



Kitsap County Mental Health, Chemical Dependency and Therapeutic Court Programs

ANNUAL REPORT 2021

Mission: Prevent and reduce the impacts of disabling chemical dependency and mental illness by creating and investing in effective, data driven programs for a continuum of recovery-oriented systems of care.

2022 Kitsap County Board of Commissioners

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Hannah Shockley, Program Coordinator

Kitsap Public Health District

Amanda Tjemsland, Epidemiologist

Citizens Advisory Committee

Meetings are held the third
Tuesday of every month

Via Zoom Until Further Notice

5:00 p.m.— 7:00 p.m.



December 31, 2021 marks the seventh full year of service delivery for the Treatment Sales Tax (1/10th of 1%) that

augments state funding of mental health and chemical dependency programs and the operation of therapeutic court services in the Kitsap County Community. The Kitsap County Board of Commissioners adopted the Mental Health, Chemical Dependency, and Therapeutic Court Sales Tax on September 23, 2013.

During 2021, over five million dollars in grant funding provided direct services to over 5,000 individuals needing behavioral health supports.

In spite of entering a second year of the COVID-19 pandemic, providers continued to provide comprehensive, yet flexible care to Kitsap County's most vulnerable populations. Significant outcomes in 2021 include:

- Behavioral Health Court and Reentry participants reduced 20,452 jail bed days, resulting in over 3 million dollars savings.
- 91% of Drug Court graduates and 95% of Veterans Court graduates have remained conviction-free for at least 5 years.
- 97% percent of households (215) served by Kitsap Community Resources rental assistance program have maintained housing for at least 6 months.

You can find many more outcomes inside this report. A huge thank you to all of our providers and their staff for the support they are providing to Kitsap County residents.



Success Story: Scarlet Road Rental Assistance *As a young girl, a participant in our program was sold by her mother to various men to feed her addiction and pay her bills.* She ended up homeless in order to flee the abuse and with criminal charges as a result of attempting to protect herself. Pregnant, she reached out for support to Scarlet Road. Together, we began the process of looking for affordable and safe housing. Her baby came early. She was exhausted and overwhelmed as she jumped through numerous hoops to get housing for herself and her two children. Finally, we found her a place of her own where she could provide stability and comfort to her little ones. She was relieved. She created a list of move-in items she needed for her new space, and we were able to purchase beds for her family among other items. Scarlet Road also paid her phone bill and car payment so that she could focus on in-person and virtual health care meetings for her new baby who is dealing with a disability. Finally stable, she has a new sense of relief and hope as she looks toward the future.

2021 Outcomes Related to the Kitsap County Board of Commissioner's Strategic Goals

Goal 1: Improve the health status and well-being of Kitsap County residents.

- ◆ Eighty-seven percent of housed New Start participants visited with a primary care physician within 30 days of entering sober living home.
- ◆ One hundred percent of applicable ROAST households engaged in primary care services (having a Primary Care Physician).
- ◆ Sixty-six percent of elementary students who have completed at least 8 sessions with a school-based Mental Health Therapist have shown improvement in health/wellbeing and sixty-two percent have shown improvement in their Hope Score.
- ◆ Ninety percent of elementary staff and ninety-two percent of secondary staff reported that services have positively influenced the classroom climate.

Goal 2: Reduce the incident and severity of chemical dependency and/or mental health disorders in adults and youth.

- ◆ 11,960 youth were served by 60 mentors trained in trauma informed care and building resiliency.
- ◆ One hundred percent of graduated Nurse Family Partnership clients with an identified mental health diagnosis and eighty-three percent with an identified substance use disorder have shown improvement in Knowledge, Behavior and Skills.
- ◆ Sixty-six percent of elementary students who have completed at least 8 sessions with a Mental Health Therapist have shown improvement in health/wellbeing and sixty-two percent have shown improvement in Hope Score.

Goal 3: Divert chemically dependent and mentally ill youth and adults from initial or further criminal justice system involvement.

- ◆ One hundred percent of Juvenile Therapeutic Court graduates remained crime-free at their 18 month anniversary in 2021 and ninety-one percent remained crime-free at their one-year anniversary in 2021.
- ◆ Ninety-one percent of Drug Court graduates and ninety-five percent of Veterans Court graduates have remained conviction-free for at least 5 years (entire program history).
- ◆ One hundred percent of Behavioral Health Court participants who graduated in the last 18 months remained crime-free.
- ◆ Ninety-nine percent of New Start participants have not had any new charges since enrollment in services in 2021.

Goal 4: Reduce the number of people in Kitsap County who cycle through the criminal justice systems, including jails and prisons.

- ◆ Behavioral Health Court participants reduced jail bed days from 2,857 pre-program participation to 1,174 post-program participation, a fifty-eight percent reduction, which equates to \$246,315 dollars in savings based on jail bed daily rates.
- ◆ Jail Reentry participants reduced jail bed days from 25,804 prior to program enrollment to 7,035 post-program enrollment (equivalent comparison periods), a seventy-three percent reduction and \$3,941,798 savings based on jail bed daily rates.

Goal 5: Reduce the number of people in Kitsap County who use costly interventions, including hospitals, emergency rooms, and crisis services.

- ◆ City of Bremerton's Navigator program serviced 251 high utilizers, with twenty-eight percent showing a reduction in negative law enforcement contact.
- ◆ Kitsap County Sheriff's Office Crisis Intervention Coordinator had proactive contact with 587 clients and connected 380 clients to a Designated Crisis Responder (DCR) for proactive crisis intervention.
- ◆ City of Poulsbo CARES Unit outreached to 344 high utilizers, and connected 253 individuals to needed social or healthcare services.

Goal 6: Increase the number of stable housing options for chemically dependent and mentally ill residents of Kitsap County.

- ◆ Ninety-seven percent of households who applied (215) served by Kitsap Community Resources rental assistance program for individuals with behavioral health disorders have maintained housing for at least 6 months.
- ◆ Seventy percent of residents in Kitsap Homes of Compassion (162) houses are still housed at the end of the year, 25% leave for other housing and 4% returned to homelessness.

2021 Kitsap County Continuum of Care

Kitsap County uses a comprehensive approach to addressing behavioral health issues at all levels, including prevention; early intervention; crisis intervention; outpatient treatment; medical and sub-acute detox; acute inpatient care; and recovery support services. The following programs received funding to address the full continuum of care.

Prevention and Early Intervention

Kitsap Public Health District — \$169,082 in grant funds increased the capacity of the Nurse Family Partnership Program and provided services for 12 additional families and outreach to 57 mothers.

Kitsap Strong — \$31,863 in grant funds provided intensive trauma and resiliency training (RISE Training) for 60 mentors led by Kitsap Strong and XParenting, reaching 11,960 youth.

Olympic Educational Service District 114 — \$641,909 in grant funds provided school-based behavioral health services for 207 elementary, 62 middle and 179 high school students.

Crisis Intervention and Triage

City of Bremerton — \$52,204 in grant funds provided the Bremerton Police Department with an imbedded mental health specialist who served 251 individuals with behavioral health services.

City of Poulsbo — \$304,700 in grant funds provided Kitsap Fire CARES mobile unit based at Poulsbo Fire Department who responded to 344 individuals with behavioral health issues.

The Coffee Oasis — \$255,082 in grant funds provided 593 youth with crisis intervention and immediate response to 5,317 crisis texts, supporting 1,101 youth texters in crisis.

Kitsap County Sheriff's Office — \$127,866 in grant funds established a Crisis Intervention Coordinator to coordinate the patrol/field response for 571 individuals who suffer from behavioral health issues. \$5,336 provided Crisis Intervention Training to 98 law enforcement and first responders.

Peninsula Community Health Services — \$101,558 in grant funds provided mental health and substance use intervention for 503 individuals who are calling 911 to address non-emergent needs.

Outpatient

Agape Unlimited — \$775,787 in grant funds provided co-occurring disorder services for 55 clients on site at Agape and capital improvements to their Bremerton outpatient location.

Kitsap County Juvenile Services Department — \$162,232 in grant funds improved the continuity of treatment services to 26 participants in the Individualized Treatment and Youth Drug Court.

Kitsap County District Court — \$237,080 in grant funds served 34 individuals and provided clinical, compliance and public defense support for their Behavioral Health Court.

Kitsap County Prosecuting Attorney — \$288,260 in grant funds supported their increasing responsibility for all therapeutic-courts, referring 208 individuals to therapeutic court programs.

Kitsap County Superior Court — \$425,935 in grant funds expanded the capacity of the Adult Felony Drug Court from 100 participants to 153 participants. A total of \$52,179 in grant funds supported the Veterans Court, serving 26 veterans.

Recovery Support Services

Aging and Long-Term Care — \$90,000 in grant funds provided dementia-friendly supports and consultation for 118 seniors with challenging behaviors to prevent/delay institutionalization.

Kitsap Community Resources — \$58,624 in grant funds provided outreach, rental assistance, and behavioral health referrals for 314 individuals struggling with behavioral health issues.

Kitsap County Sheriff's Office — \$171,354 in grant funds provided reentry services to 542 inmates with behavioral health needs who are being released back into the community.

Kitsap Homes of Compassion — \$244,998 in grant funds provided on-site behavioral health services to 255 by a Behavioral Health Specialist at Kitsap Homes of Compassion housing.

Kitsap Rescue Mission — \$17,228 in grant funds provided on-site behavioral health services to 27 Individuals by a Behavioral Health Specialist's at the Kitsap Rescue Mission.

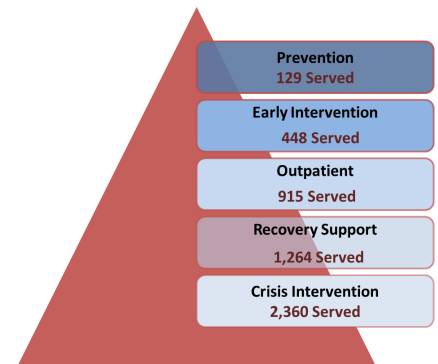
Scarlet Road — \$25,000 in grant funds provided flexible rental assistance program for 8 adult victims of sex trafficking and sexual exploitation in Kitsap County.

West Sound Treatment Center — \$328,490 in grant funds provided Substance Use Disorder and Reentry Services for 361 inmates in the jail, housing, and supportive services for 52 men and women through the New Start men and women's houses.

Success Story: Bremerton Police Department Behavioral Health Navigator Program

A homeless woman who had a severe MERSA infection was being called on for trespassing multiple times a day and was refusing to go to the hospital. We connected to our local mobile medic unit that was able to help somewhat with her physical symptoms as well as behavioral health issues. In a coordinated effort, the woman was arrested on her outstanding warrants, so she would be forced to go to the hospital and get the care for her infections. It was clear that this was necessary as she was deteriorating every day and was not willing to seek treatment voluntarily. After the woman was arrested and her treatment was complete, she was connected with the Re-Entry Coordinator to assist with receiving care for her needs. The mobile medic team that was meeting her on the streets was looking to reconnect with her upon her release as well as assisting her in getting her medications. This individual has not needed emergency services nor been the subject of a 911 call for several months.

2021 Kitsap County Continuum of Care

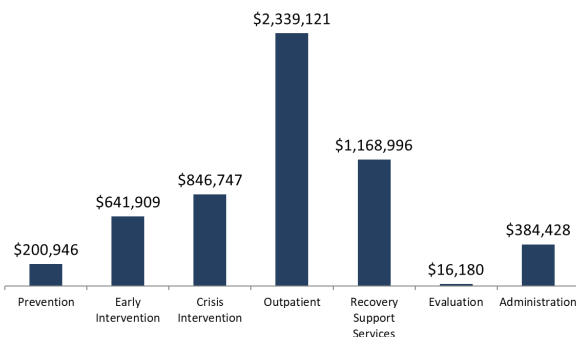


5,116 Individuals Enrolled in Services

**Mental Health, Chemical Dependency and Therapeutic Court Sales Tax
12 Month Revenue & Expenditure Report
Fund activity – For the period beginning January 1, 2021 ending December 31, 2021**

	Revenue Collected	Amount Spent
Revenue		
Sales Tax Collected	\$6,418,007.57	
Investment Interest	\$ 20,613.29	
Total Revenue	\$6,438,620.86	
Expenditures		
Agape Unlimited – Co-occurring Disorder Program/Construction		\$ 775,787.06
Aging and Long Term Care – Partners in Memory Care		\$ 90,000.00
City of Bremerton – Behavioral Health Navigator		\$ 52,204.31
City of Poulsbo – CARES		\$ 304,700.09
Coffee Oasis – Homeless Youth Intervention		\$ 255,082.55
Kitsap Community Foundation – Kitsap Strong		\$ 31,863.87
Kitsap Community Resources – ROAST		\$ 620,415.54
Kitsap County District Court – Behavioral Health Court		\$ 299,790.48
Kitsap County Juvenile Services – Therapeutic Courts		\$ 162,232.76
Kitsap County Prosecutors Office – Therapeutic Courts Alternatives		\$ 288,260.10
Kitsap County Sheriff's Office – Crisis Intervention Coordinator		\$ 127,866.00
Kitsap County Sheriff's Office – Crisis Intervention Training		\$ 5,336.75
Kitsap County Sheriff's Office – Reentry Services		\$ 171,354.80
Kitsap County Superior Court – Adult Drug Court		\$ 425,935.97
Kitsap County Superior Court – Veterans Court		\$ 58,624.53
Kitsap Public Health District – Nurse Family Partnership		\$ 169,082.99
Kitsap Public Health District – Evaluation and Monitoring		\$ 16,180.00
Kitsap Homes of Compassion – On site Behavioral Health		\$ 244,998.00
Kitsap Rescue Mission – On site Behavioral Health		\$ 17,228.65
Olympic Educational Service District – School Based Services		\$ 641,909.46
Peninsula Community Health Services – Stand by Me		\$ 101,558.04
Scarlet Road – Rental Assistance		\$ 25,000.00
West Sound Treatment Center - New Start Jail Services		\$ 328,490.70
2020 Program Expenses		\$ 53,743.11
Kitsap County Human Services – Program Administration		\$ 384,428.40
Total Expenditures		\$5,652,074.16
Beginning Fund Balance 01/01/21		\$ 9,259,315.04
2021 Revenue		\$ 6,438,620.86
2021 Expenses		\$ 5,652,074.16
Ending Fund Balance 12/31/21		\$10,045,861.74

2021 Expenditures by Continuum of Care



**For More Information
Contact**

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hshockle@co.kitsap.wa.us**

<https://spf.kitsapgov.com/hs/Pages/CAC-LANDING.aspx>

2022 Mental Health, Chemical Dependency & Therapeutic Court Program Contacts

Prevention Services

Nurse Family Partnership
Kitsap Public Health District
360-728-2235

Early Intervention Services

RISE Mentor Training
Kitsap Strong
360-536-3394

School Based Behavioral Health
Olympic ESD 114
360-405-5833

NEW Too Cruel for School School Based Behavioral Health Clinic
Peninsula Community Health Services
360-377-3776

Crisis Intervention Services

Behavioral Health Outreach
Bremerton Police Department
360-473-5220

Kitsap Fire CARES
City of Poulsbo
360-394-9794

Homeless Youth Intervention
The Coffee Oasis: 360-377-5560
Oasis Crisis Text Line: Text "CoffeeOasis" to 360-377-5560

Crisis Intervention Officer Kitsap County Sheriff's Office
360-337-4590



Outpatient Behavioral Health Treatment Services

Agape Unlimited
Co-Occurring Disorder Services
360-373-1529

NEW WiSe Services
Catholic Community Services
360-850-8407

Juvenile Therapeutic Court
Kitsap Juvenile Department
360-337-5465

Behavioral Health Court
Kitsap County District Court
360-337-4706

Adult Drug Court & Veterans Therapeutic Court
Kitsap County Superior Court
360-337-4834

Alternative to Prosecution
Kitsap County Prosecuting Attorney's Office
360-337-4814

NEW Crisis Triage Center & Pacific Hope & Recovery Center
Kitsap Mental Health Services
360-415-6685 Ext 5027

NEW On-Site Behavioral Health Services
North Kitsap Fishline
360-208-8543

NEW Animal and Equine Assisted Therapy
One Heart Wild
360-509-2948

NEW Peer Support Specialist
Suquamish Tribe Wellness Center
(360) 394-8558

NEW On-Site Behavioral Health Services
YWCA of Kitsap County
360-479-0522

Recovery Support Services

Partners in Memory Care
Aging and Long Term Care
360-337-5700 or 1-800-562-6418

NEW On-Site Behavioral Health Services
Eagle's Wings Coordinated Care
360-801-7039

Recovery Outreach and Stabilization Team
Kitsap Community Resources
360-473-2047

Jail Reentry Coordination
Kitsap County Sheriff's Office
360-337-4514

New Start Jail Transition
West Sound Treatment Center
360-876-9430

On-Site Behavioral Health Services
Kitsap Homes of Compassion
360-830-6832

NEW Pendleton Place
Kitsap Mental Health Services
360-373-5031 Ext 5811

On-Site Behavioral Health Services
Kitsap Rescue Mission
360-373-3428

Rental Assistance for Victims of Human Trafficking
Scarlet Road
360-850-9718



Success Story: Kitsap County Superior Court Adult Drug Court

Individuals Served by Kitsap County 1/10th of 1% Tax Funding in 2021

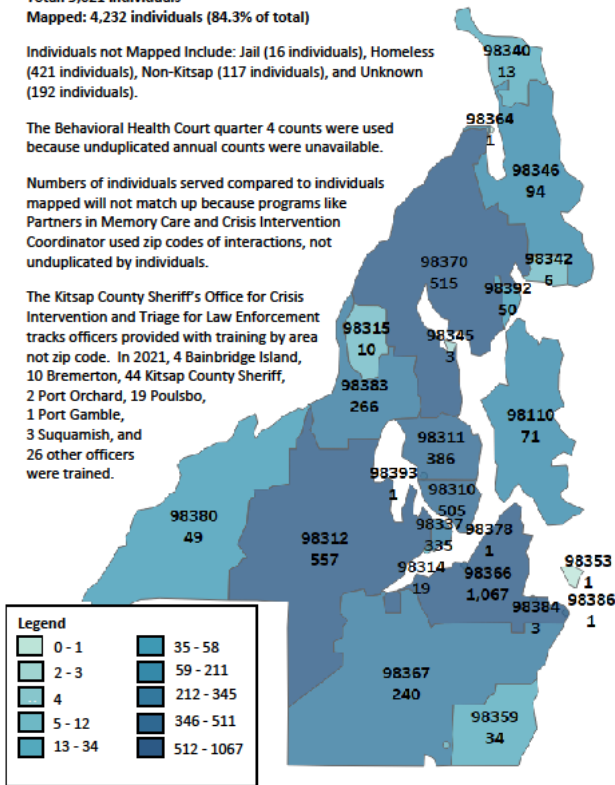
Total: 5,021 individuals
Mapped: 4,232 individuals (84.3% of total)

Individuals not Mapped Include: Jail (16 individuals), Homeless (421 individuals), Non-Kitsap (117 individuals), and Unknown (192 individuals).

The Behavioral Health Court quarter 4 counts were used because unduplicated annual counts were unavailable.

Numbers of individuals served compared to individuals mapped will not match up because programs like Partners in Memory Care and Crisis Intervention Coordinator used zip codes of interactions, not unduplicated by individuals.

The Kitsap County Sheriff's Office for Crisis Intervention and Triage for Law Enforcement tracks officers provided with training by area not zip code. In 2021, 4 Bainbridge Island, 10 Bremerton, 44 Kitsap County Sheriff, 2 Port Orchard, 19 Poulsbo, 1 Port Gamble, 3 Suquamish, and 26 other officers were trained.



One recent drug court graduate shared with the team that his life before drug court and his life after are like night and day. He was in his mid-forties and had been using methamphetamine intravenously for over twenty-five years. He had never held a legitimate job. He had been to prison fifteen times. One day he was driving down the road and a police officer appeared behind him, activating lights and sirens. He knew he would be going to jail if he stopped so he decided to try and outrun the officer. He ended up arrested, facing new felonies yet again. The prosecutor was offering a plea deal of 79 months in prison. After three months in jail came the exciting news that drug court was willing to give him a chance. Today he has nearly four years clean and sober! He is working at a treatment facility in Shelton as a Recovery Specialist, giving back what was once given to him—hope! He still attends court via Zoom occasionally to show his support for the people currently working their way through the program! He credits drug court with literally saving his life.

Confidential Helplines (toll-free)

Washington Recovery Help Line: 1-866-789-1511

State-wide 24-hour/day support for people dealing with substance abuse, mental health issues and problem gambling; provides crisis intervention and referrals to treatment and support services.

Oasis Crisis Text Line: Text "CoffeeOasis" to 360-377-5560

Support for local Kitsap County youth ages 13—25 years old 24/7.

Volunteers of America 24 Hour Care Crisis Line: 1-888-910-0416 & Crisis Chat www.imhurting.org

Provides over-the-phone local crisis intervention, information referral for Kitsap, Jefferson and Clallam Counties.

National Suicide Prevention Lifeline: 1-800-273-8255

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States.

