700
1026 Sidney, Port Orchard, WA 98366

- ◇ information and referral for senior programs and services

Peninsula 211.....211
win211.org

- ◇ community and state-wide information and referral assistance

Washington PAVE.....1-800-5-PARENT
wapave.org

- ◇ comprehensive listing of state and national phone numbers for many disabilities and disability issues

LEARNING DISABILITIES

Front Street Clinic 360-697-1141
20174 Front St., PO Box 1611, Poulsbo WA 98370
9431 Coppertop Loop, Suite D, Bainbridge Island WA 98110
7382 Se View Park Rd., Port Orchard WA 983676
frontstreetclinic.com

- ◇ testing for learning disabilities

Hope Clinic.....360-613-0181
9633 Levin Rd NE, Suite 201, Silverdale WA 98383
hopecliniconline.com

- ◇ free testing for learning disabilities

Learning Disabilities Association of Washington.....425-882-0820
ldawa.org

- ◇ referrals to individual physicians (no recommendations or endorsements), information

Learning Disabilities Online
ldonline.org

- ◇ web-based information and resource site related to learning disabilities

LEGAL

Crime Victim Assistance Center..... 360-874-8270

- ◇ free advocacy service for victims/survivors of robbery, assault, abuse, fraud and other crimes

Derifield Law Office..... 206-226-6891

P.O. Box 1459, Poulsbo WA 98370

derifieldlaw.com

info@derifieldlaw.com

- ◇ assists clients in obtaining SSDI, SSI and child's disability benefits

Disability Rights Washington 1-800-562-2702

TTY.....1-800-905-0209

disabilityrightswa.org

info@dr-wa.org

- ◇ legal and information services

Dispute Resolution Center of of Kitsap County..... 360-698-0968

9004 Washington Ave., Silverdale, WA 98383

kitsapdrc.org

- ◇ mediation and conciliation, and problem-solving services

Jones and Ibrahim, PLLC 206-405-3240

3513 NE 45th St., Suite 2E, Seattle WA 98105

Seattledisabilitylaw.com

- ◇ estate planning for families with special needs children.
- ◇ special needs trusts
- ◇ guardianship services, initially and ongoing reports to the court

Kitsap Legal Services 360-479-6125

920 Park Avenue, Bremerton 98337

kitsaplegalservices.org

- ◇ legal referral, works in conjunction with the NW Justice Project

Landlord/Tenant Dispute Information 360-479-1683

645 4th St., Bremerton, WA 98337

- ◇ information on legal rights/responsibilities for tenants/landlords

NW Justice Project, CLEAR Hotline 1-888-201-1012

TTY..... 1-888-201-1014

nwjustice.org

- ◇ free legal referral and information services

U.S. Dept. of Housing and Urban Development, Fair Housing Enforcement 1-800-669-9777

TDD 1-800-927-9275

909 First Ave., Suite 205, Seattle, WA 98104-1000

hud.gov/local

- ◇ handles complaints related to housing discrimination

U.S. Dept. of Justice, Equal Employment Opportunity Commission (EEOC) ... 1-800-669-4000

TTY 1-800-669-6820

eoc.gov

- ◇ interprets and enforces employment regulations of the ADA

Washington Lawhelp

washingtonlawhelp.org

- ◇ web-based legal information site

WA State Developmental Disabilities Endowment Trust Fund..... 1-888-754-8798

arcwa.org

- ◇ special needs trust accounts for individuals with developmental disabilities
- ◇ state matching funds available

YWCA, Bremerton/Port Orchard 360-479-0522

905 Pacific Ave, Bremerton WA 98337

ywcakitsap.org

- ◇ legal and family advocacy

MEDICAL/DENTAL

Directory of Dentists for Children with Developmental or Special Needs

Wsda.org/special-needs-directory

HealthCare for Workers with Disabilities (HWD)..... 1-800-871-9275

dshs.wa.gov

- ◇ medical state program that allows workers with disabilities to purchase Medicaid coverage

Kitsap Public Health District 360-337-5235

345 6th St., Suite 300, Bremerton, WA 98337

kitsappublichealth.org

- ◇ immunization, public health nurse, children with special health care needs

Kitsap County Medical Society 360-698-2928

kcmmedical.org

- ◇ county-wide referral line to Kitsap County physicians, grievance committee, mediation services

ABC Dental 360-373-3487
4207 Wheaton Way, Suite C, Bremerton, WA 98310

- ◇ accepts Medicaid coupons

Peninsula Community Health Services..... 360-377-3776
616 6th Street, Bremerton WA 98337

320 S Kitsap Blvd., Port Orchard WA 98366

19917 7th Ave, Suite 205, Poulsbo WA 98370

pchsweb.org

- ◇ medical/assistance, dental services for children under 19 (at the Bremerton clinic only), sliding fee schedule

Sexual Assault Nurse Examiner (S.A.N.E.)

24 Hr. On-Call Service 360-744-6710

Non-urgent 360-744-6617

Harrison Medical Center, 2520 Cherry, Bremerton, WA 98310

- ◇ medical services, assistance and exams to victims of sexual assault

Washington Apple Health for Kids 1-800-562-3022
hca.wa.gov/medicaid

- ◇ a Washington State initiative aimed at streamlining applications for children's medical insurance
- ◇ administered locally by the Kitsap County Health District

University of Washington, DECODE Clinic.... 206-543-4619
dental.washington.edu

- ◇ dental treatment, prevention and rehabilitation for persons with disabilities

Vision USA..... 1-800-766-4466
aoa.org

visionusa@aoa.org

- ◇ free eye exam to qualified applicants

**MENTAL/BEHAVIORAL HEALTH SERVICES/
SUPPORTS**

Autism and Behavior Consulting 360-731-7728
autismandbehaviorconsulting.com

- ◇ consulting and intervention for those facing Autism Spectrum Disorder
- ◇ TriWest, ECHO provider

Bridges Mental Health Ombuds Service 360-692-1582
9004 Washington Ave NW, Silverdale, WA 98383

ombuds@kitsapdrc.org

kitsapdrc.org

- ◇ advocacy for persons who are receiving or eligible to receive publicly funded mental health services

Courage to Heal Counseling Services..... 360-779-4880
18732 Ness PI NE, Poulsbo, WA 98370

- ◇ serves children and adults, sliding fee scale

Crisis Clinic of the Peninsulas 360-479-3033
Toll Free..... 1-800-843-4793

crisisclinicofthepeninsulas.org

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

Division of Behavioral Health and Recovery

dshs.wa.gov/dbhr

Easter Seals Olympic Peninsula

Autism Center..... 360-337-2222

3100 NW Bucklin Hill Rd Ste 215, Silverdale, WA 98383

easterseals.com

- ◇ Provides a wide variety of interventions to help people with Autism Spectrum Disorder

Lou-Ann Lauborough, LICSW 360-876-5483

8987 McConnell Ave. NW, Silverdale, WA 98383

1730 Pottery Ave, Suite 120, Port Orchard, WA 98366

lauborough-counseling.com

- ◇ counseling and consultation services for individuals with developmental disabilities

Kitsap Mental Health

5455 Almira Dr. NE, Bremerton, WA 98312

kitsapmentalhelath.org

Intake/Access 360-405-4010

Children and Family Services 360-479-4994

Adult Services..... 360-373-7049

Emergency Crisis Services..... 360-373-3425

- ◇ comprehensive mental health services

Kitsap Sexual Assault Center..... 360-479-1788

Crisis/Support 24 hr. Hotline 360-479-8500

P.O. Box 1936, Port Orchard, WA 98366

- ◇ information, crisis intervention, counseling, support groups, legal and medical advocacy

Magnolia Behavioral Therapy..... 206-453-4882

magnoliabehaviortherapy.com

- ◇ Provides ABA therapy

NAMI, Kitsap County 360-377-2910

namikitsap.org

- ◇ affiliate of National Alliance for the Mentally Ill
- ◇ advocacy, education, information and referral
- ◇ support groups, call for meeting times and location

Salish Behavioral Health Organization 360-337-4886
 Toll Free 1-800-525-5637
 614 Division St., MS-23, Port Orchard, WA 98366

- ◇ plans and administers state funded programs for children and adults with persistent and severe mental illness in Kitsap, Jefferson and Clallam counties, direct services provided by contracted vendors.

YWCA, Bremerton/Port Orchard..... 360-479-0522
 ALIVE, 24 Hr. Hotline.....1-800-500-5513
 Bainbridge Island/North Kitsap..... 206-780-2931
 P.O. Box 559, Bremerton, WA 98337
 ywcakitsap.org

- ◇ ALIVE shelter for women and children who are victims of domestic violence
- ◇ legal advocacy, support groups and youth services

MILITARY SUPPORTS

Building 9 for Veterans Service Center..... 360-895-4346
 Toll Free 1-800-562-2308
 1141 Beach Drive East, Bldg 9, Retsil WA 98378

- ◇ advocates for securing veteran benefits

Disabled American Veterans, Chapter 5..... 360-373-2397
 2315 Burwell Street, Bremerton WA 98312

- ◇ resources, information and assistance for veterans

Kitsap County Parent Coalition 360-373-2502
 easterseals.com/washington

- ◇ information and referral for military programs and services
- ◇ contact Melissa Lund

Madigan Army Medical Center..... 253-968-1110
 Bldg 9040 Fitzsimmons Drive, Tacoma, WA 98431
 mamc.amedd.army.mil

Naval Hospital Bremerton 360-475-4000
 Toll Free 1-800-422-1383
 Exceptional Family Member Program 360-475-4215
 Social Work Department 360-475-4541

Navy Relief Society Naval Base Kitsap Bremerton.....360-672-2187

- ◇ family assistance, interest free loans/grants for emergency needs to active duty and retired navy/marine corps families/dependents

Navy Sexual Assault Prevention and Response (SAPR).....360-396-7277
 sharlyne.hays@navy.mil

- ◇ advocacy, information, referral and counseling
- ◇ assistance with obtaining civilian and military protective orders

Specialized Training for Military Parents, PAVE/STOMP (V/TDD)..... 253-565-2266
 Toll Free.....1-800-572-7368
 wapave.org

Tricare/United Health Care1-877-988-9378
 uhcmilitarywest.com
 Extended Care Health Options (ECHO)1-855-874-6800
 Autism Demonstration Project.....1-855-874-6800
 *programs for active duty family member with qualifying disabilities

West Sound Fleet and Family Support Centers.....1-866-854-0638
 navylifepnw.com

- ◇ general social services for families or Navy personnel

PERSONAL/RESPIRE CARE

Bainbridge Island Special Needs Foundation, Stephens House206-780-1211
 191 Winslow Way, Bainbridge Island, WA 98110
 bispecialneedsfoundation.org

- ◇ day program facility for young adults with developmental disabilities that focuses on life-enhancing activities while providing respite for care-givers.
- ◇ DSHS licensed respite care provider

Care Plus Home Health360-373-8016
 3377 Bethel Rd SE, #107, Port Orchard, WA 98366
 mycareplus.com

- ◇ non-medical in-home personal care supports and respite services for children/adults with disabilities. Non-medical personal care supports to the elderly, nursing services available

Caregiver Support Ctr/Caregiver Respite 360-337-5700
 Toll Free.....1-800-562-6418
 9729 Silverdale Way, Silverdale, WA 98383

- ◇ respite provided to informal, unpaid caregivers, contact program for eligibility criteria
- ◇ resource library, counseling, information and referral

Catholic Community Services 360-405-9486
645 4th St., Bremerton, WA 98337
ccsww.org

- ◇ long-term home care services, volunteer chore services and foster grandparents program

Communitas 360-377-7231
920 Park Ave., Bremerton, WA 98337
communitas.org

- ◇ non-medical in-home personal care supports to adults with disabilities

Kitsap Applied Technologies..... 360-377-5454
4195 Wheaton Way, Bremerton WA 98310
katkitsap.org

- ◇ provides adult respite services for persons with developmental disabilities

Kitsap Home Care Services 360-377-7307
Toll Free 1-888-449-9048
109 Olding Rd, P.O. Box 5209, Bremerton, WA 98312
kitsaphomecare.com

- ◇ non-medical personal care and respite services available to the elderly, children and adults with disabilities

Lutheran Community Services NW 360-377-5511
Toll Free 1-800-378-5771
645 4th St, Suite 202, Bremerton, WA 98337
lcsnw.org

- ◇ non-medical in-home personal care supports to the elderly and adults with disabilities

Martha and Mary at Home
Port Orchard..... 360-871-4425
Bainbridge Island..... 206-842-4527
marthaandmary.org/home-care

- ◇ provides in-home care to adults and seniors

PROTECTION/SUPPORTS

DSHS, Adult Protective Services 1-877-734-6277
TTY..... 1-800-688-1169
Fax 360-664-9103

- ◇ investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Division of Children and Family Services,
Child Protective Services** 360-475-3688
Toll Free 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18

Disability Rights Washington 1-800-562-2702
disabilityrightswa.org

- ◇ protection and advocacy for individuals with disabilities and /or mental illness

**Washington State Office of Long Term Care
Ombudsman Program V/TTY** 1-800-562-6028
waombudsman.org

- ◇ protection/advocacy for individuals living in boarding homes, adult family homes, IMR's, congregate care facilities, nursing homes
- ◇ to report abuse call: 1-800-562-6078
- ◇ Kitsap County Ombuds 360-337-5714

**Washington State Office of the Family and Children
Ombudsman** 1-800-571-7321
governor.wa.gov/ofco

- ◇ investigates complaints about an agency action or failure to act in cases involving : any child at risk of abuse or neglect; a child or family involved with child protection or child welfare services

RECREATION/LEISURE

Arc of Kitsap/Jefferson County 360-377-3473
3243 N Perry Ave., Bremerton WA 98310
arckj.org

- ◇ Friday night dance/social for people with disabilities, classes

Bainbridge Island Park and Recreation 206-842-2306
biparks.org

- ◇ classes, recreational activities

**Bainbridge Island Special Needs Foundation,
Stephens House** 206-780-1211
191 Winslow Way, Bainbridge Island, WA 98110
bispecialneedsfoundation.org

- ◇ day program facility for young adults with developmental disabilities that focuses on life-enhancing activities while providing respite for care-givers.

Bremerton Parks and Recreation 360-473-5305
ci.bremerton.wa.us

- ◇ classes, recreational activities
- ◇ summer program integrating children with and without disabilities

**Easter Seals Washington,
Camp Stand By Me** 253-884-2722
17809 Vaughn Rd. KPN, Vaughn, WA 98394-0313
easterseals.com/washington

- ◇ camping, recreation

Island Time Activities 206-212-0145
islandtimeactivities.org

- ◇ provides supported recreational activities on Bainbridge Island for people with developmental disabilities

Outdoors for All 206-838-6030
outdoorsforall.org

- ◇ year-round recreational activities

Poulsbo Parks and Recreation 360-779-9898
19540 Front Street, Poulsbo, WA 98370
cityofpoulsbo.com/parks

- ◇ classes and recreational activities

Special Olympics 206-362-4949
sowa.org

- ◇ ongoing participation in sporting events

YMCA, Bremerton 360-377-3741
2261 Homer James Dr., Bremerton, WA 98310
ymcapkc.org

- ◇ variety of recreation and sports activities, membership assistance available

YMCA, Silverdale 360-698-9622
3909 NW Randall Way, Silverdale, WA 98383
ymcapkc.org

- ◇ recreational and sports activities, membership assistance available

SERVICES FOR CHILDREN WITH SPECIAL NEEDS

Arc of Kitsap/Jefferson County 360-377-3473
3243 N Perry Ave., Bremerton WA 98310
arckj.org

Answers for Special Kids Line (ASK) 1-847-607-1612
answersforspecialkids.org

- ◇ assists families with children who have special needs locate local and state resources

**DSHS, Developmental Disabilities
Administration** 360-475-3490
3423 6th St., Bremerton WA 98312
dshs.wa.gov/dda

Easter Seals Washington 1-800-678-5708
TDD 206-281-5700
easterseals.com/washington

**Holly Ridge Center
Infant Toddler Program** 360-373-2536
Toll Free 1-800-449-1660
5112 NW Taylor Rd., Bremerton WA 98312
hollyridge.org
itp@hollyridge.org

- ◇ birth to three neurodevelopment clinic and pre-school serving children and families with special needs

**Kitsap Community Resources
Head Start/ECEAP** 360-473-2075
1201 Park Ave., Bremerton WA 98337
kcr.org

- ◇ countywide full day headstart and daycare
- ◇ wrap-around program option

**Kitsap County
Family Resource Coordination** 360-373-2536
Toll Free 1-800-449-1660
5112 NW Taylor Rd., Bremerton, WA 98312
kitsapicc.org
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

Kitsap Public Health District 360-337-5235
kitsappublichealth.org

- ◇ offers parent/child health services

**Lutheran Community Services
Northwest/Parent Line** 1-800-300-1247
lcsnw.org/parentline

- ◇ child care resource and referral services

Olympic ESD 114 Head Start/ECEAP 360-478-6887
Fax 360-478-6869

105 National Ave. N, Bremerton WA 98312
oesd.wednet.edu

Paratransit Services..... 1-800-933-3468
paratransit.net
4810 Auto Center Way, Suite Z, Bremerton WA 98312

Port Gamble S'Kallam Tribe, front desk 360-297-2646
Health Clinic 360-297-2840
pgst.nsn.us
31912 Little Boston road NE, Kingston WA 98346

- ◇ early childhood programs, early headstart infant/toddler services
- ◇ headstart pre-school, extended day child care

Seattle Children's Autism Center..... 206-987-8080
◇ Assessment, diagnosis, treatment and support
seattlechildrens.org/clinics-programs

Specialized Training for Military

Parents, PAVE/STOMP (V/TDD) **253-565-2266**
Toll Free 1-800-572-7368
wapave.org

Shriner's Hospital for Children,
shrinershq.org
National Information 1-800-237-5055
Portland 503-241-5090
Spokane 509-455-7844

UW Autism Center.....206-221-6806
◇ evaluation, treatment, training and research

UW Center on Human Development & Disability (CHDD)
depts.washington.edu/chdd

Washington Apple Health for Kids 360-337-5235
Hha.wa.gov

- ◇ a Washington State initiative aimed at streamlining applications for children's medical insurance
- ◇ administered locally by the Kitsap County Health District

Washington Elks Therapy 1-800-825-3557
waelks.net
◇ children's occupational and physical therapy services

WA PAVE 253-565-2266
Toll Free 1-800-572-7368
wapave.org

- ◇ facilitates a variety of programs for children with special needs and their families.

Washington Sensory Disability Services

Toll Free (V/TTY) 1-800-572-7000
C/o Puget Sound ESD, 800 Oaksdale Ave. SW, Renton, WA 98055
wsdsonline.org

- ◇ assists children who are deaf or hard of hearing, blind or visually impaired, or deaf-blind, by providing training and other support to families and service providers.

SUPPORTS (General Community)

Accessibilities Communities

Advisory Committee.....360-337-7185 x 3530
kitsapgov.com/hs/Pages/1.-ACAC.aspx
◇ committee meets monthly to discuss accessibility issues within Kitsap County
◇ compose projects related to accessibility, work in implement these projects based on need and approval
◇ Open to the public for recommendations and ideas

Agape Unlimited360-373-1529
4841 Auto Center Way, Bremerton WA 98312
agapekitsap.org

- ◇ state-certified chemical dependency out-patient treatment facility
- ◇ on-site child care
- ◇ transitional housing
- ◇ everything from intensive out-patient counseling to after care

Caregiver Support Center and Caregiver Respite360-337-5700
Toll Free..... 1-800-562-6418
9729 Silverdale Way, Silverdale, WA 98383
kitsapgov.com/altc

- ◇ resource library, counseling, information and referral

Cascade Recovery Center360-698-7267
9095 McConnel Rd., Silverdale, WA 98383
cascaderecoverycenter.com

- ◇ substance abuse outpatient programs, aftercare services

Kitsap Adult Center for Education.....360-373-1539
616 5th St., Bremerton WA 98337

- ◇ individual tutoring in reading skills
- ◇ computer labs, year round GED preparation classes, ESL

- Kitsap Recovery Center**..... 360-337-4625
 Outpatient Services: 1026 Sidney Rd, Port Orchard, WA 98366
 Inpatient and Detox: 661 Taylor Street, Port Orchard, WA 98366
 ◇ substance abuse in-patient services
 ◇ outpatient services, detox
- Lutheran Community Services NW** 360-377-5511
 Toll Free 1-800-378-5771
 645 4th St., Suite 202, Bremerton WA 98337
 lcsnw.org
 ◇ respite services for caregivers, home care
- The Parenting Place** 360-473-2134
 1201 Park Ave., Bremerton, WA 98337
 kcr.org
 ◇ parenting classes
- West Sound Treatment Center**..... 360-876-9430
 1415 Lumsdem Road, Port Orchard WA 98366
 westsoundtreatmentcenter.org
 ◇ out-patient substance abuse program
- YWCA, Bremerton/Port Orchard**..... 360-479-0522
 ALIVE, 24 Hr. Hotline 1-800-500-5513
 Bainbridge Island/North Kitsap..... 206-780-2931
 P.O. Box 559, Bremerton, WA 98337
 ◇ ALIVE shelter for women and children who are victims of domestic violence
 ◇ legal advocacy, support groups and youth services

TECHNOLOGY/LITERATURE

- AbleNet, Inc** 1-800-322-0956
 ablenetinc.com
 accessibility@apple.com
 ◇ products and services for people with disabilities
- Apple Computer, Inc** 1-800-767-2775
 apple.com/accessibility
 ◇ innovative solutions for people with disabilities
- Brookes Publishing** 1-800-638-3775
 brookespublishing.com
 ◇ resource for texts, videos, guidebooks, curricula and tools based on research in disabilities, child development and education
- Center for Applied Special Technology**..... 781-245-2212
 TTY..... 781-245-9320

- cast.org
- Enabling Devices**..... 1-800-832-8697
 enablingdevices.com
- Harris Communication** 1-800-825-6758
 TTY 1-800-825-9187
 harriscomm.com
 ◇ products for deaf and hard of hearing
- Hearing, Speech and Deafness Center (HSDC)**
 Seattle..... 1-888-222-5036
 Tacoma..... 1-866-421-5560
 hsdcc.org
 ◇ communication devices for the deaf and hard of hearing
 ◇ ALD for conferences and meetings
- Job Accommodation Network**.....1-800-526-7234
 askjan.org
 ◇ information on adaptive devices, accommodations and ADA for the workplace
- Northwest Access Fund**.....206-328-5116
 washingtonaccessfund.org
 ◇ Provides assistive technology loans for Washington residents
- Sight Connection**..... 1-800-458-4888
 9709 Third Avenue NE #100, Seattle, WA 98115-2027
 sightconnection.org

- Washington Assistive Technology Act Program** 1-800-214-8731
 (TTY)..... 1-866-866-0162
 watap.org
 ◇ research, education, and advocacy related to assistive technology and accessible information systems

TRANSPORTATION

- Angel Flight West** 1-888-426-2643
 atstrans.org
 ◇ plane ride to and from medical visits for people in need
- Around the Sound Transportation Specialis**.....253-858-7088
 around-the-sound.net
 dispatch@around-the-sound.net
 ◇ door to door service, wheelchair accessible vehicles

- ◇ Medicaid, private pay, group trips and excursion services available
- ◇ serves Kitsap, Jefferson, Clallam, King, Pierce and Mason counties

Kitsap Transit 360-373-2877
 Toll Free 1-800-501-7433
 kitsaptransit.org
 60 Washington Ave, Suite 200, Bremerton, WA 98337

Kitsap Transit Access

Reservations 360-479-7272
 Toll Free 1-800-422-2877
 TDD 360-377-9874
 kitsaptransit.org
 60 Washington Ave, Suite 200, Bremerton, WA 98337

- ◇ door-to-door bus service for individuals with disabilities, at discount rates; monthly bus passes

Paratransit Services 1-800-933-3468
 4810 Auto Center Way, Suite Z, Bremerton WA 98312
 paratransit.net

- ◇ door-to-door wheelchair and special needs transportation
- ◇ Medicaid, private pay

VOLUNTEERS

Lutheran Community Services NW 360-377-5511
 Toll Free 1-800-378-5771
 645 4th St., Suite 202, Bremerton WA 98337
 lcsnw.org

- ◇ RSVP—senior volunteers, 55 and over
- ◇ senior outreach services/adult day care

Volunteer Action Center, United Way 360-377-8505
 647 4th St., Bremerton WA 98337
 unitedwaykitsap.org

Volunteer Chore Service 360-405-0072
 Toll Free 1-866-246-3642
 2525 6th St, Suite D, Bremerton WA 98337
 ccsww.org

- ◇ assists low-income elderly and disabled in their homes
- ◇ provides services such as house cleaning, transportation, yard care, home repair, etc.

**Volunteers of America, Western Washington
 Mentoring Children of Promise** 1-888-216-5459

voaww.org

- ◇ mentoring program that matches volunteers with children between 5-15, child must have a parent who is incarcerated or under DOC supervision

**WASHINGTON STATE/NATIONAL
 ADVOCACY/DISABILITY SUPPORT**

**Alexander Graham Bell Association
 For the Deaf and Hard of Hearing** 202-337-5220
 TTY 202-337-5221
 agbell.org

**American Association on Intellectual and Developmental
 Disabilities** 202-387-1968
 aamr.org

American Council of the Blind
 National Office 1-800-424-8666
 acb.org

**American Speech-Language-Hearing Association
 Action Center** 1-800-638-8255
 asha.org

Arc of the United States 1-800-433-5255
 thearc.org

Arc of Washington State 360-357-5596
 Toll Free 1-888-754-8798
 2638 State Ave NE, Olympia, WA 98506
 arcwa.org

**Association of People Supporting Employment First
 (APSE)** 301-279-0060
 apse.org

Autistic Self Advocacy Network (ASAN)
 autisticadvocacy.org

Autism Society of America 1-800-328-8476
 autism-society.org

Autism Society of Washington 1-888-279-4968
 autismsocietyofwa.org

Basic Food

foodhelp.wa.gov

- ◇ Monthly benefits to help low-income individuals and families buy food.

Batten's Disease Support Research Association
 Toll Free 1-800-448-4570
 bdsra.org

Boys Town, National Research Hospital 402-498-6511
 TTY..... 402-498-6543
 boystownhospital.org
 babyhearing.org

Brain Injury Association..... 1-800-444-6443
 biauxa.org

Brain Injury Association of WA 1-877-982-4292
 biawainjurywa.org
 316 Broadway, Suite 305, Seattle WA, 98122

Children's Tumor Foundation..... 1-800-323-7938
 ctf.org

Cleft Palate Foundation 1-800-242-5338
 cleftline.org

**Cornelia de Lange Syndrome
 Foundation**..... 1-800-223-8355
 cdlsusa.org

Cystic Fibrosis Foundation..... 1-800-344-4823
 cff.org

**Described Caption and
 Media Program** 1-800-237-6213
 TTY..... 1-800-237-6819
 dcmp.org

Devereux Foundation 1-800-345-1292
 devereux.org

Disability Rights Washington 1-800-562-2702
 315 5th Ave. S., Suite 850, Seattle, WA 98104
 disabilityrightswa.org

◇ advocacy, legal information

Epilepsy Foundation Northwest 206-547-4551
 Toll Free 1-800-752-3509
 2311 N 45th St, #134, Seattle, WA 98103-6905
 epilepsynw.org

Family to Family

Health Information Center.....1-800-572-7368
 familyvoices.org

◇ information and referral about special health care needs and insurance

Genetic Counseling

◇ Children's Hospital & Medical Centers, Seattle....1-866-987-2000
 (ask for genetic counseling dept.) seattlechildrens.org

◇ University Hospital, Seattle.....206-598-3300
 (ask for genetic counseling dept.) uwmedicine.org

◇ Mary Bridge Children's Hospital, Tacoma.....253-403-4473
 (ask for genetic counseling dept.), multicare.org

Go.to.college.org.....1-800-828-1851

**Governor's Committee on Disability Issues
 and Employment**.....360-725-9509

PO Box 9046, Olympia, WA 98507-9046

HIV and AIDS Hotline 1-800-458-5231
 TTY 1-800-243-7012
 cdcnpin.org

Human Growth Foundation 1-800-451-6434
 hgfound.org

Hydrocephalus Association 1-888-598-3789
 hydroassoc.org

**International Association
 Of Assistance Dog Partners**586-826-3938
 iaadp.org

International Rett Syndrome Foundation
 Information and Resources..... 1-800-818-7388
 rettsyndrome.org

Job Accommodation Network..... 1-800-526-7234
 askjan.org

◇ information on adaptive devices, accommodations, ADA for the workplace

Journey: A Grief Support Program..... 206-987-2062
 seattlechildrens.org/clinics-programs/grief-and-loss

◇ Social Work Department, Children's Hospital and Medical Center

Learning Disabilities Association (LDA) of WA
 Information and Referral..... 425-882-0820
 ldawa.org

Lifetime Advocacy Plus206-367-8055
 laplus.org

◇ provides guardianship and trust management

Lyme Foundation
Info Hotline 1-860-870-0070
lyme.org

March of Dimes Birth Defects Foundation 1-206-624-1373
1904 3rd, Suite 230, Seattle WA 98101
marchofdimes.com/washington

National Association for Parents of Children with Visual Impairments 1-800-284-4422
spedex.com/napvi

National Center for Stuttering 1-800-221-2483
stuttering.com

National Down Syndrome Congress 1-800-232-6372
ndscenter.org

National Down Syndrome Society 1-800-221-4602
ndss.org

National Easter Seal Society, Inc. 1-800-221-6827
easterseals.com

National Institute of Health 301-496-4000
nih.gov

National Institute of Neurological Disorders and Stroke 1-800-352-9424
ninds.nih.gov

National Multiple Sclerosis Society 1-800-344-4867
192 Nickerson Suite 100, Seattle WA 98109
nmss.org

National Organization for Albinism 1-800-473-2310
albinism.org

National Organization for Rare Disorders, Inc 203-744-0100
rarediseases.org

National Organization on Fetal Alcohol Syndrome 1-800-666-6327
nofas.org

National Rehabilitation Information Center 1-800-346-2742

TTY 301-459-5984
naric.com

National Reyes Syndrome Foundation 1-800-233-7393
reyessyndrome.org

National Spinal Cord Injury Association
National Office 1-718-803-3782
spinalcord.org

National Tuberous Sclerosis Alliance 1-800-225-6872
tsalliance.org

People First of WA 1-800-758-1123
peoplefirstofwashington.org

◇ statewide self-advocacy organization run by and for individuals with developmental and other disabilities.

Retinitis Pigmentosa Association 1-818-992-0500
rpinternational.org

Self Advocates of Washington Kitsap County 253-571-8665
P.O. Box 6513, Tacoma WA 98464
wearesaw.org

◇ self-advocacy groups for people with developmental disabilities

◇ contact: Shannon Carlson

Self Advocates in Leadership (SAIL) 1-888-754-8798
sailcoalition.org

◇ a coalition of people with developmental disabilities shaping public policy

Sickle Cell Disease Association of America 1-800-421-8453
sicklecelldisease.org

The Stuttering Foundation 1-800-992-9392
stutteringhelp.org

TASH 202-540-9020
tash.org

◇ international membership association promoting equity, opportunity and inclusion for people with developmental disabilities

Tourettes Syndrome Association 718-224-2999
tsa-usa.org

Trips, Inc 1-800-686-1013
tripsinc.com

◇ all inclusive vacation packages for travelers with developmental disabilities

U.S. Department of Justice,
ADA Homepage 1-800-514-0301
TTY..... 1-800-514-0383
ada.gov

U.S. Department of Justice,
Equal Employment Opportunity Commission,
(EEOC)..... 1-800-669-4000
TTY..... 1-800-669-6820
eeoc.gov

◇ interprets and enforces employment regulations of the ADA

U.S. Department of Labor.....1-866-633-7365
dsability.gov

◇ Information to promote an inclusive workforce and increase employment opportunities for people with disabilities.

Washington Assistive Technology Act Program (WATAP)
watap.org

◇ resources and expertise to obtain the technology and related services needed for employment , education and independent living.

Washington Department of
Services for the Blind 1-800-552-7103
dsb.wa.gov

◇ vocational rehabilitation, training, independent living program, assistive technology training, family services

Washington PAVE 253-565-2266
Toll Free 1-800-572-7368
6316 S. 12th St., Tacoma WA 98465
wapave.org
pave@wapave.org

◇ support for parents of children with special needs
◇ parent training program

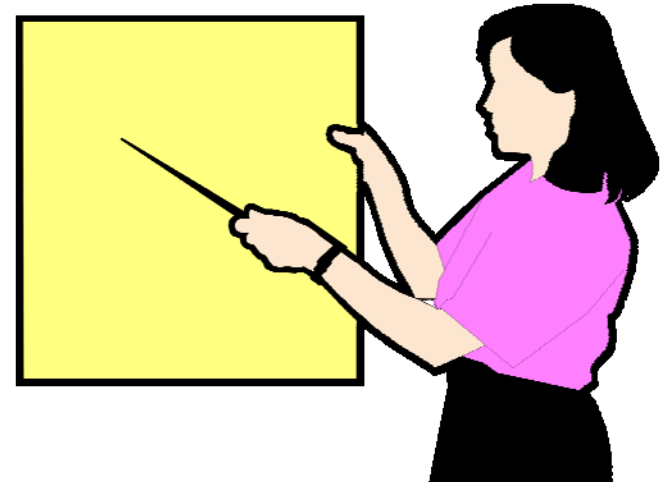
Washington PAVE Parent-to-Parent
Training Project..... 1-800-572-7368
wapave.org

Washington Prescription Drug

Discount Card.....1-800-913-4146
hca.wa.gov/pdp

Washington Sensory Disabilities Services
(V/TTY)..... 1-800-572-7000
wsds@psed.org

The ABC's of DD



*A listing of
frequently used
Acronyms and Phrases*

ACRONYMS

A A A A ...	
AAMC	Association of American Medical Clinics
AAMC	Association of American Medical Colleges
AAPCC	Adjusted Average Per Capita Cost
AAMD	American Association of Mental Development
AAPS	American Association of Physicians and Surgeons
AASA	Aging and Adult Services Administration
ACCH	Association for the Care of Children's Health
ACHS	Association of Counties of Human Services
ADA	American Dental Association
ADA	American Dietetic Association
ADA	Americans with Disabilities Act
ADD	Attention Deficit Disorder
ADHD	Attention Deficit-Hyperactive Disorder
ADL	Activities of Daily Living
AES	Adult Employment Service
AGPA	American Group Practice Association
AHA	American Hospital Association
AHCPR	Agency for Health Care Policy and Research
AHEC	American Health Education Center
AIDS	Acquired Immune Deficiency Syndrome
ALIVE	Alternatives to Living in a Violent Environment
AMA	American Medical Association
ANA	American Nurses Association
ANHA	American Nursing Homes Association
AOA	American Optometric Association
AOA	American Osteopathic Association
APA	Administrative Procedures Act
APA	American Pharmaceutical Association
APHA	American Protestant Hospital Association
APHA	American Public Health Association
APS	Adult Protective Services
ARC	Advocacy for the Rights of Citizens with Disabilities
ARNP	Advanced Registered Nurse Practitioner
ASHA	American Speech and Hearing Association
ASTHO	Association of State and Territorial Health Officials

B B B B ...

BARS	Budgeting, Accounting and Reporting System— <i>DSHS accounting code</i>
BCA	Blue Cross Association
BD	Behaviorally Disabled
BHP	Basic Health Plan
BHP/Plus	Basic Health Plan for eligible children
BIA	Bureau of Indian Affairs
CC C c ...	
CA	Comprehensive Assessment
CACFP	Child and Adult Care Food Program
CAP	Community Action Program (<i>Department of Community Development</i>)
CAP	Client Assistance Program (<i>Division of Vocational Rehabilitation</i>)
CAT	Computerized Axial Tomography
CBO	Congressional Budget Office
CBVA	Curriculum-Based Vocational Assessment
CCF	Congregate Care Facility
CCHP	Consumer Choice Health Plan
CCR&R	Child Care Resource and Referral
CCS	Catholic Community Services
CCU	Coronary Care Unit
CD	Communication Disorders
CDC	Centers for Disease Control and Prevention
CDS	Communication Disorders Specialist— <i>now SLP</i>
CEC	Council for Exceptional Children
CFC	Combined Federal Campaign
CFR	Code of Federal Regulations
CHADD	Children and Adults with Attention Deficit Disorder
CHAMPUS	Civilian Health and Medical Program of the Uniformed Services
CHAP	Children Have a Potential (<i>Air Force Handicap Assistance Program</i>)
CHC	Community Health Center
CHDD	Center on Human Development and Disabilities
CHMC	Children's Hospital and Medical Center
CHP	Comprehensive Health Planning
CME	Continuing Medical Education
CMHC	Community Mental Health Center
CMP	Comprehensive Medical Plan
COB	Coordination of Benefits
COG	Council of Governments
CON	Certificate of Need
COTH	Council of Teaching Hospitals
CP	Cerebral Palsy
CPA	Certified Public Accountants

CPHA Commission on Professional and Hospital Archives
 CPI Consumer Price Index
 CPR Cardio-Pulmonary Resuscitation
 CPR Customary, Prevailing and Reasonable
 CPS Child Protective Services
 CPT-4 Current Procedural Terminology, Fourth Edition
 CRVS California Relative Value Studies
 CSHCN Children with Special Health Care Needs
 CSO Community Service Office (*DSHS*)
 CT Computer Tomographic (scanners)

D D D D ...

(D)HHS Department of Health and Human Services
 DCD Department of Community Development
 DCFS Division of Children and Family Services (*DSHS*)
 DD Developmental Disabilities
 DD Developmentally Disabled
 DD Developmentally Delayed
 DDA Developmental Disabilities Administration
 DDC Developmental Disabilities Council
 DDS Doctor of Dental Surgery
 DMA Division of Medical Assistance
 DMD Doctor of Dental Medicine
 DME Durable Medical Equipment
 DMH Division of Mental Health
 DO Doctor of Osteopathy
 DOD Department of Defense
 DOH Department of Health
 DOVIA Directors of Volunteers in Agencies
 DPH Department of Public Health
 DRG Diagnosis-Related Group
 DSHS Department of Social and Health Services
 DV Domestic Violence
 DVR Division of Vocational Rehabilitation (*DSHS*)

E E E E ...

E&D Evaluation and Diagnosis
 ECDAW Early Childhood Development Association of Washington
 ECEAP Early Childhood Education and Assistance Program
 ECF Extended Care Facility
 ED Emotionally Disturbed (severely behaviorally disabled)
 EEG Electroencephalogram
 EEU Experimental Education Unit
 EFM Exceptional Family Member Program (*Military*)
 EKG Electrocardiogram

EMS Emergency Medical Services
 EPA Exclusive Provider Arrangement
 EPSDT Early and Periodic Screening, Diagnosis and Treatment Program
 ER Emergency Room
 ERSA Employee Retirement Income Security Act
 ESD Educational Service District
 ESRD End Stage Renal Disease
 ESY Extended School Year
 ET Expenditure Target

F F F F ...

FAE Fetal Alcohol Effect
 FAS Fetal Alcohol Syndrome
 FAH Federation of American Hospitals
 FAPE Free Appropriate Public Education
 FDA Food and Drug Administration
 FEHBP Federal Employees Health Benefits Program
 FICA Federal Insurance Contributions Act
 FNP Family Nurse Practitioner
 FPL Federal Poverty Level
 FPLS Federal Parent Locator Service (*for children birth to three*)
 FRC Family Resource Coordinator (*for children birth to three*)
 FSDB First Steps Database

G G G G ...

GHAA Group Health Association of America
 GIA Grant-in-Aid
 GP General Practitioner

H H H H ...

HHS Department of Health and Human Services
 HCBS Home and Community Based Services Waivers (*DSHS*)
 HEDIS Health Plan Employer Data and Information Set
 HI Health Impaired
 HI Hearing Impaired
 HIAA Health Insurance Association of America
 HMO Health Maintenance Organization
 HMSA Health Manpower Shortage Area
 HOH Hard of Hearing
 HRC Holly Ridge Center (*provider*)
 HRSA Health Resources and Services Administration
 HSA Health Service Area
 HSA Health Systems Agency
 HUD Housing and Urban Development (*federal*)
 HWD Healthcare for Workers with Disabilities (MAA)

I I I I ...	
I&R	Information and Referral
IADL	Instrumental Activities of Daily Living
ICAP	Inventory for Client and Agency Planning
ICC	Interagency Coordinating Council
ICD-9	International Classification of Diseases, 9th Revision
ICDA	International Classification of Diseases, Adapted
ICF	Intermediate Care Facility
ICF/MR	Intermediate Care Facility for the Mentally Retarded
ICU	Intensive Care Unit
IDEA	Individuals with Disabilities Education Act
IDF	Immune Deficiency Foundation
IEP	Individualized Education Plan
IES	Independent Employment Services (<i>provider</i>)
IFSP	Individual Family Service Plan
IHP	Individual Habilitation Plan
IOM	Institute of Medicine of the National Academy of Sciences
IPP	Individual Program Plan
IQ	Intelligence Quotient
IRWE	Income-Related Work Expense
ISE	Individual Supported Employment
ISP	Individual Service Plan
ITA	Involuntary Treatment Act
ITEIP	Infant Toddler Early Intervention Program
ITP	Individual Training Plan
ITP	Individual Transition Plan
J J J J ...	
JAMA	Journal of American Medical Association
JCAHO	Joint Commission on Accreditation of Healthcare
JTPA	Job Training Partnership Act of 1982 (<i>the manpower and training programs for youth and adults which are funded by the law</i>)
JWOD	Javits Wagner O'Day Act
K K K K ...	
KC	Kitsap County
KICC	Kitsap Interagency Coordinating Council
KMH	Kitsap Mental Health
KSAC	Kitsap Sexual Assault Center
KTSS	Kitsap Tenant Support Services (<i>provider</i>)
L L L L ...	
L-TC	Long-Term Care
LD	Learning Disabled
LD	Learning Disability
LDA	Learning Disability Association
LEA	Local Education Agency

LICWAC	Local Indian Child Welfare Advisory Board
LOS	Length of Stay
LPN	Licensed Practical Nurse
LRE	Least Restrictive Environment
LSC	Life Safety Code
LVN	Licensed Vocational Nurse
M M M M ...	
MAA	Medical Assistance Administration
MAAC	Maximum Allowable Actual Charge
MAF	Medical Assistance Facility
MAP	Medical Audit Program
MCAT	Medical College Admission Test
MCH	Maternal and Child Health program
MCO	Managed Case Organization
MD	Medical Doctor
MD	Muscular Dystrophy
MDT	Multiple Disciplinary Team
MEDLARS	Medical Literature and Analysis Retrieval System
MH	Mental Health
MH	Multiply Handicapped
MIHCP	Medically Intensive Home Care Program
MMIS	Medicaid Management Information System
MPC	Medicaid Personal Care
MR	Mental Retardation
MRI	Magnetic Resonance Imaging
MS	Multiple Sclerosis
MSA	Metropolitan Statistical Areas
MSW	Master of Social Work
N N N N ...	
NACo	National Association of Counties
NAEYC	National Association for the Education of Young Children
NARI	Northwest Association of Rehabilitation Industries
NCA	National Council on Aging
NCHS	National Center for Health Statistics
NCHSR/HCTA	National Center for Health Services Research/Health Care Technology Assessment
NDT	Neurodevelopment Treatment
NF	Nursing Facility
NGA	National Governor's Association
NHIS	National Health Interview Survey
NHSC	National Health Service Corps
NICU	Neonatal Intensive Care Unit
NIH	National Institute of Health
NIMH	National Institute of Mental Health
NIOSH	National Institute of Occupational Safety and Health

NISH National Institute for Severely Handicapped
 NLM National Library of Medicine
 NP Nurse Practitioner
 NPRM Notice of Proposed Rulemaking

O O O O ...
 OBRA Omnibus Budget Reconciliation Act of 1987 (*provides funding for people in need of nursing home care or equivalent services*)

 OCR Office of Civil Rights
 OESD Olympic Educational Service District
 OFM Office of Financial Management
 OI Orthopedically Impaired
 OJT On-the-Job Training
 OMB Office of Management and Budget
 OPD Outpatient Department
 OPPFM Office of Program Planning and Fiscal Management
 ORDA Office of Research and Data Analysis
 OSEP Office of Special Education Programs
 OSERS Office of Special Education and Rehabilitation Services

 OSPi Office of the Superintendent of Public Instruction
 OT Occupational Therapist
 OT Occupational Therapy
 OTR Licensed and Registered Occupational Therapist

P P P P ...
 PA Physicians Assistant
 PA Public Assistance
 PAC Parent Advisory Committee
 PASS Plan for Achieving Self Support
 PCAP Parent Child Assistance Program
 PAVE Parents Are Vital In Education
 PCP Primary Care Physician
 PCM Positive Crisis Management
 PEAK Parent Education and Assistance for Kids
 PHN Public Health Nurse
 PKU Phenylketonuria
 PL Public Law
 PPA Preferred Provider Arrangement
 PPO Preferred Provider Organization
 ProPAC Prospective Payment Assessment Commission
 PPRC Physician Payment Review Commission
 PT Physical Therapist
 PT Physical Therapy
 PTA Parent Teacher Association
 PTI Parent Training and Information Center
 PTSS Post Traumatic Stress Syndrome

R R R R ...
 R&D Research and Development
 RBRVS Resource-Based Relative Value Scale
 RCW Revised Code of Washington
 REW Rehabilitation Enterprises of Washington
 RHC Residential Habilitation Center
 RN Registered Nurse
 RPT Registered Physical Therapist
 RSAS Rehabilitation Services Accreditation System
 RSN Regional Support Network/Mental Health Region
 RSVP Retired Seniors Volunteer Program
 RVS Relative Value Scale

S S S S ...
 S.A.F.E Schools Are For Everyone
 SAMSHA Substance Abuse and Mental Health Services Administration

 S.A.N.E. Sexual Assault Nurse Examiner
 SAVI Sexual Assault Victim Intervention (*military*)
 SBD Seriously Behaviorally Disabled
 SCAN State-Controlled Area Network
 SCH Sole Community Hospital
 SE Supported Employment
 SEA State Education Agency
 SEAC Special Education Advisory Council
 SEPAC Special Education Parent/Professional Advisory Council

 SGA Substantial Gainful Activity (SSA)
 SLD Specific Learning Disability
 SLP Speech-Language Pathologist
 SLS Supported Living Services
 SNF Skilled Nursing Facility
 SPI Superintendent of Public Instruction
 SSA Social Security Administration
 SSBG Social Services Block Grant (*1997 Welfare Reform*)
 SSDI Social Security Disability Income
 SSI Supplemental Security Income
 SSP State Supplementary Payment
 STD Sexually Transmitted Disease
 STOMP Specialized Training of Military Parents
 SW Social Work/ Social Worker

T T T T ...
 TA Task Analysis
 TANF Temporary Assistance to Needy Families
 TARP Technical Assistance for Parents and Teachers
 TASH The Association for Persons with Severe Handicaps
 TBI Traumatic Brain Injury
 TDD Telecommunication Device for the Deaf

TS Tenant Support
 TT/TTY Telephone Typewriter
 TXIX Title 19 (*Medicaid funding through the Social Security Act*)

U U U U ...

UCP United Cerebral Palsy
 UW United Way

V V V V ...

VA Veterans Administration
 VI Visually Impaired
 VR Vocational Rehabilitation

W W W W ...

WAC Washington Administrative Code
 WACD Washington Association for Citizens with Disabilities
 WARI Washington Association of Rehabilitation Industries
 WAIS Weschler Adult Intelligence Scale
 WISC Weschler Intelligence Scale for Children
 WIC Women, Infants and Children (*supplemental food program*)
 WISE Washington Initiative for Supported Employment
 WPAS Washington Protection and Advocacy System
 WSMC Washington State Migrant Council
 WSPEP Washington State Parent/Educator Partnership Project

COMMONLY USED PHRASES AND WORDS

A A A A ...

Acute Illness—An illness that has occurred suddenly and may be serious.

Activities of Daily Living (ADL)—Behaviors necessary for self care.

Adaptive Behavior—Use of basic skills in daily life activities.

Adult Service Agency—Federal, state or locally funded agency (with written policies and procedures) that provides services to adults and children (i.e., Division of Developmental Disabilities (DDD); Division of Vocational Rehabilitation (DVR); Public Assistance (Welfare); Women, Infants and Children (WIC); Employment Security, etc.).

Ambulatory Care—Health services that are provided without an overnight stay in a health-care facility.

Ancillary Services—Miscellaneous tests, such as laboratory or radiological exams.

Assistive Technology Device—Any item or piece of equipment that is useful to increase, maintain, or improve abilities of individuals with disabilities.

B B B B ...

Basic Health Plan (BHP)—Managed care plan available through the State of Washington to any individual or family. Premiums can be subsidized by the state, based on income and need.

Basic Health Plan/Plus (BHP/Plus)—Basic Health Plan for eligible children that provides its benefits through Healthy Options/Medicaid.

C C C C ...

Case Management—The process of having a person's health-care needs coordinated by using an ongoing plan.

Case Manager—Individual who arranges services, ensures that clients progress through the process, completes reviews, and (may) maintain fiscal responsibility.

Coinsurance—A percentage (often 20%) that an insured person pays for a visit to a physician or other health care provider, a hospital stay or treatment.

Community Based Programs—Programs for individuals with disabilities that are located within the individual's community.

Community Resources—Public or private agencies, schools or programs offering services to people.

Concurrent Review—A review by an insurer at the time of service to verify that a patient needs continued inpatient care.

Copayment—A fixed dollar amount the recipient pays for health-care services at the time of receiving the service.

Curriculum-Based Vocational Assessment (CBVA)—Various tests to determine the career development and vocational instruction needs of students based on preferences in course content and curriculum; identification of students' career/vocational strengths and weaknesses.

D D D D ...

Deductible—The amount of money an insured person pays for services before the insurer starts paying the bill.

Diagnosis—Identification of a disease producing a specific condition.

Diagnostic Services—Procedures to determine the presence of a health condition.

Durable Medical Equipment (DME)—A long-lasting medical supply, such as a wheelchair.

E E E E ...

Elective Procedure—A procedure that isn't an emergency and that a patient and doctor plan in advance.

Emergency—An injury or acute medical condition likely to cause death, disability, or serious illness if not attended to very quickly.

Employability—Factors that determine whether an individual can be placed on a job and whether the individual can keep the job

once placed.

Exclusions—Health conditions that an insurance policy specifically doesn't cover.

F F F F ...

Functional Living Skills Assessment—Skills, interests, and values related to functioning in the home and community.

G G G G ...

Gainful Employment—Includes employment in one of the following: Competitive labor market, supported employment, sheltered employment, or homebound work. Work is performed for living wage and typical benefits.

Gatekeeper—The person who controls a patient's access to health-care services, whether as a case manager or a primary-care provider. Typically, this person must approve all uses of health-care services.

H H H H ...

Habilitation—Services provided to individual with developmental disabilities to help them achieve the highest level of

Healthcare for Workers with Disabilities (HWD)—Medicaid buy-in program for workers with disabilities

Health Maintenance Organization (HMO)—An entity that provides, offers, or arranges for coverage of designated health services needed by plan members for a fixed, prepaid premium.

Health Plan—The set of services in an insurance policy for health care.

Health Plan Employer Data and Information Set—A standardized report used to compare and evaluate HMO's.

I I I I ...

Independent Living Skills—Basic skills needed to successfully function to the greatest extent possible, in the least restrictive environment.

Individualized Transition Plan (ITP)—A plan which includes long-term goals and short-term objectives, including: a) timelines, b) measurable expected outcomes, and c) identification of persons who are responsible for teaching and monitoring the plan to ensure that the goals and objectives are met.

Inpatient—A patient who stays in a hospital overnight.

Integrated Work Setting—Work setting where duties are performed with opportunity for work and non-work interaction with workers who are not disabled. Ratio of non-disabled to disabled workers is no higher than eight-to-one.

J J J J ...

Job Analysis—Job analysis identifies and describes: a) what the worker does; b) how the work is done; c) results of the work; and d) the worker's characteristics.

Job Coach—Provides individualized one-to-one assistance in job placement, travel training, skill training at the job site, ongoing assessments, and long-term assessment.

Job Development Specialist—An individual who contacts businesses and industries for the purpose of placing individuals in competitive employment or on-the-job training sites.

L L L L ...

Lifetime Maximum—The total amount that an insurance policy will pay out for medical care during the lifetime of a policy holder.

M M M M ...

Managed Care—A term used to describe strategies of health-care plans to control costs by monitoring services and providers used for fees charged.

Maximum Out-of-Pocket Cost—The maximum amount of money a member will have to pay from his or her own funds for deductibles, copayments, or other expenses.

Medically Necessary—Services required to prevent harm to the patient or to the patient's quality of life.

N N N N ...

Non-Participating Provider—A provider who isn't part of a specific health plan.

O O O O ...

Outcome Oriented—A measurable skill at the end of a set period of training.

P P P P ...

Placement Specialist—Professional who assists in job placement.

Pre-Admission Review—A review undertaken by a health plan that happens before a patient enters a hospital to determine if the admission is necessary and appropriate.

Pre-Certification—Similar to pre-admission review but requires a certificate or authorization from the patient's health plan.

Pre-Existing Condition—A health condition that a person has that an insurance policy specifically excludes from coverage or that prevents the person from qualifying for insurance.

Preventive Care—Health care that stresses healthy behavior, regular testing, screening for diseases, and other services that detect diseases early or or prevents them from occurring.

Primary Care—First-level or generalist care that a person receives outside a hospital.

Primary Care Physician (PCP)—The health-care provider a person

most commonly calls first when a problem arises.

Prior Authorization—A cost-control procedure in which an insurer requires a service or medication to be approved in advance for coverage.

Provider—A person or an institution that delivers a service.

R R R R ...

Referral—When one health-care provider suggests you visit another one for the purpose of further evaluation and treatment.

S S S S ...

Screening Test—A procedure to determine if a person has a certain medical condition.

Secondary Care—Care, often provided in hospitals and long-term facilities, that makes more use of caregivers with specialized training than does primary care.

Self-Referral—When a health-care provider stands to benefit financially from referring a patient to another provider for care.

Service Area—The geographic area a health plan serves.

Sheltered Workshop—Provides transitional and/or long-term employment in a controlled and closed working environment. It may provide vocational evaluation, work adjustment, and supported employment service.

Social Security Disability Insurance (SSDI)—benefits provided to disabled and blind individuals who are “insured” by workers’ contributions to the Social Security Trust. The worker’s widower or worker’s adult child with a disability may also receive a benefit.

Specialist—A physician whose training focuses on a particular area beyond the general training for all physicians.

Supported Employment—Paid employment for individuals with severe disabilities. All supported employment programs take place in integrated settings with on-going job site support provided by professional staff in integrated community based employment setting.

Supplemental Security Income (SSI)—cash assistance program to aged, blind and individuals with disabilities including children under 18 who have limited income and resources.

T T T T ...

Task Analysis (TA)—The breakdown of a particular job into its component work activities.

Tertiary Care—Highly specialized care for severe health problems.

U U U U ...

Utilization Management—The process health plans and insurers use to make sure the kind of treatment and care recommended for a patient is necessary and appropriate.

Thank You . . .

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