

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: January 19, 2022

Time: 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members
3. Meeting Agenda Approval
4. December meeting notes (Attachment 1) - Approval
- 11:45am 5. 2022 Aging Council Workplan Goals
- a. January legislative activities (Attachment 2)
- Status of legislative appointments, January 24-27 (Attachment 3)
 - Council Thank You Card (Attachment 4)
- b. Recruitment Subcommittee
- 12:20pm 6. Council Member Report of Activities- Outreach form (Attachment 5)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
- b. 2021-2022 SCOA Meetings- Karol Stevens
- c. Council Member Report of Community Outreach Advocacy (3 minutes)
- What did you do since the last meeting?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:00pm 7. Aging Services
- a. Workforce, status
- b. AAA new services overview (Attachment 6)
- c. January 2022 Dashboard Report (Attachment 7)
- d. 2022 Advisory Council Calendar of Events (Attachment 8)
- 1:30pm ADJOURN

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5

Port Orchard, WA 98366

Phone: (360) 337-7068 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

December 15, 2021 Aging Advisory Council Meeting Minutes

Zoom

1. **Convened at 11:29 a.m.**

2. **Members Present:** Steve McMurdo, Karol Stevens, Al Pinkham, Charmaine Scott, Barbara Paul, Cynthia Blinkinsop, Susan Kerr, Linda Fyfe, Linette Zimmerman.

Members Excused: Elizabeth Safsten.

Members Unexcused: None.

Guests Present: None

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: None.

3. **Approval of Agenda:** The meeting agenda was reviewed.

- Barbara made a motion to approve the agenda. Charmaine seconded and the agenda was approved.

4. **Approval of Minutes:**

- Charmaine made a motion to approve the September meeting minutes. The motion was seconded by Al. The minutes were approved.

5. **2022 Aging Council Workplan**

- The Council reviewed the changes made to the draft Workplan. Stacey explained that with one recent and one upcoming departure, there will be two open positions on the council, so member recruitment will likely need to be made a priority again. The Council wants to increase diversity to ensure there is accurate representation of our community. Direct recruitment and outreach will likely work best for this. Charmaine suggested a membership committee. Steve asked if the Council would like to move the recruitment goal out of “on hold” or keep it there until a plan has been formed. The Council discussed and ultimately decided to place the recruitment goal under Low Priority. Stacey asked if the Council would like to

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change the language in the goal. Charmaine would like to pinpoint specific guidelines. Karol suggested a procedure. The Council discussed possible changes to the goal's wording. Stacey stated the next step would be to form the subcommittee. The Council agreed to decide on subcommittee members during the next meeting.

- a. Stacey shared the Kitsap Public Health Department's COVID-19 statistics from the previous week. Stacey asked if the Council would like to include these statistics in meeting packets going forward and Council members agreed. The Council went on to discuss demographic vaccination trends.

6. Council Member Report of Activities

- a. 1/10th Citizens Advisory Council Representative – Charmaine Scott
 - Charmaine explained that the 1/10th Advisory Council executive committee met to update their Workplan. The December Council meeting was cancelled. An article was published in the Kitsap Sun about the great effort their Council made to make their recommendations and get grant funds allocated. Charmaine informed the Council that Gay Neal, Program Manager, will be retiring.
- b. 2020-2021 State Council On Aging (SCOA) Meetings – Karol Stevens
 - Karol stated that SCOA did not meet in December. She explained that the legislative goals have come out and the first goal addresses social isolation issues, and part of that includes broadband internet access. Steve said an upcoming executive order will help provide broadband service. Karol explained that there has been a lot of discussion amongst her committee to find an easy solution, but many people don't have the funds for the initial set up and monthly costs, and many older adults would need ongoing technical support to use their internet service.
 - This Council discussed challenges of getting older adults to use technology. Linda described a program at Village Green that paired high school seniors with senior citizens. The Council discussed connecting students to seniors and agreed that this could help meet the social isolation goal.

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c. Council Member Report of Community Outreach Advocacy

- Linda explained that she has been trying to “beef up” programs at her senior center. Linda stated that the Village Green has also been used as a weather shelter. Not too many seniors have been involved, but some 45-65 men have used the shelter. There have also been community drive-up meals, and the Rotarians want to have a drive-through Christmas dinner. Stacey asked if senior centers get together to share ideas. Linda said that they’ve connected with a senior center on Bainbridge Island at a state conference and met later. Linda would be more than happy to reach out and coordinate in person meetings with other senior centers.
- Linette contacts service groups monthly. She has reached out to 53 people in the last month and will put out requests for council members.
- Karol said Keyport has been trying to adapt to outdoor get-togethers. There was a tree lighting and decorating party, and the Poulsbo Fire Department had a parade with Santa. Coming up, on the solstice, they will be doing a light walk and they will vote for their favorite decorations.
- Cynthia emailed Sen. Rolfes about the Build Back Better Act. She shared the aging website information with several people that have contacted her looking for resources. She’s also been trying to get more engaged with helping seniors.
- Susan had an informal meeting with the final two candidates for Bremerton City Council’s District 3 seat to ensure they are cognizant of senior needs, such as the hospital closure and transportation difficulties. Susan has also been active with call and email outreach. She posted flyers and would like to post more in her local market. Susan was able to attend one of the conferences in October.
- Steve said he popped in on the Commissioners meeting to see our Council members be officially reappointed. He also penned a personal essay for the Seattle Times regarding the Council and the Build Back Better Act.

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7. Aging Services

- Stacey will meet with Linda and Cynthia for their orientation on December 22 and will send the Zoom link to the group.
- a. Holiday Card
 - Multiple screenshots were taken for the Holiday Card.
- b. Dashboard Report
 - The Council reviewed the December Dashboard Report. Karol asked about staffing. Stacey explained that there are five open positions. ALTC is in the middle of recruiting one position now and are hoping to have full staff in February.

8. Advisory Council Legislative Meetings

- Stacey informed the Council that Sen. Rolfes asked to reschedule after the first of January. Stacey would like to schedule meetings for January Council Members agreed to move December meetings to January. After w4a's training in January, Council members will then have their own preparation time to decide on stories and verbiage. Charmaine remarked that last year went smoothly and asked how long the legislative session will be. Stacy explained that the session is from January 10 to March 10. Stacey asked the Council to please hold January 10 on their calendars for a 10:00 am Zoom meeting.
- a. W4A Legislative Priority Fact Sheet
 - Stacey shared the Priority Fact Sheet for the January Senior Lobby Days which focuses on an increase in funds for AAA In-home Case Managers. Stacey explained that ALTC's case managers have an incredibly high case load but are being paid 23% less than their state employed counterparts. Another focus is social isolation and increased funding for care coordination after hospital stays. Stacey gave an overview of the data provided on page two of the attachment.
 - Stacey described the State Budget Timeline roadmap and explained its purpose.

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b. 2022 Officer Reappointments

- All were in favor of reappointing Steve and Barbara as Chair and Vice-Chair. Stacey stated that with Shawn's departure, one more member is needed for the executive committee. Charmaine volunteered. Linette made a motion to approve, and all were in favor.
- As of January 1, there will be two vacancies for Districts 1 and 3. Gratitude was extended to Al for the 12 years of dedication and support he has provided to the Council.

c. 2022 Advisory Council Calendar of Events

- The Council reviewed the 2022 Calendar of Events.

ADJOURNMENT

The meeting was adjourned at 1:24 p.m.

Steve McMurdo, Chair

January 2022 Advisory Council Activities

Date	Time	Activity	Zoom link
1/13/2020	10:00-11:00am	w4a Legislative Training Webinar	https://us02web.zoom.us/j/89201859171?pwd=VWJQK2NIRlllaDExWnkvcWNKYkdYdz09
1/19/2022	11:30am-1:30pm	Advisory Council meeting	https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09
1/20/2022	1:00-2:00pm	Advisory Council Legislative Appointments Planning meeting	
1/24-28/2022	Legislative Appointments (confirmed) <i>Stacey is working to add additional appointments. Links will be provided once schedule is finalized.</i>		
1/24/2022	3:30-3:45 pm	Rep. Tarra Simmons	
1/25/2022	11:30-11:45 am	Rep. Michelle Caldier	
1/25/2022	12:00-12:15 pm	Senator Emily Randall	

23rd District

Senator Christine Rolfes (D)
Ways & Means (Chair),
Agriculture, Water, Natural
Resources & Parks

360.786.7644
303 John A Cherberg Building
Christine.Rolfes@leg.wa.gov

Exec. Leg. Assistant: Jennifer Smolen-Fort
Leg. Assistant: Lilly O'Doherty



Rep. Tarra Simmons (D)
Civil Rights & Judiciary (Vice
Chair), Health Care & Wellness
Public Safety, Rules

360.930.8127
132F Legislative Building
Tarra.Simmons@leg.wa.gov

Leg. Assistant: Zach Ellis



Rep. Drew Hansen (D)
Civil Rights & Judiciary (Chair),
College & Workforce
Development, Appropriations

206.333.2975
370 John L O'Brien Building
Drew.Hansen@leg.wa.gov

Leg. Assistant: Sam Harriot

Council members: Barbara, Steve, Linda, Cynthia

26th District

Senator Emily Randall (D)
Higher Education & Workforce
Development (Chair), Health &
Long Term Care, Transportation

360.786.7650
416 Legislative Building
Emily.Randall@leg.wa.gov

Leg. Assistant: Sarah Myers



Rep. Michelle Caldier (R)
Housing, Human Services &
Veterans (Ranking Minority
Mem.), Health Care & Wellness
(Asst. Ranking Minority Mem.),
Appropriations, Rules

360.786.7802
122H Legislative Building
Michelle.Caldier@leg.wa.gov

Leg. Assistant: Robert Lewis



Rep. Jesse Young (R)
Children, Youth & Families,
Finance, Public Safety

360.786.7964
468 John L O'Brien Building
Jesse.Young@leg.wa.gov

Council members: Charmaine, Elizabeth, Karol, Linette, Susan

35th District

Senator Tim Sheldon (D)
Environment, Energy &
Technology, Transportation

360.786.7668
417 Legislative Building
Timothy.Sheldon@leg.wa.gov

Leg. Assistant: Suzette Cooper



Rep. Dan Griffey (R)
Local Government (Asst.
Ranking Minority Mem.), Public
Safety, Transportation

360.786.7966
403 John L O'Brien Building
Dan.Griffey@leg.wa.gov

Leg. Assistant: Amber Oliver



Rep. Drew MacEwen (R)
Commerce & Gaming (Ranking
Minority Mem.), Appropriations
(Asst. Ranking Minority Mem.),
Capital Budget

360.786.7902
427A Legislative Building
Drew.Macewen@leg.wa.gov

Leg. Assistant: Robert Barnes

Council members:

Thank You!
Your Support Means So Much To So Many



Kitsap County Advisory Council on Aging



Thank you for all your support of the Kitsap County Division of Aging and Long Term Care. The members of the Advisory Council stand with seniors, disabled adults, and their communities to create, defend, and preserve their enhanced quality of life in Kitsap County.

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Overview of Services to Kitsap County. . .



Information & Assistance
Phone, In-person, Web



Home
Delivered Meals
Community
Meals/Dining Sites



Caregiver Support



Behavioral Health Services



Kinship Caregiver
Support



Legal Assistance



* In-Home, Long Term Care
Case Management

* Medicaid Alternative
Care & Tailored Services
for Older Adults



Partners in Memory
Care Services



Long Term Care
Ombudsman



Senior Drug Education



Medicare Education &
Savings Program
Application Assistance



COVID-19 Response



Kitsap County Division of
Aging & Long Term Care

Direct Services for Older Adults

Recently added (existing) services

- Senior social check-in phone calls
- Vaccine education and registration assistance
- Cloth mask distribution (pause)
- Caregiver e-newsletter
- Technology for essential workers to work remotely
- Senior Employment Program, re-established



New Services to launch in 2022

- Veterans Directed Case Management Program
- Alz Association Memory Screenings
- Robotic Pets
- Family Caregiver support groups
- Kitsap Public Health Focused Project



Kitsap County Division of
Aging & Long Term Care

Subcontracted Services for Older Adults

Existing services

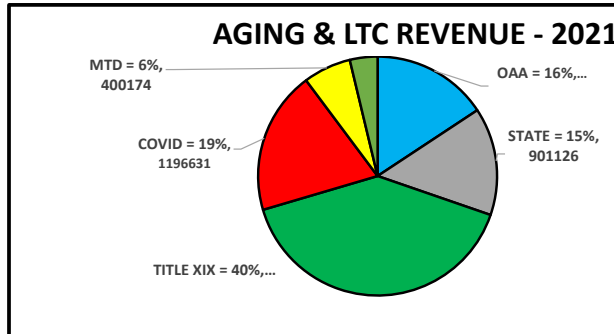
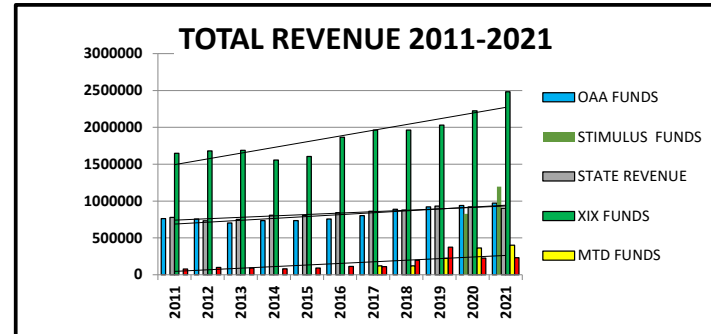
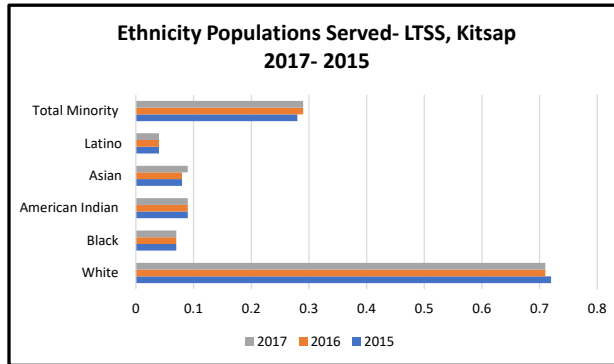
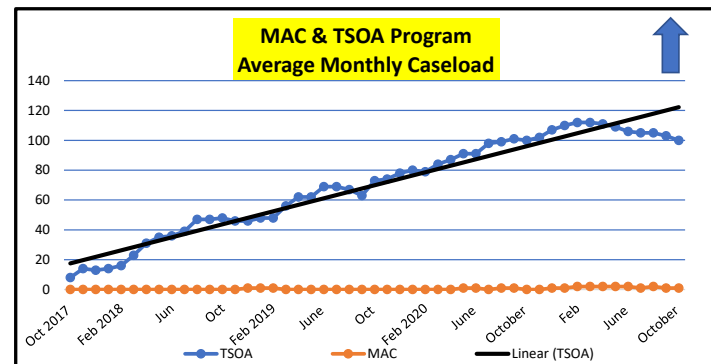
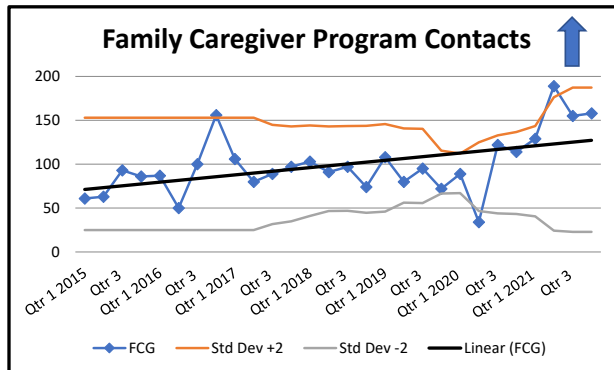
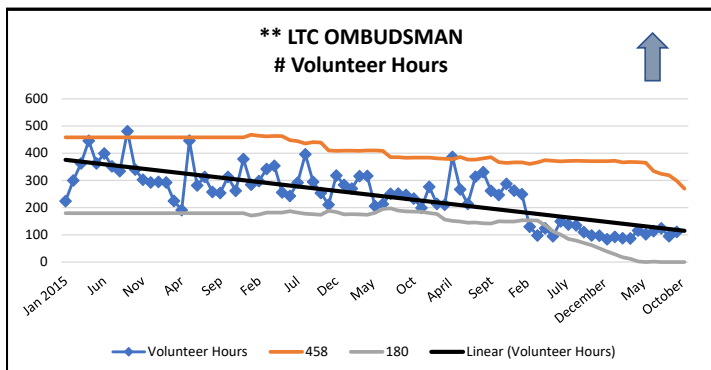
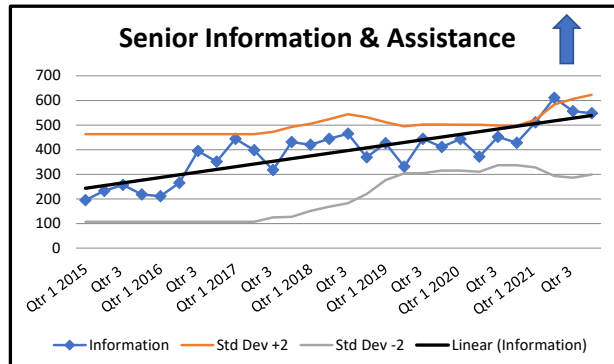
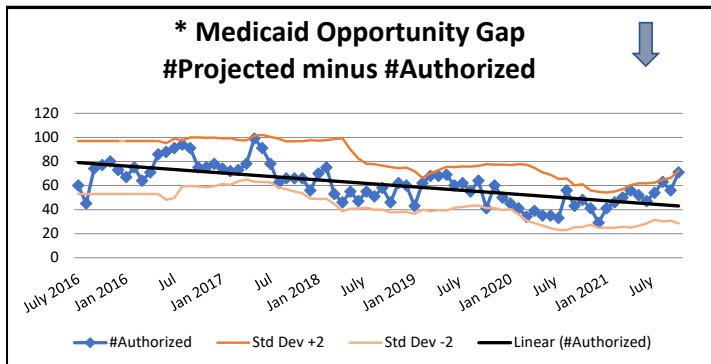
- Essential Bundles- home delivered
- Enhanced Senior Nutrition:
 - Meals On Wheels Kitsap- rates, new vehicles, software, staffing
 - Meals On Wheels Kitsap & Port Gamble - increased home delivered meals
 - St. Vincent de Paul - senior nutrition program
- Meals On Wheels Kitsap- telephone social check-ins
- 2022 1/10th Partners in Memory Care, Dementia Consultation



New Services to launch in 2022

- Enhanced Senior Nutrition:
 - Meals On Wheels Kitsap – developing a Diner’s Choice Model
- Expanded Legal – serve more, increased hours
- YMCA: EnhanceFitness
- Transportation services- medical appointments, social isolation
- Expanding Medicaid Waivered Services –local interest

Aging & Long Term Care Advisory Council Dashboard- January 2022



* Medicaid Opportunity Gap: July 2021- Increased allocation to 1017
 ** Ombuds PIM effective 9.22.2021 (in person visits and vaccine)

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - February 2021: Statewide restricted opening due to Winter spikes

December 2021- January 2022: Omicron spikes

Trends:

Following legislative advocacy for biennial budget

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- cancelled due to COVID-19

Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)

2022 Advisory Council Meetings & Activities

January 10	WA Legislature Begins (no events)
January 13	* w4a Legislative Training Webinar (10:00am) – zoom
January 19	* Advisory Council from 11:30am- 1:30pm
January 20	* Advisory Council Legislative Planning meeting- zoom 1:00pm
January 24- 28	* w4a Senior Lobby Days
February 16	* Advisory Council from 11:30am- 1:30pm
February TBD	* 2022 Spring Senior Lobby Conference – zoom
March 16	* Advisory Council Retreat (10:00am- 1:30pm)
April 20	Advisory Council from 11:30am- 1:30pm
May 18	* Advisory Council from 11:30am- 1:30pm
May TBD	* May Older Adults Virtual Events
June 15	* Advisory Council from 11:30am- 1:30pm
July 20	* Advisory Council from 11:30am- 1:30pm
August 17	* Advisory Council from 11:30am- 1:30pm
September 21	* Advisory Council from 11:30am- 1:30pm
October 19	* 2022 AAA & State Council on Aging (SCOA) Conference
October 20	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 16	* Advisory Council from 11:30am-1:30pm (or RETREAT)
December 21	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in-person meeting location: (South Kitsap) Cascade Room, Givens Community Center

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Advisory Council Meeting

Date: February 16, 2022

Time: 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDEk1oRWZCUT09>

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 3. Meeting Agenda Approval
 4. January meeting notes (Attachment 1) - Approval
- 11:45am 5. 2022 Aging Council Workplan Goals
- a. January legislative activities, de-brief
 - b. Recruitment Subcommittee
- 12:20pm 6. Council Member Report of Activities- Outreach form (Attachment 2)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. 2020-2021 SCOA Meetings- Karol Stevens
 - c. Council Member Report of Community Outreach Advocacy (3 minutes)
 - What did you do since the last meeting?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:00pm 7. Aging Services
- a. Workforce recruitment, Home Visits, & IP transition
 - b. New Services launching-
 - YMCA EnhanceFitness - developing a flyer
 - Veterans Directed Care Coordination – starts March 1st
 - Hospital Surge Discharge – February planning & outreach
 - Robotic Pets- distribution in March; developing a survey
 - Mask Distribution- distribution begins in late February
 - Memory Screenings (telephonic)- start in March
 - c. February 2022 Dashboard Report (Attachment 3)
 - d. Kitsap Transit- 20 year Strategic Plan
 - e. May Older Americans Month- workshop ideas
 - f. 2022 Advisory Council Calendar of Events (Attachment 4)

1:30pm ADJOURN

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January 19, 2021 Aging Advisory Council Meeting Minutes**Zoom**

1. **Convened at 11:35 a.m.**
2. **Members Present:** Steve McMurdo, Karol Stevens, Charmaine Scott, Barbara Paul, Cynthia Blinkinsop, Elizabeth Safsten, Susan Kerr, Linda Fyfe.

Members Excused: None.**Members Unexcused:** Linette Zimmerman.**Guests Present:** None.**Staff Present:** Stacey Smith, Cristiana Fillion, Jason Doty.**Public Address:** None.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Charmaine made a motion to approve the agenda. Karol seconded and the agenda was approved.
4. **Approval of Minutes:**
 - Barbara made a motion to approve the December meeting minutes. The motion was seconded by Charmaine. The minutes were approved.
5. **2022 Aging Council Workplan Goals**
 - a. January Legislative Activities – Stacey stated that January is a busy month for legislative activities. The Council reviewed the January 2022 Advisory Council Activities schedule. The Council will have a planning meeting tomorrow. Stacey explained that the goal is to frame the issues, tell a story, and then make their ask. Stacey will send the Zoom link to the group.
 - b. Status – The Council continued reviewing the Activities schedule. There will be a meeting with Rep. Tarra Simmons on Monday, and back-to-back meetings with Rep. Michelle Caldier and Sen. Emily Randall on Tuesday. Stacey is still trying to coordinate with Sen. Christine Rolfes team. Stacey explained Sen. Rolfes is the

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Chair of the Ways and Means committee, so the meeting will be very important. Cathy Knight and Kate White Tudor will join the meeting. Barbara noted that she did not see anything scheduled with legislators from the 35th District. Stacey stated the Rep. Tim Sheldon politely declined and the Rep. Dan Griffey and Rep. Drew MacEwen never responded. Stacey asked other AAAs if they had heard back, and they had not. Currently no members of the Council live in the 35th District.

- c. Thank You Card – Stacey shared the Council Thank You card. Thanks were extended to Cristiana for her work on the card.
- d. Recruitment Subcommittee – Steve asked if anyone has prospective Council Members. Charmaine asked if anyone would like to volunteer on the Subcommittee and if members would want to meet before next the Council meeting. Barbara volunteered. Stacey explained that the function of the subcommittee will be to identify what types of demographics and skills the Council is looking for in a candidate, and to create an outreach plan. Charmaine mentioned that there is a large retired-military community. Elizabeth volunteered to be part of the committee. Susan cannot be part of the subcommittee but would like to make suggestions for Bremerton area outreach. Barbara encouraged her to send an email to one of the three members. Karol has a prospective candidate and will send her resume to Barbara. Barbara agreed to be the subcommittee chair. Once, a date and time has been decided, Charmaine will send a Zoom link to Barbara and Elizabeth.
- e. Stacey received an email from Sen. Rolfes during the meeting. Members will meet with her on Wednesday.

6. Council Member Report of Activities

- a. Outreach Form
 - Cristiana noted that she emailed a fillable Outreach tracking PDF. She asked that if anyone has issues filling it out that they contact her, and if they are not able to resolve the issue at that time, she will mail hard copies of the form.
- b. 1/10th Citizens Advisory Council Representative – Charmaine Scott

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- Charmaine explained that the 1/10th Advisory Council went over their 2022 Workplan and they've started reviewing reports on the progress grantees are making. A new Chair was nominated, and Charmaine was nominated as Vice-chair. Charmaine is serving on the Membership Subcommittee and will be the Chair of the Request for Proposal Subcommittee. Much of January's meeting was spent developing subcommittees.
- c. 2020-2021 State Council On Aging (SCOA) Meetings – Karol Stevens
- Karol stated that SCOA has not met since November. The Social Engagement/Isolation Committee met and read evidence-based practice on robotic pets. Karol attended an event with Aaron Murphy; an architect and Certified Aging-in-Place Specialist. He made the case for keeping older adults in their homes. Karol explained that most houses are built with no customer in mind, and that developers try to maximize space. Council Member Report of Community Outreach Advocacy
 - Linda state that they are working on coffee bingo and trivia at the Village Green. They are still offering exercise, and chair yoga is popular. They currently working to build new exercise programs. Steve noted that County Commissioner Gelder is beginning his "Walk and Talk" at the Village Green and Linda explained that he lives in the area.
 - While spending time with his mother in Chicago, Steve has been putting out word of vaccine clinics and shares n4a posts online. Kitsap Regional Library (KRL) has a new Director, Jason Driver. Steve said that KRL doesn't really have anything geared towards seniors, but seniors use the library a lot. Steve is considering reaching out to Mr. Driver once he has settled into his position. Karol has had the same thought to reach out to library with SCOA. Steve may look at what types of programs other high population areas have.
 - Elizabeth has been thinking about writing a letter to begin outreach. Asked if anyone has wording or guidance they can share. Stacey stated that the elevator speech is a good place to start.

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7. Aging Services

a. Workforce Status

- Stacey stated that ALTC has brought on two new staff members and is currently recruiting three case managers. Recruiting has been difficult; there have been remarkably fewer applicants than there typically are. COVID-19 is impacting employees; many have children or spouses infected and are working from home. COVID-19 numbers are very high (over 1,200) Almost 1/10 of the population is positive. Anticipating the peak in the next two weeks.
- Stacey has been very busy with new service development. In the last 90 days she has written as many contracts as she typically would in a year.

b. AAA New Services Overview

- Stacey gave an overview of ALTC's direct and subcontracted services for older adults. Existing direct services include social check-in phone calls, the distribution of over 2,000 cloth masks, a Caregiver Newsletter, new technology for essential workers to work remotely, and the reinstatement of the Senior Employment Program.
- Direct services to begin in 2022 include the Veteran's Directed Care Case Management program, Alzheimer's Association memory screenings, the distribution of robotic pets, Family Caregiver support groups, and an upcoming project with Kitsap Public Health to determine the needs of older adults and those with disabilities to better support them.
- Existing subcontracted services include home delivered Essential Bundles containing cleaning supplies, masks, and food; enhanced Senior Nutrition Programs with Meals on Wheels Kitsap, the Port Gamble S'Klallam Tribe, and St. Vincent de Paul; social check-in phone calls through Meals on Wheels Kitsap; and continued funding for dementia consultation.
- Subcontracted services to begin in 2022 include the development of a Diner's Choice model with Meals on Wheels Kitsap that will allow older adults to use coupons in exchange for meals from local restaurants, expanded legal

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services, an Enhanced Fitness program with the YMCA, and expanded Medicaid waived services.

- The Council discussed way to distribute information on services. Susan said there are many little markets in her area, and she has dropped off packets with flyers and brochures. She explained that her neighborhood is very active with helping seniors, but it is sometimes difficult to get seniors to accept help or call Information & Assistance. Karol has had a similar experience and stated that many people want to avoid the idea of losing independence.
- Stacey informed the Council that a 1/10th of 1% sales tax for affordable housing has been approved by County Commissioners. Requests for proposal will be made this time next year. Poulsbo and Bainbridge Island have passed initiatives for their City programs, so they will not receive funding from this tax. Stacey asked if any Council Members are interested in joining the 1/10th Housing Council, if the invitation is extended to the Aging Advisory Council. Barbara said she would be interested. Karol asked if this will only apply to new housing or could the promotion of aging in place be included. Steve offered to find out and let Karol know.

c. Dashboard Report

- The Council reviewed the January Dashboard Report.

d. 2022 Advisory Council Calendar of Events

- The Council reviewed the 2022 Calendar of Events.
- Most Council Members will be joining tomorrow's planning session and will join the legislative meetings next week.

ADJOURNMENT

The meeting was adjourned at 1:15 p.m.

Steve McMurdo, Chair

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

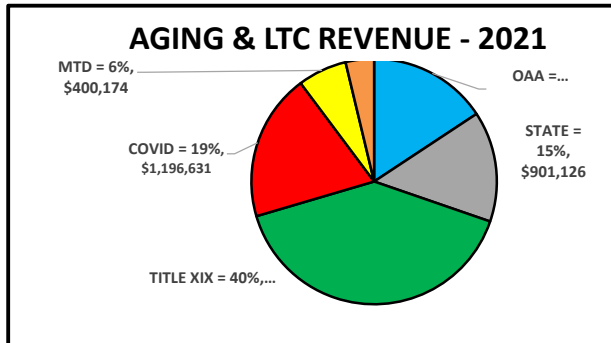
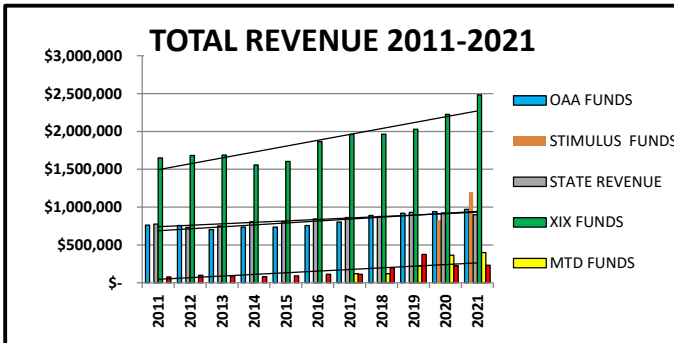
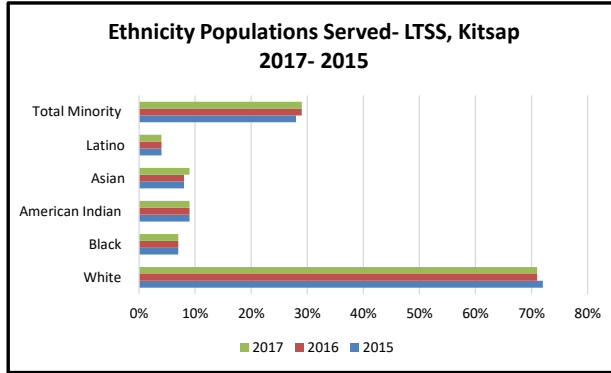
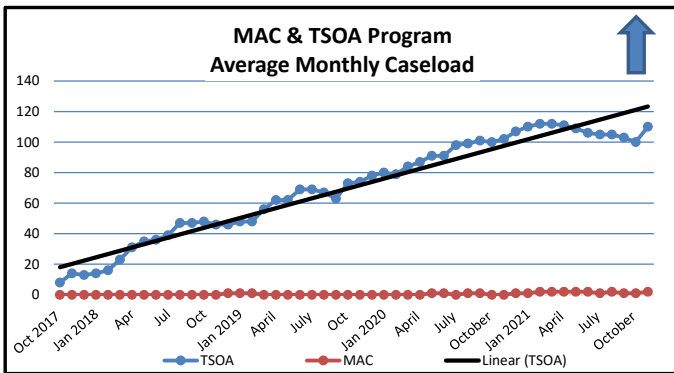
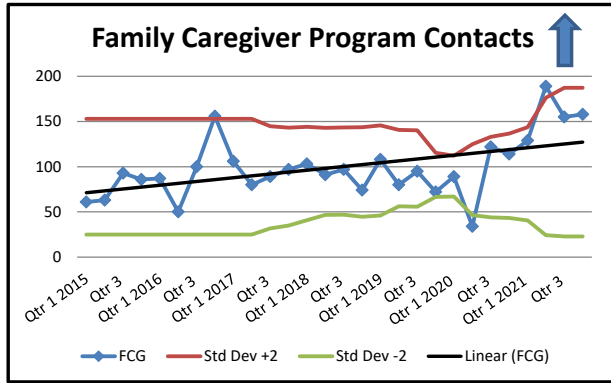
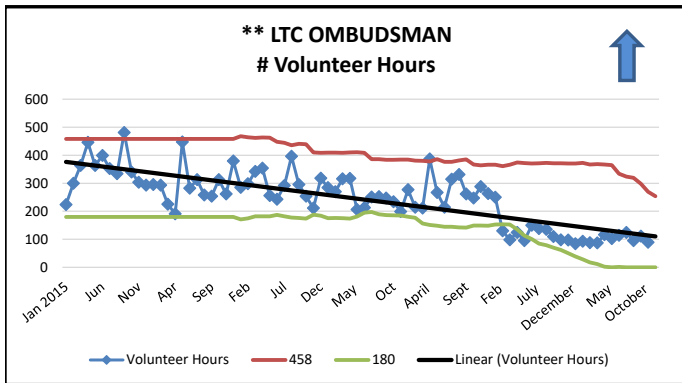
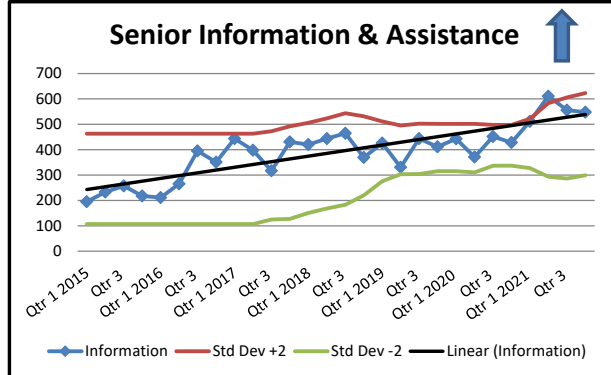
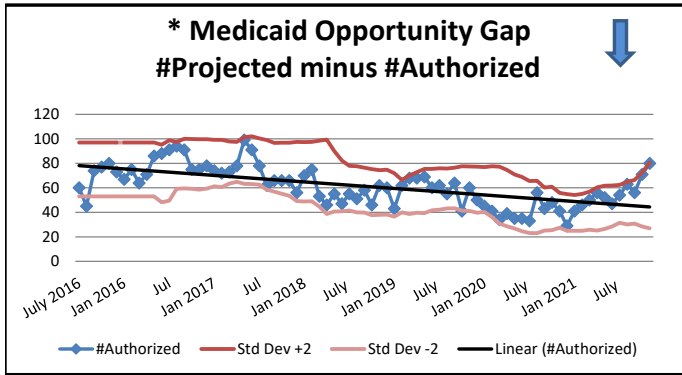
7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- February 2022



* Medicaid Opportunity Gap: July 2021- Increased allocation to 1017

** Ombuds PIM effective 9.22.2021 (in person visits and vaccine)

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - February 2021: Statewide restricted opening due to Winter spikes

December 2021- January 2022: Omicron spikes

Trends:

Following legislative advocacy for biennial budget

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- cancelled due to COVID-19

Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)

2022 Advisory Council Meetings & Activities

January 10	WA Legislature Begins (no events)
January 13	* w4a Legislative Training Webinar (10:00am) – zoom
January 19	* Advisory Council from 11:30am- 1:30pm
January 20	* Advisory Council Legislative Planning meeting- zoom 1:00pm
January 24- 28	* w4a Senior Lobby Days
February 16	* Advisory Council from 11:30am- 1:30pm
February TBD	* 2022 Spring Senior Lobby Conference
March 16	* Advisory Council from 11:30am- 1:30pm)
April 20	Advisory Council from 11:30am- 1:30pm
May 18	* Advisory Council from 11:30am- 1:30pm
May TBD	* May Older Adults Virtual Events
June 15	* Advisory Council from 11:30am- 1:30pm
July 20	* Advisory Council from 11:30am- 1:30pm
August 17	* Advisory Council from 11:30am- 1:30pm
September 21	* Advisory Council from 11:30am- 1:30pm
October 19	* 2022 AAA & State Council on Aging (SCOA) Conference
October 20	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 16	* Advisory Council from 11:30am-1:30pm (or RETREAT)
December 21	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in-person meeting location: (South Kitsap) Cascade Room, Givens Community Center

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Advisory Council Meeting

Date: March 16, 2022

Time: 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDEk1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members
3. Meeting Agenda Approval
4. February meeting notes (Attachment 1) - Approval
- 11:45am 5. Kitsap Transit Long Range Planning Presentation- Ed Coviello, Project Manager
- 12:30pm 6. 2022 Aging Council Workplan Goals
- a. 2022 Legislative Report
- b. Recruitment Subcommittee – new community members interested
- 12:20pm 7. Council Member Report of Activities- Outreach form (Attachment 2)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
- b. 2020-2022 SCOA Meetings- Karol Stevens
- c. Council Member Report of Community Outreach Advocacy
- What did you do since the last meeting?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:00pm 8. Aging Services
- a. Workforce Recruitments
- b. Home Visits- Brief Safety Visits started March 1st
- c. March 2022 Dashboard Report (Attachment 3)
- d. May Older Americans Month- workshop dates and times
- Overview of Aging Services, May 17
 - Promoting Brain Health workshop, May 18
 - Aging at Home: What you should know?, May 19
- e. 2022 Advisory Council Calendar of Events (Attachment 4)
- 1:30pm ADJOURN

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February 16, 2021 Aging Advisory Council Meeting Minutes**Zoom**

1. **Convened at 11:32 a.m.**
2. **Members Present:** Steve McMurdo, Karol Stevens, Charmaine Scott, Barbara Paul, Cynthia Blinkinsop, Elizabeth Safsten, Susan Kerr, Linda Fyfe, Linette Zimmerman.

Members Excused: None.**Members Unexcused:** None.**Guests Present:** Lynn Merrell, Pierce County Aging and Disability Resources.**Staff Present:** Stacey Smith, Cristiana Fillion.**Public Address:** None.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Cynthia made a motion to approve the agenda. Karol seconded and the agenda was approved.
4. **Approval of Minutes:**
 - Cynthia made a motion to approve the January meeting minutes as corrected to reflect packet of requested information received. The motion was seconded by Barbara. The minutes were approved.
5. **2022 Aging Council Workplan Goals**
 - a. January Legislative Activities
 - Stacey asked the Council if there was anything about their meeting with Sen. Emily Randall that went well or could be improved upon. Barbara thought things went well and that the meeting was very positive. She found it heartwarming to hear Sen. Randall's support for our AAA. Barbara said that Rep. Tarra Simmons seemed to really care about the community and could be a good ally. Karol asked if it's appropriate for Council members to say they are part of council when reaching out to legislators. Stacey replied that yes, it is

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appropriate as they are also constituents. The Council discussed their meeting with Rep. Michelle Caldier, who was very receptive. Rep. Caldier is the Majority Leader of the Republican Caucus. The Council also met with Sen. Christine Rolfes, with Lobbyist Kate White Tudor and W4A Director Cathy Knight also in attendance. Charmaine stated that Stacey did a great job of expressing the need for adequate funding to increase Case Manager wages to match those of State employees. Barbara suggested that we keep legislators updated on our progress throughout the year with a newsletter or something similar.

- Key Dates – The legislative session is ending on March 10th. Stacey explained that potential bills had to make it out of committee by February 7th and out of chambers by February 15th to stay “live” bills. Stacey went on to describe the process and explained that our legislative issues were tied to provisos for Case Managers and hospital discharge. The bill regarding personal needs allowance made it to the House. The revenue forecast will come out around February 20th. The Governor’s budget comes out next week. If provisos come out, they will be included in the budget.

b. Recruitment Subcommittee

- Steve has been getting follow-up emails from prospective members. Barbara found one potential candidate. She explained that the Subcommittee’s first goal is to create a list and identify various ethnic groups within Kitsap County to outreach. Elizabeth noted that there is a substantial Japanese community on Bainbridge Island. Barbara asked that Council members send their suggestions to her and she will keep a master list of suggestions. The Subcommittee’s next meeting will be on the 9th to discuss the list and create a strategy to approach prospective members.
- Stacey stated that the Aging Advisory Council has been added to the list of Kitsap County Advisory Councils that are recruiting. There have been a couple applicants, to which Rebecca Pirtle sent out supplemental applications regarding age, demographics, and income.

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6. Council Member Report of Activities

a. 1/10th Citizens Advisory Council Representative – Charmaine Scott

- Charmaine explained that the 1/10th Advisory Council is going to have a name change. They will be the *Community* Advisory Council rather than the *Citizens* Advisory Council. Charmaine stated that they are currently waiting on commissioner approval to hire a Diversity Coordinator. Charmaine said that they're just starting to work on their Request for Proposal. Charmaine also mentioned that Doug Washburn stated that Advisory Boards will be able to determine individually when they will begin meeting in-person again. Stacey confirmed and noted that this Council agreed to meet virtually for the year and asked if Council members would like to have a combination of virtual and in-person meetings. Council members agreed to continue meeting virtually. Barbara suggested that the Council have their annual retreat outside during the summer. Karol said she would be happy to meet outside.

b. 2020-2021 State Council On Aging (SCOA) Meetings – Karol Stevens

- Karol stated that much of the last meeting was dedicated to legislative appointments. There was also discussion about the imminent disconnection of 3g networks, which could cause issues for seniors with older phones. SCOA is going to have a meeting on how to come out of the pandemic safely. Karol said there will be a presentation with Dr. Scott Lindquist from Washington state's Department of Health next Tuesday. Stacey asked that Karol send her the link and she will share it with the rest of the Council. After the presentation, Karol will forward a link to a recording of the meeting. Karol stated that she is looking forward to asking about the logistics of moving from a pandemic to an endemic. Susan Engels from AL TSA attended the SCOA meeting and said there will be a summit on healthy aging to create an action plan and decide on policy changes that would improve aging in place. The SCOA Social Isolation and Engagement Committee discussed aging in place issues and creating an inventory of volunteer activities across the state. One member works weekly at

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a Caring Closet that donates durable medical equipment (DME). Karol found that there are many little factions that collect and donate DME but wonders if a statewide system could be created. Karol state that they are also trying to figure out how to best support volunteers in their work.

c. Council Member Report of Activities

- Steve spent time caring for his mother in Chicago this past month. Steve explained that aside from posting on social media, he has been looking for new home for his mother in Kitsap County. Stacey suggested he reach out to Dana, Kitsap's Regional Long Term Care Ombuds.
- Barbara went to the library and checked out Aging in Place by Aaron Murphy.
- Cynthia went to all but one legislative appointment and stated that she is looking forward to Tuesday with Karol.
- Linda explained that the Village Green is open and starting events. In recognition of Black History Month, they will be presenting From Spirituals To Symphonies to spotlight music created by African Americans. Linda clarified that attendees are asked to socially distance and wear masks, and no food or drink is served. Linda announced that she will be getting married in June and retiring to Whidbey Island. Her Village Green Director position will be posted at the end of this month. Elizabeth took part in the legislative appointments. Elizabeth shared brochures with a cousin who is the Administrator at a long term care facility.
- Susan took part in the legislative appointments. She's also become part of her Neighborhood Watch group. Susan had a conversation with a City Council member that attended a group meeting and found that there are a lot of community members that want to get involved but don't know how. She remarked that it helps for neighbors to get to know each other, and she would like to find out which resources her neighbors are in need of.

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Aging Services

a. Workforce Status

- Stacey explained that ALTC is currently recruiting for three Case Manager positions. Interviews took place last week. There have been low recruitment numbers, so the positions will be “continuous recruitment” rather than closing on a specific date. There will be another interview next week. The two COPES positions are very important given how high their caseloads currently are and the anticipated leave that two Case Managers will be taking. Stacey is hoping for a 75:1 client to case manager ratio. Karol asked when the revenue would be available if funding for Case Manager wage increases is approved. Stacey said July 1st.
- Stacey is currently working with ALTC’s management team to resume home visits. On March 1st it will have been two years since in-person home visits were placed on hold. To start, home visits will be brief, and exceptions will be made for safety concerns. In May, the management team will reassess if longer home visits or assessment visits will take place. The goal is to resume normal visits in the summer.
- Individual providers (IP) who are contracted by the state to provide in-home care under Medicaid (Title XIX) will be moving to a third-party consumer directed employer. There are about 100 out of Kitsap’s 600 IPs have had issues with the transition. Staff spent about 24 hours reaching out to help IPs, which was not anticipated.

b. AAA New Services Overview

- YMCA EnhanceFitness – ALTC is contracting with the YMCA of Pierce and Kitsap Counties to provide a new evidence-based class called EnhanceFitness. The subcontract will provide classes to non-members. A flyer is in development. Classes will be three days a week, in person.
- Veterans Directed Care Coordination – Two existing ALTC Case Managers have volunteered to work on the program; both are veterans. The program is

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similar to Case Manager work, but these clients will be directly referred by Veterans Affairs (VA) to the Department of Social and Health Services. Veterans will be given an assessment to determine their budget and the Case Managers will help to decide what services to choose from.

- Hospital Surge Discharge – ALTC will begin a program to assist local acute hospitals with their backlog. Staff will assist non-Medicaid older adults with their discharge. In addition to St. Michael Medical Center in Silverdale, we have also reached out to St. Anthony Hospital in Gig Harbor and Hospitals in Seattle because Kitsap residents are also being admitted at these locations.
- Robotic Pets – Stacey has spoken with the Olympic Area Agency on Aging, who implemented the program a year ago, to learn how best to introduce and distribute pets as a therapeutic intervention. A survey is in development to measure if/how much quality of life is enhanced with the robotic pet intervention.
- Mask Distribution – Stacey explained that while we were previously distributing cloth masks, local health officials have stated that cloth masks do not work well to protect against the Omicron variant of COVID-19. Stacey requested 300 KN-95 masks for staff and would like to begin distributing them to community members. The public will be instructed to request their free mask via email. One mask per person, per month. Stacey will send an email to let Council members know they can spread the word.
- Memory Screenings – ALTC staff will be attending a training presented by the Alzheimer's Association and will begin performing memory screenings on March 1st. Screening results will be used to make referrals to the Dementia Consultant and can be used by clients to start a conversation with their doctors.

c. Dashboard Report

- The Council reviewed the February Dashboard Report.

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d. Kitsap Transit – 20-year Strategic Plan

- Kitsap Transit reached out regarding their Strategic Plan. Stacey suggested they give a presentation to our Advisory Council. Karol stressed the need for services to help those who no longer drive and those young people who haven't started driving yet and stated that there are many underserved areas. Susan stated that she has friends with adult children who are unable to drive and many resort to taking taxis. Stacey will schedule a meeting.

e. May Older Americans Month

- May is nationally recognized as Older Americans Month and ALTC typically has a conference or workshops; this year there will be two or three workshops. One will be a general overview of services, and another will be promoting brain health with Dementia Consultant Denise Hughes. Stacey asked if Council members have any suggestions for themes or workshops. Some topics suggested were caregiver support, technology, aging in place, transportation, and volunteer services.

f. 2022 Advisory Council Calendar of Events

- The Council reviewed the 2022 Calendar of Events.
- Stacey shared that Kitsap Housing and Homelessness are looking for volunteers for the Point-in-Time Count. This involves outreaching on the street, at foodbanks and meal sites. Stacey will email the flyer to the Council.

ADJOURNMENT

The meeting was adjourned at 1:15 p.m.

Steve McMurdo, Chair

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

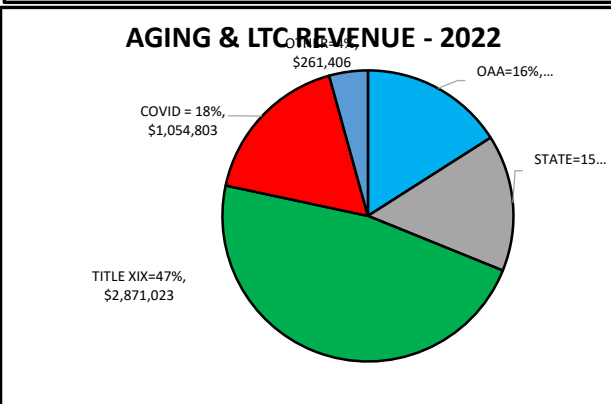
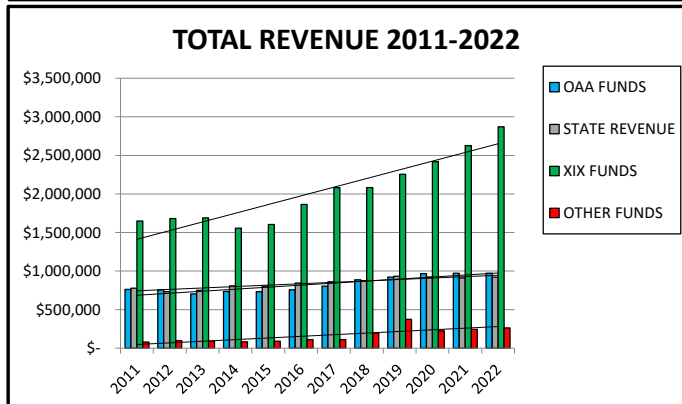
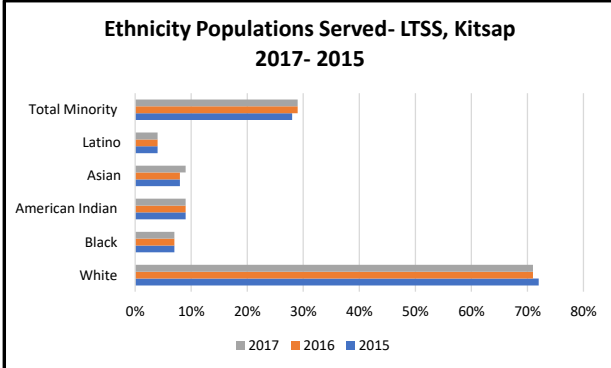
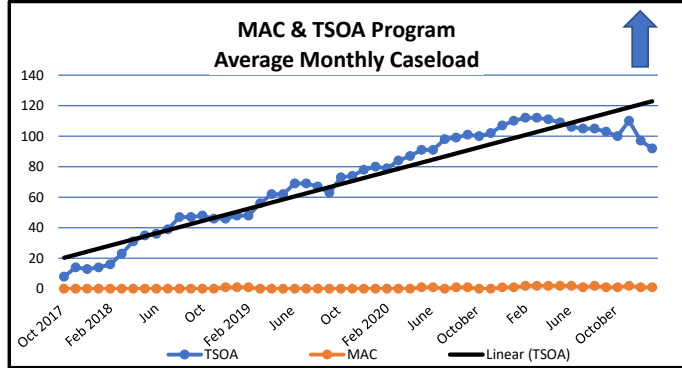
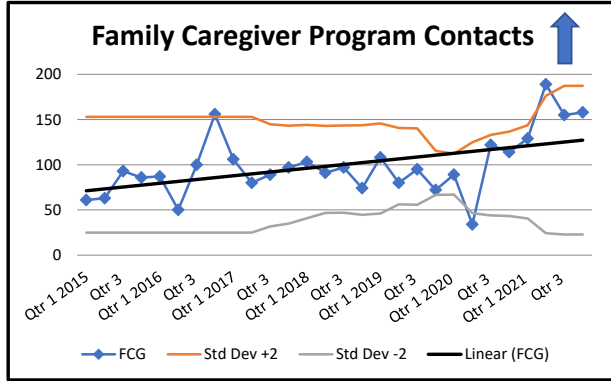
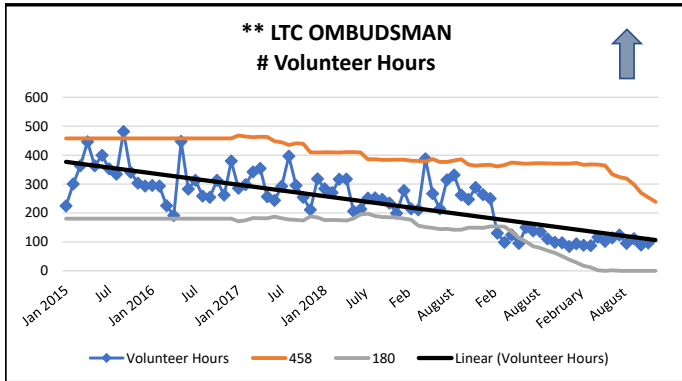
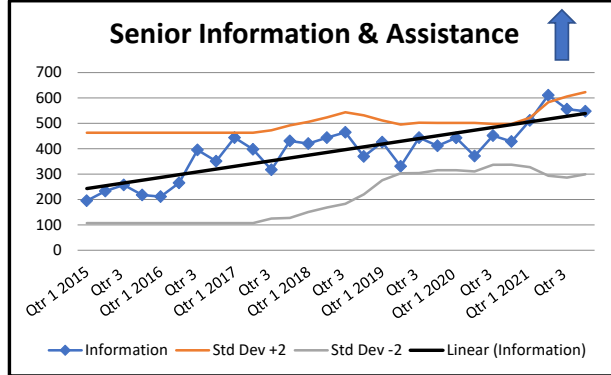
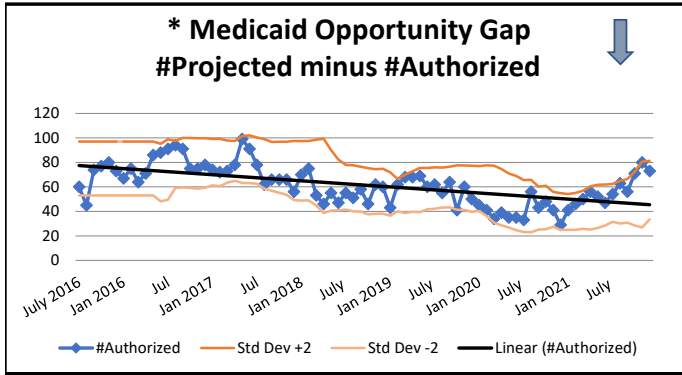
7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- March 2022



* Medicaid Opportunity Gap: July 2021- Increased allocation to 1017

** Ombuds PIM effective 9.22.2021 (in person visits and vaccine)

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - February 2021: Statewide restricted opening due to Winter spikes

December 2021- January 2022: Omicron spikes

March 2022- Brief home visits start

Trends:

Kitsap Aging staff working remotely, virtual workshops

Special Outreach Activities- cancelled due to COVID-19

Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)

2022 Advisory Council Meetings & Activities

January 10	WA Legislature Begins (no events)
January 13	* w4a Legislative Training Webinar (10:00am) – zoom
January 19	* Advisory Council from 11:30am- 1:30pm
January 20	* Advisory Council Legislative Planning meeting- zoom 1:00pm
January 24- 28	* w4a Senior Lobby Days
February 16	* Advisory Council from 11:30am- 1:30pm
March 16	* Advisory Council from 11:30am- 1:30pm)
April 20	Advisory Council from 11:30am- 1:30pm
May 18	* Advisory Council from 11:30am- 1:30pm
May 17-19	* May Older Adults Virtual Workshops
June 15	* Advisory Council from 11:30am- 1:30pm
July 20	* Advisory Council from 11:30am- 1:30pm (Possible outdoor Summer Retreat)
August 17	* Advisory Council from 11:30am- 1:30pm
September 21	* Advisory Council from 11:30am- 1:30pm
October 19	* 2022 AAA & State Council on Aging (SCOA) Conference
October 20	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 16	* Advisory Council from 11:30am-1:30pm (or RETREAT)
December 21	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in-person meeting location: (South Kitsap) Cascade Room, Givens Community Center

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: August 17, 2022

Time: 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am
1. Call To Order
 2. Introduction of Council members and public members – Ranae Beeker
 3. Meeting Agenda Approval
 4. May meeting notes (Attachment 1) - Approval
 5. 2022 Aging Council Workplan Goals (Attachment 2)
 - a. Goal 1: Community outreach
 - b. Goal 2: Advocacy for 2023 (Kitsap Transit Response Letter- Attachment 3)
 - c. Goal 3: Decrease social isolation
 - d. Goal 4: Vaccine and booster information
 - e. Goal 5: Recruitment
- 12:00pm
6. 2022-2023 State Council on Aging (SCOA) Meeting representative, discussion
 7. Council Member Report of Activities- Outreach form (Attachment 4)
 - a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. ~~2022 SCOA Meetings~~- (no representative)
 - c. Council Member Report of Community Outreach Advocacy
 - What did you do since the last meeting?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:00pm
8. Aging Services
 - a. Workforce recruitments - new positions
 - b. Hospital Discharge Care Coordination -new service
 - c. Dashboard Report (Attachment 5)
 - Outreach events
 - d. 2022 Advisory Council Calendar of Events (Attachment 6)
- 1:30pm ADJOURN

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May 18, 2021 Aging Advisory Council Meeting Minutes**Zoom**

1. **Convened at 11:31 a.m.**
2. **Members Present:** Steve McMurdo, Karol Stevens, Charmaine Scott, Barbara Paul, Cynthia Blinkinsop, Linette Zimmerman, Sandra Miles.

Members Excused: Linda Fyfe, Elizabeth Safsten, Susan Kerr.

Members Unexcused: None.

Guests Present: None.

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: None.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Linette made a motion to approve the agenda. Cynthia seconded and the agenda was approved.
4. **Approval of Minutes:**
 - Karol made a motion to approve the March meeting minutes. The motion was seconded by Cynthia. The minutes were approved.
5. **2022 Aging Council Workplan Goals**
 - a. Goal 1: Federal Older Americans Act Funding Advocacy
 - Stacey shared the Workplan with the Council and described the first goal. There was discussion amongst the Council, and it was agreed that they are making progress toward their goal.
 - b. Goal 2: 2022 BOCC Annual Report
 - Stacey read the second goal. Stacey, Steve, and Barbara presented an annual report to the Board of County Commissioners last week. They discussed progress made with stimulus dollars and increased funding as a result of Council advocacy. Barbara attended an hour long presentation by Senator

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Christine Rolfes.

c. Goals 3 & 4: Discussion

- Stacey read goals three and four to the Council. Charmaine stated that COVID-19 will likely be an ongoing issue and they will need to continue with sharing information about vaccines and social isolation. Cynthia asked how best to share COVID-19 related information. Stacey encouraged her to direct people to the Kitsap Public Health website.

d. Goal 5: Recruitment Subcommittee

- Stacey read the fifth goal. Barbara explained that the subcommittee has come up with a list of seven organizations they would like to approach, and they will have a meeting soon to determine the best way to make their approach. Stacey pointed out that we will need a member from District 3, and that there will be an open At-Large position as Linda will be moving out of Kitsap County. Barbara would like to create a process for recruiting new members to use now and in the future.

6. Council Member Report of Activities

a. 1/10th Community Advisory Council Representative – Charmaine Scott

- Charmaine explained that the Request for Proposal (RFP) Committee has completed updates and changes, approved requests, and will be asking for Commissioner approval. The RFP will go live May 23-27 via Survey Monkey and the County procurement site. The 2-year contract request was denied; next year they will be developing a proposal to describe how 2-year contracts would be executed. The Membership Committee has filled two positions. Their Council will start site meetings in June. They will be reviewing 1st quarter reports and then attend site visits to score and check progress. 7 million dollars of grant funds are available this year.

b. 2020-2022 State Council On Aging (SCOA) Meetings – Karol Stevens

- Karol stated that SCOA had taken a poll to decide whether they should meet in-person; it was decided that in-person meetings will be tabled until September

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and attending virtually will still be an option. Bea Rector, AL TSA, was in attendance to give an update. Karol learned that the COVID-19 waivers for long term care hiring rules will be “unwound”. Cathy Knight, w4a, was also in attendance. She informed SCOA that the compensation matching for DSHS workers did not get passed, but work to get it through will continue. Cathy also spoke about “long COVID” cases and how it is affecting in-home care and long term care facilities. Deborah Finck spoke about the building of Ohana, a co-housing community in Spokane that will blend disabled young adults and older adults. Karol shared that the building permit for her home has been approved and she will be leaving SCOA to commit her time to the project.

c. Council Member Report of Activities

- Steve said he wrote a call-to-action regarding OAA advocacy pinging Representative Derek Kilmer. He encouraged Rep. Kilmer to discuss OAA. Steve has spent about a month in Chicago helping his mother and plans to follow up on his library contacts.
- Barbara went to a Friends of the Library meeting. Barbara spoke to the person in charge of coordinating guest speakers, explained that she is on the Aging Advisory Council and offered to speak to the group in September. Barbara also spoke to the director of Pendleton Place and will be speaking to the staff in July. Pendleton Place is a 72 room apartment building that will be bringing in mentally ill residents that have been homeless for at least a year. Stacey suggested that Barbara connect with Jason Doty, the ALTC I&A supervisor.
- Cynthia saw a post on NextDoor from a Silverdale resident that is trying to get a senior center started. She explained that she is a Council member and offered to be a resource. Cynthia also handed out 25 informational brochures and resource guides at a senior breakfast.
- Linette had a couple exchanges with Senator Emily Randall thanking her for her support.

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- Karol noted that Council previously discussed writing a letter to Kitsap Transit to express opinions and give suggestions. Karol wrote a letter for her community group and offered to make modified draft for this Council. Steve said that sounds like a great idea. Karol will send the letter to the council for edits and signatures.

7. Aging Services

a. Workforce Recruitments

- Stacey explained that one case manager made a lateral move from one program to another, and another case manager will be relocating. Stacey informed the Council that there will be interviews tomorrow for new case managers. There is currently one COPES case manager out on maternity leave, and two more will also be on maternity leave soon. Kitsap Aging is requesting new positions as required by contract.

b. Dashboard Report

- The Council reviewed the May Dashboard Report. Stacey gave an overview of the dashboard metrics.

c. May Older Americans Month

- There will be four virtual workshops for Older Americans month; one workshop promoting brain health, one as an over of services provides by Kitsap Aging, one for Aging in Place, and one cybersecurity presentation hosted by AARP.

d. NJP Alternatives to Guardianship Workshop Flyer

- Stacey explained that Washington state has explored alternatives for those who cannot support themselves and need someone to step in to be their guardian or legal representative. Northwest Justice Project will be hosting a workshop on the topic on June 14, specifically for Kitsap County residents. Steve plans on attending to learn about the changes that have been made on both the state and federal levels.

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e. 2022 Advisory Council Calendar of Events

- The Council reviewed the 2022 Calendar of Events and discussed whether the June meeting should be cancelled or if the Council would prefer to have an outdoor meeting. The Council discussed dates and Charmaine made motion to cancel the June and July meetings and have an informal gathering at Karol's in July, Cynthia seconded. Stacey will find a time that is good for everyone and send out a reminder.

ADJOURNMENT

The meeting was adjourned at 1:13 p.m.

Steve McMurdo, Chair



KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL 2022 WORK PLAN

Meeting Days, Time and Location: Third Wednesdays of Each Month
11:30 am – 1:30 pm
Zoom virtual meetings

Advisory Council Staff: Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant
Advisory Council Chair: Steve McMurdo

Advisory Council Purpose/Mission Statement: The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, adults with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services;
- Removal of individual and social barriers to economic and personal independence;
- Prevention of unnecessary or premature institutionalization;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role;
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2022 Goal	Status	Priority Level	Comments/Coordination
TIER 1: HIGH PRIORITY			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community based organization to link/attend. Measure: a. Identify 1-2 group/ gaps to concentrate connections, annually
2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions. Measure: Advocacy activities are reported during monthly Council meetings and reflected in meeting minutes.
3. COVID related: Decreased social isolation for older adults.	New	High	Measure: a. Identify strategies for safe social connections for older adults and their caregivers
TIER 2: MODERATE PRIORITY			
4. COVID related: Identify strategies for increased vaccine and booster information distribution.	Ongoing	Moderate	Measure: a. Identify strategies for vaccine information distribution
TIER 3: LOW PRIORITY			
5. Advisory Council Member recruitment: Create a protocol to identify desired skill sets and increase Council diversity to better represent Kitsap County's general population and/or individuals served.	Ongoing	Low	Create a Council subcommittee to create the protocol.
GOALS ON HOLD			
GOALS COMPLETED OR DELETED			
Due to threats of reduced Federal funding and increased staff costs, explore opportunities to increase revenue and expand community-based programs.	Completed		2020-2024: Family First, CARES and American Rescue stimulus funds were received. Network provider and services have expanded to meet local needs.

August 1, 2022

60 Washington Ave. Ste. 200
Bremerton, WA 98337
Phone: 360.479.6962
Fax: 360.377.7086



Stacy A.S. Smith, Administrator
Kitsap County Division of Aging & Long-Term Care
614 Division St, MS-5
Port Orchard, WA 98366

Dear Stacy,

Kitsap Transit was grateful to meet with the Kitsap County Aging and Long Term Care Advisory Council. We learned that there is energy to improve transit services throughout the County. Below are responses to the letter we received concerning the Long-Range Transit Plan under development. We would love to stay engaged with you on working to improve our services. Below are three topics addressed in response to the letter received.

Cost to provide services and demand growth potential

The less passengers per trip the less fare revenue gained. Increasing milage decreases financial efficiency by adding more hours of service which requires more paid time for the bus operator, increased wear and tear on the vehicle, increased fuel costs, etc. Currently, the rate to operate a transit vehicle with our employees is \$60 - \$70 per hour of service. Further, the increased wear and tear on the vehicles will require replacing the vehicles more frequently.

Data supporting the difficulty of serving rural areas

Transit service effectiveness is typically measured in passengers per hour as per Federal Transit Administration guidance through the federal funding process. Rural areas have less population and employment density which requires more hours of service to connect passengers to their destinations. The land use patterns in rural areas thus reduce the passenger per hour and increase the cost per passenger. The attached map from consulting firm Nelson Nygaard presents a transit propensity index for Kitsap County using multiple factors to rate locations likelihood of generating sufficient transit ridership.

Outreach efforts including the use of over 128,000 mailings to reach all households in Kitsap County

Kitsap Transit's Marketing Department staff worked on many aspects of outreach to Kitsap County residents. The use of a USPS mailed card explaining the LRTP and how to reach Kitsap Transit for comments reached over 100,000 residential addresses in the County. The use of the mailed card is aimed at reaching persons who don't normally use the transit service or access our website and social media accounts.

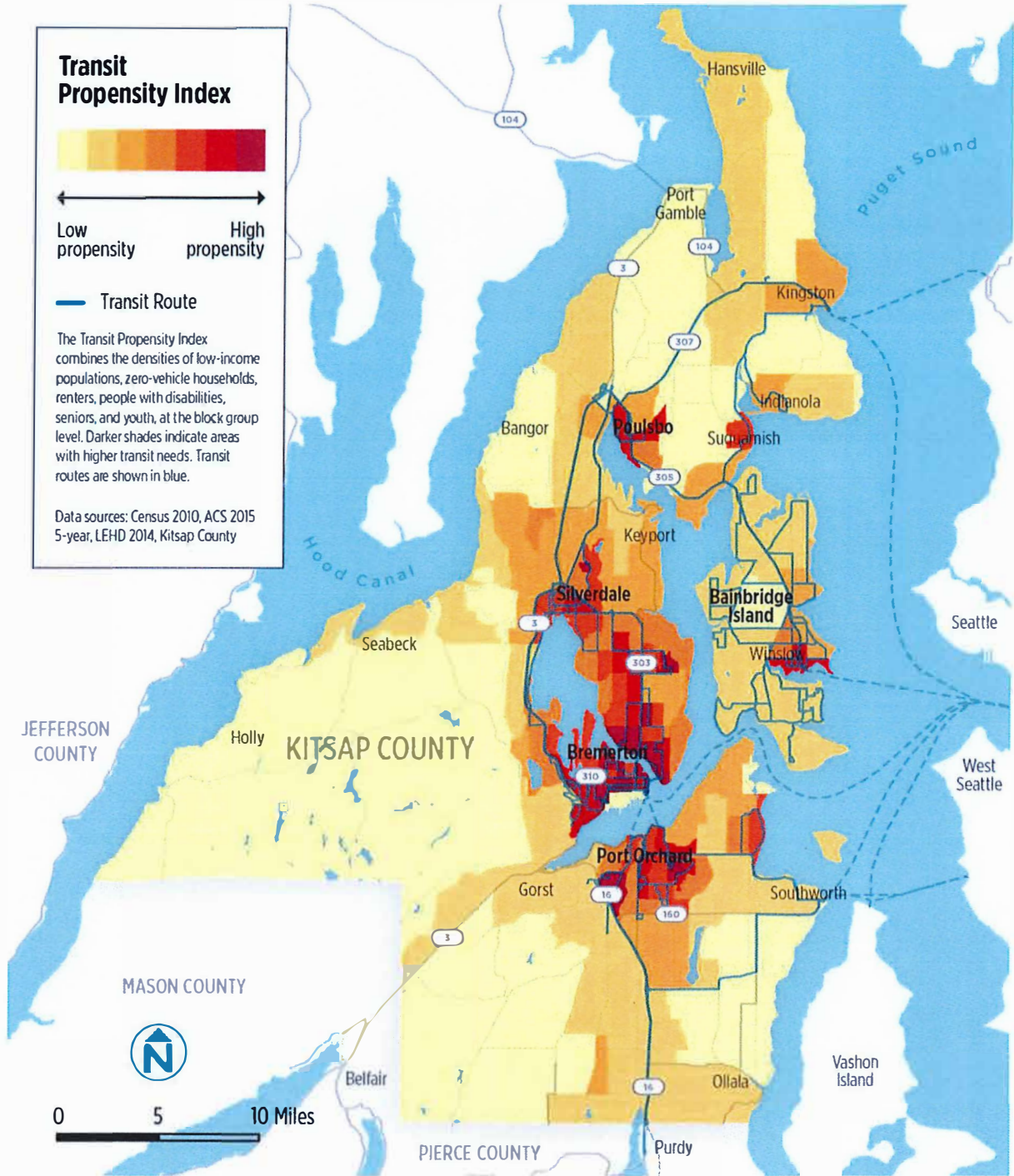
Opportunity for future services through the consolidated grants process

The Washington State Department of Transportation offers grant opportunities to fund rural transit service every two years. The funding can be used to purchase equipment or fund operations of rural transit among others. The process is brought before the Peninsula Transportation Planning Organization (PRTPO). Kitsap Transit may be able to support efforts to develop a grant to start a rural service in rural Kitsap County. However, the service must be operated by a non-profit or an origination such as the County.

Kitsap Transit staff is available to discuss this matter further at your convenience. Please feel free to contact me. I can be reached at edwardc@kitsaptransit.com or 360-824-4919.

Sincerely,

Edward Coviello, AICP
Transportation & Land Use Planner
Kitsap Transit



Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

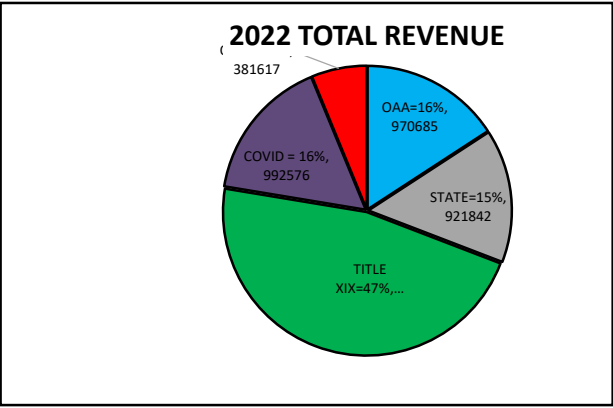
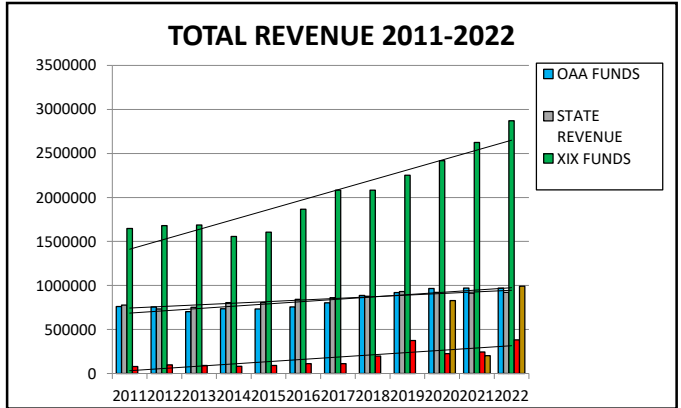
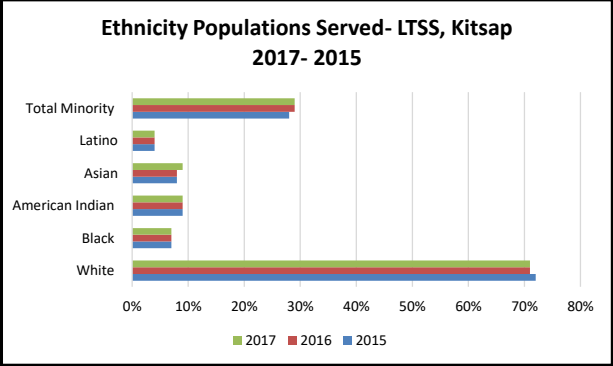
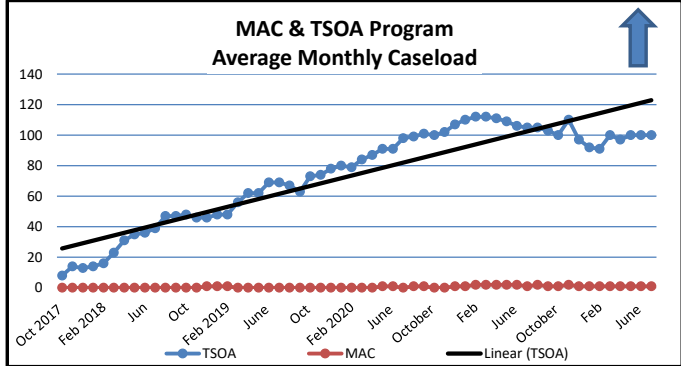
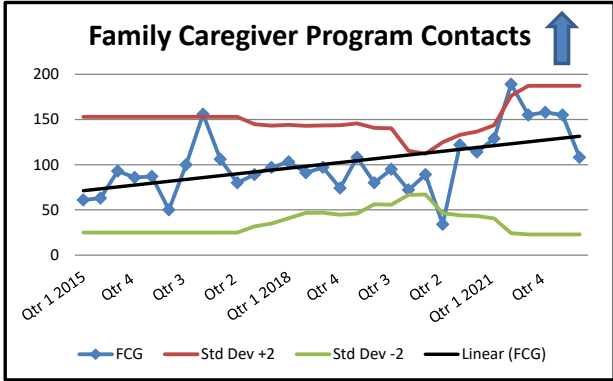
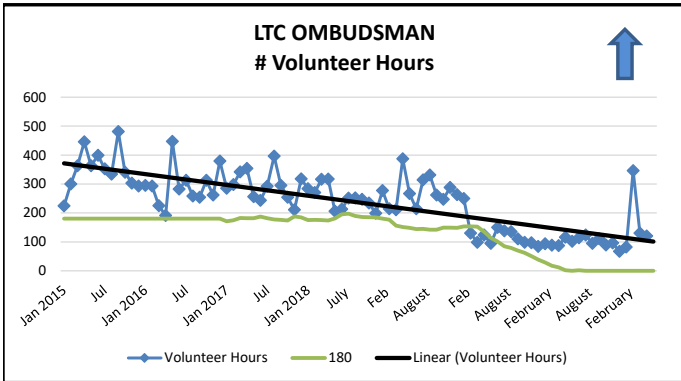
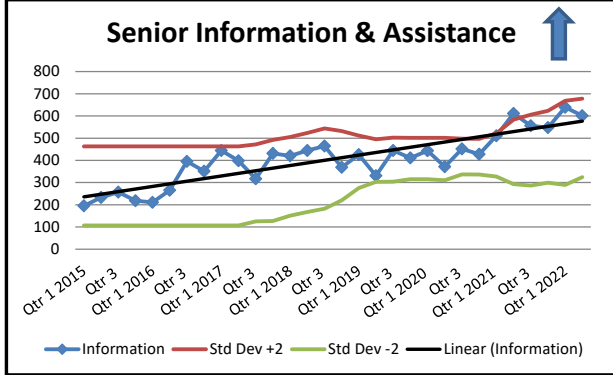
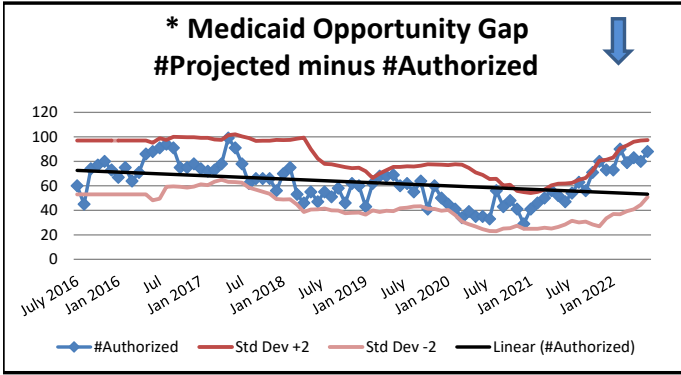
7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- August 2022



* Medicaid Opportunity Gap: July 2022- Decreased allocation to 1001

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect
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July 2020: COVID-19 July 2020 reopening paused
November 2020 - February 2021: Statewide restricted opening due to Winter spikes
December 2021- January 2022: Omicron spikes
March 2022- Brief home visits start
May 2022 - Home assessments begin (partial or full)
July 2022- BA.5 variant surge

Trends:

Community Outreach Activities:

August 24-28: Kitsap Fairgrounds Senior Lounge

2022 Advisory Council Meetings & Activities

January 10	WA Legislature Begins (no events)
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October 20	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 16	* Advisory Council from 11:30am-1:30pm (or RETREAT)
December 21	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in-person meeting location: (South Kitsap) Cascade Room, Givens Community Center

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: May 18, 2022

Time: 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am
1. Call To Order
 2. Introduction of Council members and public members
 3. Meeting Agenda Approval
 4. March meeting notes (Attachment 1) - Approval
 5. 2022 Aging Council Workplan Goals
 - a. Goal 1: Federal Older American Act funding advocacy
 - b. Goal 2: 2022 BOCC Annual Report (May 11)
 - c. Goals 3&4: Discussion
 - d. Goal 5: Recruitment Subcommittee
- 12:00pm
7. Council Member Report of Activities- Outreach form (Attachment 2)
 - a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. 2020-2022 SCOA Meetings- Karol Stevens
 - c. Council Member Report of Community Outreach Advocacy
 - What did you do since the last meeting?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:00pm
8. Aging Services
 - a. Workforce Recruitments and new position requests
 - b. Dashboard Report (Attachment 3)
 - c. May Older Americans Month- workshop flyer (Attachment 4)
 - Overview of Aging Services, May 17th from 1:00-2:00pm
 - Promoting Brain Health, May 18th from 11:00am-12:30pm
 - Aging at Home: What should I know? May 24th from 2:00-3:30pm
 - AARP Cybersecurity, May 26th from 1:00-2:30pm
 - d. NJP Alternatives to Guardianship workshop flyer, June 14th (Attachment 5)
 - e. 2022 Advisory Council Calendar of Events (Attachment 6)
- 1:30pm ADJOURN

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March 16, 2021 Aging Advisory Council Meeting Minutes**Zoom**

1. **Convened at 11:31 a.m.**
2. **Members Present:** Steve McMurdo, Karol Stevens, Charmaine Scott, Barbara Paul, Cynthia Blinkinsop, Elizabeth Safsten, Susan Kerr, Linda Fyfe, Linette Zimmerman.

Members Excused: None.**Members Unexcused:** None.**Guests Present:** Ed Coviello, Kitsap Transit Transportation and Land Use Planner, Joe Poirier Nelson/Nygaard Transit Planning Consultant, Elizabeth Matovinovic, Mari Van Court.**Staff Present:** Stacey Smith, Cristiana Fillion.**Public Address:** None.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Barbara made a motion to approve the agenda. Karol seconded and the agenda was approved.
4. **Approval of Minutes:**
 - Barbara made a motion to approve the February meeting minutes. The motion was seconded by Cynthia. The minutes were approved.
5. **Kitsap Transit Presentation**
 - The Kitsap Transit Long-Range Transit Plan (LRTP) Update was presented by Ed Coviello and Joe Poirier. Joe explained that the LRTP is a planning tool that will guide Kitsap Transit over a 20-year period and shared the Project Timeline. So far, they have analyzed existing and future conditions, outreached to the community, and identified potential projects. They are currently in the second community outreach phase, which includes meeting this council to seek opinions and suggestions, and the final stage will be plan development.

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- Overview of Existing Conditions – Bus and Ferry ridership has decreased since the COVID-19 pandemic began. It is slowly increasing, but numbers are still not as high as they were prior to the pandemic. Most of Kitsap Transit’s services takes place in high population areas and most growth will be near existing services. Driver shortages are impacting services. Mari pointed out that Hansville has a significant aging population that is starting to not drive and asked if Ed and Joe have considered future demand. Barbara asked about census data and was told that the data will not be ready until 2023. Karol stated that aging rates are higher in Kitsap County than other parts of the state and asked if they have created a heat map with certain age groups. Ed explained that those maps are in the existing condition report. Stacey pointed out that Bangor was not on the map and was told that the dataset leaves out federal installations. This prompted Stacey to ask if there are other gaps in the dataset that they aware of. Joe stated that Federal positions are typically excluded. The Council discussed the high number of riders that are likely employed at the Shipyard.
- Community Feedback – The council reviewed the results of an online survey which had 1,600 respondents. Responses show that the most important attributes of transit are reliability, frequency, travel time, and coverage. When asked about most important transit investments, responses showed “More frequent service” and “Longer hours of service” as the two most important. Charmaine pointed out that older adults are less likely to do online surveys and asked how they could be accounted for. Ed explained that unfortunately there was no paper version of the survey but having stakeholder meetings like this is very helpful, and soon a mailer will be sent out with a phone number to let community members call and make comments and suggestions.
- LRTP Service Projects – The goal of Service Projects is to address deficiencies and expand transit options. The goal of Capital Projects is to create infrastructure for service upgrades and modernize the fleet and facilities. Service Projects include bringing back Sunday service and advancing high capacity transit.

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Elizabeth asked what the difference is between high capacity routes and already existing routes. Ed explained that high capacity routes would come more often and use bigger buses that have level boarding platforms. Other projects include the creation of new bus routes, upgrading infrequent routes to every 30 minutes, adding circulator routes in Silverdale, a proposed Bremerton/Tacoma express route, and expanding the on-demand RIDE service. Ed stated that they are open to suggestions on other areas of the county to consider. Stacey stated that Bainbridge seems to get a lot of service. It was explained that BI Ride started in 2014 when residents pushed for services through political avenues. Advocacy is very important. Karol stated that she is the President of the Keyport community group and may bring this topic to the group. Ed stated that they are happy to meet with those types of groups to receive feedback. Mari remarked that she is only seeing routes on existing roads that are already congested and asked if there is a plan to improve roads infrastructure. Ed replied that Kitsap Transit recently wrote a letter to the Kitsap County Public Works department to make Ridgetop Boulevard more accessible to buses and bikes and they may do this for other areas in the future. Elizabeth asked if Bremerton/Gig Harbor routes will be added given how many residents attend medical appointments in Gig Harbor. Ed said that is a possibility and a good suggestion. Elizabeth also noted that the map did not show any service to Olalla or South Kitsap and asked what plans Kitsap Transit has to increase routes in those areas. Ed suggested that maybe RIDE service could be increased there and said that he would take note of both Olalla and Hansville. Stacey pointed out that many rural areas were not mentioned.

- L RTP Capital Projects – These projects include implementing essential operating facilities, establishing mixed use transit centers, creating smaller “multimodal hubs” (bus stops close to grocery stores, clinics, etc.), new park-and-ride options, the development of a bus stop improvement plan, and the improvement of transit speed and reliability. The Council discussed locations of transit facilities, multimodal hubs, and traffic congestion that would need to be addressed to

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improve safety and transit speed.

- Joe recommended that the council write a letter that his team could add to the formal suggestions. Barbara asked Stacey if the Council were to write a letter, would it be beneficial to include County Commissioners. Stacey replied that a member of the Council would need to volunteer to write the letter, the Council would need to finalize it, and then it would be signed and Cc'ed to the County Commissioners.
- Council members took part in a menti.com live poll. Results showed that the most important service projects to the Council are new local routes, bus frequency upgrades, and Sunday service. The Council then prioritized the project types and had a chance to comment on the types of projects they think the LRTP is missing.

6. 2022 Aging Council Workplan Goals

a. 2022 Legislative Report

- Stacey announced an amazing state legislative budget win due in part to Council members' successful advocacy. \$84 million will go to AAAs statewide. Stacey would like to send individual "Thank You" emails or make phone calls to express appreciation to our representatives who gave their support and to describe how our AAA plans to use the funds.

b. Recruitment Subcommittee

- Barbara stated that a list was compiled of seven organizations to reach out to. The subcommittee will meet to develop a strategy to approach the organizations. Stacey spoke with Rebecca Pirtle, who was very happy to hear about the formation of the subcommittee. Rebecca informed Stacey that if the subcommittee would like to send her a list of candidates, she can share her thoughts or make suggestions. Steve stated that they have received an application and met with a prospective Council member, Elizabeth M., last week.

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7. Council Member Report of Activities

a. 1/10th Community Advisory Council Representative – Charmaine Scott

- As chair for the RPF Committee, Charmaine has been working to update a sustainability plan for treatment courts. There were changes to some definitions and verbiage. This Council has also been accepting applications for new members and conducting interviews. Kirsten Jewell, Housing and Homelessness Coordinator, gave a presentation on the 1/10 housing sales tax program. They expect the tax to generate \$5-6 million annually. Work on capital projects will begin in 2023; this year's focus is to find workers for those projects.

b. 2020-2022 State Council On Aging (SCOA) Meetings – Karol Stevens

- Karol stated that the majority of the last SCOA meeting was devoted to a panel discussion with Dr. Scott Lindquist, State Epidemiologist as the main speaker. Kathy Bay, from the Department of Health (DOH) Office of Immunization and Serena Segura, Emergency Management and Risk Officer, were also part of the panel. Dr. Lindquist was very candid and explained that although masks are no longer mandated, the DOH still highly recommends their use. He expressed that the mask mandate is a complicated topic, and that it is useful to understand that there must be a balance between science and politics when it comes to those decisions. Karol said that the Social Isolation Committee is looking at aging-in-place and considering the types of policy and support that could make it easier to utilize nonprofit groups and make them more sustainable.

c. Council Member Report of Activities

- Steve sent a letter to Kitsap Regional Library's Director, Jason Driver, and their Director of Public Services, Shannon Peterson. He suggested that they add a tab on their website for seniors to highlight services available in Kitsap County.
- Karol spoke with Dave Musselman, firefighter and member of the Poulsbo CARES team. Karol explained that for over a year Dave has been following up on calls, making referrals, and in some situations intervening with mental health

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providers. Karol stated that 48% of emergency calls are from older adults.

8. Aging Services

a. Workforce Recruitments

- Stacey informed the Council that two of the three Case Manager positions have been filled and the new hires will be starting the first week of April. There is still one open Case Manager position and with new funding coming in July, ALTC plans to open more positions.

b. Home Visits

- Stacey stated that after two years Case Managers have finally resumed brief home visits and are very happy to be back in the community.

c. Dashboard Report

- The Council reviewed the March Dashboard Report.

d. May Older Americans Month

- There will be three virtual workshops for Older Americans Month. The first will be a general overview of ALTC services, the second will be on brain health and presented by Dementia Specialist Denise Hughes, and the third will be a creative workshop on aging at home. The flyer will be ready at the end of April or first week of May.

e. 2022 Advisory Council Calendar of Events

- The Council reviewed the 2022 Calendar of Events and confirmed that April's meeting is cancelled.

ADJOURNMENT

The meeting was adjourned at 1:34 p.m.

Steve McMurdo, Chair

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

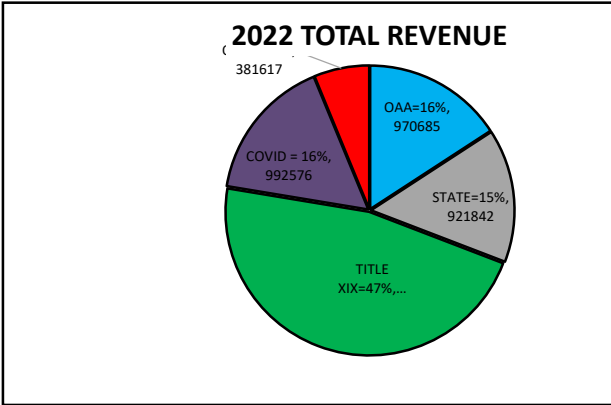
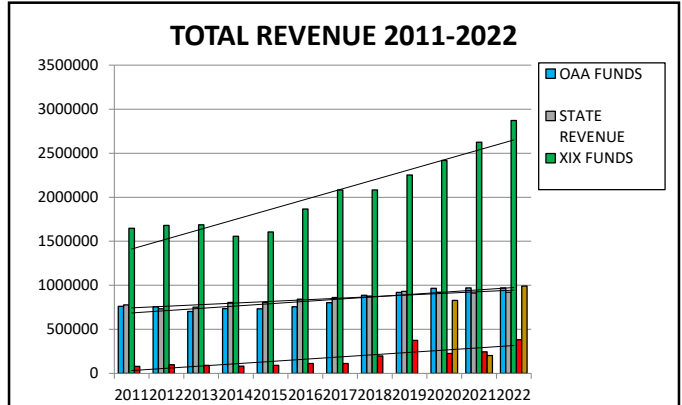
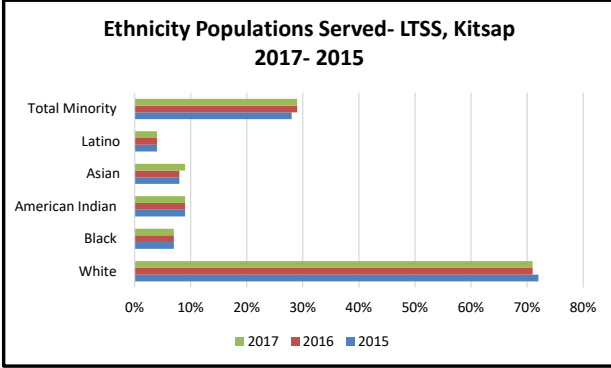
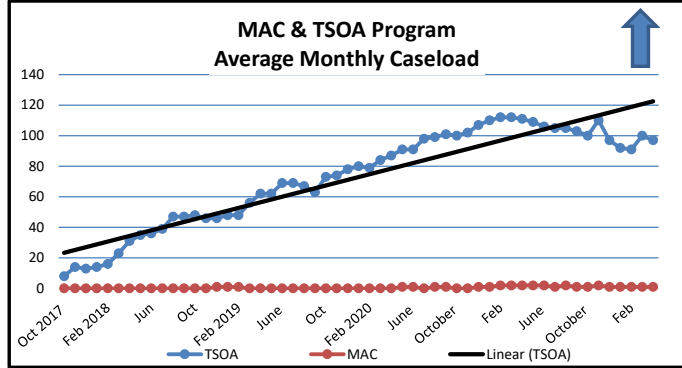
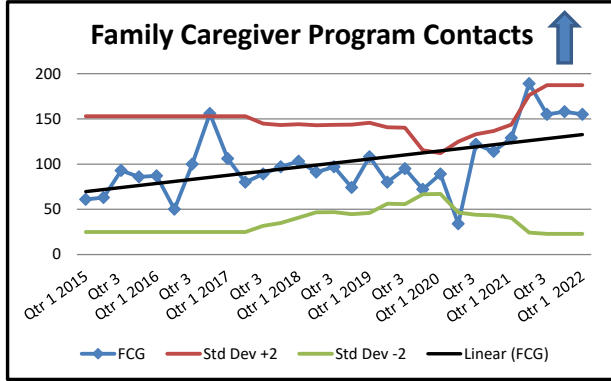
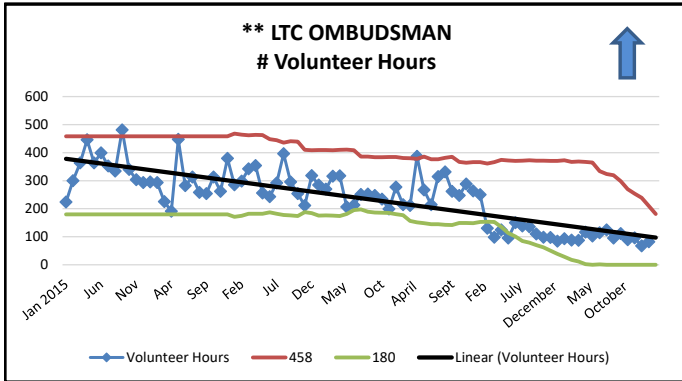
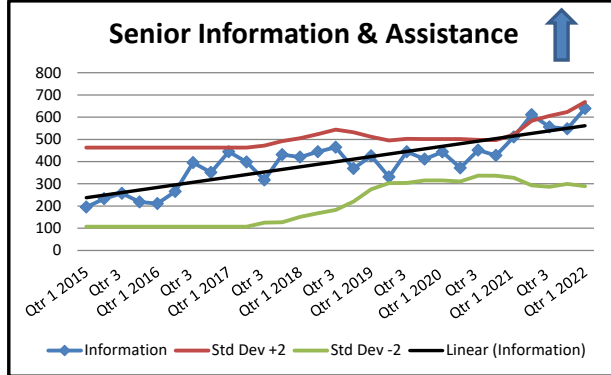
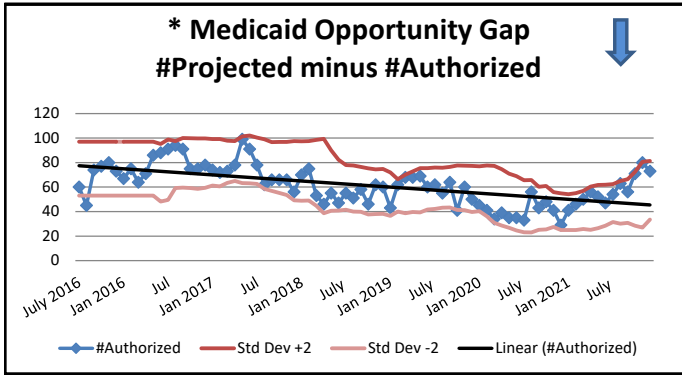
7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- May 2022



* Medicaid Opportunity Gap: July 2021- Increased allocation to 1017

** Ombuds PIM effective 9.22.2021 (in person vists and vaccine)

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - February 2021: Statewide restricted opening due to Winter spikes

December 2021- January 2022: Omicron spikes

March 2022- Brief home visits start

May 2022 - Home assessments begin (partial or full)

Trends:

Kitsap Aging staff working remotely, virtual workshops

- May 17th at 1:00pm - Overview of Services
- May 18th at 11:00am - Brain Health
- May 24th at 2:00pm – Aging at Home: What should I know
- May 26th at 1:00-2:30pm- AARP Cybersecurity Awareness

Routine Community Outreach Activities- cancelled due to COVID-19 (since March 2020)



AGE MY WAY: MAY 2022

May is Older Americans Month

Older adults play vital, positive roles in our communities – as family members, friends, mentors, volunteers, civic leaders, members of the workforce, and more. Just as every person is unique, so too is how they age and how they choose to do it – and there is no “right” way. That’s why the theme for Older Americans Month (OAM) 2022 is *Age My Way*.

To commemorate the importance of this month, **Kitsap County Aging and Long Term Care** is offering free virtual events to older Americans, family, caregivers and supports. Follow along throughout the month to find resources on aging in place. See additional info below to register for events. Camera and microphone are optional.

After registering you will receive an email with information about how to attend on the day of the event. You may use the provided link to join online via the internet or the phone number to call in and enter the meeting.

Information and Assistance: What’s Out there for Seniors in Kitsap County? May 17th 1:00—2:00

Registration Link: <https://us06web.zoom.us/meeting/register/tZwkf-qvqjorE9HPV8gF70047B8csDhcd5qq>

Phone: 253-217-8782 **Meeting ID:** 889 8374 1195 **Passcode:** 707671

Presenters: Stacey Smith, Administrator and Jason Doty, Program Supervisor with Kitsap County Aging and Long Term Care
Join us for an overview of programs intended to support senior citizens, adults with disabilities and caregivers

Age My Way: Empowerment Through Better Brain Health May 18th 11:00—12:30

Registration Link: <https://us06web.zoom.us/meeting/register/tZ0qdO6gpjMvH9x5uD6pCG15xMIQF4cSMUTb>

Phone: 253-217-8782 **Meeting ID:** 897 3788 8558 **Passcode:** 592913

Presenter: Denise Hughes MSN, RN, GMHS, Dementia Specialist with Kitsap County

Topics will include in-home safety, legal support options and tips on having difficult discussions with individuals with dementia

Aging at Home: What Should I Know? May 24th 2:00—3:30

Registration Link: <https://us06web.zoom.us/meeting/register/tZUofuGtrzIjGNNxQRWmG1i-qjZrLNjLwhwY>

Phone: 253-217-8782 **Meeting ID:** 815 9851 9927 **Passcode:** 480060

Presenters: Jason Doty, Program Supervisor and Laura Daley, I&A Case Manager with Kitsap County Aging and Long Term Care

This presentation provides an overview of tips for in-home safety, emergency planning and community resources for individuals looking at aging at home.

AARP Cybersecurity Presentation May 26, 2022 1:00—2:30

Registration Link: <https://us06web.zoom.us/meeting/register/tZwtcevsrzMrGNDokRYzhQAerbkD8MwSSJS->

Phone: 253-217-8782 **Meeting ID:** 880 6541 8124 **Passcode:** 535453

Presented by: AARP Volunteers

This presentation will provide tips on staying safe online.

Visit www.agingkitsap.com for event registration links and video library in May

For questions or help registering, call 360-337-5700, 1-800-562-6418 or Email: seniorinfo&asst@co.kitsap.wa.us





ALTERNATIVES TO GUARDIANSHIP FOR ADULTS: WHAT IS GUARDIANSHIP & WHY SHOULD I CARE?

Review of why to consider guardianship as the last resort and the alternatives for managing finances and health care in Washington.

June 14, 2022 | 12:00pm – 1:00pm

Presenter: Meredith Grigg, Staff Attorney Northwest Justice Project

Zoom Online Meeting- Registration required via link below:

<https://us06web.zoom.us/meeting/register/tZUuduqsrz8vGNSXNI1k-R0cAVyTiYqWCKWf>

Closed Captioning Provided for Online Attendees

Attend by Phone: (253) 215-8782 When Prompted, Enter ID & Code Below

Meeting ID: 813 1341 4520 **Passcode:** 990161

Sponsored by Kitsap County Aging & Long Term Care

Call (360) 337-5700 for registration assistance.

2022 Advisory Council Meetings & Activities

January 10	WA Legislature Begins (no events)
January 13	* w4a Legislative Training Webinar (10:00am) – zoom
January 19	* Advisory Council from 11:30am- 1:30pm
January 20	* Advisory Council Legislative Planning meeting- zoom 1:00pm
January 24- 28	* w4a Senior Lobby Days
February 16	* Advisory Council from 11:30am- 1:30pm
March 16	* Advisory Council from 11:30am- 1:30pm)
April 20	Advisory Council from 11:30am- 1:30pm
May 18	* Advisory Council from 11:30am- 1:30pm
May 17-26	* May Older Adults Virtual Workshops
June 15	* Advisory Council from 11:30am- 1:30pm
July 20	* Advisory Council from 11:30am- 1:30pm (Possible outdoor Summer Retreat)
August 17	* Advisory Council from 11:30am- 1:30pm
September 21	* Advisory Council from 11:30am- 1:30pm
October 19	* 2022 AAA & State Council on Aging (SCOA) Conference (No Advisory Council meeting this month)
October 20	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 16	* Advisory Council from 11:30am-1:30pm (or RETREAT)
December 21	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting

Alternative in-person meeting location: (South Kitsap) Cascade Room, Givens Community Center

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Advisory Council Meeting

Date: September 21, 2022

Time: 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDEk1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am
1. Call To Order
 2. Introduction of Council members and public members
 3. Meeting Agenda Approval
 4. August meeting notes (Attachment 1) - Approval
 5. 2023 Aging Council Workplan discussion (Attachment 2- 2022 Workplan)
- 12:20pm
6. 2022 SCOA Representative- plan
 7. Council Member Report of Activities- Outreach form (Attachment 3)
 - a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. ~~2022 SCOA Meeting- (no August meeting)~~
 - c. Council Member Report of Community Outreach Advocacy
 - What did you do since the last meeting?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:00pm
7. Aging Services
 - a. Workforce recruitments, status
 - b. Dashboard Report (Attachment 4)
 - 2023 Dashboard metrics, discussion
 - c. 2022 Advisory Council Calendar of Events (Attachment 5)
 - Revised December meeting date
 - October 19th w4a and SCOA Conference (Attachment 6)
 - October 20th Senior Lobby Virtual Conference registration- confirm attendance (Attachment 7)
- 1:30pm ADJOURN

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August 17, 2022 Aging Advisory Council Meeting Minutes**Zoom**

1. **Convened at 11:30 a.m.**
2. **Members Present:** Steve McMurdo, Charmaine Scott, Karol Stevens, Barbara Paul, Cynthia Blinkinsop, Elizabeth Safsten, Susan Kerr, Sandra Miles.

Members Excused: None.**Members Unexcused:** Linette Zimmerman.**Guests Present:** Ranae Beeker.**Staff Present:** Stacey Smith, Cristiana Fillion.**Public Address:** None.

3. **Approval of Agenda:** The meeting agenda was reviewed.
 - Barbara made a motion to approve the agenda. Karol seconded and the agenda was approved.
4. **Approval of Minutes:**
 - Barbara made a motion to approve the May meeting minutes. The motion was seconded by Karol. The minutes were approved.
5. **2022 Aging Council Workplan Goals**
 - a. Goal 2: Advocacy for 2023
 - Stacey opened discussion regarding the Kitsap Transit (KT) response letter. Sandra asked for clarification on the propensity map. Stacey explained it shows routes and the areas KT believes routes are most needed. Steve explained that KT does not see enough ridership in rural areas to mark them as high propensity. Barbara pointed out that it is impossible to show ridership in areas where there are no routes available to the people living there. Elizabeth stated that *KT's goal should not be to maximize profit but to maximize access*. People have a right to transportation, and she suggested the Council include that in

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their feedback. Karol stated that if one looks at it through an aging-in-place lens, transportation is required for people to stay in their communities. She noted that Keyport is orange on the map, but that ridership is only commuters. Karol is working on a first draft response to the letter. For newer members who did not have a chance to see the first letter that the Council sent, Charmaine explained that the Council sent a very good letter to KT in response to their presentation and request for feedback and it seemed to be discounted. Stacey stated that she will email both the letter and KT presentation to Renae and Sandra. Steve wondered if the infrastructure law that was signed yesterday will influence KT's planning eventually. Elizabeth explained that through grants, some of those funds from the infrastructure law and the Move Ahead Washington transportation package will trickle down for KT to apply for. Stacey suggested following up with the Regional Transportation Planning Organization (RTPO). Elizabeth pointed out that Ed Coviello works for both KT and RTPO, so they are technically aware of the issues, because Ed is. She continued, stating that the Council has an opportunity to give their opinion on the draft plan as members of the public.

6. 2022-2023 State Council on Aging (SCOA) Meeting Representative, Discussion:

- Karol stated that she resigned her position on the State Council on Aging. Sandra explained that she is also a member of SCOA as an At-Large member and she plans to end her term and not seek re-appointment. Barbara asked if it is crucial for one a Council member to be on their Council or if their meeting minutes would be sufficient. Stacey explained that they work with ALTSA and the goal is to have every AAA on the Council, but there have been years that our Council has not had representation on SCOA. Karol stated that being a member of SCOA can require a lot of work, but that she learned a lot the as a member and found the speakers very interesting. Sandra said if someone is interested in being involved in the creation of laws, then it would be a great council to be on. Sandra also confirmed that they will begin meeting in person soon. Susan asked when and where

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meetings are held and if the meetings last all day. Karol replied there are also additional meetings for subcommittees. Karol explained that her subcommittee would have a separate Zoom meeting once a month for 60-90 minutes. She continued, stating that monthly SCOA meetings that are held via Zoom are three hours long, from 9 a.m. to 12 p.m. In-person meetings were all morning and into the afternoon, with a lunch break, at a SeaTac hotel. There is the option of staying in the hotel the night prior to the meeting. Stacey asked that if anyone is interested in joining SCOA, that they reach out to her and noted that there is no rush or pressure for anyone to join. Sandra will attend the September meeting if it is a Zoom meeting but will not attend in-person.

7. Council Member Report of Activities

a. 1/10th Community Advisory Council Representative – Charmaine Scott

- Charmaine explained that August is busy month for the 1/10th Community Advisory Council as they receive applications for grant funds. There are 24 applications for continuing grants and 11 new applications. They will review and rate each application. This work will take place throughout the whole month. In the first week of September they will discuss and decide on questions and then submit those questions to proposers. The proposers will then have two weeks to submit their answers. There is \$7 million in grant funds available and \$11.5 million total requested. Charmaine stated that there are a lot of good mental health, homelessness, and drug related proposals and this Council will have hard decisions to make. Charmaine enjoys the work and shared that she finds it interesting to see what improvements the community is working towards.

b. Council Member Report of Activities

- Steve received a survey email from Kitsap Regional Library. He plans to follow up his Senior Services tab on the library's website. Steve also took the Kitsap Resource Services' community survey and mentioned that it took about 20-25 minutes. Steve offered to pass it on to anyone who is interested.

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- Barbara has been helping a 97-year-old woman and acting as her Power of Attorney. Barbara was planning to meet with the Friends of the Library to give a short speech and hand out brochures, but due to a scheduling conflict, she will instead meet with them in October.
- Karol has been involved in community activities as the Keyport Improvement Club President. They held a garden tour and rummage sale in June and then held a Fourth of July celebration. Saturday will be the third pizza gathering. There have been 25 to 30 people in attendance so far. Karol and Cynthia want to help connect teens and seniors. They are preparing to discuss with teachers the types of tech services Kitsap's older adults need and what mechanisms there may be to help fulfil those needs. They intend to contact a teacher who deals with tech issues. Steve asked if Karol is aware of the group Kitsap Computing Seniors who refurbish laptops and suggested that they may be a good source or information.
- Cynthia created a draft PowerPoint for a statewide presentation she will be giving at a Teachers conference she is attending in the fall. The goal is to engage teachers and student leadership groups to partner with the elderly and provide technical assistance. Cynthia delivered brochure packets to the naval hospital and plans to ask of the counseling center on Bangor Naval Base if they would like some as well. Cynthia requested that Cristiana send her 25 more packets.
- Susan distributed more flyers to a local neighborhood market & talked about Kitsap ALTC at Kitsap Pride to several booths who also provide various services. Susan attended a lecture at the new Silverdale library and thought it might be a good place to leave information about Kitsap ALTC resources. She lives next to older adults and some with disabilities Bremerton and noted that even they have challenges with transportation in their urban area.
- Sandra met with the Executive Director and Manager of Operations at the Bainbridge Island Senior Center to introduce herself.

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- Elizabeth shared the presentation for Older Americans Month on Facebook and NextDoor. She also reached out to her cousin Jacob Miller, Executive Director at Life Care Center of Port Orchard to see if they would like brochures. She also told him that Stacey would be willing to meet with his staff to go over ALTC services.

8. Aging Services

- Stacey alerted the Council that there are farmers market vouchers that still need to be distributed. Funds for any remaining vouchers will be sent back to the state. Stacey shared the Meals on Wheels Kitsap page for the program and explained that each voucher is equivalent to \$80 to be used at any farmers market in Kitsap County. Stacey also showed where the English, Spanish, and Tagalog applications are linked on the AgingKitsap website. The program is great for meeting nutritional needs, while also getting people outdoors and supporting local farmers.
 - a. Workforce Recruitments
 - Stacey explained that ALTC will be hiring an additional registered nurse and ongoing Medicaid case manager recruitment. Interviews will take place tomorrow for both positions. Jennifer Calvin-Meyers, Programs Supervisor for the Caregiver Support Programs, is resigning in October. The position will be open to the public. Stacey is hoping to open an extra help position so Jennifer can still be part of the ALTC team part-time and mentor her replacement. Stacey added that the Silverdale office was sold on April 15 and staff will be moving to the Givens office.
 - b. Hospital Discharge Care Coordination
 - As a result of Council advocacy, ALTC has received additional funding to help in discharging non-Medicaid older adults out of local hospitals. Unfortunately, it has been difficult to gain the attention of the local hospital. They are currently working with w4a (AAA state association) and will have a meeting on Friday to discuss implementation. The new care transition case manager position is under recruitment and posted on the County website. ALTC and St. Michaels

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will need to work together to get the program up and off the ground. Stacey is hopeful that they will use ALTC's resources to get patients home safely.

c. Dashboard Report

- The Council reviewed the August Dashboard Report.

d. 2022 Advisory Council Calendar of Events

- The Council reviewed the 2022 Calendar of Events. The October meeting is cancelled; Council members will instead be attending the AAA/SCOA and Fall Senior Lobby Conferences. Stacey explained that with the departure of the Family Caregiver Programs Supervisor, it is undecided whether ALTC will host the Fall Caregiver Conference in November. Stacey asked the Council if they would like to have the Council Retreat in November and explained that they can select a different day in December to hold the meeting if they would like. Steve would like to see some time put aside in September to have discussions about the 2023 Workplan. Cynthia stated that she will be unable to attend September and November meetings. Barbara suggested moving the December meeting from the 21st to the 14th. The Council agreed.

ADJOURNMENT

The meeting was adjourned at 1:17 p.m.

Steve McMurdo, Chair



KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL 2022 WORK PLAN

Meeting Days, Time and Location: Third Wednesdays of Each Month
11:30 am – 1:30 pm
Zoom virtual meetings

Advisory Council Staff: Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant
Advisory Council Chair: Steve McMurdo

Advisory Council Purpose/Mission Statement: The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, adults with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services;
- Removal of individual and social barriers to economic and personal independence;
- Prevention of unnecessary or premature institutionalization;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role;
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2022 Goal	Status	Priority Level	Comments/Coordination
TIER 1: HIGH PRIORITY			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community based organization to link/attend. Measure: a. Identify 1-2 group/ gaps to concentrate connections, annually
2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions. Measure: Advocacy activities are reported during monthly Council meetings and reflected in meeting minutes.
3. COVID related: Decreased social isolation for older adults.	New	High	Measure: a. Identify strategies for safe social connections for older adults and their caregivers
TIER 2: MODERATE PRIORITY			
4. COVID related: Identify strategies for increased vaccine and booster information distribution.	Ongoing	Moderate	Measure: a. Identify strategies for vaccine information distribution
TIER 3: LOW PRIORITY			
5. Advisory Council Member recruitment: Create a protocol to identify desired skill sets and increase Council diversity to better represent Kitsap County's general population and/or individuals served.	Ongoing	Low	Create a Council subcommittee to create the protocol.
GOALS ON HOLD			
GOALS COMPLETED OR DELETED			
Due to threats of reduced Federal funding and increased staff costs, explore opportunities to increase revenue and expand community-based programs.	Completed		2020-2024: Family First, CARES and American Rescue stimulus funds were received. Network provider and services have expanded to meet local needs.

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

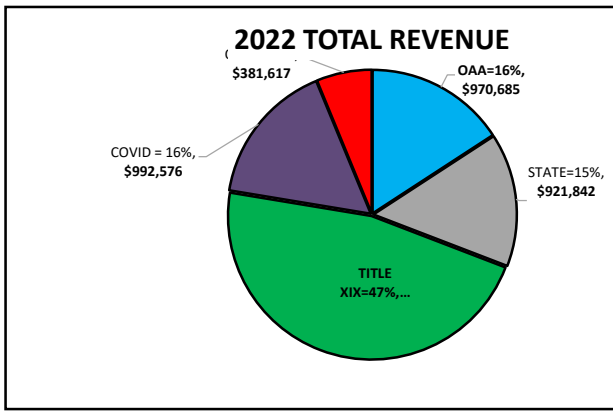
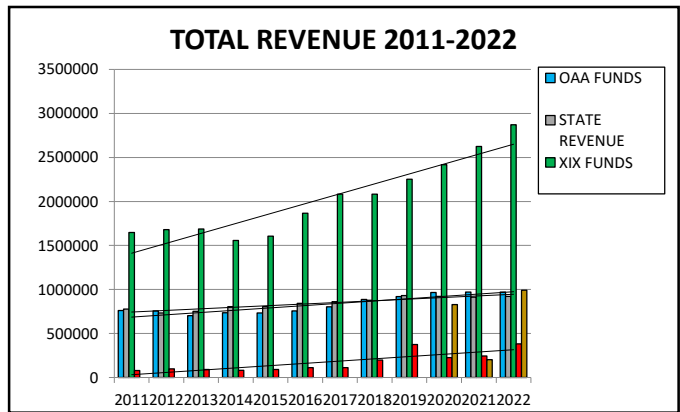
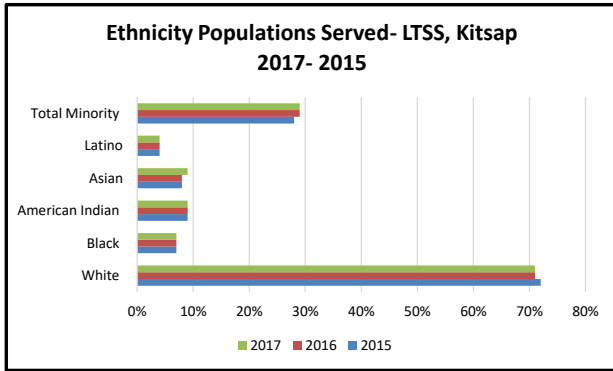
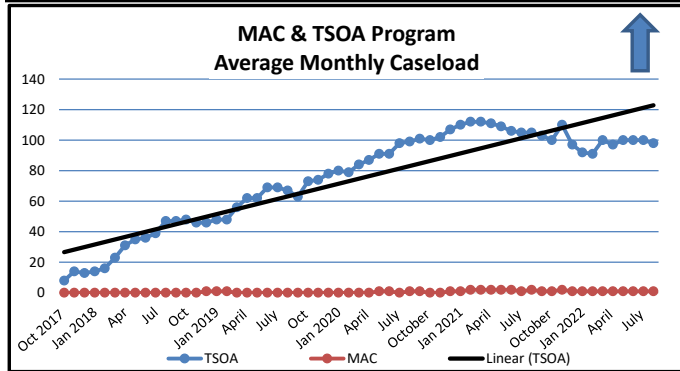
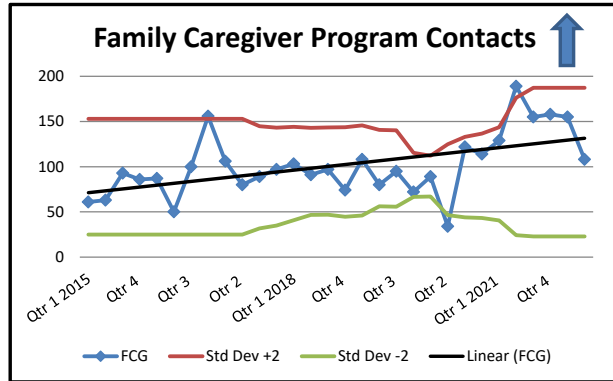
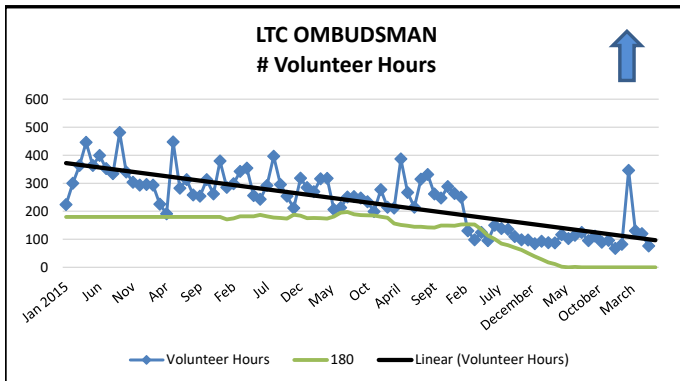
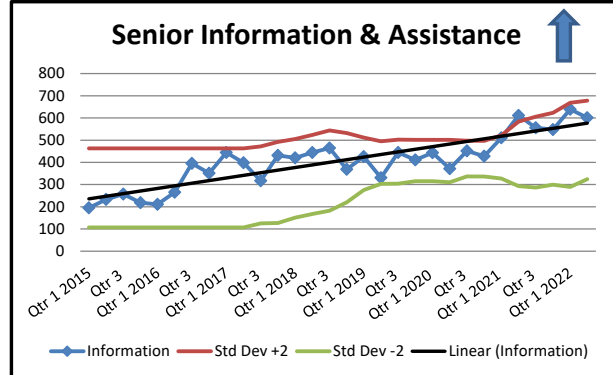
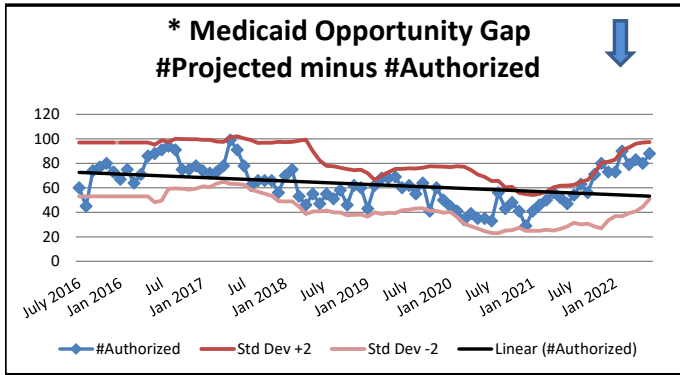
7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- September 2022



* Medicaid Opportunity Gap: July 2022- Decreased allocation to 1001

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect
June 2020: COVID-19 phased reopening began
July 2020: COVID-19 July 2020 reopening paused
November 2020 - February 2021: Statewide restricted opening due to Winter spikes
December 2021- January 2022: Omicron spikes
March 2022- Brief home visits start
May 2022 - Home assessments begin (partial or full)
July 2022- BA.5 variant surge

Trends:

Community Outreach Activities:

September 24: Veterans StandDown event

2022 Advisory Council Meetings & Activities

January 10	WA Legislature Begins (no events)
January 13	* w4a Legislative Training Webinar (10:00am) – zoom
January 19	* Advisory Council from 11:30am- 1:30pm
January 20	* Advisory Council Legislative Planning meeting- zoom 1:00pm
January 24- 28	* w4a Senior Lobby Days
February 16	* Advisory Council from 11:30am- 1:30pm
March 16	* Advisory Council from 11:30am- 1:30pm)
April 20	Advisory Council from 11:30am- 1:30pm
May 18	* Advisory Council from 11:30am- 1:30pm
May 17-26	* May Older Adults Virtual Workshops
June 15	* Advisory Council from 11:30am- 1:30pm
July 20	* Advisory Council from 11:30am- 1:30pm (Summer Gathering)
August 17	* Advisory Council from 11:30am- 1:30pm
September 21	* Advisory Council from 11:30am- 1:30pm
October 19	* 2022 AAA & State Council on Aging (SCOA) Conference (No Advisory Council meeting this month)
October 20	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 16	* Advisory Council from 11:30am-1:30pm (or RETREAT)
December 14	* Advisory Council from 11:30am- 1:30pm (revised from 21 st)

*indicates zoom meeting

Alternative in-person meeting location: (South Kitsap) Cascade Room, Givens Community Center

From: [W4A Admin Staff](#)
Subject: Save The Date: W4A's October Statewide Advisory Council Meeting
Date: Thursday, August 11, 2022 12:40:16 PM
Attachments: [image002.png](#)

[CAUTION: This message originated outside of the Kitsap County mail system. **DO NOT CLICK on links or open attachments** unless you were expecting this email. If the email looks suspicious, contact the Helpdesk immediately at 360-337-5555, or email at Helpdesk@kitsap.gov]

External Email

Hi everyone,

Here is the save-the-date for the October 19, 2022 virtual Statewide Advisory Council Meeting, in association with the Washington Senior Lobby's annual Fall Conference. Please forward this invite to you Advisory Council and State Council on Aging members. Agenda and ZOOM link will be sent closer to the event.

SAVE *the* DATE

w4a **VIRTUAL Statewide Advisory Council Meeting**
*in association with the Washington State Council on Aging and the
Washington Senior Lobby's annual Fall Conference*

Wednesday, October 19, 2022 · via ZOOM
More details to follow— mark your calendars, we hope to see you there!

Thanks & we hope to see you there!

Rebecca Holmes
Administrative Support
Washington Association of Area Agencies on Aging (W4A)

Email: w4a@agingwashington.org
Website: www.AgingWashington.org

Advocacy. Action. Answers on Aging.





2022 Virtual Fall Conference

The Washington State Senior Citizens Foundation will hold their 2022 Virtual Fall Conference:

- **Thursday October 20, 2022**
- **9:00 A.M. to 4:00 P.M.**

We would like to invite you to register for the Virtual Fall conference. This year we expect about 200 people will attend the **2022 Virtual Fall Conference**. The audience includes legislators, policy makers, civic Leaders, state, county and city employees, activists, and providers of services for senior citizens. The focus of the conference will cover topics such as:

- Identify Legislative Priorities for 2023 Legislative Session,
- Long Term Care Staffing,
- Senior Demographics,
- Budget Update,
- Impacts of COVID 19,
- Broadband, and
- other timely topics

Registration Packet = \$30.00 Registration Fee which includes Agenda, Bios of each Speaker, Links to their Presentation materials, and to the **Registration Sign on and User id**.

If you have any questions, please contact me.

Thank you

Karen Bowen

Office Manager | 360.754.0207 | info@waseniorlobby.org
1501 Capitol Way S, Ste 103, Olympia, WA 98501

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614 Division Street, MS-5, Port Orchard, WA 98366

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Advisory Council Meeting

Date: November 16, 2022

Time: 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDEk1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am
1. Call To Order
 2. Introduction of Council members and public members- expectations for public input
 3. Meeting Agenda Approval
 4. September meeting notes (Attachment 1) - Approval
 5. 2023 Aging Council Workplan discussion (Attachment 2- 2023 Draft Workplan)
- 12:20pm
6. Debrief October conferences
 - a. w4a and SCOA conference, October 19th
 - b. 2023 Fall Senior Conference, October 20th
 - c. 2023 w4a Legislative priorities- discussion
 7. Council Member Report of Activities- Outreach form (Attachment 3)
 - a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. 2022 SCOA Meeting (Susan)
 - c. Council Member Report of Community Outreach Advocacy
 - What did you do since the last meeting?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:00pm
8. Aging Services
 - a. Workforce recruitments, status
 - b. Dashboard Report (Attachment 4)
 - c. 2022 Advisory Council Calendar of Events (Attachment 5)
 - d. 2023 Draft Advisory Council Calendar of Events (Attachment 6) – hybrid meetings
- 1:20pm
9. Executive Session (if needed)
 - a. Council membership recommendations
 - b. 2023 Advisory Council slate of officers
 - c. Holiday Card picture
- 1:30pm ADJOURN

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September 21, 2022 Aging Advisory Council Meeting Minutes**Zoom****1. Convened at 11:31 a.m.**

Members Present: Steve McMurdo, Ranae Beeker, Karol Stevens, Charmaine Scott, Barbara Paul, Sandra Miles, Susan Kerr, Elizabeth Safsten, Linette Zimmerman.

Members Excused: Cynthia Blinkinsop.

Members Unexcused: None.

Guests Present: Melia Hughes.

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: None.

2. Approval of Agenda: The meeting agenda was reviewed.

- Barbara made a motion to approve the agenda. Sandra seconded and the agenda was approved.

3. Approval of Minutes:

- Karol made a motion to approve the August meeting minutes. The motion was seconded by Barbara. The minutes were approved.

4. 2023 Aging Council Workplan Discussion

- Steve read the goals.

Goal #1 is to increase community visibility and advocate about programs available through Kitsap Aging & Long Term Care agency (ALTC). The goal was kept as High Priority.

Goal #2 is to partner with other groups and to continually participate in advocating with federal, state, and local officials. Stacey pointed out that the work for the upcoming year will start with the October conferences, which will discuss legislative focuses and budget. Steve explained that some Council members already have networks like SCOA, church groups, community groups, or

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neighbors. Charmaine asked if members could reach out as individuals rather than as part of the Council and Steve confirmed that they can. Stacey updated Goal #2 to read “each member”.

Goal #3 is related to COVID-19 and social isolation. Charmaine stated that while things may have improved for the general public, this is still a high priority for older adults. Karol agreed and noted that isolation was identified as a problem pre-pandemic and was then exacerbated by the pandemic. The Council discussed ideas in support of the goal, such as linking teens to seniors, in the community. The Council agreed to leave Goal #3 as a High Priority and revisit next meeting.

Goal #4, labeled as a Moderate Priority, regarding COVID-19 vaccinations. Barbara believes that the goal should remain on the workplan, but perhaps be changed to Low Priority. Charmaine asked if flu vaccinations should be added the goal. Karol suggested maybe changing the goal to be more about preventive health for seniors; fall prevention, flu, and COVID-19 seem to be the top three preventable health complications. Ranae suggested making the language broader. The Council will revisit this goal during the next meeting.

Goal #5, regarding Council member recruitment; Low Priority. The Council discussed moving the goal to “Completed” now that the recruitment subcommittee has been created and the final vacancy may be filled by 2023. While the subcommittee will remain active, the goal has been achieved. Stacey moved the goal to “Completed”.

- The Council will review the Workplan goals in November.

5. **2022 State Council on Aging (SCOA) Representative Plan, Discussion:**

- Stacey explained that Karol has resigned from SCOA and that Sandra will not be seeking reappointment as an At Large member. Karol and Sandra shared their experience working on SCOA. Susan has expressed interested in wanting to represent the Kitsap Aging Advisory Council and has done research, read past meeting minutes, and has completed most of the application. She will attend the September meeting before submitting the application and her references. Stacey

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asked if anyone else would be interested in the position on SCOA. Karol offered to pass on the SCOA notebook she has that includes notes, bylaws, etc. Charmaine made a motion for Susan to represent this Advisory Council, Barbara seconded, and all were in favor as the motion passed.

6. Council Member Report of Activities

a. 1/10th Community Advisory Council Representative – Charmaine Scott

- Charmaine explained that the 1/10th Community Advisory Council is still reviewing applications for 2023 grant funding. The RFP Committee spent three days refining questions and sent them out last Wednesday. Requesters have two weeks to reply and then interviews will take place at the end of the month. Once interviews are complete, the Council will make their decisions. This year, there are no RFPs specific to older adults. Charmaine expressed that these will not be easy decisions to make, and that it is a long, but worthwhile, process. Karol thanked Charmaine for the work she puts in to help our community.

b. Council Member Report of Activities

- Steve has spent recent weeks supporting his family through a recent loss and his mother after her cataract surgery.
- Barbara has spent time setting up a meeting with Poulsbo Friends of the Library and Jason Doty, ALTC Information & Assistance (I&A) Supervisor. Yesterday, Barbara spoke with two people, one Kitsap county resident and one from California, who had situations with a senior in need of assistance.
- Susan toured the Bremerton Senior Center. She brought flyers and Senior Farmers Market voucher applications. While there, she found out that she is eligible to join in January. Susan also brought some Senior Farmers Market voucher applications to CJ's Evergreen General Store which is across the street from the Bremerton farmers' market. They have a lot of senior customers and were very excited.
- Karol shared the I&A phone number with a friend who was scheduled to have surgery, enabling her to find out which rehabilitation facilities have active

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COVID-19 outbreaks. Karol is also helping another friend, whose mother has dementia, to find information and resources. Karol will continue work on the draft response letter to Kitsap Transit.

- Linette has kept in touch with the Soroptimist club. However, has spent last month dealing with personal items such a fallen tree, broken sewer line, and recovery from surgery.
- Ranae has facilitated a national women's group for those with muscular dystrophy. She encouraged people to contact their AAAs. She's also encountered quite a few older adults locally that are looking for services and has encouraged them as well to reach out to ALTC. Steve asked if Ranae would like Cristiana to send her Advisory Council business cards and she confirmed that she would like some.
- Elizabeth shared information about the Senior Farmers Market voucher on Facebook and received 21 likes overall. She also received confirmation from her cousin Jacob Miller, Executive Director at Life Care Center of Port Orchard, and they are working with Stacey to have a presentation with his staff regarding hospital transitions. Elizabeth stated that the Peninsula Regional Transportation Planning Organization has released their plan which includes Kitsap Transit's region. Elizabeth shared the link and informed the Council that comments are due in one week. Stacey explained that Jason Doty reached out to Rusty Figley, Program Coordinator at Catholic Community Services (CCS), regarding their volunteer transportation services. Rusty reported that they currently have two consistent volunteers and that they use an answering service to schedule appointments. Stacey will forward the email to the Council.
- Melia Hughes, Parent Coalition Coordinator for the Kitsap County Parent Coalition introduced herself and shared that there is an upcoming seminar titled *Script Your Family's Future: Why You Need an Estate Plan* developed for those caring for family member with dementia or developmental disabilities. Melia shared a link and will email the flyer to Stacey.

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7. Aging Services

a. Workforce Recruitments

- Stacey explained that ALTC has several open positions. There are upcoming interviews for a Register Nurse and a new Caregiver Programs Supervisor. Jennifer Calvin Meyers is leaving the Caregiver Programs Supervisor position but will return in a support role. The Care Transitions position is still in recruitment. There will be a meeting with St. Michael and St. Anthony before the position is posted. Two new COPES Case Managers have been hired, but one COPES Case Manager has just resigned so ALTC will be recruiting another.

b. Dashboard Report

- The Council reviewed the September Dashboard Report.

c. 2022 Advisory Council Calendar of Events

- The Council reviewed the calendar of events. Stacey noted the December 14 meeting date, the w4a/SCOA virtual conference on October 19, and the October 20 Senior Lobby Virtual Conference. Stacey explained that the Fall Senior Lobby will take place from 9:00 A.M. to 4:00 P.M. and that there is a \$30 registration fee that will be paid by ALTC. Susan, Karol, Steve, Barbara, Ranae, and Linette confirmed attendance.
- Stacey explained that she will be reaching out to Ranae and Sandra to schedule and orientation. Once a date and time is established, she will inform the Council for those who would like to attend.
- Lasty, Stacey explained that she will be advocating for an Aging Advisory Council position on the new 1/10th Housing and Homelessness Council and asked if anyone is interested. Charmaine stated that she is interested in the position.

ADJOURNMENT

The meeting was adjourned at 1:15 p.m.

Steve McMurdo, Chair



KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL

2023 WORK PLAN

Meeting Days, Time and Location: Third Wednesdays of Each Month
 11:30 am – 1:30 pm
 Zoom virtual meetings

Advisory Council Staff: Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant
Advisory Council Chair: Steve McMurdo

Advisory Council Purpose/Mission Statement: The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, adults with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services;
- Removal of individual and social barriers to economic and personal independence;
- Prevention of unnecessary or premature institutionalization;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role;
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2023 Goal	Status	Priority Level	Comments/Coordination
TIER 1: HIGH PRIORITY			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community based organization to link/attend. Measure: a. Each member identify 1-2 group/ gaps to concentrate connections, annually
2. Continue to strengthen the Advisory Council's relationship with state, national and with emphasis to the local elected officials as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions. Measure: Advocacy activities are reported during monthly Council meetings, reflected in meeting minutes, and recorded on outreach form.
3. COVID related: Decreased social isolation for older adults.	Ongoing	High	Measure: a. Identify strategies for safe social connections for older adults and their caregivers b. Develop subcommittee to clarify project(s)
TIER 2: MODERATE PRIORITY			
4. Health related: Identify strategies for supporting vaccine, booster, and health promotion.	Ongoing	Moderate	Measure: a. Identify strategies for vaccine information distribution
TIER 3: LOW PRIORITY			
5. Advisory Council Member recruitment: Create a protocol to identify desired skill sets and increase Council diversity to better represent Kitsap County's general population and/or individuals served.	Ongoing	Low	Create a Council subcommittee to create the protocol.
GOALS ON HOLD			
GOALS COMPLETED OR DELETED			
Advisory Council Member recruitment: Create a protocol to identify desired skill sets and increase Council diversity to better represent Kitsap County's general population and/or individuals served.	Completed		Completed- created a Council subcommittee.
Due to threats of reduced Federal funding and			2020-2024: Family First, CARES and American Rescue stimulus funds were

2023 Goal	Status	Priority Level	Comments/Coordination
increased staff costs, explore opportunities to increase revenue and expand community-based programs.	Completed		received. Network provider and services have expanded to meet local needs.

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

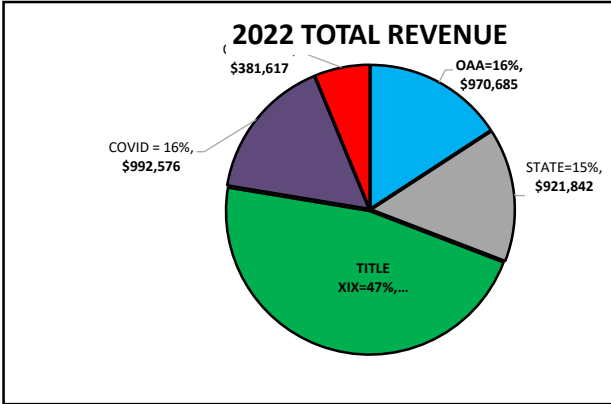
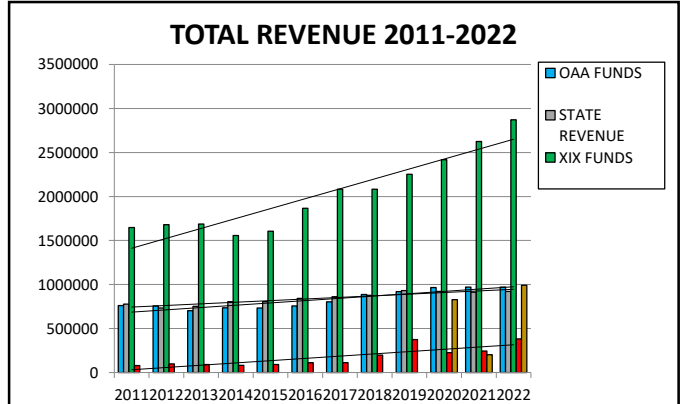
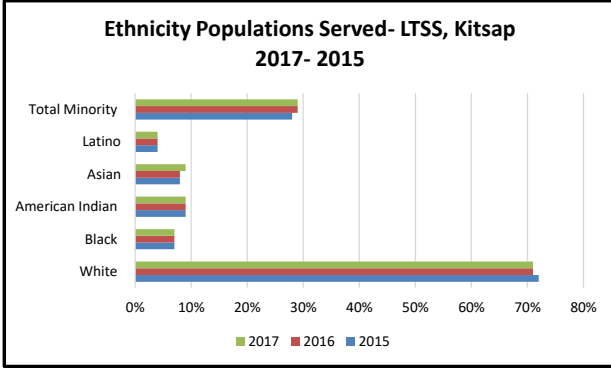
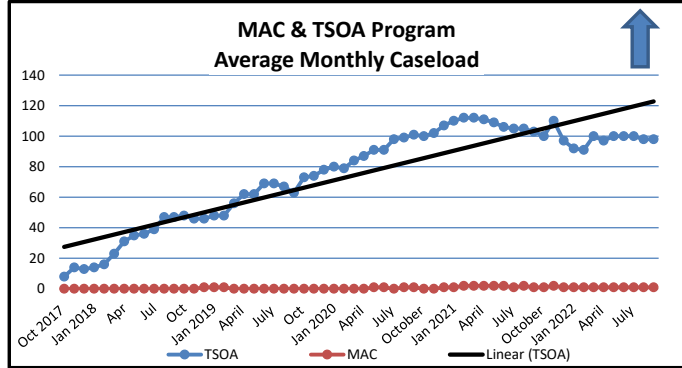
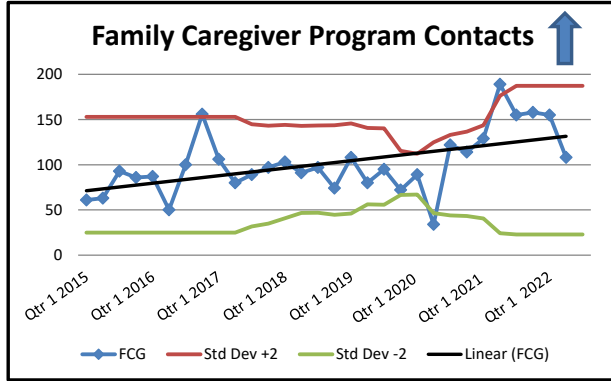
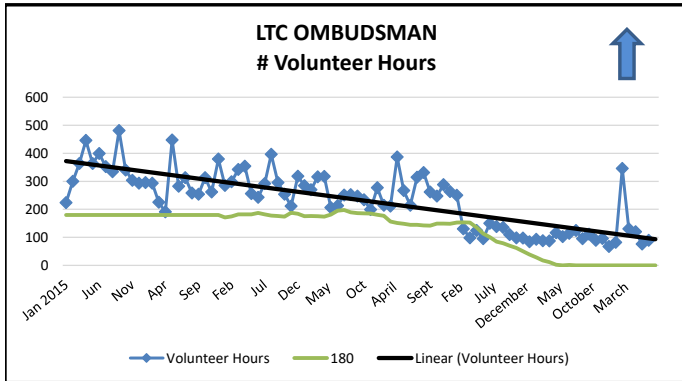
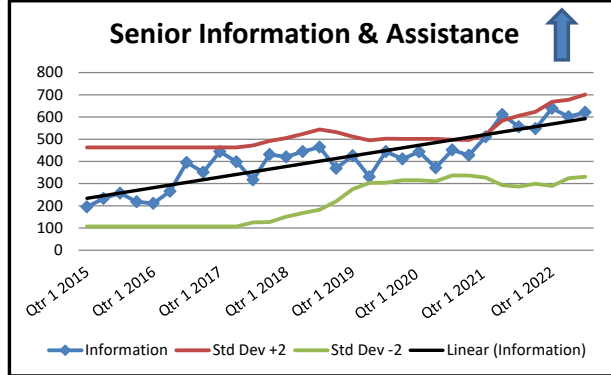
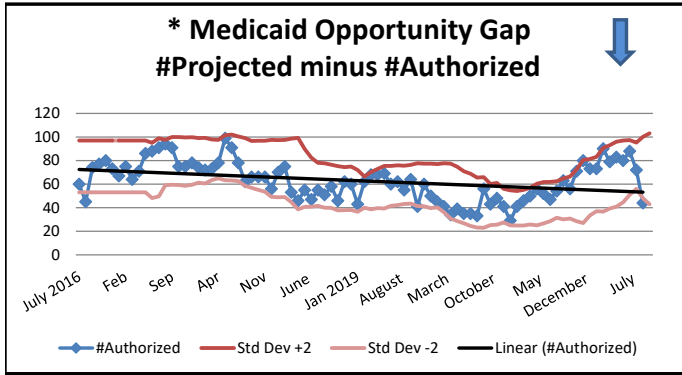
7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- November 2022



* Medicaid Opportunity Gap: July 2022- Decreased allocation to 1001

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect
June 2020: COVID-19 phased reopening began
July 2020: COVID-19 July 2020 reopening paused
November 2020 - February 2021: Statewide restricted opening due to Winter spikes
December 2021- January 2022: Omicron spikes
March 2022- Brief home visits start
May 2022 - Home assessments begin (partial or full)
July 2022- BA.5 variant surge
October 31- State PHE ends for LTC facilities and some state waivers

Trends:

Community Outreach Activities:

October 3: Friends of Library Poulsbo presentation
October 21: Whole Health Day Veterans Event in Silverdale
November 16: Caregiver workshop (virtual- two sessions)

2022 Advisory Council Meetings & Activities

January 10	WA Legislature Begins (no events)
January 13	* w4a Legislative Training Webinar (10:00am) – zoom
January 19	* Advisory Council from 11:30am- 1:30pm
January 20	* Advisory Council Legislative Planning meeting- zoom 1:00pm
January 24- 28	* w4a Senior Lobby Days
February 16	* Advisory Council from 11:30am- 1:30pm
March 16	* Advisory Council from 11:30am- 1:30pm)
April 20	Advisory Council from 11:30am- 1:30pm
May 18	* Advisory Council from 11:30am- 1:30pm
May 17-26	* May Older Adults Virtual Workshops
June 15	* Advisory Council from 11:30am- 1:30pm
July 20	* Advisory Council from 11:30am- 1:30pm (Summer Gathering)
August 17	* Advisory Council from 11:30am- 1:30pm
September 21	* Advisory Council from 11:30am- 1:30pm
October 19	* 2022 AAA & State Council on Aging (SCOA) Conference (No Advisory Council meeting this month)
October 20	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Conference
November 16	* Advisory Council from 11:30am-1:30pm
December 14	* Advisory Council from 11:30am- 1:30pm (revised from 21 st)

Spring 2023 (in person?) RETREAT

*indicates zoom meeting

Alternative in-person meeting location: (South Kitsap) Cascade Room, Givens Community Center

2023 Advisory Council Meetings & Activities

January 9	WA Legislature Begins (no events)
January TBA	* w4a Legislative Training Webinar – zoom
January 18	* Advisory Council from 11:30am- 1:30pm
January TBA	* Advisory Council Legislative Planning meeting
January 23- 24	* w4a Senior Lobby Days
February 15	* Advisory Council from 11:30am- 1:30pm
March 15	* Advisory Council from 11:30am- 1:30pm)
April 19	Advisory Council from 11:30am- 1:30pm
May 17	* Advisory Council from 11:30am- 1:30pm
May TBD	* May Older Adults Virtual Workshops
June 21	* Advisory Council from 11:30am- 1:30pm
July 19	* Advisory Council from 11:30am- 1:30pm (Summer Gathering)
August 16	* Advisory Council from 11:30am- 1:30pm
September 20	* Advisory Council from 11:30am- 1:30pm
October 18	* 2022 AAA & State Council on Aging (SCOA) Conference (No Advisory Council meeting this month)
October TBD	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Workshop/Conference
November 15 (revise)	* Advisory Council from 11:30am-1:30pm
December 20	* Advisory Council from 11:30am- 1:30pm

*indicates hybrid in-person and zoom meeting

Hybrid in-person meeting location: (South Kitsap) Givens Community Center, Cascade Room

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Advisory Council Meeting

Date: December 14, 2022

Time: 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDEk1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am
1. Call To Order
 2. Introduction of Council members and public members- expectations for public input
 3. Meeting Agenda Approval
 4. November meeting notes (Attachment 1) - Approval
 5. 2023 Aging Council Workplan finalize document (Attachment 2- 2023 Workplan)
 - a. Social Isolation subcommittee members
- 12:00pm
6. Discuss January activities
 - a. w4a Advocacy webinar – January 23 at 11:00am
 - b. Kitsap Aging planning session – identify date
 - c. Legislative appointments (virtual, dates & times)
 7. Council Member Report of Activities- Outreach form (Attachment 3)
 - a. 1/10th Citizens Advisory Council- Charmaine Scott- no December meeting
 - b. 2022 SCOA Meeting (Susan)
 - c. Council Member Report of Community Outreach Advocacy
 - What did you do since the last meeting?
 - Brief Overview
 - Are there any items requiring action from the Council?
- 1:00pm
8. Aging Services
 - a. Dashboard Report (Attachment 4)
 - b. 2023 Draft Advisory Council Calendar of Events (Attachment 5) – hybrid meetings
- 1:15pm
9. Holiday & Thank You Card - picture
 10. 2023 Advisory Council slate of officers
- 1:30pm ADJOURN

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November 16, 2022 Aging Advisory Council Meeting Minutes

Zoom

1. Convened at 11:30 a.m.

Members Present: Steve McMurdo, Ranae Beeker, Karol Stevens, Charmaine Scott, Barbara Paul, Sandra Miles, Susan Kerr, Linette Zimmerman.

Members Excused: Cynthia Blinkinsop, Elizabeth Safsten.

Members Unexcused: None.

Guests Present: Ann Paoletti (interested future Council member), Melia Hughes (Parent Coalition).

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: None.

2. Approval of Agenda: The meeting agenda was reviewed.

- a. Barbara made a motion to approve the agenda. Ranae seconded and the agenda was approved.

3. Approval of Minutes:

- Charmaine made a motion to approve the August meeting minutes. The motion was seconded by Barbara. The minutes were approved.

4. 2023 Aging Council Workplan Discussion

- Steve read the goals.

Goal #1 – The Measure has been updated to read, “Each member to identify 1-2 group/gaps to concentrate connections, annually.”

Goal #2 is to partner with other groups and continually participate in advocating with federal, state, and local officials. Steve stated that this continues to be high priority. The wording “and recorded on outreach form” has been added to the Measure.

Goal #3 is related to COVID-19 and social isolation. Even with COVID-19 better managed, isolation is still an ongoing issue. Stacey encouraged the Council to create a subcommittee to explore avenues to address this issue. Steve mentioned

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the teens and seniors program Cynthia has been working to form. Steve asked if the Council agrees with Goal #3's language. Ann stated that if she were to become a Council member, she would be interested in joining the subcommittee. Karol and Ranae are also interested in joining the subcommittee. Ranae suggested changing Measure B, "Develop subcommittee to clarify project(s)", to "Develop subcommittee to identify opportunities or projects." The Council agreed that Goal #3 should remain a High priority.

Goal #4, labeled as a Moderate Priority, relates to vaccine and health promotion. Steve stated that during the last meeting, the Council had considered broadening the topic. Stacey asked if the Council would like to finalize the document or review it again next month before finalizing. Steve would like to do one last review during December's meeting.

5. Debrief October Conferences

- a. w4a and SCOA Conferences – Steve asked if anyone had comments on the conferences. Ranae stated that it was interesting to see the different councils and activities taking place. She noted that while many councils face similar issues as the Council, they also have different focuses related to the cultures in their regions. Karol mentioned the significant shift from nursing homes and institutional care to in-home care. She explained that there should be more consideration about providing decentralized support services, as older adults receiving in-home care won't be grouped as they are when receiving institutionalized care, but rather spread out around the county. Steve asked if there any other comments? Karol brought up the topic of encouraging more participants in in-home aide jobs. The Council discussed the chronically strained system, high school and college programs, increasing employment benefits, and childcare to increase retention. Stacey stated that there is a department dedicated specifically to addressing staffing issues. Steve asked if there's a way to share ideas with them. Stacey will send out link to that department.
- b. 2023 w4a Legislative Priorities – Stacey stated that the Conferences were a good way to share ideas across the state about gaps and revenue cycles. During legislative meetings, all councils will talk about w4a's priorities, and then discuss

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specific priorities for their area. One priority is maintaining funding for Case Managers. The advocacy work that took place earlier this year helped to bring parity for Case Managers but will fall behind if funding does not keep pace with state employee COLAs. The second is to increase the number of Dementia Specialists in Washington from two to four. The third is to increase Health Home rates. Stacey explained that Kitsap attempted to get this program running, but it was not feasible with the funding available at the time. If the funding is approved, this would help to re-launch the services in Kitsap. The Council will discuss other priorities, specific to Kitsap County, that they could add to the legislative appointment. Stacey will send out the w4a fact sheets when they become available.

6. Council Member Report of Activities

a. 1/10th Community Advisory Council Representative – Charmaine Scott

- Charmaine explained that the 1/10th Community Advisory Council spent a month interviewing requesters, then presented their recommendation to County Commissioners. Only four programs will not be funded, and four agencies have submitted appeals. Charmaine expressed that it is very impressive what the community is doing to address homelessness, mental health, and drug addiction. Charmaine visited the community open house at the Port Orchard transitional housing center which will have 72 beds. The center will hopefully open in 2024. Charmaine stated that the December meeting is cancelled.

b. 2022 SCOA Meeting

- Susan stated that yesterday was her first official SCOA meeting. There are two subcommittees that Susan is interested in joining, the Public Relations & Education Committee and the Legislative Committee. Susan sat in on a Legislative Committee meeting and plans to attend a Public Relations & Education Committee meeting as well. During the Legislative Committee meeting they refined the 2023 legislative priorities. One is maintaining caseload staffing ratios for AAAs, which are normally 75:1. Another priority is to find funding for low income senior housing. The last priority discussed was more

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funding for senior centers, but the priority focused on a “request of legislative study on senior centers.” Other topics discussed at the SCOA meeting were the Family Caregiver and Kinship Navigator programs. Susan has taken notes and will be adding links to the document. She offered to share the notes with the Council. Susan stated that she is very interested in the Legislative Committee but is leaning toward the Public Relations & Educations Committee, as it seems like they could benefit from more members.

c. Council Member Report of Activities

- In addition to the SCOA meeting, Susan continues to follow up on the legislative emails that Stacey forwards to the Council.
- Steve has had a busy month with interviewing prospective Council members and attending conferences. Steve posted information on social media about November Caregiver Month. Stacey mentioned that there was a live workshop happening during this meeting today. The workshop describes services available to caregivers and invites them to share their experiences. The same workshop will take place at 5:30pm. Steve added that he and Barbara presented at a Friends of the Library meeting. The bulk of his time was spent in Chicago with his mom.
- Ranae said she testified to Senator Maria Cantwell, Senator Patty Murray, and Representative Derek Kilmer for the Muscular Dystrophy Association; she discussed the FDA, genetics, and the importance of expanding Medicare for home health. Ranae runs into many older adults that have questions and she has been directing them to their AAA. Ranae also attended the SCOA and w4a conferences.
- Karol also gets a lot of questions from the community. She received a call from someone regarding their husband who is developing dementia; she referred them to ALTC. Karol also spoke with the Poulsbo Fire Chief Jim Gillard, about the problems at St Michael. Karol mentioned the Care Transitions Program and Jim was surprised with the level of acuity for people recovering at home and said he would email Stacey.
- Barbara attended the Friends of the Library meeting with Steve and Jason

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Doty, Information & Assistance Supervisor. She gave out many brochures and will need more. She also attended the conferences. Barbara has been visiting Martha and Mary once a week and is setting up hospice for a friend.

- Linette thought the conferences were compelling. She spoke to two groups about the Council. The Rotary Club has been helping to provide food through Port Orchard Cares. Linette asked Stacey what Council members can do to address homebound older adults who need to socialize. Stacey stated ALTC has a warm line to outreach to people that have requested it.
- Stacey explained that one way we try to connect with people is with the monthly electronic Caregiver Newsletter. If Council members are interested, they can sign up using the County's electronic notification system or let Stacey or Cristiana know and they can forward them on. The newsletter's author, Jennifer Calvin Meyers, is curious if the Council has any suggestions for a holiday themed newsletter. Stacey asked for the Council's opinion on a newsletter about dealing with loss and grief during the holidays.

7. Aging Services

a. Workforce Recruitments

- Stacey explained that ALTC has several open positions. Recruitments for these positions will begin in January.

b. Dashboard Report

- The Council reviewed the November Dashboard Report and Stacey described the dashboard metrics.

c. 2022 Advisory Council Calendar of Events

- Stacey reminded the Council that next month's meeting is on the second Wednesday of the month, the 14th, rather than the third Wednesday.

d. 2023 Draft Advisory Council Calendar of Events

- Stacey shared the 2023 Draft Calendar. Stacey updated the calendar to reflect the January 9 start of the Legislative session, which could go to June 30th. Stacey informed the Council that Kitsap County is asking that all council meetings become hybrid starting in January. Stacey is working with Doug Washburn to discuss the logistics. January 23 there will be a meeting with

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Lobbyist Kate White Tudor, she will describe the legislative priorities with all councils. It is still unknown if legislators will want to meet in-person or over Zoom. Stacey asked if Council members have a preference. Barbara stated that she is not opposed to going in person, but Zoom meetings have the benefit of getting right to the point when meetings begin. Sandra, Susan, Karol, and Charmaine agreed. Ranae also agreed, adding that in-person meetings would not be as Wheelchair accessible. Stacey informed the Council that she is going to be gone during the week of the Legislative Planning meeting to attend her son's wedding. She has asked w4a Director Cathy Knight if she could support the Council during the week. The Council agreed to preparing with Cathy.

8. Executive Session

a. 2023 Advisory Council Slate of Officers

- Stacey asked if anyone would be interested in becoming the 2023 Chair or Vice Chair. She explained that each term is one year; Steve and Barbara have each served one term. They are both open to serving another term, but do not want to discourage anyone who is interested. This topic will be revisited next meeting.

b. Holiday Card Picture

- Cristiana took screenshots of the council to use for the holiday card. More will be taken during the December's meeting as well.

ADJOURNMENT

The meeting was adjourned at 1:35 p.m.

Steve McMurdo, Chair



KITSAP COUNTY DIVISION OF AGING & LONG TERM CARE (AREA AGENCY ON AGING) ADVISORY COUNCIL **2023 WORK PLAN**

Meeting Days, Time and Location: Third Wednesdays of Each Month
11:30 am – 1:30 pm
Zoom virtual meetings

Advisory Council Staff: Stacey Smith, Administrator and Cristiana Fillion, Administrative Assistant
Advisory Council Chair: Steve McMurdo

Advisory Council Purpose/Mission Statement: The purpose of the Advisory Council to the Kitsap County Division of Aging and Long Term Care (ALTC) is to make recommendations to the staff of the Division of ALTC and the Board of County Commissioners regarding the development and support of the ALTC's Mission and Objectives.

More specifically, the purpose and duty of the Advisory Council to the ALTC is to make recommendations regarding the development and administration of the Area Plan; to conduct public meetings; to represent and advocate for the interests of older and disabled citizens of Kitsap County; and to review and comment on community policies, programs, and actions which affect older and disabled persons when requested.

The Division of ALTC Mission is to work independently and through community partnerships to promote the well-being and independence of older adults, adults with disabilities, and caregivers.

The primary objectives of the Advisory Council are to advocate for:

- Assisting citizens in securing and maintaining maximum independence and dignity in their living environment of choice with appropriate support services;
- Removal of individual and social barriers to economic and personal independence;
- Prevention of unnecessary or premature institutionalization;
- Helping older and disabled adults become involved with other people, reducing isolation and loneliness;
- Helping older persons enjoy better health through improved nutrition, health promotion and disease prevention education and activities;
- Connecting caregivers to individualized support and guidance to help empower them in their caregiving role;
- Partnering with other county departments, community agencies and non-profit organizations to further develop positive, healthy aging opportunities in Kitsap County;
- Providing excellent customer service to the community by acknowledging, listening and valuing each member.

2023 Goal	Status	Priority Level	Comments/Coordination
TIER 1: HIGH PRIORITY			
1. Continue to increase community visibility to advocate about programs and services available through the Kitsap Aging & Long Term Care Agency.	Ongoing	High	Each Council member will identify one community-based organization to link/attend. Measure: a. Each member will identify 1-2 group/ gaps to concentrate connections, annually
2. Continue to strengthen the Advisory Council's relationship with state, national and <i>with emphasis to the local elected officials</i> as mandated by the Older Americans Act and Council bylaws.	Ongoing	High	Council routinely participates in advocacy efforts with federal, state and local elected officials and in-session legislative discussions. Measure: Advocacy activities are reported during monthly Council meetings, reflected in meeting minutes, and recorded on outreach form.
3. Decreased social isolation for older adults.	Ongoing	High	Measure: a. Identify strategies for safe social connections for older adults and their caregivers b. Develop subcommittee to identify project(s) and opportunities.
TIER 2: MODERATE PRIORITY			
4. Health related: Identify strategies for supporting vaccine, booster, and health promotion.	Ongoing	Moderate	Measure: a. Identify strategies for information distribution
TIER 3: LOW PRIORITY			
GOALS ON HOLD			
GOALS COMPLETED OR DELETED			
Advisory Council Member recruitment: Create a protocol to identify desired skill sets and increase Council diversity to better represent Kitsap County's general population and/or individuals served.	Completed		Completed- created a Council subcommittee.

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

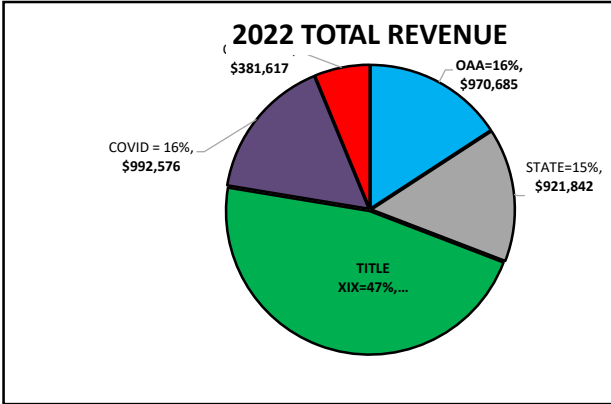
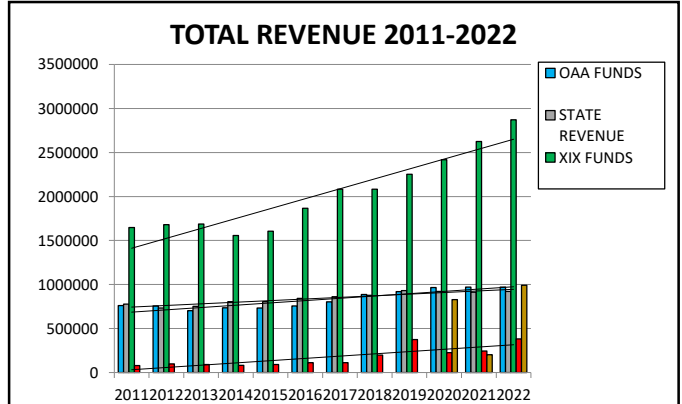
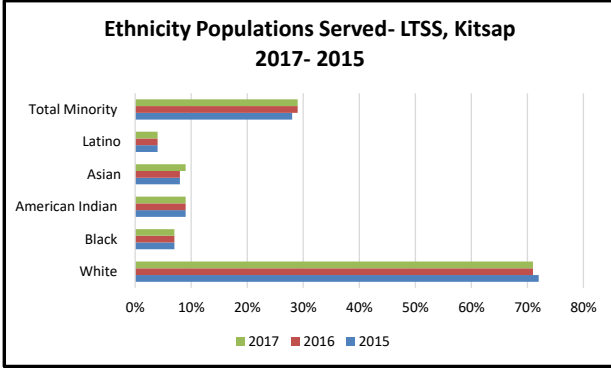
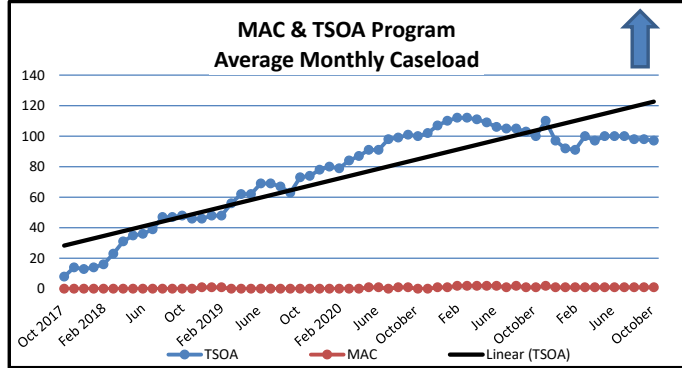
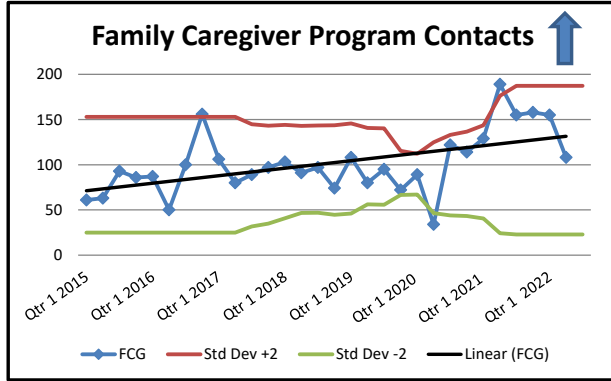
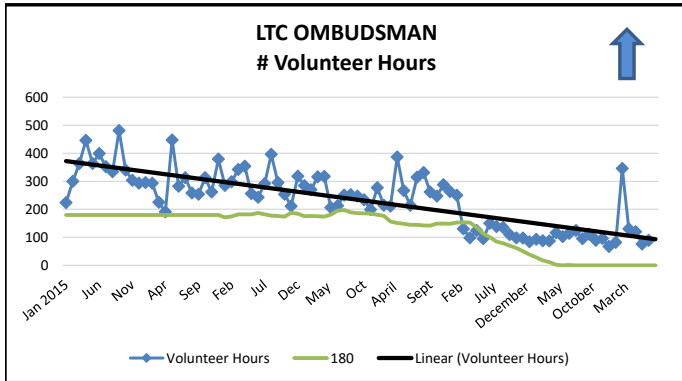
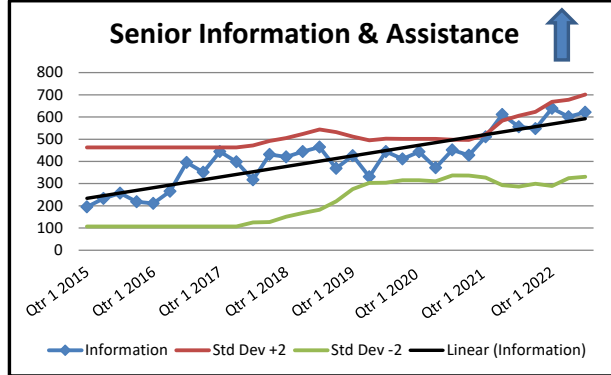
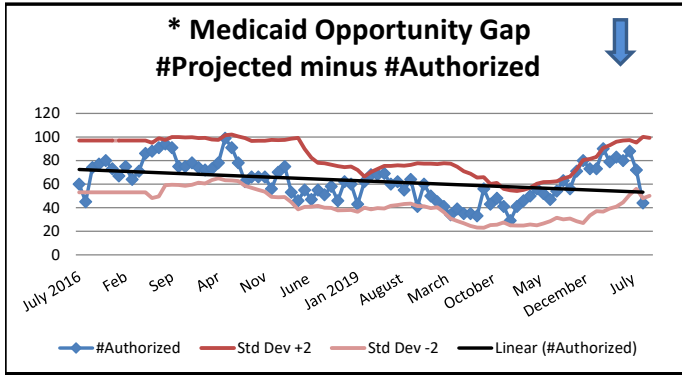
7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- December 2022



* Medicaid Opportunity Gap: July 2022- Decreased allocation to 1001

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect
June 2020: COVID-19 phased reopening began
July 2020: COVID-19 July 2020 reopening paused
November 2020 - February 2021: Statewide restricted opening due to Winter spikes
December 2021- January 2022: Omicron spikes
March 2022- Brief home visits start
May 2022 - Home assessments begin (partial or full)
July 2022- BA.5 variant surge
October 31- State PHE ends for LTC facilities and some state waivers

Trends:

Community Outreach Activities:

2023 Advisory Council Meetings & Activities

January 9	WA Legislature Begins (no events)
January 18	* Advisory Council from 11:30am- 1:30pm
January 23	* w4a Legislative Training Webinar – 11:00am zoom
January 24?	* Advisory Council Legislative Planning meeting
January 25-27	* w4a Advocacy Days
February 15	* Advisory Council from 11:30am- 1:30pm
March 15	* Advisory Council from 11:30am- 1:30pm)
April 19	Advisory Council from 11:30am- 1:30pm
May 17	* Advisory Council from 11:30am- 1:30pm
May TBD	* May Older Adults Virtual Workshops
June 21	* Advisory Council from 11:30am- 1:30pm
July 19	* Advisory Council from 11:30am- 1:30pm (Summer Gathering)
August 16	* Advisory Council from 11:30am- 1:30pm
September 20	* Advisory Council from 11:30am- 1:30pm
October 18	* 2022 AAA & State Council on Aging (SCOA) Conference (No Advisory Council meeting this month)
October 19	* 2022 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Workshop/Conference
November 15 (revise)	* Advisory Council from 11:30am-1:30pm
December 20	* Advisory Council from 11:30am- 1:30pm

*indicates hybrid in-person and zoom meeting

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room