

North Kitsap Substance Abuse Prevention Coalition

March—June 2020



FUNDED THROUGH THE KITSAP COUNTY
PREVENTION PROGRAM



Upcoming Events/Trainings:

Kick Butts Day March 20

For more information: <https://www.takedowntobacco.org/about>

Free Entrance to WA Park : March 19

State's 107th Birthday

Day of Caring: June 26

For more information: <http://www.volunteerkitsap.org/> or all 360-377-8505

North Kitsap School District:

Spring Break: Apr. 6-10

Graduation: June 12

Webinar: April 8, 12-1pm

Connecting the continuum: How prevention and recovery models fit together

To register: <https://www.naadac.org/connecting-continuum-prevention-webinar>

Webinar: June 11, 9-10am

Behavioral Health integration—Substance use disorder model of integrated care

To register: https://ihscqpub.cosocloud.com/content/connect/c1/7/en/events/event/private/1302046856/1971889499/event_landing.html?sco-id=1972030467&_charset

Making Prevention Work:

The North Kitsap Substance Abuse Prevention Coalition works to mobilize the community to effectively prevent and reduce substance abuse in the North Kitsap District through collaboration with community organizations, public education and awareness strategies, and implementation of evidence based substance abuse prevention programs.



FLAVORS

Flavors play a significant role in drawing youth and young adults to tobacco products.

2013

New York City prohibited the sale of flavored tobacco products.

Flavored tobacco product sales decreased by 87%.

87%

Fruit and candy flavors are designed to appeal to youth tobacco users and are found in many tobacco products.



81% of youth who ever tried tobacco chose flavored tobacco as their first tobacco product.

81%

MA

97 municipalities, including Boston, restricted flavored tobacco products (other than menthol) to adult-only retail tobacco stores and smoking bars.

IL

Chicago has prohibited the sale of flavored tobacco products, including menthol, within 500 feet of city high schools.

RI

Providence became the first city to prohibit the sale of flavored tobacco products.

CA

Numerous cities and counties in the state have restricted or prohibited flavored tobacco.



U.S. middle and high school students used a flavored tobacco product in 2014.

3.26M



For more tools and information: <https://www.fda.gov/tobacco-products/products-ingredients>, <https://truthinitiative.org>, <https://kitsappublichealth.org/information/vaping.php>

North Kitsap Substance Abuse Prevention Coalition Mission

To Create a framework of resources, support and partnerships to combat youth substance abuse in North Kitsap thus providing for a safe, healthy environment for all.

Risk and Protective Factors and How We Can Support Positive Change

As we continue to look at the domains associated with risk and protective factors; let's consider how we as individuals, parents, grandparents and professionals can support the young people in our community, in an effort to reduce the risk of substance abuse.

In our last issue we covered the first three domains: Individual, Peer and Family. Now let's take a closer look at the remaining domains.

School reflects bonding, climate, policy and performance. In the form of risks, a youth has a lack of clear expectations both academically and behaviorally. Students who feel as though they do not belong or do not feel that the community or parents are not actively involved, lack commitment which can lead to student failure academically. On the protective side, positive attitudes about school, fostering active involvement of students, parents and community members create school bonding and regular school attendance. Setting clear and reasonable expectations and school responsiveness to students' needs encourages goal setting, academic achievement and positive social development. These further support leadership and decision-making opportunities for students and a positive instructional climate.

Community/Society reflects bonding, norms, resources, awareness/mobilization and policy/sanctions. In the form of risks, access/availability to alcohol and other drugs (retailer density, irresponsible servers/sellers, affordability) can increase use and may contribute to early initiation of substances. Communities that have rapid changes in neighborhood populations and disorganization, high unemployment and poverty, laws/ordinances and nonconstant enforcement can lead to norms that are unclear or encourages use. Lack of strong institutions, sense of community connection and lack of monitoring of youth activity can further contribute to youth substance use as well as other risky decisions being made. Messages within the community such as media portrayals (misleading advertisements, pro-use messaging) can also contribute to attitudes of acceptance, misinformation about dangers and consequences of substance use. On the protective side, community service opportunities, risk focused programs (programs for parents, early childhood support programs) and opportunities for community involvement, encourage community bonding policies/norms that discourage use.

The more risk factors that a child is exposed to, the more likely the child will abuse drugs. An important part of substance abuse prevention is to change the balance between risk and protective factors so that protective factors outweigh the risk factors. Let's work together to be the change that our community needs.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2585544/>

<https://cdn-59bd6cf5f911c923e82ee0ee.closte.com/wp-content/uploads/sites/33/2015/03/Risk-and-Protective-factors.pdf>

Be the change you wish to see in the world.

- Mahatma Gandhi



If you are a partner of the North Kitsap Substance Abuse Prevention Coalition and would like your logo on this publication please contact us.

North Kitsap Substance Abuse Prevention Coalition

Deanne Jackson
Human Services Coordinator

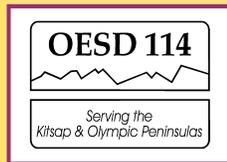
Phone: 360-337-4878
Website: <http://kitsapgov.com/hs/substanceabuse/substanceabuseprevention.htm>

Want to Get Involved?

Please consider attending our Monthly meetings. All are welcome!

Upcoming meeting dates:
Mar. 9, 2020
Apr. 13, 2020
May 11, 2020
June 8, 2020
Time: 1:00-2:30PM

Location:
Village Green Community Center
26201 Dulay Rd. Kingston



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH

