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## ADVOCACY/DISABILITY SUPPORTS IN KITSAP COUNTY

### **The Arc of Kitsap and Jefferson County** ..... 360-377-3473

3243 N Perry Ave., Bremerton WA 98310  
arckj.org

- ◇ Provides information and referrals to individuals with developmental disabilities and their families. Includes Parent to Parent and parent education programs, monthly newsletter, Friday Night Social, Recreation and Resident Camp and adult classes. Representative payee program, counseling for individuals and families.

### **Camp Fire USA**..... 1-800-451-2267

- ◇ training for baby-sitters for children with special needs, inclusive camp opportunities for children with special needs.

### **C.H.A.D.D. ADD/ADHD Support Group** ..... 360-779-5362

chadd.org  
myrvang@comcast.net

- ◇ support group for children and adults
- ◇ support and information for parents, AD/HD adults, educators and healthcare professionals.

### **Down Syndrome Support Group of Kitsap County and Surrounding Areas, (UPSIDE)** ..... 360-308-0187

theupside@comcast.net

- ◇ meets monthly, contact for meeting schedule
- ◇ contact: Sharon Dommermuth, 360-308-0187
- ◇ contact: Anne Mullis, 206-842-9027

### **Elder and Adult Day Services (EADS)** ..... 360-377-9810

4414 Perry Ave NE, Bremerton WA 98310  
eads-cares.org

- ◇ adult day programs for seniors and people with disabilities: day program, social/recreational activities, noon meal, social services, rehabilitative medicine, therapy, health care, young adult program

### **Harrison Outpatient Rehabilitation** ..... 360-744-6530

2520 Cherry Ave, Bremerton WA 98310  
harrisonmedical.org

- ◇ occupational therapy, physical therapy, speech therapy and rehabilitation for neurological, illness, or work related injuries.
- ◇ Clinic locations in Bremerton, Port Orchard and Silverdale

**Harrison Medical Center, Education** ..... 360-744-6765  
2520 Cherry Ave., Bremerton WA 98310  
harrisonmedical.org

- ◇ community health programs including maternal-child birth and safe sitters (11-13 ages)

**Harrison Medical Center Support Groups** ..... 866-844-9355  
harrisonmedical.org

- ◇ on web page under events calendar, category: support groups
- ◇ variety of support groups meet regularly. Check website for details.

**Holly Ridge Center Infant Toddler Program** .. 360-373-2536  
Toll Free ..... 1-800-449-1660  
5112 NW Taylor Rd., Bremerton WA 98312  
itp@hollyridge.org  
hollyridge.org

- ◇ birth to three neurodevelopment early learning center for children and families with special needs
- ◇ contact: Connie Zapp, Director

### **Kitsap Autism Support**

- ◇ An online support group for anyone touched by Autism.
- ◇ kitsapautismsupport@yahoogroups.com

**Kitsap County Family Resource Coordinator** 360-373-2536  
Toll Free ..... 1-800-449-1660  
Holly Ridge Center, 5112 NW Taylor Rd., Bremerton WA 98312  
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

**Kitsap County Father's Network**..... 425-653-4286  
doug\_st@hotmail.com  
fathersnetwork.org

- ◇ monthly support group for fathers of children with special needs
- ◇ meets 3rd Saturday, 10am– 12pm during school year at the ARC
- ◇ contact: Doug Stauner

**Kitsap County Parent Coalition** ..... 360-373-2502  
1740 NE Riddell Rd., #180, Bremerton WA 98310  
mpritchard@wa.easterseals.com

- ◇ advocacy, consulting, newsletter, training
- ◇ contact: Michelle Pritchard

**Kitsap Parent Child Assistance Program (PCAP)** .....360-377-0370  
4841 Auto Center Way, Suite 103, Bremerton, WA 98312

- ◇ administered by Agape' Unlimited
- ◇ advocacy and case management intervention for high-risk women with maternal alcohol and drug abuse
- ◇ contact: Charlene Takeuchi, Clinical Director

**Parent to Parent Support Program** .....360-377-3473  
3243 N. Perry Avenue, Bremerton WA 98310

- ◇ parent mentoring, support group, monthly Sibshops, information, referral, and lending library, senior family caregiver project
- ◇ Autism Support, Information and Fun for Kitsap (AS IF Kitsap)
- ◇ contact: Holly Patton, holly@arckj.org

### **Self Advocates of Washington**

**Kitsap County** .....253-571-8665  
P.O. Box 6513, Tacoma WA 98464  
wearesaw.org

- ◇ self-advocacy groups for people with developmental disabilities
- ◇ contact: Shannon Carlson

**Washington PAVE** .....253-565-2266  
Toll Free..... 1-800-572-7368  
6316 S. 12th St., Tacoma WA 98465  
wapave.org  
pave@wapave.org

- ◇ support for parents of children with special needs
- ◇ parent training program

**Wheelchair Library for You**.....360-830-5053  
62 Peter Hagen, Seabeck WA 98380

- ◇ free lending of medical equipment, accepts donations
- ◇ contact: Charles Morris

### **BLINDNESS**

**Able Opportunities, Inc.** ..... 360-638-0881(V/TTY)  
P.O. Box 468, Hansville, WA 98340  
ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss
- ◇ Contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>
- ◇ All services available in ASL, American Sign Language.

**Blind Veterans Association**..... 1-800-669-7079  
 bva.org  
 ◇ veteran benefits, employment, legislation

**Sight Connection** ..... 1-800-458-4888  
 9709 Third Avenue NE, #100, Seattle WA 98115-2027  
 info@sightconnection.org  
 sightconnection.org  
 ◇ counseling, support groups, skills for independent living, assessment, training  
 ◇ adaptive aids store, mail order catalogue, educational services

**Department of Services for the Blind**..... 1-800-552-7103  
 4565 7th Ave. SE, Lacey 98503  
 3411 S Alaska Street, Seattle WA 98118  
 949 Market Street, Ste 508, Tacoma 98402  
 dsb.wa.gov  
 ◇ independent living, vocational rehabilitation, orientation, training  
 ◇ assistive technology training/services, family services

**Kitsap County School Districts** (special services)  
 Bainbridge Island..... 206-842-2907  
 Bremerton..... 360-473-1011  
 Central Kitsap..... 360-662-1040  
 North Kitsap..... 360-394-2604  
 South Kitsap ..... 360-443-3625

**Kitsap Regional Library**..... 360-405-9100  
 1301 Sylvan Way, Bremerton, WA 98310  
 krl.org  
 ◇ computers dedicated for use by people with visual disabilities  
 ◇ on-line catalog accessible to visually impaired users  
 ◇ training available for using systems  
 ◇ large print and audio books  
 ◇ call 360-405-9123 for Outreach and Support Services

**LS&S Group**..... 1-800-468-4789  
 lssproducts.com  
 ◇ catalog specializing in products for the visually and hearing impaired

**NW Lions Foundation**  
**For Sight and Hearing**..... 206-682-8500  
 Toll Free ..... 1-800-847-5786  
 nlfoundation.org  
 info@nlfoundation.org

- ◇ eyeglasses and vision exams for low income residents
- ◇ referral to local contacts and phone numbers
- ◇ eye tissue bank, accepts donated eyeglasses and hearing aides

**Olympic College**

Adaptive Technology .....360-475-7510  
 Access Services .....360-475-7540  
 1600 Chester Ave., Bremerton WA 98337  
 oc.ctc.edu  
 AccessServices@olympic.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

**Olympic Recording for the Blind** .....360-895-0305

- ◇ newspaper articles from the KitsapSun transcribed daily to tape
- ◇ contact: Susan Evans

**Peninsula Council of the Blind**.....360-373-2772

thepcb.tripod.com  
 mekawh@gmail.com

- ◇ local chapter of WA Council of the Blind
- ◇ public awareness, education, provides vision loss support group
- ◇ opportunities for community participation, recreation and vocation

**VIPS (Visually Impaired Persons)**

Bainbridge Island .....206-842-1670

- ◇ social, sharing and meetings
- ◇ 2nd Wednesday of month, Bainbridge Island Library, 1-3 pm

**Washington State School for the Blind** .....360-696-6321

wssb.wa.gov  
 2214 E 13th Street  
 Vancouver WA 98661-4120

- ◇ provides services in local school districts
- ◇ on-campus programs at no cost to parents and districts
- ◇ Lions Low Vision Clinic, Instruction Resource Center, Braille Production, Statewide Technology Center, Evaluation Assessment, in-service and training

**Washington Talking Book and**

**Braille Library**..... 1-800-542-0866  
 2021 9th Avenue, Seattle WA 98121-2783  
 wtbb@sos.wa.gov  
 wtbb.org

- ◇ free, statewide public library service for individuals with disabilities
- ◇ books and magazines, large print or Braille available

## **CHILDREN'S THERAPY SERVICES**

### **MULTIPLE SERVICE PROVIDERS**

**Children's Hospital** ..... 1-866-987-2000  
Children's Resource Line ..... 1-866-987-2500  
TTY..... 206-987-2280  
4800 Sand Point Way NE, Seattle WA 98105  
seattlechildrens.org

#### **Easter Seals Olympic Peninsula**

**Autism Center**..... 360-337-2222  
3500 Bucklin Hill Rd NW, Suite 101, Silverdale, WA 98383  
wa.easterseals.com

- ◇ Applied Behavior Analysis (ABA) services provided to children with Autism, ages 18 months to 21 years-old (enrolled in school)

#### **Harrison Medical Center Pediatric**

**Rehabilitation Services**..... 360-744-6080  
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

#### **Hearing, Speech and Deafness Center (HSDC)**

V/TTY ..... 206-323-5770  
1625 19th Ave., Seattle, WA 98122  
hscd.org

- ◇ speech, language and motor services
- ◇ services for deaf and hard of hearing children
- ◇ audiology services (including infants) and hearing aids

#### **Holly Ridge Center** ..... 360-373-2536

5112 NW Taylor Rd., Bremerton WA 98312  
hrc@hollyridge.org  
hollyridge.org

#### **Mary Bridge Children's Health Center**..... 253-792-6630

Toll Free ..... 1-800-552-1419  
1780 NW Myhre Rd. Suite G220, Silverdale, WA 9838-8677  
multicare.org

#### **Mary Bridge Children's Hospital**..... 253-403-1507

311 S. L St., Tacoma WA 98405  
multicare.org/marybridge

### **OCCUPATIONAL THERAPISTS**

**Center for Therapeutic Intervention**..... 253-851-3874  
6659 Kimball Dr., Suite D-403., Gig Harbor WA 98335  
ctigiharbor.com

- ◇ pediatric occupational therapy clinic

#### **Elk's Therapy Program** .....253-472-6223

P.O. Box 11076, Tacoma WA 98411  
waelks.net

- ◇ provides home-based occupational and physical therapy to children with disabilities

#### **Harrison Medical Center Pediatric**

**Rehabilitation Services** .....360-744-6080  
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

#### **Hearing, Speech and Deafness Center (HSDC)**

V/TTY .....206-323-5770  
1625 19th Ave., Seattle, WA 98122  
hscd.org

- ◇ free screenings, call for appointment

### **PHYSICAL THERAPISTS**

#### **Harrison Medical Center Pediatric**

**Rehabilitation Services** .....360-774-6080  
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

#### **Kitsap Children's Therapy** .....360-697-2228

19319 7th Ave, Suite 104, Poulsbo WA 98370

- ◇ contact: Kristin Zinn, MS, PT
- ◇ pediatric children's therapy, speech and OT

### **SPEECH THERAPISTS**

#### **Children's Hospital Speech and Language**....206-987-2104

4800 Sand Point Way NE, MS-W6839, Seattle WA 98105-0371  
seattlechildrens.org

#### **Harrison Medical Center Pediatric**

**Rehabilitation Services** .....360-774-6080  
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

#### **Hearing, Speech and Deafness Center (HSDC)**

V/TTY .....206-323-5770  
1625 19th Ave., Seattle, WA 98122  
hscd.org

- ◇ free screening, call for appointment

#### **Mary Bridge Speech and Hearing** .....253-792-6640

Toll Free.....1-800-552-1419, ext. 4437  
1220 Division Ave., Tacoma WA 98405

multicare.org/marybridge

**Tacoma Speech and Language Clinic**..... 253-472-6454  
5005 Center St., Suite H, Tacoma WA 98409

### CLOTHING/FOOD

**Helpline House/Bainbridge Is.** ..... 206-842-7621  
282 Knechtel Way, Bainbridge Island WA 98110  
helplinehouse.org

**S. Kitsap Helpline/Port Orchard** ..... 360-876-4089  
1012 Mitchel Ave, Port Orchard WA 98366  
skhelpline.org

- ◇ food bank, thrift store

**Salvation Army** ..... 360-373-5550  
PO Box 886, (832 6th St.), Bremerton WA 98337  
bremertonsalvationarmy.org

- ◇ Serving breakfast and lunch; call for meal times
- ◇ food bank

**St. Vincent de Paul**..... 360-479-7017  
1137 N Callow, Bremerton WA 98312

- ◇ food bank and assistance office

**St. Vincent de Paul**..... 360-377-2929  
1117 N. Callow, Bremerton, WA 98312

- ◇ thrift store

### DEAFNESS

**Able Opportunities, Inc.** ..... 360-638-0881(V/TTY)  
P.O. Box 468, Hansville, WA 98340  
ableopportunities.com

- ◇ vocational evaluation, job placement and retention, independent living assessments and training
- ◇ all services available in ASL, American Sign Language

**Early Hearing Loss, Detection, Diagnosis,  
and Intervention Program**..... 206-418-5613  
1610 NE 150th St., Shoreline WA 98155

- ◇ WA state DOH genetic services section
- ◇ contact: EHDDI Program Consultant, ehddi2@doh.wa.gov

**Family Conversations**..... 425-482-4185  
2525 220th St. SE, Ste. 100, Bothell WA 98021  
family-conversations@seattlechildrens.org

- ◇ home based program for families with deaf or hard of hearing

children living in western Washington

- ◇ playgroups, parent support, sign language classes and assistance with school transition

### **Hearing, Speech, and Deafness Center (HSDC)**

V/TTY.....206-323-5770  
1625 19th Ave., Seattle, WA 98122  
hsdc.org

- ◇ parent-infant program for families with deaf or hard of hearing children, programs for deaf youth
- ◇ community sign language classes, continuing ed. workshops for professionals,
- ◇ workshops for deaf and hearing co-workers

**Holly Ridge Center** .....360-373-2536

Toll Free..... 1-800-449-1660  
5112 NW Taylor Rd. , Bremerton, WA 98312  
hollyridge.org  
hrc@hollyridge.org

- ◇ birth to three Neurodevelopmental Clinic and Preschool serving families and children with special needs

### **Kitsap County**

**Family Resource Coordination**.....360-373-2536  
Toll Free..... 1-800-449-1660  
5112 NW Taylor Rd. , Bremerton, WA 98312  
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

### **Kitsap County School Districts (special services)**

Bainbridge Island .....206-842-2907  
Bremerton .....360-473-1011  
Central Kitsap .....360-662-1040  
North Kitsap .....360-394-2604  
South Kitsap .....360-443-3625

### **N.W. Lions Foundation**

**For Sight and Hearing** .....206-682-8500  
Toll Free..... 1-800-847-5786  
nlfoundation.org  
info@nlfoundation.org

- ◇ accepts donated hearing aides

## Olympic College

Adaptive Technology..... 360-475-7510  
Access Services ..... 360-475-7540  
1600 Chester Ave., Bremerton WA 98337  
AccessServices@olympic.edu  
oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

## Tacoma Area Coalition of Individuals with

**Disabilities (TACID) V**..... 1-253-565-9000  
**TTY**..... 1-253-565-3486  
6315 S. 19th St, Tacoma, WA 98466  
tacid.org

- ◇ deaf-blind and hard of hearing services

## EDUCATION

### Bainbridge Island School District

**Special Education** ..... 206-842-2907

- ◇ contact: William Mosiman, Special Ed. Director - 206-780-1069
- ◇ early childhood services - 206-780-1593

### Bremerton School District

**Special Services Department**..... 360-473-1011

- ◇ contact: John Grant, Special Education Director
- ◇ contact: Kim Mayo, Child Find

### Central Kitsap School District

**Special Services Department**..... 360-662-1040

- ◇ serving: Bangor, Silverdale, Bremerton
- ◇ contact: Katie Coleman, Special Education Director
- ◇ contact: Alicia Skelly, pre-school coordinator

### Disabilities, Opportunities, Internetworking

**And Technology (DO-IT) (V/TTY)** ..... 206-685-3648

Toll Free (V/TTY)..... 1-888-972-3648

University of Washington, Box 354842, Seattle, WA 98195-4842  
washington.edu/doit

- ◇ grant funded program that focuses on college and career preparation for students with disabilities
- ◇ information, training for employers and educators

## ERIC– Educational Resources

**Information Center**.....1-800-538-3742

eric.ed.gov

- ◇ database with information on the education of children with disabilities and children who are gifted

## Going-to-College.org

- ◇ this website contains information about living college life with a disability. It is designed for high school students and provides video clips, activities and additional resources that can help students get a head start in planning for college

## Kitsap Community Resources, Head Start/ Early

**Childhood Education & Assistance Program** 360-473-2075

1201 Park Avenue, Bremerton WA 98337

- ◇ serving ages birth to 5 years
- ◇ early health & childhood development services

**Kitsap County Parent Coalition**.....360-373-2502

mpritchard@wa.easterseals.com

- ◇ advocacy, consulting, newsletter, training
- ◇ contact: Michelle Pritchard

## National Dissemination Center for Children with

**Disabilities, (NICHCY)(V/TTY)** ..... 1-800-695-0285

nichcy.org

- ◇ information and referral center, children/youth from birth to age 22

## North Kitsap School District

**Special Services Department** .....360-394-2604

- ◇ serving: Poulsbo, Bangor, Keyport, Kingston, Port Gamble, Hansville, Suquamish, Indianola
- ◇ Tim Garrison, Special Ed. Director, 360-394-2600

## Olympic College

Adaptive Technology .....360-475-7510

Access Services .....360-475-7540

1600 Chester Ave., Bremerton WA 98337

AccessServices@olympic.edu

oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

**Olympic ESD 114**.....360-479-0993

105 National Ave. N, Bremerton WA 98312

oesd.wednet.edu

- ◇ serving the Olympic and Kitsap Peninsulas

- ◇ Jennifer Acuna, Special Programs Director, 360-478-6886
- ◇ Headstart and ECEAP, 360-478-6887

**Seattle University, Center for Change  
in Transition Services** ..... 206-296-6494  
PO Box 222000, Seattle, WA 98122-1090  
seattleu.edu/ccts

- ◇ technical assistance and training provided to school districts addressing transition needs of students with disabilities

**Special Education Parent Advisory Council  
(S.E.P.A.C.)**..... 360-779-4726  
cksd.wednet.edu/specialservices

- ◇ working partnership between parents educators and the special education community.
- ◇ promotes awareness of student with special needs
- ◇ contact Beth Payne bethpayne@wavecable.com

**South Kitsap School District  
Special Services Department** ..... 360-443-3625

- ◇ serving: Port Orchard, Burley, Olalla, Manchester, Southworth, Sunnyslope, Gorst
- ◇ contact: Rita Reandeau, Special Education Director
- ◇ contact: Jerre Daniels-Hall, Early Childhood, 360-443-3642

**Special Education Technology Center**..... 509-963-3350  
cwu.edu/~setc/

- Central Washington University  
Mail stop 7413, 400 University Ave, Ellensburg, WA 98926
- ◇ a statewide project designed to assist school districts with the special technology needs of their students by providing technology resources that are otherwise difficult to find or access.

**Superintendent of Public Instruction**..... 360-725-6000  
k12.wa.us

- ◇ health services.....360-725-6040
- ◇ legal services.....360-725-6133
- ◇ special education services.....360-725-6075  
TTY .....360-586-0126
- ◇ transportation.....360-725-6120
- ◇ ombudsman.....360-725-6075

**Washington PAVE (V/TDD)**..... 1-253-565-2266  
6316 S. 12th St., Tacoma, WA 98465  
wapave.org

- ◇ parent-directed organization, information and training available to parents about the educational system for preschoolers and school age children with special needs
- ◇ workshops, referrals, and support

**West Sound Technical Skills Center** .....360-473-0550  
101 National Avenue N, Bremerton WA 98312  
westsoundtech.com  
wstinfo@wstsc.com

- ◇ serving all high school students; vocational training classes
- ◇ must be referred through high school

**EMPLOYMENT/ COMMUNITY ACCESS**  
**(also see Governmental Supports, page 16)**

**Able Opportunities, Inc.** ..... 360-638-0881(V/TTY)  
P.O. Box 468, Hansville, WA 98340  
ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss
- ◇ contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>
- ◇ all services available in ASL, American Sign Language.

**Bainbridge Island Youth Services** .....206-842-9675  
PO Box 11173, Bainbridge Island WA 98110  
bainbridgeyouthservices.org

- ◇ job referrals, counseling, serves young people ages 12-20, must live on the Island or North Kitsap

**Cares of Washington** .....360-443-8607  
caresofwa.org

- ◇ short and long-term individual supported employment and community access services
- ◇ contact: Michele Oneill, Program Manager

**Easter Seals Washington** .....360-373-2502  
1740 NE Riddell Rd, Suite 315, Bremerton WA 98310  
wa.easterseals.com

- ◇ supported individual employment, community access services
- ◇ contact: April Montgomery, Director or Workforce Development

**Holly Ridge Center** ..... 360-373-2536  
5112 NW Taylor Rd, Bremerton WA 98312  
mearl@hollyridge.org  
hollyridge.org

- ◇ supported group and individual employment, job placement and retention services
- ◇ contact: Melinda Earl, AES program manager

**Kitsap Community Resources** ..... 360-478-2301  
kcr.org

- ◇ employment and training, community service
- ◇ AmeriCorp 360-473-2015
- ◇ SK Family Service Center - WorkSource affiliated 360-473-2144

**Pathways to Success/WorkSource** ..... 360-337-4737  
TTY..... 360-337-4778  
1300 Sylvan Way, Bremerton, WA 98310  
oesd.wednet.edu

- ◇ academic support, job training, career development for youth ages 16-21

**Peninsula Services** ..... 360-479-6520  
7500 Werner Road, Bremerton, WA 98312  
peninsulaservices.org

- ◇ individual and group supported employment, vocational rehabilitation, job development and placement services
- ◇ contact Todd Faulkner, Program Manager

**Plan to Work**.....866-497-9443  
25 W. Main, Suite 310, Spokane WA 99201  
plantowork.org

- ◇ benefits planning for persons receiving disability benefits from the Social Security Administration (SSA).

**Sound Works Job Center, Poulsbo** ..... 360-779-1160  
PO Box 2019, Poulsbo WA 98370  
homepages.donobi.net/soundworks

- ◇ non-profit employment services and resources, job listings

**Trillium** ..... 360-698-6659  
3501 Lowell St, Suite 202, Silverdale, WA 98383  
trillium.org

- ◇ provides individualized employment services including job development, job coaching and retention services.
- ◇ contact: Heidi Scheibner, Program Manager

**Vadis** ..... 360-516-6484  
3100 NW Bucklin Hill Rd, Suite 123, Silverdale, WA 98383  
vadis.org

- ◇ provides customized employment services including job development, job coaching and retention services.
- ◇ contact: Deanna Wentz, Employment Services Manager

### **Washington Initiative for Supported Employment**

**WiSe**.....206-343-0881  
100 South King St, Suite 260, Seattle WA 98104  
gowise.org

- ◇ dedicated to expanding employment opportunities for people with developmental disabilities
- ◇ training, technical assistance, informational resources

**Work Equation (V/TTY)**.....360-692-2061  
Toll Free ..... 1-866-475-2061  
PO Box 211, Silverdale, WA 98383

- ◇ short-term individual supported employment

**WorkSource** .....360-337-4810  
TTY .....360-792-2179  
1300 Sylvan Way, Bremerton, WA 98312  
kitsapgov.com

- ◇ job listings, career exploration and resume software, job skills workshops, career counseling

## **GOVERNMENTAL SUPPORTS**

**Department of Social and Health Services (DSHS),  
Community Services Office** .....360-473-2200  
4710 Auto Center Blvd, Bremerton, WA 98312

- ◇ food stamps, financial and medical assistance..... 877-501-2233
- ◇ licensed adult family homes, referrals..... 360-473-2299

**DSHS, Adult Protective Services** ..... 1-877-734-6277  
Fax.....360-664-9103

- ◇ investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Aging and Long Term Support  
Administration** ..... 360-725-2300  
Toll Free..... 1-800-422-3263  
PO Box 45600, Olympia, WA 98504  
adsa.dshs.wa.gov



**DSHS, Division of Children and Family Services,  
Child Protective Services** ..... 360-475-3688  
Toll Free ..... 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18.

**DSHS, Developmental Disabilities  
Administration (DDA)**..... 360-475-3490  
Toll Free ..... 1-800-735-6740  
3423 6th St., Bremerton, WA 98312  
dshs.wa.gov/ddd

- ◇ intake, information and referral, case/resource management, residential, community and employment supports, eligibility assessments for personal care services

**DSHS, Division of Vocational  
Rehabilitation (DVR)**..... 360-698-4360  
3888 NW Randall Way, Ste 101, Silverdale WA 98382  
dshs.wa.gov/dvr

- ◇ post high school assessment, education, placement, training, eligibility for services, referrals, case management, employment training and assistance

**DSHS, Health and Recovery Services**..... 1-800-562-3022  
PO Box 45505, Olympia, WA 98504  
hrsa.dshs.wa.gov

**DSHS, Working Connections Childcare**..... 360-473-2200  
4710 Auto Center Blvd., Bremerton, WA 98312  
del.wa.gov

- ◇ childcare subsidy for working parents
- ◇ contact agency for eligibility and program requirements

**Kitsap County  
Developmental Disabilities**..... 360-337-4624  
614 Division St . MS-23, Port Orchard WA 98366  
koneal@co.kitsap.wa.us  
kitsapgov.com

- ◇ funding for day and employment programs; responsible for community plan; advocacy; coordination of services
- ◇ contact: Kelly Oneal, DD Coordinator

**Social Security Administration** ..... 1-800-772-1213  
9594 Mickleberry Rd. NW, Silverdale, WA 98383  
socialsecurity.gov

- ◇ financial assistance; Social Security Income (SSI) disability and Social Security Disability Insurance (SSDI)

**Washington State Information** ..... 1-800-321-2808  
access.wa.gov

- ◇ provides number for any state agency in Washington State

**GUARDIANSHIP SERVICES**

**Hoehnen Foundation**.....360-271-6169

- ◇ non-profit providing guardianship services for people with disabilities
- ◇ contact: Sue Pritchard

**Lifetime Advocacy Plus** .....206-367-8055  
Fax.....206-367-8353  
444 NE Ravenna Blvd., Suite 208, Seattle WA 98115  
laplus.org  
laplus@laplus.org

- ◇ provides guardianship and trust management services

**HOUSING/LIVING ASSISTANCE**

**Bremerton Housing Authority** .....360-479-3694  
4040 Wheaton Way, Bremerton WA 98310  
bremertonhousing.org

- ◇ applications for public housing, housing for people with disabilities, home ownership programs

**Catholic Social Services Benedict House,  
Single Men's Shelter**.....360-405-9486  
Toll Free..... 1-866-246-3642

- ◇ contact for eligibility requirements and available program services

**City of Bremerton** .....360-473-5275  
ci.bremerton.wa.us

- ◇ down payment assistance program for first time, income eligible home buyers; home rehabilitation program
- ◇ contact program for eligibility requirements

**Communitas**.....360-377-7231  
920 Park Ave., Bremerton WA 98337  
communitas.org

- ◇ group homes, apartment programs, tenant support; recreational support, serves adults over 18 years of age

**Habitat for Humanity of Kitsap County** .....360-479-3853  
3559 Wheaton Way, Bremerton WA 98312  
kitsaphabitat.org

**Housing Resources Board (HRB)**..... 206-842-1909  
PO Box 11391, Bainbridge Island, WA 98110  
housingresourcesboard.org

- ◇ non-profit agency that provides transitional housing, emergency rental assistance and low income/subsidized housing to income eligible individuals and families on Bainbridge Island
- ◇ independent living program that provides health and safety related home modifications to income qualified individuals

**Kitsap Community Resources** ..... 360-473-2056  
1201 Park Ave., Bremerton WA 98337  
kcr.org

- ◇ housing assistance, transition housing, weatherization
- ◇ energy assistance, 479-1507

**Kitsap County Consolidated Housing Authority** ..... 360-535-6100  
345 6th St., Suite 100, Bremerton WA 98337  
housingkitsap.org

- ◇ applications for public housing; housing for people with disabilities, home ownership programs

**Kitsap Residences, Port Orchard**..... 360-876-1470  
2505 Mile Hill Drive, unit 201, Port Orchard, WA 98366  
kitsapresidences.org

- ◇ apartment programs, tenant support, community integration, recreational support for persons with developmental disabilities.

**Kitsap Tenant Support Services (KTSS)** ..... 360-377-9946  
109 Olding Rd, Suite 100, Bremerton WA 98312  
kitsaphomecare.com

- ◇ assisted living alternatives, supported living assistance and recreational support for persons with developmental disabilities.

**Max Hale Center** ..... 360-792-2117  
285 5th Street, Bremerton WA 98337

- ◇ non-emergency, permanent housing for homeless and income-eligible persons

**St. Vincent De Paul** ..... 360-479-7017

- ◇ women's shelter, contact for eligibility requirements

**Washington Telephone Assistance Program**

- ◇ discounts on monthly services and connection fees
- ◇ contact your residential phone service provider for eligibility requirements

## **INFORMATION AND REFERRAL**

**Crisis Clinic of the Peninsulas** ..... 360-479-3033  
Toll Free..... 1-800-843-4793

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

**The Child Care Action Council**..... 360-754-0810  
ccacwa.org

- ◇ child care resource and referral

**Kitsap County Domestic Violence Task Force**..... 360-373-5392  
PO Box 48, Bremerton, WA 98337  
kcdvtf.org

- ◇ education, information, and training on DV issues
- ◇ lending library, resource referrals

**Kitsap Regional Library** ..... 360-405-9100  
1301 Sylvan Way, Bremerton WA 98310  
krl.org

- ◇ local and national resource database

**Learning Disabilities Association of Washington**..... 425-882-0820  
ldawa.org

- ◇ referrals to individual physicians (no recommendations or endorsements), information

**Lutheran Community Services NW Navy EFM Respite Care** ..... 360-479-3489  
lcsnw.org

- ◇ respite care for active duty navy families with EMF children

**Senior Information and Assistance** ..... 360-337-5700  
1026 Sidney, Port Orchard, WA 98366

- ◇ information and referral for senior programs and services

**Peninsula 211**..... 211  
win211.org

- ◇ community and state-wide information and referral assistance

**Washington PAVE**..... 1-800-5-PARENT  
wapave.org

- ◇ comprehensive listing of state and national phone numbers for many disabilities and disability issues

## **LEARNING DISABILITIES**

**Front Street Clinic** ..... 360-697-1141  
20174 Front St., PO Box 1611, Poulsbo WA 98370  
9431 Coppertop Loop, Suite D, Bainbridge Island WA 98110  
frontstreetclinic.com

- ◇ testing for learning disabilities

**Hope Clinic** ..... 360-613-0181  
9633 Levin Rd NE, Suite 201, Silverdale WA 98383  
hopecliniconline.com

- ◇ free testing for learning disabilities

### **Learning Disabilities Online**

ldonline.org

- ◇ web-based information and resource site related to learning disabilities

## **LEGAL**

**Crime Victim Assistance Center** ..... 360-874-8270  
◇ free advocacy service for victims/survivors of robbery, assault, abuse, fraud and other crimes

**Derifield Law Office** ..... 206-226-6891  
P.O. Box 1459, Poulsbo WA 98370  
derifieldlaw.com  
info@derifieldlaw.com

- ◇ assists clients in obtaining SSDI, SSI and child's disability benefits

**Disability Rights Washington** ..... 1-800-562-2702  
TTY ..... 1-800-905-0209

disabilityrightswa.org  
info@dr-wa.org

- ◇ legal and information services

**Dispute Resolution Center of  
of Kitsap County** ..... 360-698-0968  
9004 Washington Ave., Silverdale, WA 98383  
kitsapdrc.org

- ◇ mediation and conciliation, and problem-solving services

**Jones and Ibrahim, PLLC** ..... 206-405-3240  
3513 NE 45th St., Suite 2E, Seattle WA 98105

Seattledisabilitylaw.com

- ◇ Estate planning for families with special needs children.
- ◇ Special needs trusts
- ◇ Guardianship services, initially and ongoing reports to the court
- ◇ Probate

**Kitsap Legal Services** ..... 360-479-6125  
920 Park Avenue, Bremerton 98337  
kitsaplegalservices.org

- ◇ legal referral, works in conjunction with the NW Justice Project

**Landlord/Tenant Dispute Information** ..... 360-479-1683  
645 4th St., Bremerton, WA 98337

- ◇ information on legal rights/responsibilities for tenants/landlords

**NW Justice Project, CLEAR Hotline** ..... 1-888-201-1012  
TTY ..... 1-888-201-1014  
nwjustice.org

- ◇ free legal referral and information services

**U.S. Dept. of Housing and Urban Development,  
Fair Housing Enforcement** ..... 1-800-669-9777  
TDD ..... 1-800-927-9275  
909 First Ave., Suite 205, Seattle, WA 98104-1000  
hud.gov/local

- ◇ handles complaints related to housing discrimination

**U.S. Dept. of Justice, Equal Employment  
Opportunity Commission (EEOC)** ... 1-800-669-4000  
TTY ..... 1-800-669-6820  
eeoc.gov

- ◇ interprets and enforces employment regulations of the ADA

**Washington Lawhelp**  
washingtonlawhelp.org

- ◇ web-based legal information site

**WA State Developmental Disabilities  
Endowment Trust Fund** ..... 1-888-754-8798  
arcwa.org

- ◇ special needs trust accounts for individuals with developmental disabilities
- ◇ state matching funds available

**YWCA, Bremerton/Port Orchard** ..... 360-479-0522  
905 Pacific Ave, Bremerton WA 98337  
ywca@donobi.net

- ◇ legal and family advocacy

## MEDICAL/DENTAL

**Basic Health Plan** ..... 1-800-660-9840  
basichealth.hca.wa.gov

- ◇ Washington State low-cost insurance

**HealthCare for Workers  
with Disabilities (HWD)** ..... 1-800-871-9275  
dshs.wa.gov

- ◇ medical state program that allows workers with disabilities to purchase Medicaid coverage

**Kitsap County Health District** ..... 360-337-5235  
345 6th St., Suite 300, Bremerton, WA 98337  
kitsapcountyhealth.com

- ◇ immunization, public health nurse, children with special health care needs

**Kitsap County Medical Society** ..... 360-698-2928  
kcmedical.org

- ◇ county-wide referral line to Kitsap County physicians, grievance committee, mediation services

**ABC Dental** ..... 360-373-3487  
4207 Wheaton Way, Suite C, Bremerton, WA 98310

- ◇ accepts Medicaid coupons

**Peninsula Community Health Centers** ..... 360-377-3776  
616 6th Street, Bremerton WA 98337  
320 S Kitsap Blvd., Port Orchard WA 98366, 360-876-7215  
19917 7th Ave, Suite 205, Poulsbo WA 98370, 360-779-1963  
pchsweb.org

- ◇ medical/assistance, dental services for children under 19 (at the Bremerton clinic only), sliding fee schedule

**Sexual Assault Nurse Examiner (S.A.N.E.)**  
24 Hr. On-Call Service ..... 360-744-6710  
Non-urgent ..... 360-744-6617

- ◇ Harrison Medical Center, 2520 Cherry, Bremerton, WA 98310
- ◇ medical services, assistance and exams to victims of sexual assault

**Washington Apple Health for Kids** ..... 1-877-543-7669  
dshs.wa.gov/applehealth

- ◇ a Washington State initiative aimed at streamlining applications for children's medical insurance
- ◇ administered locally by the Kitsap County Health District

**University of Washington, DECODE Clinic** .... 206-543-4619  
dental.washington.edu

- ◇ dental treatment, prevention and rehabilitation for persons with disabilities

**Vision USA** ..... 1-800-766-4466  
aoa.org

- ◇ visionusa@aoa.org
- ◇ free eye exam to qualified applicants

## MENTAL HEALTH SERVICES/SUPPORTS

**Autism and Behavior Consulting** ..... 360-731-7728  
autismandbehaviorconsulting.com

- ◇ consulting and intervention for those facing Autism Spectrum Disorder
- ◇ TriWest, ECHO provider
- ◇ Nancy Hamilton, MS, BCBA (Board Certified Behavior Analyst)

**Bridges Mental Health Ombuds Service** ..... 360-692-1582  
9004 Washington Ave NW, Silverdale, WA 98383  
ombuds@kitsapdrc.org  
kitsapdrc.org

- ◇ advocacy for persons who are receiving or eligible to receive publicly funded mental health services

**Courage to Heal Counseling Services** ..... 360-779-4880  
18732 Ness PI NE, Poulsbo, WA 98370

- ◇ serves children and adults, sliding fee scale

**Crisis Clinic of the Peninsulas** ..... 360-479-3033  
Toll Free ..... 1-800-843-4793  
crisisclinicofthepeninsulas.org

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

**Lou-Ann Lauborough, LICSW** ..... 360-876-5483  
8987 McConnell Ave. NW, Silverdale, WA 98383  
1730 Pottery Ave, Suite 120, Port Orchard, WA 98366  
lou-ann@lauborough-counseling.com

- ◇ counseling and consultation services for individuals with developmental disabilities

**Kitsap Mental Health**  
5455 Almira Dr. NE, Bremerton, WA 98312  
kitsapmentalhelath.org  
Intake/Access ..... 360-405-4010

- Children and Family Services..... 360-479-4994
- Adult Services ..... 360-373-7049
- Emergency Crisis Services ..... 360-373-3425
- ◇ comprehensive mental health services

**Kitsap Sexual Assault Center** ..... 360-479-1788  
**Crisis/Support 24 hr. Hotline**..... 360-479-8500  
 P.O. Box 1936, Port Orchard, WA 98366

- ◇ information, crisis intervention, counseling, support groups, legal and medical advocacy

**NAMI, Kitsap County**..... 360-377-2910

- ◇ Affiliate of National Alliance for the Mentally Ill
- ◇ advocacy, education, information and referral
- ◇ support groups, call for meeting times and location

**Peninsula Regional Support Network** ..... 360-337-4886  
 Toll Free ..... 1-800-525-5637  
 614 Division St., MS-23, Port Orchard, WA 98366

- ◇ plans and administers state funded programs for children and adults with persistent and severe mental illness in Kitsap, Jefferson and Clallam counties, direct services provided by contracted vendors.

**YWCA, Bremerton/Port Orchard**..... 360-479-0522  
 ALIVE, 24 Hr. Hotline..... 1-800-500-5513  
 Bainbridge Island/North Kitsap..... 206-780-2931  
 P.O. Box 559, Bremerton, WA 98337  
 ywcakitsap.org

- ◇ ALIVE shelter for women and children who are victims of domestic violence
- ◇ legal advocacy, support groups and youth services

### **MILITARY SUPPORTS**

**Building 9 for Veterans Service Center**..... 360-895-4346  
 Toll Free ..... 1-800-562-2308  
 1141 Beach Drive East, Bldg 9, Retsil WA 98378

- ◇ Advocates for securing veteran benefits

**Disabled American Veterans, Chapter 5**..... 360-373-2397  
 2315 Burwell Street, Bremerton WA 98312

- ◇ resources, information and assistance for veterans

**Kitsap County Parent Coalition** ..... 360-373-2502  
 mpritchard@wa.easterseals.com

- ◇ information and referral for military programs and services

**Madigan Army Medical Center** .....253-968-1110  
 Bldg 9040 Fitzsimmons Drive, Tacoma, WA 98431  
 mamc.amedd.army.mil

**Naval Hospital Bremerton**.....360-475-4000  
 Toll Free..... 1-800-422-1383  
 Exceptional Family Member Program..... 360-475-4215  
 Social Work Department.....360-475-4541

**Navy Relief Society Naval Base Kitsap Bremerton**.....360-672-2187

- ◇ family assistance, interest free loans/grants for emergency needs to active duty and retired navy/marine corps families/dependents

**Navy Sexual Assault Prevention and Response (SAPR)**.....360-396-7277  
 sharlyne.hays@navy.mil

- ◇ advocacy, information, referral and counseling
- ◇ assistance with obtaining civilian and military protective orders

**Specialized Training for Military Parents, PAVE/STOMP (V/TDD)**.....253-565-2266  
 Toll Free.....1-800-572-7368  
 wapave.org

**Tricare/United Health Care** .....1-877-988-9378  
 uhcmilitarywest.com

- ◇ Extended Care Health Options (ECHO).....1-855-874-6800
- ◇ Autism Demonstration Project.....1-855-874-6800  
 \*programs for active duty family member with qualifying disabilities

**West Sound Fleet and Family Support Centers**  
 Bangor .....360-396-4115  
 navylifepnw.com

- ◇ general social services for families or Navy personnel

### **PERSONAL/RESPIRE CARE**

**Care Plus Home Health** .....360-373-8016  
 3377 Bethel Rd SE, #107, Port Orchard, WA 98366  
 mycareplus.com

- ◇ non-medical in-home personal care supports and respite services for children/adults with disabilities. Non-medical personal care supports to the elderly, nursing services available

**Caregiver Support Ctr/Caregiver Respite** ..... 360-337-5700  
Toll Free ..... 1-800-562-6418  
9729 Silverdale Way, Silverdale, WA 98383

- ◇ respite provided to informal, unpaid caregivers, contact program for eligibility criteria
- ◇ resource library, counseling, information and referral

**Catholic Community Services** ..... 360-405-9486  
645 4th St., Bremerton, WA 98337  
ccsww.org

- ◇ long-term home care services, volunteer chore services and foster grandparents program

**Communitas** ..... 360-377-7231  
920 Park Ave., Bremerton, WA 98337  
communitas.org

- ◇ non-medical in-home personal care supports to adults with disabilities

**Kitsap Applied Technologies**.....360-377-5454  
4195 Wheaton Way, Bremerton WA 98310

- ◇ Provides adult respite services

**Kitsap Home Care Services** ..... 360-377-7307  
Toll Free ..... 1-888-449-9048  
109 Olding Rd, P.O. Box 5209, Bremerton, WA 98312  
kitsaphomecare.com

- ◇ non-medical personal care and respite services available to the elderly, children and adults with disabilities

**Lutheran Community Services NW** ..... 360-377-5511  
Toll Free ..... 1-800-378-5771  
645 4th St, Suite 202, Bremerton, WA 98337  
lcsnw.org

- ◇ non-medical in-home personal care supports to the elderly and adults with disabilities

**Martha and Mary at Home**  
Port Orchard.....360-871-4425  
Bainbridge Island.....206-842-4527  
marthaandmary.org/home-care

- ◇ Provides in-home care to adults and seniors

### **PROTECTION/SUPPORTS**

**DSHS, Adult Protective Services**..... 1-877-734-6277  
TTY..... 1-800-688-1169

Fax ..... 360-664-9103  
◇ investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Division of Children and Family Services,  
Child Protective Services** ..... 360-475-3688  
Toll Free ..... 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18

**Disability Rights Washington** ..... 1-800-562-2702  
disabilityrightswa.org

- ◇ protection and advocacy for individuals with disabilities and /or mental illness

**Washington State Office of Long Term Care  
Ombudsman Program V/TTY** ..... 1-800-562-6028  
waombudsman.org

- ◇ Protection/advocacy for individuals living in boarding homes, adult family homes, IMR's, congregate care facilities, nursing homes
- ◇ to report abuse call: 1-800-562-6078
- ◇ Kitsap County Ombuds 360-337-5714

**Washington State Office of the Family and Children  
Ombudsman** ..... 1-800-571-7321  
governor.wa.gov/ofco

- ◇ investigates complaints about an agency action or failure to act in cases involving : any child at risk of abuse or neglect; a child or family involved with child protection or child welfare services

### **RECREATION/LEISURE**

**Arc of Kitsap/Jefferson County** ..... 360-377-3473  
3243 N Perry Ave., Bremerton WA 98310  
arckj.org

- ◇ Friday night dance/social for people with disabilities, classes

**Bainbridge Island Park and Recreation** ..... 206-842-2306  
biparks.org

- ◇ classes, recreational activities

**Bainbridge Island Special Needs Foundation,  
Stephens House** ..... 206-780-1211

191 Winslow Way, Bainbridge Island, WA 98110  
bispecialneedsfoundation.org

- ◇ A day program facility for young adults with developmental disabilities that focuses on life-enhancing activities while providing respite for care-givers.

**Bremerton Parks and Recreation** ..... 360-473-5305  
ci.bremerton.wa.us

- ◇ classes, recreational activities
- ◇ summer program integrating children with and without disabilities

**Easter Seals Washington,  
Camp Stand By Me** ..... 253-884-2722  
17809 Vaughn Rd. KPN, Vaughn, WA 98394-0313  
wa.easterseals.com

- ◇ camping, recreation

**Island Time Activities** ..... 206-201-3224  
islandtimeactivities.org

- ◇ provides supported recreational activities on Bainbridge Island for people with developmental disabilities

**Outdoors for All** ..... 206-838-6030  
outdoorsforall.org

- ◇ year-round recreational activities

**Poulsbo Parks and Recreation** ..... 360-779-9898  
19540 Front Street, Poulsbo, WA 98370  
cityofpoulsbo.com/parks

- ◇ classes and recreational activities

**Special Olympics** ..... 206-362-4949  
sowa.org

- ◇ ongoing participation in sporting events

**YMCA, Bremerton** ..... 360-377-3741  
2261 Homer James Dr., Bremerton, WA 98310  
ymcapkc.org

- ◇ variety of recreation and sports activities, membership assistance available

**YMCA, Silverdale** ..... 360-698-9622  
3909 NW Randall Way, Silverdale, WA 98383  
ymcapkc.org

- ◇ variety of recreation and sports activities, membership assistance available

**SERVICES FOR CHILDREN  
WITH SPECIAL NEEDS**

**Arc of Kitsap/Jefferson County** ..... 360-377-3473  
3243 N Perry Ave., Bremerton WA 98310  
arckj.org

**Answers for Special Kids Line (ASK)** ..... 1-847-607-1612  
answersforspecialkids.org

- ◇ assists families with children who have special needs locate local and state resources

**DSHS, Developmental Disabilities  
Administration** ..... 360-475-3490  
3423 6th St., Bremerton WA 98312  
dshs.wa.gov/dda

**Easter Seals Washington** ..... 1-800-678-5708  
TDD ..... 206-281-5700  
wa.easterseals.com

**Holly Ridge Center  
Infant Toddler Program** ..... 360-373-2536  
Toll Free ..... 1-800-449-1660  
5112 NW Taylor Rd., Bremerton WA 98312  
hollyridge.org  
itp@hollyridge.org

- ◇ birth to three neurodevelopment clinic and pre-school serving children and families with special needs

**Kitsap Community Resources  
Head Start/ECEAP** ..... 360-473-2075  
1201 Park Ave., Bremerton WA 98337  
kcr.org

- ◇ countywide full day headstart and daycare
- ◇ wrap-around program option

**Kitsap County  
Family Resource Coordination** ..... 360-373-2536  
Toll Free ..... 1-800-449-1660  
5112 NW Taylor Rd. , Bremerton, WA 98312  
kitsapicc.org  
frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers

under age three

**Kitsap County Health District** ..... 360-337-5235  
kitsapcountyhealth.com

- ◇ offers parent/child health services

**Lutheran Community Services**  
**Northwest/Parent Line** ..... 1-800-300-1247  
lcsnw.org/parentline

- ◇ child care resource and referral services

**Olympic ESD 114 Head Start/ECEAP** ..... 360-478-6887  
Fax ..... 360-478-6869  
105 National Ave. N, Bremerton WA 98312  
oesd.wednet.edu

**Paratransit Services**..... 1-800-933-3468  
paratransit.net  
4810 Auto Center Way, Suite Z, Bremerton WA 98312

**Port Gamble S'Kallam Tribe**, front desk ..... 360-297-2646  
Health Clinic ..... 360-297-2840  
pgst.nsn.us  
31912 Little Boston road NE, Kingston WA 98346

- ◇ early childhood programs, early headstart infant/toddler services
- ◇ headstart pre-school, extended day child care

**Specialized Training for Military**  
**Parents, PAVE/STOMP (V/TDD)**..... 253-565-2266  
Toll Free ..... 1-800-572-7368  
wapave.org

**Shriner's Hospital for Children**,  
shrinershq.org  
National Information ..... 1-800-237-5055  
Portland ..... 503-241-5090  
Spokane ..... 509-455-7844

**Washington Apple Health for Kids** ..... 1-877-543-7669  
dshs.wa.gov/applehealth  
◇ a Washington State initiative aimed at streamlining applications for children's medical insurance  
◇ administered locally by the Kitsap County Health District

**Washington Elks Therapy** ..... 1-800-825-3557  
waelks.net  
◇ children's occupational and physical therapy services

**WA PAVE**.....253-565-2266  
Toll Free..... 1-800-572-7368  
wapave.org

- ◇ facilitates a variety of programs for children with special needs and their families.

**Washington Sensory Disability Services**  
Toll Free (V/TTY) ..... 1-800-572-7000  
C/o Puget Sound ESD, 800 Oaksdale Ave. SW, Renton, WA 98055  
wsdsonline.org

- ◇ assists children who are deaf or hard of hearing, blind or visually impaired, or deaf-blind, by providing training and other support to families and service providers.

**SPECIAL NEEDS TRUSTS**

**Jones and Ibrahim, PLLC** .....206-405-3240  
3513 NE 45th St., Suite 2E, Seattle WA 98105  
Seattledisabilitylaw.com

- ◇ Estate planning for families with special needs children.
- ◇ Special needs trusts
- ◇ Guardianship services, initially and ongoing reports to the court
- ◇ Probate

**Life Opportunities Trust**.....1-888-754-8798  
2638 State Ave. NE, Olympia, WA 98506  
angela@arcwa.org

- ◇ Allows individual with developmental disabilities and their families to set aside funds for future use without affecting their eligibility for government benefits and services

**SUPPORTS (General Community)**

**Agape Unlimited** .....360-373-1529  
4841 Auto Center Way, Bremerton WA 98312  
agapekitsap.org

- ◇ state-certified chemical dependency out-patient treatment facility
- ◇ on-site child care
- ◇ transitional housing
- ◇ everything from intensive out-patient counseling to after care

**Caregiver Support Center and**  
**Caregiver Respite** .....360-337-5700  
Toll Free..... 1-800-562-6418  
9729 Silverdale Way, Silverdale, WA 98383



kitsapgov.com/altc

- ◇ resource library, counseling, information and referral

**Cascade Recovery Center** ..... 360-698-7267  
 9095 McConnel Rd., Silverdale, WA 98383

- ◇ substance abuse outpatient programs, aftercare services

**Kitsap Recovery Center** ..... 360-337-4625  
 1975 NE Fuson Road, Bremerton, WA 98311

- ◇ substance abuse in-patient services
- ◇ outpatient services, detox

**Literacy Council of Kitsap County** ..... 360-373-1539  
 616 5th St., Bremerton WA 98337  
 kacewa.org

- ◇ individual tutoring in reading skills
- ◇ computer labs, year round GED preparation classes, ESL

**Lutheran Community Services NW** ..... 360-377-5511  
 Toll Free ..... 1-800-378-5771  
 645 4th St., Suite 202, Bremerton WA 98337  
 lcsnw.org

- ◇ respite services for caregivers, home care

**The Parenting Place** ..... 360-473-2134  
 1201 Park Ave., Bremerton, WA 98337  
 kcr.org

- ◇ parenting classes

**West Sound Treatment Center** ..... 360-876-9430  
 1415 Lumsdem Road, Port Orchard WA 98366  
 westsoundtreatmentcenter.org

- ◇ out-patient substance abuse program

**YWCA, Bremerton/Port Orchard** ..... 360-479-0522  
 ALIVE, 24 Hr. Hotline ..... 1-800-500-5513  
 Bainbridge Island/North Kitsap ..... 206-780-2931  
 P.O. Box 559, Bremerton, WA 98337

- ◇ ALIVE shelter for women and children who are victims of domestic violence
- ◇ legal advocacy, support groups and youth services

**TECHNOLOGY/LITERATURE**

**AbleNet, Inc** ..... 1-800-322-0956  
 ablenetinc.com  
 accessibility@apple.com

- ◇ products and services for people with disabilities

**Apple Computer, Inc** ..... 1-800-767-2775  
 apple.com/accessibility

- ◇ innovative solutions for people with disabilities

**Brookes Publishing** ..... 1-800-638-3775  
 brookespublishing.com

- ◇ resource for texts, videos, guidebooks, curricula and tools based on research in disabilities, child development and education

**Center for Applied  
 Special Technology** ..... 781-245-2212  
 TTY ..... 781-245-9320  
 cast.org

**Enabling Devices** ..... 1-800-832-8697  
 enablingdevices.com

**Harris Communication** ..... 1-800-825-6758  
 TTY ..... 1-800-825-9187  
 harriscomm.com

- ◇ products for deaf and hard of hearing

**Hearing, Speech and Deafness Center (HSDC)**  
 (voice) ..... 1-888-222-5036  
 (TTY) ..... 1-800-761-2821  
 1625 19th Ave., Seattle, WA 98122  
 hsdc.org

- ◇ communication devices for Deaf and hard of hearing
- ◇ ALDs for conferences or meeting

**Sight Connection** ..... 1-800-458-4888  
 9709 Third Avenue NE #100, Seattle, WA 98115-2027  
 sightconnection.org

**Washington Assistive  
 Technology Act Program** ..... 1-800-214-8731  
 (TTY) ..... 1-866-866-0162  
 watap.org

- ◇ research, education, and advocacy related to assistive technology and accessible information systems

**TRANSPORTATION**

**Angel Flight West** ..... 1-888-426-2643  
 angelflightwest.org

- ◇ plane ride to and from medical visits for people in need

## **Around the Sound**

**Transportation Specialis**.....1-800-600-8043

around-the-sound.net

dispatch@around-the-sound.net

- ◇ door to door service, wheelchair accessible vehicles
- ◇ Medicaid, private pay, group trips and excursion services available
- ◇ serves Kitsap, Jefferson, Clallam, King, Pierce and Mason counties

**Kitsap Transit**..... 360-373-2877

Toll Free.....1-800-501-7433

kitsaptransit.org

60 Washington Ave, Suite 200, Bremerton, WA 98337

## **Kitsap Transit Access**

Reservations ..... 360-479-7272

Toll Free.....1-800-422-2877

TDD..... 360-377-9874

kitsaptransit.org

60 Washington Ave, Suite 200, Bremerton, WA 98337

- ◇ door-to-door bus service for individuals with disabilities, at discount rates; monthly bus passes

**Paratransit Services**.....1-800-933-3468

4810 Auto Center Way, Suite Z, Bremerton WA 98312

paratransit.net

- ◇ door-to-door wheelchair and special needs transportation
- ◇ Medicaid, private pay

## **VOLUNTEERS**

**Lutheran Community Services NW** ..... 360-377-5511

Toll Free..... 1-800-378-5771

645 4th St., Suite 202, Bremerton WA 98337

lcsnw.org

- ◇ RSVP—senior volunteers, 55 and over
- ◇ senior outreach services/adult day care

**Volunteer Action Center, United Way**.....360-377-8505

647 4th St., Bremerton WA 98337

unitedwaykitsap.org

**Volunteer Chore Service**..... 360-405-0072

Toll Free.....1-866-246-3642

2525 6th St, Suite D, Bremerton WA 98337

- ◇ assists low-income elderly and disabled in their homes
- ◇ provides services such as house cleaning, transportation, yard care, home repair, etc.

## **Volunteers of America, Western Washington**

**Mentoring Children of Promise** ..... 425-259-3191

voaww.org

- ◇ mentoring program that matches volunteers with children between 5-15, child must have a parent who is incarcerated or under DOC supervision

## **WASHINGTON STATE/NATIONAL ADVOCACY/DISABILITY SUPPORT**

### **Alexander Graham Bell Association**

**For the Deaf and Hard of Hearing** .....202-337-5220

TTY .....202-337-5221

agbell.org

### **American Association on Intellectual and Developmental Disabilities**.....202-387-1968

aamr.org

### **American Council of the Blind**

National Office ..... 1-800-424-8666

acb.org

### **American Speech-Language-Hearing Association**

**Action Center** ..... 1-800-638-8255

asha.org

**Arc of the United States**..... 1-800-433-5255

thearc.org

**Arc of Washington State**.....360-357-5596

Toll Free .....1-888-754-8798

2638 State Ave NE, Olympia, WA 98506

arcwa.org

### **Association of People Supporting Employment First**

**(APSE)**.....301-279-0060

apse.org

**Autism Society of America** ..... 1-800-328-8476

autism-society.org

**Autism Society of Washington**..... 1-888-279-4968

autismsocietyofwa.org

**Batten's Disease Support Research Association**

Toll Free ..... 1-800-448-4570

bdsra.org

**Boys Town, National Research Hospital** ..... 402-498-6511

TTY..... 402-498-6543

boystownhospital.org  
babyhearing.org

**Brain Injury Association**..... 1-800-444-6443

biausa.org

**Brain Injury Association of WA** ..... 1-877-982-4292

biawainjurywa.org  
316 Broadway, Suite 305, Seattle WA, 98122

**Children's Tumor Foundation** ..... 1-800-323-7938

ctf.org

**Cleft Palate Foundation** ..... 1-800-242-5338

cleftline.org

**Cornelia de Lange Syndrome**

**Foundation**..... 1-800-223-8355

cdlsusa.org

**Cystic Fibrosis Foundation** ..... 1-800-344-4823

cff.org

**Described Caption and  
Media Program** .....

..... 1-800-237-6213

TTY..... 1-800-237-6819

dcmp.org

**Devereux Foundation** ..... 1-800-345-1292

devereux.org

**Disability Rights Washington** ..... 1-800-562-2702

TTY..... 1-800-905-0209

315 5th Ave. S., Suite 850, Seattle, WA 98104  
disabilityrightswa.org

◇ advocacy, legal information

**Epilepsy Foundation Northwest** ..... 206-547-4551

Toll Free ..... 1-800-752-3509

2311 N 45th St, #134, Seattle, WA 98103-6905  
epilepsynw.org

**Genetic Counseling**

◇ Children's Hospital & Medical Centers, Seattle.... 1-866-987-2000  
(ask for genetic counseling dept.) seattlechildrens.org

◇ University Hospital, Seattle..... 206-598-3300  
(ask for genetic counseling dept.) uwmedicine.org

◇ Mary Bridge Children's Hospital, Tacoma..... 253-403-4473  
(ask for genetic counseling dept.), multicare.org

**Go.to.college.org** ..... 1-800-828-1851

**Governor's Committee on Disability Issues  
and Employment**..... 360-725-9509

PO Box 9046, Olympia, WA 98507-9046

**HIV and AIDS Hotline** ..... 1-800-458-5231

TTY ..... 1-800-243-7012

cdcnpin.org

**Human Growth Foundation** ..... 1-800-451-6434

hgfound.org

**Hydrocephalus Association** ..... 1-888-598-3789

hydroassoc.org

**International Association**

**Of Assistance Dog Partners** ..... 586-826-3938

iaadp.org

**International Rett Syndrome Foundation**

Information and Resources..... 1-800-818-7388

rettsyndrome.org

**Job Accommodation Network**..... 1-800-526-7234

askjan.org

◇ information on adaptive devices, accommodations, ADA for the  
workplace

**Journey: A Grief Support Program** ..... 206-987-2062

seattlechildrens.org/clinics-programs/grief-and-loss

◇ Social Work Department, Children's Hospital and Medical Center

**Learning Disabilities Association (LDA) of WA**

Information and Referral ..... 425-882-0820

ldawa.org

**Lifetime Advocacy Plus** ..... 206-367-8055

lapius.org

◇ provides guardianship and trust management

**Lyme Foundation**  
 Info Hotline ..... 1-860-870-0070  
 lyme.org

**March of Dimes Birth Defects Foundation** ..... 1-206-624-1373  
 1904 3rd, Suite 230, Seattle WA 98101  
 marchofdimes.com/washington

**National Association for Parents of Children with Visual Impairments** ..... 1-800-284-4422  
 spedex.com/napvi

**National Center for Stuttering** ..... 1-800-221-2483  
 stuttering.com

**National Down Syndrome Congress** ..... 1-800-232-6372  
 ndscenter.org

**National Down Syndrome Society** ..... 1-800-221-4602  
 ndss.org

**National Easter Seal Society, Inc.** ..... 1-800-221-6827  
 easterseals.com

**National Institute of Health** ..... 301-496-4000  
 nih.gov

**National Institute of Neurological Disorders and Stroke** ..... 1-800-352-9424  
 ninds.nih.gov

**National Multiple Sclerosis Society** ..... 1-800-344-4867  
 192 Nickerson Suite 100, Seattle WA 98109  
 nmss.org

**National Organization for Albinism** ..... 1-800-473-2310  
 albinism.org

**National Organization for Rare Disorders, Inc** ..... 203-744-0100  
 rarediseases.org

**National Organization on Fetal Alcohol Syndrome** ..... 1-800-666-6327  
 nofas.org

**National Rehabilitation Information Center** ..... 1-800-346-2742  
 TTY ..... 301-459-5984

naric.com

**National Reyes Syndrome Foundation** ..... 1-800-233-7393  
 reyessyndrome.org

**National Spinal Cord Injury Association**  
 National Office ..... 1-718-803-3782  
 spinalcord.org

**National Tuberos Sclerosis Alliance** ..... 1-800-225-6872  
 tsalliance.org

**Retinitis Pigmentosa Association** ..... 1-818-992-0500  
 rpinternational.org

**Sickle Cell Disease Association of America** ..... 1-800-421-8453  
 sicklecelldisease.org

**The Stuttering Foundation** ..... 1-800-992-9392  
 stutteringhelp.org

**TASH** ..... 202-540-9020  
 tash.org  
 ◇ international membership association promoting equity, opportunity and inclusion for people with developmental disabilities

**Tourettes Syndrome Association** ..... 718-224-2999  
 tsa-usa.org

**Trips, Inc.** ..... 1-800-686-1013  
 tripsinc.com  
 ◇ all inclusive vacation packages for travelers with developmental disabilities

**U.S. Department of Justice, ADA Homepage** ..... 1-800-514-0301  
 TTY ..... 1-800-514-0383  
 ada.gov

**U.S. Department of Justice, Equal Employment Opportunity Commission, (EEOC)** ..... 1-800-669-4000  
 TTY ..... 1-800-669-6820  
 eeoc.gov  
 ◇ interprets and enforces employment regulations of the ADA

**Washington Department of Services for the Blind** ..... 1-800-552-7103  
 dsb.wa.gov

- ◇ vocational rehabilitation, training, independent living program, assistive technology training, family services

**Washington PAVE Parent-to-Parent Training Project** ..... 1-800-572-7368  
 wapave.org

**Washington Sensory Disabilities Services (V/TTY)** ..... 1-800-572-7000  
 wsds@psed.org  
 wsdsonline.org

- ◇ deaf/hard of hearing, blind/visually impaired, deaf/blind

**Washington State Developmental Disabilities Council** ..... 1-800-634-4473  
 ddc.wa.gov  
 2600 Martin Way, Suite F, Olympia WA 98504-8314

- ◇ legislative information, grants, education

**Washington State Father's Network** ..... 425-653-4286  
 fathersnetwork.org

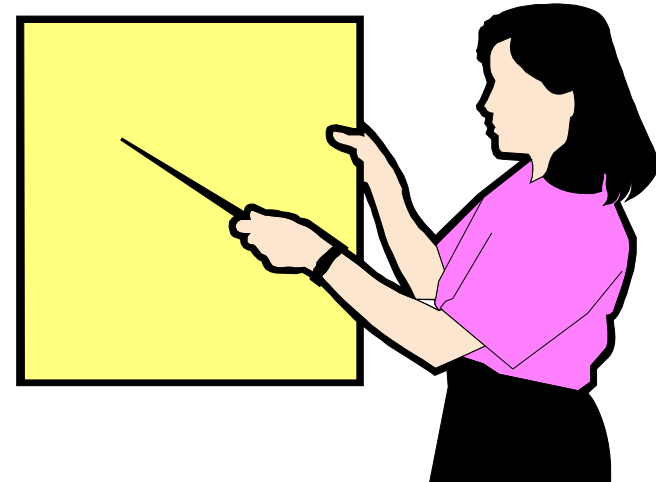
- ◇ support, information, resources for fathers of children with special health care needs and/or developmental disabilities

**Washington State Legislative Hotline** ..... 1-800-562-6000  
 P O Box 40600, Olympia, WA 98504  
 leg.wa.gov

**Washington Talking Book and Braille Library** ..... 1-800-542-0866  
 wtbb.org  
 2021 9th Avenue, Seattle WA 98121

- ◇ serves the entire state

# The ABC's of DD



***A listing of Acronyms and Phrases frequently used in conjunction with Developmental Disabilities and Healthy Options***

## ACRONYMS

*HO in italics following the definition stands for Healthy Options.*

### **A A A A ...**

AAMC	Association of American Medical Clinics <i>(HO)</i>
AAMC	Association of American Medical Colleges <i>(HO)</i>
AAPCC	Adjusted Average Per Capita Cost <i>(HO)</i>
AAMD	American Association of Mental Development
AAPS	American Association of Physicians and Surgeons <i>(HO)</i>
AASA	Aging and Adult Services Administration
ACCH	Association for the Care of Children's Health
ACHS	Association of Counties of Human Services
ADA	American Dental Association <i>(HO)</i>
ADA	American Dietetic Association <i>(HO)</i>
ADA	Americans with Disabilities Act
ADSA	Aging and Disability Services Administration
ADD	Attention Deficit Disorder
ADHD	Attention Deficit-Hyperactive Disorder
ADL	Activities of Daily Living
AES	Adult Employment Service
AGPA	American Group Practice Association <i>(HO)</i>
AHA	American Hospital Association <i>(HO)</i>
AHCPH	Agency for Health Care Policy and Research <i>(HO)</i>
AHEC	American Health Education Center <i>(HO)</i>
AIDS	Acquired Immune Deficiency Syndrome
ALIVE	Alternatives to Living in a Violent Environment
AMA	American Medical Association <i>(HO)</i>
ANA	American Nurses Association <i>(HO)</i>
ANHA	American Nursing Homes Association <i>(HO)</i>
AOA	American Optometric Association <i>(HO)</i>
AOA	American Osteopathic Association <i>(HO)</i>
APA	Administrative Procedures Act <i>(HO)</i>
APA	American Pharmaceutical Association <i>(HO)</i>
APHA	American Protestant Hospital Association <i>(HO)</i>
APHA	American Public Health Association <i>(HO)</i>
APS	Adult Protective Services
ARC	Advocacy for the Rights of Citizens with Disabilities
ARNP	Advanced Registered Nurse Practitioner
ASHA	American Speech and Hearing Association
ASTHO	Association of State and Territorial Health Officials <i>(HO)</i>

### **B B B B ...**

BARS	Budgeting, Accounting and Reporting System— <i>DSHS accounting code</i>
BCA	Blue Cross Association <i>(HO)</i>
BD	Behaviorally Disabled
BHP	Basic Health Plan <i>(HO)</i>
BHP/Plus	Basic Health Plan for eligible children <i>(HO)</i>
BIA	Bureau of Indian Affairs
<b>CC C c ...</b>	
CA	Comprehensive Assessment
CACFP	Child and Adult Care Food Program
CAP	Community Action Program <i>(Department of Community Development)</i>
CAP	Client Assistance Program <i>(Division of Vocational Rehabilitation)</i>
CAT	Computerized Axial Tomography <i>(HO)</i>
CBO	Congressional Budget Office
CBVA	Curriculum-Based Vocational Assessment
CCF	Congregate Care Facility
CCHP	Consumer Choice Health Plan <i>(HO)</i>
CCR&R	Child Care Resource and Referral
CCS	Catholic Community Services
CCU	Coronary Care Unit <i>(HO)</i>
CD	Communication Disorders
CDC	Centers for Disease Control and Prevention <i>(HO)</i>
CDS	Communication Disorders Specialist— <i>now SLP</i>
CEC	Council for Exceptional Children
CFC	Combined Federal Campaign
CFR	Code of Federal Regulations
CHADD	Children and Adults with Attention Deficit Disorder
CHAMPUS	Civilian Health and Medical Program of the Uniformed Services <i>(HO)</i>
CHAP	Children Have a Potential <i>(Air Force Handicap Assistance Program)</i>
CHC	Community Health Center <i>(HO)</i>
CHDD	Center on Human Development and Disabilities
CHMC	Children's Hospital and Medical Center
CHP	Comprehensive Health Planning <i>(HO)</i>
CME	Continuing Medical Education <i>(HO)</i>
CMHC	Community Mental Health Center <i>(HO)</i>
CMP	Comprehensive Medical Plan <i>(HO)</i>
COB	Coordination of Benefits <i>(HO)</i>
COG	Council of Governments <i>(HO)</i>
CON	Certificate of Need <i>(HO)</i>

COTH Council of Teaching Hospitals (HO)  
 CP Cerebral Palsy  
 CPA Certified Public Accountants (HO)  
 CPHA Commission on Professional and Hospital Archives (HO)  
 CPI Consumer Price Index (HO)  
 CPR Cardio-Pulmonary Resuscitation  
 CPR Customary, Prevailing and Reasonable (HO)  
 CPS Child Protective Services  
 CPT-4 Current Procedural Terminology, Fourth Edition (HO)  
 CRVS California Relative Value Studies (HO)  
 CSHCN Children with Special Health Care Needs  
 CSO Community Service Office (DSHS)  
 CT Computer Tomographic (scanners) (HO)

**D D D D ...**

(D)HHS Department of Health and Human Services (HO)  
 DCD Department of Community Development  
 DCFS Division of Children and Family Services (DSHS)  
 DD Developmental Disabilities  
 DD Developmentally Disabled  
 DD Developmentally Delayed  
 DDA Developmental Disabilities Administration  
 DDC Developmental Disabilities Council  
 DDS Doctor of Dental Surgery (HO)  
 DMA Division of Medical Assistance  
 DMD Doctor of Dental Medicine (HO)  
 DME Durable Medical Equipment (HO)  
 DMH Division of Mental Health  
 DO Doctor of Osteopathy (HO)  
 DOD Department of Defense  
 DOH Department of Health  
 DOVIA Directors of Volunteers in Agencies  
 DPH Department of Public Health  
 DRG Diagnosis-Related Group (HO)  
 DSHS Department of Social and Health Services  
 DV Domestic Violence  
 DVR Division of Vocational Rehabilitation (DSHS)

**E E E E ...**

E&D Evaluation and Diagnosis  
 ECDAW Early Childhood Development Association of Washington  
 ECEAP Early Childhood Education and Assistance Program  
 ECF Extended Care Facility (HO)

ED Emotionally Disturbed (severely behaviorally disabled)  
 EEG Electroencephalogram  
 EEU Experimental Education Unit  
 EFM Exceptional Family Member Program (Military)  
 EKG Electrocardiogram  
 EMS Emergency Medical Services (HO)  
 EPA Exclusive Provider Arrangement (HO)  
 EPSDT Early and Periodic Screening, Diagnosis and Treatment Program (HO)  
 ER Emergency Room (HO)  
 ERSA Employee Retirement Income Security Act (HO)  
 ESD Educational Service District  
 ESRD End Stage Renal Disease (HO)  
 ESY Extended School Year  
 ET Expenditure Target (HO)

**F F F F ...**

FAE Fetal Alcohol Effect  
 FAS Fetal Alcohol Syndrome  
 FAH Federation of American Hospitals (HO)  
 FAPE Free Appropriate Public Education  
 FDA Food and Drug Administration (HO)  
 FEHBP Federal Employees Health Benefits Program (HO)  
 FICA Federal Insurance Contributions Act (HO)  
 FNP Family Nurse Practitioner (HO)  
 FPL Federal Poverty Level  
 FPLS Federal Parent Locator Service ( )  
 FRC Family Resource Coordinator (for children birth to three)  
 FSDB First Steps Database

**G G G G ...**

GHAA Group Health Association of America (HO)  
 GIA Grant-in-Aid  
 GP General Practitioner (HO)

**H H H H ...**

HHS Department of Health and Human Services (HO)  
 HCBS Home and Community Based Services Waivers (DSHS)  
 HEDIS Health Plan Employer Data and Information Set (HO)  
 HI Health Impaired  
 HI Hearing Impaired  
 HIAA Health Insurance Association of America (HO)  
 HMO Health Maintenance Organization (HO)

HMSA Health Manpower Shortage Area (HO)  
 HOH Hard of Hearing  
 HRC Holly Ridge Center (provider)  
 HRSA Health Resources and Services Administration (HO)  
 HSA Health Service Area (HO)  
 HSA Health Systems Agency (HO)  
 HUD Housing and Urban Development (federal)  
 HWD Healthcare for Workers with Disabilities (MAA)

**IIII ...**

I&R Information and Referral  
 IADL Instrumental Activities of Daily Living (HO)  
 ICAP Inventory for Client and Agency Planning  
 ICC Interagency Coordinating Council  
 ICD-9 International Classification of Diseases, 9th Revision  
 ICDA International Classification of Diseases, Adapted (HO)  
 ICF Intermediate Care Facility  
 ICF/MR Intermediate Care Facility for the Mentally Retarded  
 ICU Intensive Care Unit (HO)  
 IDEA Individuals with Disabilities Education Act  
 IDF Immune Deficiency Foundation  
 IEP Individualized Education Plan  
 IES Independent Employment Services (provider)  
 IFSP Individual Family Service Plan  
 IHP Individual Habilitation Plan  
 IOM Institute of Medicine of the National Academy of Sciences (HO)  
 IPP Individual Program Plan  
 IQ Intelligence Quotient  
 IRWE Income-Related Work Expense  
 ISE Individual Supported Employment  
 ISP Individual Service Plan  
 ITA Involuntary Treatment Act  
 ITEIP Infant Toddler Early Intervention Program  
 ITP Individual Training Plan  
 ITP Individual Transition Plan

**JJJJ ...**

JAMA Journal of American Medical Association  
 JCAHO Joint Commission on Accreditation of Healthcare (HO)  
 JTPA Job Training Partnership Act of 1982 (the manpower and training programs for youth and adults which are funded by the law)  
 JWOD Javits Wagner O'Day Act

**KKKK ...**

KC Kitsap County  
 KICC Kitsap Interagency Coordinating Council  
 KMH Kitsap Mental Health  
 KSAC Kitsap Sexual Assault Center  
 KTSS Kitsap Tenant Support Services (provider)

**LLLL ...**

L-TC Long-Term Care  
 LD Learning Disabled  
 LD Learning Disability  
 LDA Learning Disability Association  
 LEA Local Education Agency  
 LICWAC Local Indian Child Welfare Advisory Board  
 LOS Length of Stay (HO)  
 LPN Licensed Practical Nurse (HO)  
 LRE Least Restrictive Environment  
 LSC Life Safety Code (HO)  
 LVN Licensed Vocational Nurse (HO)

**MMMM ...**

MAA Medical Assistance Administration  
 MAAC Maximum Allowable Actual Charge (HO)  
 MAF Medical Assistance Facility (HO)  
 MAP Medical Audit Program (HO)  
 MCAT Medical College Admission Test (HO)  
 MCH Maternal and Child Health program (HO)  
 MCO Managed Case Organization (HO)  
 MD Medical Doctor  
 MD Muscular Dystrophy  
 MDT Multiple Disciplinary Team  
 MEDLARS Medical Literature and Analysis Retrieval System (HO)  
 MH Mental Health  
 MH Multiply Handicapped  
 MIHCP Medically Intensive Home Care Program  
 MMIS Medicaid Management Information System (HO)  
 MPC Medicaid Personal Care  
 MR Mental Retardation  
 MRI Magnetic Resonance Imaging (HO)  
 MS Multiple Sclerosis  
 MSA Metropolitan Statistical Areas (HO)  
 MSW Master of Social Work

**NNNN ...**

NACo National Association of Counties (HO)



NAEYC National Association for the Education of Young Children  
 NARI Northwest Association of Rehabilitation Industries  
 NCA National Council on Aging  
 NCHS National Center for Health Statistics (HO)  
 NCHSR/HCTA National Center for Health Services Research/Health Care Technology Assessment (HO)  
 NDT Neurodevelopment Treatment  
 NF Nursing Facility  
 NGA National Governor's Association (HO)  
 NHIS National Health Interview Survey  
 NHSC National Health Service Corps (HO)  
 NICU Neonatal Intensive Care Unit (HO)  
 NIH National Institute of Health (HO)  
 NIMH National Institute of Mental Health  
 NIOSH National Institute of Occupational Safety and Health (HO)  
 NISH National Institute for Severely Handicapped  
 .nlm National Library of Medicine (HO)  
 NP Nurse Practitioner (HO)  
 NPRM Notice of Proposed Rulemaking (HO)  
**O O O O ...**  
 OBRA Omnibus Budget Reconciliation Act of 1987 (*provides funding for people in need of nursing home care or equivalent services*)  
 OCR Office of Civil Rights  
 OESD Olympic Educational Service District  
 OFM Office of Financial Management  
 OI Orthopedically Impaired  
 OJT On-the-Job Training  
 OMB Office of Management and Budget  
 OPD Outpatient Department (HO)  
 OPPFM Office of Program Planning and Fiscal Management  
 ORDA Office of Research and Data Analysis  
 OSEP Office of Special Education Programs  
 OSERS Office of Special Education and Rehabilitation Services  
 OSPI Office of the Superintendent of Public Instruction  
 OT Occupational Therapist  
 OT Occupational Therapy  
 OTR Licensed and Registered Occupational Therapist  
**P P P P ...**  
 PA Physicians Assistant (HO)  
 PA Public Assistance

PAC Parent Advisory Committee  
 PASS Plan for Achieving Self Support  
 PCAP Parent Child Assistance Program  
 PAVE Parents Are Vital In Education  
 PCP Primary Care Physician (HO)  
 PCM Positive Crisis Management  
 PEAK Parent Education and Assistance for Kids  
 PHN Public Health Nurse  
 PKU Phenylketonuria  
 PL Public Law  
 PPA Preferred Provider Arrangement (HO)  
 PPO Preferred Provider Organization (HO)  
 ProPAC Prospective Payment Assessment Commission (HO)  
 PPRC Physician Payment Review Commission (HO)  
 PT Physical Therapist  
 PT Physical Therapy  
 PTA Parent Teacher Association  
 PTI Parent Training and Information Center  
 PTSS Post Traumatic Stress Syndrome  
**R R R R ...**  
 R&D Research and Development  
 RBRVS Resource-Based Relative Value Scale (HO)  
 RCW Revised Code of Washington  
 REW Rehabilitation Enterprises of Washington  
 RHC Residential Habilitation Center  
 RN Registered Nurse  
 RPT Registered Physical Therapist  
 RSAS Rehabilitation Services Accreditation System  
 RSN Regional Support Network/Mental Health Region  
 RSVP Retired Seniors Volunteer Program  
 RVS Relative Value Scale (HO)  
**S S S S ...**  
 S.A.F.E Schools Are For Everyone  
 SAMSHA Substance Abuse and Mental Health Services Administration (HO)  
 S.A.N.E. Sexual Assault Nurse Examiner  
 SAVI Sexual Assault Victim Intervention (*military*)  
 SBD Seriously Behaviorally Disabled  
 SCAN State-Controlled Area Network  
 SCH Sole Community Hospital (HO)  
 SE Supported Employment  
 SEA State Education Agency  
 SEAC Special Education Advisory Council  
 SEPAC Special Education Parent/Professional Advisory

	Council
SGA	Substantial Gainful Activity (SSA)
SLD	Specific Learning Disability
SLP	Speech-Language Pathologist
SLS	Supported Living Services
SNF	Skilled Nursing Facility
SPI	Superintendent of Public Instruction
SSA	Social Security Administration
SSBG	Social Services Block Grant ( <i>1997 Welfare Reform</i> )
SSDI	Social Security Disability Income
SSI	Supplemental Security Income
SSP	State Supplementary Payment
STD	Sexually Transmitted Disease ( <i>HO</i> )
STOMP	Specialized Training of Military Parents
SW	Social Work/ Social Worker
<b>T T T T ...</b>	
TA	Task Analysis
TANF	Temporary Assistance to Needy Families
TARP	Technical Assistance for Parents and Teachers
TASH	The Association for Persons with Severe Handicaps
TBI	Traumatic Brain Injury
TDD	Telecommunication Device for the Deaf
TS	Tenant Support
TT/TTY	Telephone Typewriter
TXIX	Title 19 ( <i>Medicaid funding through the Social Security Act</i> )
<b>U U U U ...</b>	
UCP	United Cerebral Palsy
UW	United Way
<b>V V V V ...</b>	
VA	Veterans Administration
VI	Visually Impaired
VR	Vocational Rehabilitation
<b>W W W W ...</b>	
WAC	Washington Administrative Code
WACD	Washington Association for Citizens with Disabilities
WARI	Washington Association of Rehabilitation Industries
WAIS	Weschler Adult Intelligence Scale
WISC	Weschler Intelligence Scale for Children
WIC	Women, Infants and Children ( <i>supplemental food program</i> )
WISE	Washington Initiative for Supported Employment

WPAS	Washington Protection and Advocacy System
WSMC	Washington State Migrant Council
WSPEP	Washington State Parent/Educator Partnership Project

## **COMMONLY USED PHRASES AND WORDS**

### **A A A A ...**

Acute Illness—An illness that has occurred suddenly and may be serious. (*HO*)

Activities of Daily Living (ADL)—Behaviors necessary for self care.

Adaptive Behavior—Use of basic skills in daily life activities.

Adult Service Agency—Federal, state or locally funded agency (with written policies and procedures) that provides services to adults and children (i.e., Division of Developmental Disabilities (DDD); Division of Vocational Rehabilitation (DVR); Public Assistance (Welfare); Women, Infants and Children (WIC); Employment Security, etc.).

Ambulatory Care—Health services that are provided without an overnight stay in a health-care facility. (*HO*)

Ancillary Services—Miscellaneous tests, such as laboratory or radiological exams. (*HO*)

Assistive Technology Device—Any item or piece of equipment that is useful to increase, maintain, or improve abilities of individuals with disabilities.

### **B B B B ...**

Basic Health Plan (BHP)—Managed care plan available through the State of Washington to any individual or family. Premiums can be subsidized by the state, based on income and need. (*HO*)

Basic Health Plan/Plus (BHP/Plus)—Basic Health Plan for eligible children that provides its benefits through Healthy Options/Medicaid. (*HO*)

### **C C C C ...**

Case Management—The process of having a person's health-care needs coordinated by using an ongoing plan. (*HO*)

Case Manager—Individual who arranges services, ensures that clients progress through the process, completes reviews, and (may) maintain fiscal responsibility.

Coinsurance—A percentage (often 20%) that an insured person pays for a visit to a physician or other health care provider, a hospital stay or treatment. (*HO*)

Community Based Programs—Programs for individuals with

disabilities that are located within the individual's community.

Community Resources—Public or private agencies, schools or programs offering services to people.

Concurrent Review—A review by an insurer at the time of service to verify that a patient needs continued inpatient care. (HO)

Copayment—A fixed dollar amount the recipient pays for health-care services at the time of receiving the service. (HO)

Curriculum-Based Vocational Assessment (CBVA)—Various tests to determine the career development and vocational instruction needs of students based on preferences in course content and curriculum; identification of students' career/vocational strengths and weaknesses.

#### **D D D D ...**

Deductible—The amount of money an insured person pays for services before the insurer starts paying the bill. (HO)

Diagnosis—Identification of a disease producing a specific condition. (HO)

Diagnostic Services—Procedures to determine the presence of a health condition. (HO)

Durable Medical Equipment (DME)—A long-lasting medical supply, such as a wheelchair. (HO)

#### **E E E E ...**

Elective Procedure—A procedure that isn't an emergency and that a patient and doctor plan in advance. (HO)

Emergency—An injury or acute medical condition likely to cause death, disability, or serious illness if not attended to very quickly. (HO)

Employability—Factors that determine whether an individual can be placed on a job and whether the individual can keep the job once placed.

Exclusions—Health conditions that an insurance policy specifically doesn't cover. (HO)

#### **F F F F ...**

Functional Living Skills Assessment—Skills, interests, and values related to functioning in the home and community.

#### **G G G G ...**

Gainful Employment—Includes employment in one of the following: Competitive labor market, supported employment, sheltered employment, or homebound work. Work is performed for living wage and typical benefits.

Gatekeeper—The person who controls a patient's access to health-care services, whether as a case manager or a primary-care provider. Typically, this person must approve all uses of health-care services. (HO)

#### **H H H H ...**

Habilitation—Services provided to individual with developmental disabilities to help them achieve the highest level of

Healthcare for Workers with Disabilities (HWD)—Medicaid buy-in program for workers with disabilities

Health Maintenance Organization (HMO)—An entity that provides, offers, or arranges for coverage of designated health services needed by plan members for a fixed, prepaid premium. (HO)

Health Plan—The set of services in an insurance policy for health care. (HO)

Healthy Options and SSI Healthy Options—Medicaid benefits that deliver most medical services through Managed Care Organizations. (HO)

Health Plan Employer Data and Information Set—A standardized report used to compare and evaluate HMO's. (HO)

#### **I I I I ...**

Independent Living Skills—Basic skills needed to successfully function to the greatest extent possible, in the least restrictive environment.

Individualized Transition Plan (ITP)—A plan which includes long-term goals and short-term objectives, including: a) timelines, b) measurable expected outcomes, and c) identification of persons who are responsible for teaching and monitoring the plan to ensure that the goals and objectives are met.

Inpatient—A patient who stays in a hospital overnight. (HO)

Integrated Work Setting—Work setting where duties are performed with opportunity for work and non-work interaction with workers who are not disabled. Ratio of non-disabled to disabled workers is no higher than eight-to-one.

#### **J J J J ...**

Job Analysis—Job analysis identifies and describes: a) what the worker does; b) how the work is done; c) results of the work; and d) the worker's characteristics.

Job Coach—Provides individualized one-to-one assistance in job placement, travel training, skill training at the job site, ongoing assessments, and long-term assessment.

Job Development Specialist—An individual who contacts businesses

and industries for the purpose of placing individuals in competitive employment or on-the-job training sites.

**L L L L ...**

Lifetime Maximum—The total amount that an insurance policy will pay out for medical care during the lifetime of a policy holder. (HO)

**M M M M ...**

Managed Care—A term used to describe strategies of health-care plans to control costs by monitoring services and providers used for fees charged. (HO)

Maximum Out-of-Pocket Cost—The maximum amount of money a member will have to pay from his or her own funds for deductibles, copayments, or other expenses. (HO)

Medically Necessary—Services required to prevent harm to the patient or to the patient's quality of life. (HO)

**N N N N ...**

Non-Participating Provider—A provider who isn't part of a specific health plan. (HO)

**O O O O ...**

Outcome Oriented—A measurable skill at the end of a set period of training.

**P P P P ...**

Placement Specialist—Professional who assists in job placement.

Pre-Admission Review—A review undertaken by a health plan that happens before a patient enters a hospital to determine if the admission is necessary and appropriate. (HO)

Pre-Certification—Similar to pre-admission review but requires a certificate or authorization from the patient's health plan. (HO)

Pre-Existing Condition—A health condition that a person has that an insurance policy specifically excludes from coverage or that prevents the person from qualifying for insurance. (HO)

Preventive Care—Health care that stresses healthy behavior, regular testing, screening for diseases, and other services that detect diseases early or or prevents them from occurring. (HO)

Primary Care—First-level or generalist care that a person receives outside a hospital. (HO)

Primary Care Physician (PCP)—The health-care provider a person most commonly calls first when a problem arises. (HO)

Prior Authorization—A cost-control procedure in which an insurer requires a service or medication to be approved in advance for coverage. (HO)

Provider—A person or an institution that delivers a service. (HO)

**R R R R ...**

Referral—When one health-care provider suggests you visit another one for the purpose of further evaluation and treatment. (HO)

**S S S S ...**

Screening Test—A procedure to determine if a person has a certain medical condition. (HO)

Secondary Care—Care, often provided in hospitals and long-term facilities, that makes more use of caregivers with specialized training than does primary care. (HO)

Self-Referral—When a health-care provider stands to benefit financially from referring a patient to another provider for care. (HO)

Service Area—The geographic area a health plan serves. (HO)

Sheltered Workshop—Provides transitional and/or long-term employment in a controlled and closed working environment. It may provide vocational evaluation, work adjustment, and supported employment service.

Social Security Disability Insurance (SSDI)—benefits provided to disabled and blind individuals who are “insured” by workers’ contributions to the Social Security Trust. The worker’s widower or worker’s adult child with a disability may also receive a benefit.

Specialist—A physician whose training focuses on a particular area beyond the general training for all physicians. (HO)

Supported Employment—Paid employment for individuals with severe disabilities. All supported employment programs take place in integrated settings with on-going job site support provided by professional staff in integrated community based employment setting.

Supplemental Security Income (SSI)—cash assistance program to aged, blind and individuals with disabilities including children under 18 who have limited income and resources.

**T T T T ...**

Task Analysis (TA)—The breakdown of a particular job into its component work activities.

Tertiary Care—Highly specialized care for severe health problems. (HO)

**U U U U ...**

Utilization Management—The process health plans and insurers use to make sure the kind of treatment and care recommended for a patient is necessary and appropriate. (HO)

*Thank You . . .*

To the Kitsap County Board of Commissioners for their support of persons with special needs in Kitsap County.

To the members of the Kitsap County Developmental Disabilities Advisory Board for their support : Larry Mack, Chair, Christine Johnson, Sandra LaCelle, Kathy Lougheed, Robin Christman, Donna Gears, Jacki Haight, Veola Taylor, George Adams and Alicia Skelly.

And to the Kitsap County Developmental Disability staff for their assistance in completing this guide and distributing it to those that most need this information: Kelly Oneal, Kirsten Murray and Linda Ward.