Kitsap County’s
Mental Health & Crisis Support Lines
Kitsap County Crisis Line 1-888-910-0416
National 1-800-273-8255 (TALK)
The Coffee Oasis Teen Crisis Text Line 360-377-5560
Text line is for any youth age 13-25 years old who is experiencing a crisis or just needs to talk.
YWCA 24-Hour Domestic Violence Hotline 1.800.500.5513
or Text Line 360.277.7607
Scarlet Road’s Survivor Support Line 360-362-5143
Survivor’s Support Line for anyone who is or has experienced sexual exploitation.
National Suicide Prevention Lifeline 1-800-273-8255
Veterans Crisis Line 1-800-273-8255 (Press 1)

“Solitude is fine but you need someone to tell that solitude is fine.”
Honoré de Balzac